



The INDIAN PANORAMA
EVER TRUTHFUL

Will bring out a profusely illustrated special edition to mark DEEPAVALI - the Indian Festival of Lights on October 21, 2022.

Advertisements and articles for publication in the edition may please be emailed to salujaindra@gmail.com by October 10, 2022

For any questions, please call 646-247-9458.

Inside

CM Gehlot's loyalists challenge Congress High Command

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Hurricane Ian causes massive devastation in Florida with people trapped and 2.5 million without power

IAN'S TROPICAL-STORM-FORCE WINDS EXTEND OUTWARD UP TO 415 MILES, DRENCHING MUCH OF FLORIDA AND SOUTHEASTERN ATLANTIC COAST



A Scene of devastation in Fort Myers, Florida on September 29, 2022

SEPTEMBER 29, 2022

TALLAHASSEE (TIP): Hurricane Ian left a path of destruction in southwest Florida, trapping people in flooded homes, destroying the only bridge to Sanibel Island, damaging the roof of a hospital intensive care unit and knocking out power to 2.5 million people as it dumped rain across the peninsula on Thursday, September 29.

One of the strongest hurricanes to ever hit the United States threatened catastrophic flooding around the state.

Ian's tropical-storm-force winds extended outward up to 415 miles, drenching much of Florida and the southeastern Atlantic coast.

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Need for UN Security Council reform cannot be denied forever: Jaishankar



India's External Affairs Minister S Jaishankar.

Photo / Courtesy @ASteiner/PTI

SEPTEMBER 29, 2022

WASHINGTON, D.C.

(TIP): The need to reform the UN Security Council cannot be denied forever, External Affairs Minister S Jaishankar has said even as he noted that India never believed that revamping the top organ of the world body will be an easy process.

India has been at the forefront of the years-

long efforts to reform the Security Council, saying it rightly deserved a place as a permanent member in the United Nations. Currently, the UN Security Council has five permanent members-China, France, Russia, the UK and the US. Only a permanent member has the power to veto any substantive resolution.

CONTD ON PAGE 40

Embassy of India in Guatemala Hosted a Trade Exhibition of Indian Handicrafts

Acting President of the Republic of Guatemala Inaugurated the Exhibition in the presence of diplomats from various countries

I.S. Saluja in Guatemala City

CAYALA CITY, GUATEMALA (TIP): The Embassy of India in Guatemala. hosted an impressive trade exhibition of Indian handicrafts from September 22 to September 24, 2022, in Cayala City, Guatemala. The 3-day exhibition, organized by B & S foundation and Export Promotion Council of Handicrafts, India was inaugurated on Sept 22 by the acting President of the Republic of Guatemala, Mr. Guillermo Castillo Reyes who, in his brief address congratulated India's ambassador to Guatemala Mr: Manoj Kumar Mohapatra for having gotten the artisans from India to showcase their talent and products in Guatemala. Present on the occasion were elected representatives and officials of Guatemala government, and diplomats from various countries.

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The acting President of the Republic of Guatemala, Mr. Guillermo Castillo Reyes inaugurating the 3-day Trade Exhibition in Cayala City on September 22, 2022. Seen, among others, are Ambassador Manoj Kumar Mohapatra (extreme left), Mrs Renu Sharma, President of B&S Foundation (2nd from the right), and Rajesh Singh, Assistant Director, Export Promotion Council For Handicrafts (extreme right)



All women entitled to safe, legal abortion, says Supreme Court of India

SEPTEMBER 29, 2022

NEW DELHI (TIP):

In a significant ruling on reproductive rights of women, the Supreme Court held on Thursday, September 29 that all women are entitled to safe and legal abortion till 24 weeks of pregnancy under the Medical Termination of Pregnancy (MTP) Act and making any distinction on

CONTD ON PAGE 40

"All women are entitled to safe and legal abortion till 24 weeks of pregnancy under the Medical Termination of Pregnancy (MTP) Act", the Supreme Court of India ruled on September 29.



Andy Singh

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GUEST COMMENT

Rajasthan crisis

SELF-DESTRUCTIVE CONGRESS TRIGGERS NEEDLESS CHAOS

The political crisis in Rajasthan, one of the mere two states ruled solo by the Congress (the other being Chhattisgarh), has demonstrated yet again the grand old party's tendency to score own goals and allow things to spin out of control. It's baffling that a party whose national footprint has shrunk alarmingly in recent years keeps shooting itself in the foot every now and then. At a time when the Congress' entire focus should be on the upcoming presidential election, the party leadership is expending its energy on firefighting in the desert state.

Even though Chief Minister Ashok Gehlot clearly has numbers on his side, Sachin Pilot is brazenly staking claim to

the top post. The overambitious Pilot had done it in 2020 too, when the party sacked him as state unit chief and Deputy Chief Minister for raising the banner of revolt. The Congress had barely managed to save its government in Rajasthan at that time, months after it had helplessly watched the BJP turn the tables in Madhya Pradesh. The situation is now back to square one as the party top brass, particularly Rahul Gandhi, has failed to rein in Pilot, who again feels emboldened to eye a post he is not yet deserving of.

The crisis was entirely avoidable. The question of choosing CM Gehlot's successor should have come up, if at all, as and when he became the party chief. However, Rajasthan is witnessing a no-

holds-barred power struggle over three weeks before the presidential poll. Rahul Gandhi should not forget that the Congress has held its ground in the state thanks to Gehlot's astute leadership. The 71-year-old stalwart continues to be one of the tallest Congress leaders nationwide. The party can't afford to ride roughshod over the sentiments of the MLAs loyal to him; any ill-considered decision will adversely impact the Congress' prospects in the state, which goes to the polls in December next year. The onus is on the high command to maintain status quo in Rajasthan and build consensus on the next party president. It's critical to avert another disaster before it's too late.

(Tribune, India)

Message to Canada

INACTION AGAINST ANTI-INDIA FORCES IS UNACCEPTABLE

With its advisory for Indians in Canada and those travelling to the country, New Delhi has sent as strong a message as any to the Trudeau government that it is fast losing patience with Ottawa for not paying heed to India's serious concerns on issues of national unity and religious peace. That the ties were nosediving was evident when the Ministry of External Affairs expressed dissatisfaction over Canada's feeble response to complaints regarding the so-called Khalistan referendum held in Brampton. The tough diplomatic stance that it cannot be 'business as usual' puts the onus on Ottawa. Its refusal to act against those who espouse anti-India sentiments could dent efforts

for having a broader relationship, particularly on strategic and economic matters.

The scars caused by terrorism, mass killings, political assassinations and the 1984 riots are all deeply embedded in the Punjabi psyche. The slightest hint of any attempt to disturb the hard-won peace in the state draws strong condemnation, cutting across religious lines, and a collective resolve to stand up against it. Canada, when it allows the fringe elements among the Sikh diaspora to fuel separatism and violence in the name of religious secessionism, betrays India's and, indeed, Punjab's trust. All the more so when the huge Indian presence and

contribution in Canada reflect a success story of multiculturalism and adherence to the law of the land.

It took a lot of time to repair bilateral ties after Ottawa's unsettling attitude in the wake of the Kanishka plane bombing in 1985 that left all 329 people on board dead, most of them Canadian citizens. Negligence and significant delays marked the investigation. Turning a blind eye to extremist groups is a policy whose time has run out. Inaction by Canada's political leadership now would mean that Indian sensitivities do not count for much. The consequences would be in neither country's interest.

(Tribune, India)



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Mohandas Karamchand Gandhi, popularly known as Mahatma Gandhi, was born on October 2, 1869, at Porbandar in Gujarat. He was an Indian lawyer, politician, social activist, and writer who led the independence movement against British rule. And during this process, people started to call him the father of the nation (Bapu). Mahatma Gandhi died on January 30, 1948.

Regarded as the Father of Nation, Gandhi was a social reformist and leader of Indian Independence Movement who introduced the idea of non-violent resistance called Satyagrah.

Gandhi was born on October 2, 1869, at Porbandar in Gujarat and studied law at the Inner Temple, London.

After organising a civil disobedience movement for Indians living in South Africa, he returned to India in 1915.

In India, he set out on a train journey to different parts of the country trying to understand problems of farmers, peasants and urban labourers and organising protests for them.

He assumed the leadership of Indian National Congress in 1921 and rose to become its most prominent leader and an iconic figure in Indian politics. He organised the Dandi Salt March in 1930 and Quit India Movement in 1942.

He also worked for the upliftment of untouchables and have them a new name 'Harijan' meaning the children of God. Gandhi also wrote extensively for various newspapers and his symbol of self-reliance - the spinning wheel - became a popular symbol of Indian Independence Movement. Gandhi played a key role in pacifying people and averting the Hindu-Muslim riots as tensions rose before and during the partition of the country. He was shot dead by Nathuram Godse on January 31, 1948.

Gandhi was a warrior leader, with a vision of free India, who conceived a shrewd strategy of using peace and non-violence, as the chief weapons, to achieve the objective of liberating India from the clutches of the most powerful colonial power of the time. Training his weapons of non-violence and non-cooperation at the enemy's mind, with a view to disinfecting it from its unjust rule, he declared that he loved the English people but abhorred their despicable way of governance.

He could throw the British into the shade in argument, in tactics and, the most important of all, to make them feel embarrassed in the cherished field of morality. He galvanized the Indian public to rally behind him to fight the war of freedom, with the superior non-war weapons of peace, thus rousing the enemy's conscience and the world opinion in favor of the Indian cause, which ultimately forced the enemy to quit the battlefield.

According to a historian, "Gandhi's mystique consisted of a union of original ideas, with remarkable knack for tactics and the uncanny insight into the mass mind."

Gandhi had indeed read the pulse of his age right, had the vision of selecting the best suited plan of action and was able to realize the dream of his people. True to the Hindu principle of avatar (Incarnation), "When religion declines and the evil doers are to be destroyed, I shall be born, from time to time," (Gita), Gandhi came as the divinely inspired leader to inject a spark of nationalism,

Mahatma Gandhi - the unarmed warrior

Gandhi Jayanti is celebrated on October 2 across the nation to mark the birth anniversary of Mahatma Gandhi

and the will to fight against foreign oppression and social evils, that had infected the society. His army came from all sections of the society - the majority came from its lower strata. In his personal code of conduct of high ethics, and the burning passion for universal well-being, he was an incarnation of Rama, which gave him ready acceptability as a leader. His belief in human rights often led him into collision, not only with the British and South Africa but also with the attitude of several Hindus towards the untouchables.

Gandhi advocated and effectively employed the superior weapons of resistance with peace and 'non-cooperation' against the enemy's unrighteous ways. Hard to believe that Gandhi's school of resistance could generate such a moral strength in his teeming unarmed soldiery, who fell with their cracked skulls, but got up and surged forward repeatedly, with wounded bodies, fighting the white terror, "Kill us, but we shall not quit." That he could inspire and elevate his followers to such a degree of physical, mental and spiritual strength will remain a wonder of human race for times to come.

The turning point came on April 13, 1919, when Brigadier General Dyer (British) ordered firing on a peaceful rally in which 1,650 rounds were fired, killing 1,516 peaceful protestors at Jallianwala Bagh (Amritsar). Gandhi said, "I love the British people but henceforth, I am the deadliest enemy of the wrong form of government that the British may impose upon India." It is erroneous to call Gandhi's strategy of non-violence as passive or inactive. Gandhi was a strong-willed realist, who adopted a strategy of proactive non-violence against the British, because he had no wherewithal to fight the colonial power.

As a national leader, a number of commendable leadership traits were found in Gandhi, but two innate soldierly attributes for which he stands apart, were: One, his strength of courage lay both in the physical and moral planes. Two, forever he led from the front.

In Gandhi, Indians saw a ray of hope to alleviate them from the age-old political and social suffering. The intrinsic nobility of his cause, the grand vision of a free India and the will to sacrifice all for the fulfillment of this dream, despite myriad problems, raised him to the stature of a prophet, and a successful one. It was the grandeur of Gandhi's dream, which galvanized Indians. For centuries, no one had talked of a liberated and united India. The fantasy of freedom caught every Indian's aspiration and dream, for which one was prepared to pay any price. After all, he was talking of the Indian nation, which had almost relapsed from the Indian mind. As the momentum of the



Gandhi leading his followers on the famous Salt March to break the British Salt Laws.

Independence Movement gained strength, his dream seemed to be a winning vision, which drew to his following columns even the fence sitters. Soon the common person started perceiving the nation's vision as tall as the Himalayas and as deep as the ocean. Where the centuries-old resistance and revolts had failed, the crown of ultimate victory to win freedom was to adorn Gandhi's head.

What truly characterizes this saint leader is the leadership trait firmly rooted in spirituality. Spirituality entails belief in universal goodwill and sensibility to a common thread running through the entire humankind. It was Gandhi's Himalayan determination and Ganga-

like purity of purpose, which shook the British Empire. Natural faith in the Hindu Dharma had inspired in him the spirit of fighting for the righteous cause, and that tolerating injustice was as much a sin as inflicting it. In his fight for the national cause, Gandhi transformed non-violence into his main weapon to resist injustice and violence.

Gandhi had rightly symbolized India's love for freedom and its inherent guts to fight to win, and indeed was one of the most amazing paradoxes of history. "Coming generations will scarce believe that such a man, in flesh and blood, lived upon this earth," said Einstein about Gandhi.

5 Indian Americans amongst 80 to address Fortune Most Powerful Women Summit

SEPTEMBER 28, 2022

NEW YORK (TIP): Five Indian Americans are among nearly 80 preeminent women in business, along with select leaders in government, philanthropy, education, sports, and the arts, who will speak at the 2022 Fortune Most Powerful Women Summit.

This year's theme, "Realizing Your Power," will be threaded through the three-day event at the Ritz-Carlton, Laguna Niguel, New York on Oct 10-12. In conversations with speakers, Fortune announced Tuesday.

The event features more than 25 CEOs and 65 C-suite professionals, as well as founders, board members and US Representatives, Liz Cheney of Wyoming, and Katie Porter from the 45th District of California.

The Indian American speakers include Amrita Ahuja, Chief Financial Officer, Block; Tarika Barrett, Chief Executive Officer, Girls Who Code;

Dr. Sumbul Ahmad Desai, Vice President, Health, Apple; Reshma Saujani, Guest Co-chair, Fortune MPW Summit; Founder and CEO, Girls Who Code: Shamina



Amrita Ahuja, Tarika Barrett, Dr. Sumbul Ahmad Desai, Reshma Saujani, Shamina Singh, and Manjula Talreja are 5 Indian American women to address the 2022 Fortune Most Powerful Women Summit

Singh, Founder and President, Center for Inclusive Growth and EVP, Sustainability, Mastercard; and Manjula Talreja, Senior Vice President and Chief Customer Officer, PagerDuty.

Started more than 20 years ago as an annual list in the magazine, Fortune MPW has evolved into an extraordinary leadership community, convening its members throughout the year for wide-ranging conversations that inspire and deliver practical advice, according to a press release.

This year's Summit will explore this new era for both business and leaders, diving into how recent crises have forced leaders to reassess priorities and values, both personally and professionally-and the opportunity and empowerment that comes with that reevaluation.

Programming will address some recent difficult and controversial issues head-on, from regulatory crackdown to restrictions on reproductive health, and it will explore how leaders are responding, and what they can learn from each other, the release said.

INDIAN-ORIGIN BRITAIN'S HOME SECRETARY SUELLA BRAVERMAN WINS FIRST QUEEN ELIZABETH II AWARD



Photo caption: Suella Braverman has been named winner of the first-ever Queen Elizabeth II Woman of the Year award

SEPTEMBER 24, 2022

LONDON (TIP): Britain's Indian-origin Home Secretary Suella Braverman has been named winner of the first-ever Queen Elizabeth II Woman of the Year award at a ceremony in London. The 42-year-old barrister, who was appointed to the Cabinet earlier this month by British Prime Minister Liz Truss, said it was the "honor of her life" to take on the new role at the Asian Achievers Awards (AAA) 2022 ceremony, dedicated to the memory of the late monarch who passed away recently.

Braverman, the London-born daughter of Tamil mother Uma and Goan-origin father Christie Fernandes, sent a recorded message to the ceremony where her parents collected the award on her behalf. "My mum and dad came to this country from Kenya and Mauritius in the 1960s," said Braverman in her message. "They've been proud members of our Asian community and I was born in Wembley, the heart of the Asian community, and to be elected to serve in the UK Parliament and now to serve our phenomenal and amazing and welcoming country as Home Secretary is the honor of my life."

(Read full story at www.theindianpanorama.news)

Four Indian American teens receive Gloria Barron Prize for Young Heroes



Karina Samuel, Karun Kaushik, Laalitya Acharya, and Sri Nihal Tammana, are recipients of Gloria Barron Prize for Young Heroes while Arsh Pal and Reshma Kosaraju received honorary awards.

Karina Samuel, 17, Florida; Karun Kaushik, 17, California; Laalitya Acharya, 18, Ohio; and Sri Nihal Tammana, 13, New Jersey. Arsh Pal, 12, Iowa, and Reshma Kosaraju, 16, California, received honorary awards.

This year's Barron Prize winners include those who are helping the homeless; promoting STEM education; protecting wildlife; inventing devices to benefit world health; and raising awareness and funds for important environmental issues, according to a media release.

Karina Samuel founded the Florida chapter of Bye Plastic Bags, an international student-led nonprofit committed to reducing the amount of plastic on the planet. Karun Kaushik created X-Check-MD, Artificial Intelligence (AI) software that can diagnose Covid-19 and pneumonia with 99% accuracy in under one minute. Laalitya Acharya invented Nereid, a low-cost, globally applicable device that uses Artificial Intelligence (AI) to detect water contamination within seconds. Sri Nihal Tammana created Recycle My Battery, a nonprofit that installs free battery recycling bins and educates young people and adults about battery recycling.

Arsh Pal created Art by Arsh to share his love of painting and raise money for charities through sales of his artwork. He has raised more than \$15,000 for organizations including St. Jude Children's Research Hospital and the Make-A-Wish Foundation.

Reshma Kosaraju invented a way to use Artificial Intelligence (AI) to predict forest fires with nearly 90% accuracy. Her AI model can determine when and where forest fires are likely to occur.

"These outstanding young people saw a need and came up with creative solutions to help others and make a real difference," says founder T. A. Barron.

"By honoring and supporting these young heroes and their amazing work, we hope to inspire even more youth to pursue their big dreams of changing the world."

SEPTEMBER 27, 2022

BOULDER, CO (TIP): Four Indian American teens have received the Gloria Barron Prize for Young Heroes, a national award recognizing inspiring, public-spirited young people. Two others received honorary awards.

Established in 2001 by author T.A. Barron, the Barron Prize is a nonprofit organization annually honoring 25 outstanding young leaders ages 8 to 18 who have made a significant positive difference in people's lives, their communities, and the environment.

Every year, 15 top winners are each awarded \$10,000 to support their service work or higher education.

Four Indian American winners are: Karina Samuel, 17, Florida; Karun Kaushik, 17, California; Laalitya Acharya, 18, Ohio; and Sri Nihal Tammana, 13, New Jersey. Arsh Pal, 12, Iowa, and Reshma Kosaraju, 16, California, received honorary awards.

INDIAN AMERICAN DOCTOR-ECONOMIST WINS 16TH DOSHI BRIDGEBUILDER AWARD



Jay Bhattacharya has received the 16th Doshi Bridgebuilder Award in recognition of his consequential research focusing on the economics of health care around the world.

SEPTEMBER 27, 2022

LOS ANGELES (TIP): Indian American doctor-economist Jay Bhattacharya has received the 16th Doshi Bridgebuilder Award in recognition of his consequential research focusing on the economics of health care around the world.

When the Covid-19 pandemic began in 2020, the Stanford University professor whose research has a particular emphasis on the health and well-being of vulnerable populations, turned his attention to the epidemiology of the virus and the effects of lockdown policies.

Named for benefactors Navin and Pratima Doshi, Loyola Marymount University gives the award annually to individuals or organizations dedicated to fostering understanding between cultures, peoples and disciplines.

Bhattacharya gave a lecture exploring "The Economic and Human Impact of the Covid-19 Pandemic and Policy Responses" at the presentation ceremony on Sep13.

"The Covid-19 pandemic has affected everyone on the planet," said Christopher Key Chapple, Doshi

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Medical fraternity opposes the Wrongful Death Liability Expansion Bill; urges Governor Hochul to veto the Bill



With Assembly Persons. L to R: Lisa Eng DO, Assemblywoman Stefani Zinerman, Assemblyman Michael Tannousis, Medical Society President Jagdish K Gupta, MD and Assemblyman Steven Cymbrowitz.



Panel 1 : L to R: MSCK President Jagdish K. Gupta MD, Health Committee Chairman Senator Gustavo Rivera, MSSNY President Parag Mehta MD, Assemblyman Michael Tannousis, Lisa Eng DO (Standing)

BROOKLYN, NY (TIP): The Medical Society of the County of Kings (MSCK) and The Medical Society of the State of New York (MSSNY) held a joint legislative meeting at Brooklyn Borough Hall on September 15, 2022. Attendees included guest of honor Brooklyn Borough President Antonio Reynoso, Chairman of Health Committee Senator Gustavo Rivera, Assemblywoman Stefani Zinerman, Assemblyman Michael Tannousis and Assemblyman Steven Cymbrowitz. MSCK President Dr Jagdish Gupta began the evening by

welcoming the participants and presenting a unique opportunity for them to engage in dialogue with elected representatives.

In introducing NYS Senator Hon. Gustavo Rivera, Dr Gupta said: "Senator Rivera has made it his duty to fight the long-standing health inequalities in our communities."

DR GUPTA THANKED THE SENATOR FOR HIS COMMITTEE'S SUPPORT ON THE FOLLOWING LEGISLATION:

- o Telehealth payment parity,



Group Picture

- o Extension of the Excess Medical Malpractice Insurance Program
- o Increasing Medicaid Payments by Restoring Medicaid Cuts of 1.5 % of 2020 and increasing Medicaid Physician Payment for E&M services to 70% of Medicare.
- o Providing 75% increase in Loan Repayment Program to Physician Students He went on to thank him for his efforts in passing the following:
- o Requirements for same specialty Peer Review process by Health Plans
- o Prohibiting Health insurers from Preventing patients from using Co-Pay cards or Coupons
- o Preventing Health insurers from imposing Step Therapy or Fail First Protocols
- o For lowering the age of screening colonoscopy to age 45 years
- o Providing additional due process protection to Healthcare Providers audited by OMIG

Dr Gupta stressed that the Wrongful Death Liability Expansion Bill, if

enacted into law, would be devastating to physicians and safety net hospitals and will increase liability for businesses and municipalities in New York.

"The people of New York deserve the best possible healthcare. New York trains the highest number of trainees, but they leave NY because the environment for medical practice is challenging, said MSSNY President Dr Parag Mehta. "MSSNY is willing to discuss with all who are interested in our common goals and offer its expertise to find ways to improve our healthcare system and healthcare delivery."

Physicians were heroes during the Covid pandemic, and many physicians lost their lives fighting the Covid crisis. "They faced the Covid crisis with courage and compassion, said Dr Mehta. "Healthcare heroes are facing a new crisis today: the potential increase in their liability premium by 40-45% if the wrongful death bill becomes effective. We urge Governor Hochul to veto this bill.

(Based on a press release)

Indian American Uber Eats delivery person stabbed

SEPTEMBER 29, 2022

NEW YORK (TIP): An Indian American Uber Eats delivery person has been stabbed several times in an attack in the US by a career criminal with more than 100 arrests on his rap sheet, according to a media report. Bharatbhai Patel was stabbed on the Lower East Side, New York, on Tuesday by the ex-con described by police as a "super perp," media reported. The Uber Eats delivery man told on Tuesday that the man stabbed him on the Lower East Side without saying a word-and bystanders did nothing. "Nobody helped," Patel told media. "He killed me here, here, here and here," Patel said, referring to the career-criminal suspect and pointing to his wounds. "He asked nothing. Not, 'I need money.' Nothing," the report added.



Bharatbhai Patel was stabbed on the Lower East Side, New York, on Tuesday, September 27.

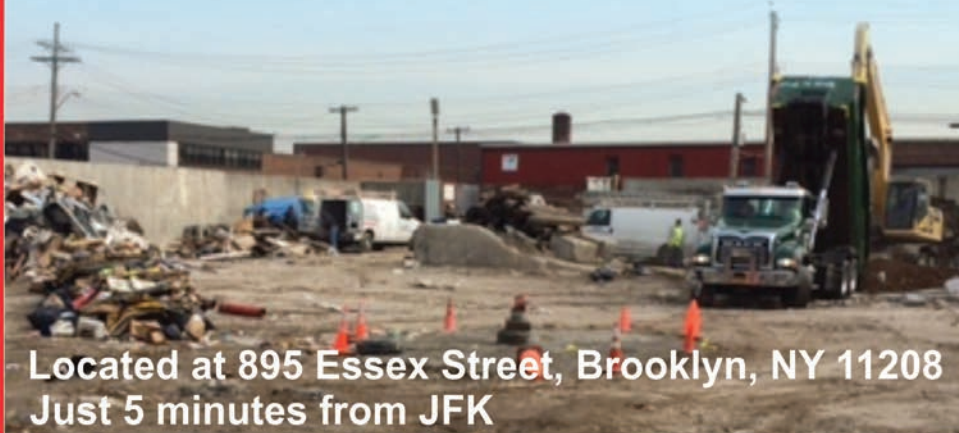
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AIA, NY hosts 35th Deepavali Benefit Gala with Honor Awards, and Khadi & Saree Fashion Show



AIA President speaking at the Annual Benefit fundraising Gala and Fashion Show



The Honorees

SEPTEMBER 25, 2022

NEW YORK (TIP): Association of Indians in America, New York Chapter hosted the 35th DEEPAVALI festival Annual Benefit fundraising Gala and Fashion Show on Sunday September 18, 2022, at Muttontown Golf Club, a classy place with great ambience which attracted our friends and supporters from Long Island, Queens, NYC, NJ and Westchester area. The cocktails were set up surrounding the outdoor golf area with wonderful lighting and various food stations.

Subsequently all were taken to the Grand Hall for the evening program and were very much liked by the audience. Consisting of presidents of AIA, various community leaders of other organizations and Media personnel. President HARISH THAKKAR addressed the audience briefly highlighting AIA and its activities and NY chapter organizing Annual DEEPAVALI festival attracting a huge crowd including Indian Americans, Chinese and Hispanic population. With its pioneering efforts over the past three decades, they brought Indian culture, food, and dances to the grassroot population.

It is the first time a Khadi & Saree fashion show depicting Unity in Diversity & Indian Culture was organized at AIA NY Deepavali Gala dinner. The AIA fashion extravaganza had an impressive designer from the fashion industry showcasing her finest collections.

With this Annual Gala fund-raising efforts AIA marches ahead for grand DEEPAVALI function in Manhattan. President Harish Thakkar also mentioned all AIA NY past events & all achievements.

AIA honors the top SIX community members for outstanding contributions to the community

DR. SAMIN SHARMA, Director of Clinical & Interventional Cardiology at Mount Sinai Hospital, a renowned

interventional cardiology expert in New York, well known for performing high-risk complex coronary interventions (more than 1,500 interventions per year) with an extremely high success rate (greater than 99 percent) while achieving an extremely low complication rate (less than 0.2 percent major complication). He has received the prestigious two-star designation (significantly lower than expected mortality) numerous times by the New York State Department of Health and the Governor's Award of Excellence in Medicine in 1996, NY introduced Prem Bhandari who is Rana President and Chairman of Jaipur Foot, USA was honored for his outstanding community service. Prem Bhandari is a successful entrepreneur, leader in philanthropy, has served the humanitarian cause globally having done international camps in 39 countries. As mentioned by Dr. Samin Sharma from his personal experience that Mr. Prem Bhandari is the prominent Indian and Rajasthani person who can make things happen for any given critical stipulation, globally.

DR. VIJAY MATTOO introduced Dr. Buddhadev Manvar for his immense contributions in Cardiology who has brought great honor to our community.

DR. PRAKASH KRISHNAN whose immense contribution in interventional cardiology and vascular intervention has brought great honor to our community was introduced by Dr Samin Sharma, Director of Clinical & Interventional Cardiology at Mount Sinai Hear

DR. PRATICHI K GOENKA A star Pediatric, GME Director, Diversity & Health Equity & Assistant Professor of Pediatrics who has brought great honor to our community was introduced by her two cute sons Aarav & Anmay as most compassionate and loving mother who is always there for them

JATIN P. SHAH, M.D, holds The Elliott W. Strong Chair in Head and Neck Oncology, and Chaired the department of Head and Neck Surgery at Memorial

Sloan Kettering Cancer Center (MSKCC), for 23 years. He is Professor of Surgery at Cornell University Medical College, in New York. In addition to his superlative patient care activities, Dr. Shah is an international leader in the field of head and neck surgery. He has delivered over 2000 scientific presentations worldwide, over 80 eponymous lectures, and published more than 650 peer reviewed articles which have been cited over 62000 times according to Google scholar. His h-index is 141 and i10 index is 554. He has published 14 medical textbooks. His textbook on Head and Neck Surgery and Oncology, now in its Fifth edition has been recognized as the best book in Head and Neck surgery by the British Medical Association and the Royal Society of Medicine and it has been translated in Spanish, Portuguese, Chinese, Russian and Greek. He has served as president of The New York Cancer Society, The New York Head and Neck Society, The Society of Head and Neck Surgeons, The North American Skull Base Society and the International Academy of Oral Oncology. He founded The International Federation of Head and Neck Oncologic Societies (IFHNOS) and serves as its CEO.

He is listed amongst the Top Doctors in USA directories for 60 times in last 20 years. He was awarded Honorary Fellowships from The Royal College of Surgeons of Edinburgh, London, Ireland and Australia and Honorary Ph.D. degrees from Belgium and Greece, Honorary D. Sc, from India, the Blokhin Gold Medal from Russia, Sir William Wilde medal from Ireland, and the Ellis Island Medal of Honor from the US. He was inducted to "Living Legends in Oncology" in India

DR. JATIN SHAH was introduced by Dr. Shashi Shah, who is the Dr Shashi Shah and has been very prominent in the community. An eminent Urologist, he is Chief, Division of Urology at LIJ Valley Stream Hospital and associated with many other hospitals. He has held several

leadership positions in Indian American professional and community organizations. Dr. Shah has been Chair of Trustee Board of AAPI (Association of American Physicians of Indian Origin), President of AAPI-QLI, as well as RAJMAAI (Rajasthan Medical Alumni Association). He has also served as President of the New York chapter and National President of Association of Indians in America (AIA), and RANA (Rajasthan Association of North America).

CAPTAIN ZOYA AGARWAL Youngest Woman Commander in 2013 to fly the Boeing 777.1st Woman Commander to fly over the North pole on one of the world's longest air routes in 2021.1st Woman Commander to pilot Air India's first Boeing 777 aircraft over the Hindu Kush Mountain range. Aspire to inspire young girls and youth through motivating them on various platforms as the future of this world to be the change-makers of tomorrow!

CAPTAIN ZOYA AGARWAL was introduced by Heeta Thakkar is currently a student at the Bronx High School of Science. Dedicated to saving our environment and making a change, Heeta founded Zero Waste Schools. Furthermore, Heeta has been serving our communities for years, working with outside organizations to feed the hungry during Covid-19 and conducting seminars about our effect on the environment.

Added spirit and help provided by past president's honorable members of the community. The entire program had music & good food. All this to gear up for the upcoming AIA 35th Deepavali Festival on Sunday October 2, 2022 at South Street Seaport, NYC 12.30pm to 7:00pm Contribution from everyone is highly appreciated by the President Harish Thakkar & AIA NY Committee.

(Based on a Press release issued by Harish Thakkar)

Russia-Ukraine war unlikely to end soon

BY MAROOF RAZA



Russian President Vladimir Putin is an old master of the strategy of "escalating to de-escalate." It means that by threatening a nuclear retaliation, he plans to continue fighting a long war of attrition to serve his strategic agenda. These could be: First, prolong the conflict to wear down the Ukrainian resistance, as he steadily absorbs the border regions of Donetsk, Luhansk, Mariupol and Kherson, with a referendum followed by annexations. These territories give Russia the land buffer against a NATO-EU-led expansion towards Russia's borders. Secondly, it shows the impotency of the US and NATO, whatever the sanctions.

In fact, the rise in Russia's industrial output in recent months has foxed western analysts. Thirdly, as long as this conflict continues, Russia can continue to sell its massive gas reserves - on which there are no sanctions yet, for EU's sake - and make tidy profits over it. Finally, the US in particular also is in no hurry to end the conflict for its own strategic reasons.

And it is for these reasons, the conflict in Ukraine isn't likely to end soon, even as the expectations rose that Russia would sue for peace after the recent Ukrainian counter-offensive and its success around Kharkiv.

Few, if at all, had explained why the Russians allowed their forces to be pushed back or did they pull back as part of a bigger battle plan of Moscow? One cannot rule out that the Russians had pulled back to regroup their forces for another fight elsewhere on another day. It is for this reason that President Putin has ordered the largest ever post-war mobilization of three hundred thousand reservists. From the early days of Russia's offensives in Ukraine, its approach smacked of hubris, an excessive confidence in their ability to steamroll over Ukraine. However, Ukraine's defenses were strengthened by its ability to quickly mobilize its population and its reservists, that more than matched the numbers of Russian troops on its land, and additional US and NATO troops - over 1,00,000 - deployed in various forms in Ukraine and on Russia's borders with the NATO.

But it is the reported deployment of an estimated 100 nuclear gravity bombs in NATO bases that Russia has had eyes on, and, hence, the threat of using nuclear arsenal by Putin, when he renews his offensive next month before Europe's harsh winter sets in.

Here, it is important to understand the essentials of the nuclear strategy. First, the history of nuclear threats is based on non-use of nuclear weapons. And the only occasion nuclear weapons were used, as was the case in August 1945, was done with the devastating effect on



The ongoing war has given the American arms industry a new market

THE RISE IN RUSSIA'S INDUSTRIAL OUTPUT IN RECENT MONTHS HAS FOXED WESTERN ANALYSTS. AS LONG AS THE CONFLICT CONTINUES, RUSSIA CAN CONTINUE TO SELL ITS MASSIVE GAS RESERVES - ON WHICH THERE ARE NO SANCTIONS YET - AND MAKE TIDY PROFITS. BESIDES, THE US IS IN NO HURRY TO END THE CONFLICT FOR ITS OWN STRATEGIC REASONS. ITS AIM IS TO DEplete RUSSIA'S MILITARY CAPABILITIES.

Hiroshima and Nagasaki in Japan. It led to Japan's surrender and checked Soviet plans to capture Japan in World War-II. Moscow hasn't forgotten that. Secondly, the use of nuclear weapons is not the first option of a nuclear-weapon state. It's in fact their last option, when their survival - as a nation-state - is at stake. And even then, as massive nuclear bombings would lead to a simultaneous counter-force response from the other side, the fear of mutually assured destruction is enough to withhold even a deranged dictator from using his nukes.

But finally, there is still the possibility that 'tactical nukes' - small bombs to be used in battles - could be used to prevent major reverses in battles. Here the warnings by the US may not stop the Russians, because the Americans hadn't in the past enforced their threats if their 'red line' was crossed, as was done with the use of chemical weapons in Syria during Obama's days.

So, Russia isn't likely to buckle down

that easily. For one, a superpower of the size of Russia with the scale of resources it has - being the largest producer of oil and gas - outside the Organisation of the Petroleum Exporting Countries, can last out much longer than the US expects.

Remember, the US was stuck in Afghanistan for two decades and is still raring to go. The immediate impact of the US-led sanctions was mitigated by the Russian Central Bank with capital control measures and hikes in interest rates. It is estimated that the Russian state controls more than 60 per cent of the large businesses that influence the GDP and 25 per cent of its MSMEs. This imbalance does restrict growth, but it also insulates the economy in a crisis. And as the Russians have faced financial challenges in the past - this is their fifth since 1991 - they could tide over this one for longer than the West assumes.

Most importantly, President Putin still holds the keys to the "gas supplies" to Europe and gives them the taste of a

freezing winter, regardless of the claims of the EU that they'll be prepared for a gas supply crunch by early December. In reality, the Europeans are buying gas from wherever they can, even China, as China doesn't come under the sanctions initiated by the US. So, Beijing buys Russian gas and is selling it with a tidy profit in containers to the Europeans, since the Chinese economy has currently slowed down, and China has surplus of gas for now. By knowledgeable accounts, Russia has made over \$175 billion with the sales of oil and gas since the sanctions were announced.

Finally, what is less talked about is why the US wants to let the conflict in Ukraine continue. For one, its aim is to deplete Russia's military capabilities, and thus decrease the threat to Europe, since the leadership of Europe has given the US a new purpose in geopolitics after its humiliation in Afghanistan.

The other is that the conflict in Ukraine (being fought by proxy) unites the Americans and spares them the return of body bags, as they witnessed in the past two decades of wars in Asia. And finally, it gives the US's arms industry a new market - in Ukraine and Europe - to arm and test their new weapon systems, with sales and lend-lease debt agreements.

In short, the US has turned the Cold War strategy on its head: earlier, the purpose was to exhaust the Soviet Union economically with an arms race; and now, it is to exhaust the Russians by getting them to pour their man-machine mix into the quagmire that is Ukraine.

(The author is a Strategic Affairs Analyst)

Neighborhood outreach critical for India

BY ANITA INDER SINGH



"Significantly, a humiliating economic blockade by India in 2015 pushed Nepal to join the BRI in 2016. Sri Lanka and Bangladesh followed suit, all wanting to reduce dependence on India and diversifying their economic options. South Asian neighbors wish to expand their rail, road and maritime connectivity and enhance their security. They do not perceive India as being less dominating than China. And China offers them more investment."

Talks with Russia and the US and its presence at the recent meeting of the China-led Shanghai Cooperation Organisation may reflect India's aspiration to play a wider international role, but ties with neighbors, especially Bangladesh, Nepal and Sri Lanka, are among the most important components of India's foreign policy and can offer clues about its chances of leading its South Asian neighborhood and the Indo-Pacific region.

That is not the same as dominating its neighborhood. So, India, an aspiring power, should bear in mind the difference between domination - which smaller or weaker neighboring countries dislike - and leadership, which they may be prepared to accept, if they think the 'leader' will play fair and offer them more than its rivals.

Weaker neighbors will also note that the great power requires progress, technological innovation and education for progress to be sustainable. China has learnt that lesson. On that basis, it aims to advance development and create world-class armed forces by 2049.

Great Britain, the US, South Korea and Japan are also examples of countries that educated their citizens with a view to forging progress and enhancing their regional and global status. In contrast, economist Amartya Sen has noted that India is the exception in that; it wants to become a global economic power without educating all its people. India hopes to be fully developed by 2047 to mark its centenary of Independence, but that goal may be unachievable without the spread of education.

China's economic clout is also evident from its role, together with the IMF and



Agnipath can adversely impact India's ties with Nepal

World Bank, as one of the world's largest lenders. Sri Lanka and Bangladesh have approached all three for loans to help stabilize their diminishing foreign exchange reserves. At another level, the term "Indo-Pacific" suggests India's outstanding presence in the region, but China is a strong contestant for influence and power even in its immediate South Asian neighborhood. Economics provides part of the answer. China's Belt and Road Initiative (BRI), inaugurated in 2013, has enabled it to strengthen its economic and strategic ties with the South Asian countries. Except for Bhutan and India, all South Asian countries are on board the BRI.

In 2021, China's GDP per capita was around \$12,400 and India's is \$2,277. That leaves it behind Bangladesh (GDP per capita is \$2,503), which achieved independence just over 50 years ago.

Significantly, a humiliating economic blockade by India in 2015 pushed Nepal to join the BRI in 2016. Sri Lanka and Bangladesh followed suit, all wanting to reduce dependence on India and diversifying their economic options. South Asian neighbors wish to expand their rail, road and maritime connectivity and enhance their security. They do not perceive India as being less dominating than China. And China offers them more investment.

On another plane, India has offended Dhaka by labelling immigrants from Bangladesh as "termites" or accused them of pushing their way into India because they are poverty-stricken. That's rich, coming from New Delhi, given that Bangladesh has a higher per capita GDP than India. The better news is that India has extended credit for connectivity. For instance, Sri Lanka has received credit and investments from India as part of India's maritime strategy in the Indian Ocean. India has certainly offered Nepal important projects. In August, Nepal handed over two hydroelectric projects,

quit by China, to India.

As much as 98 per cent of Nepal's transit trade takes place through India and 65 per cent of Nepal's total trade is with India. However, India's new military recruitment plan - Agnipath - could adversely impact India's ties with its Himalayan neighbor. That military relationship has had its great moments. Field Marshal Sam Manekshaw, who led India to victory against Pakistan in the war which resulted in the creation of Bangladesh in 1971, had served with the 8th Gorkha Rifles.

China has also cultivated its relationship with Nepal and has invested in a railway to connect Kathmandu with Tibet. Additionally, China has granted landlocked Nepal access to some of its seaports.

New Delhi cannot win over its neighbors merely by asserting civilizational links. The big question is how much importance India has given to friendly South Asian countries. According to the World Bank, South Asia is one of the least economically integrated regions in the world and intra-regional trade is well below 5 per cent of the area's international trade.

In contrast, the ASEAN member states carry out more than half of their trade with each other. Most of them are economically ahead of India. They are not afraid to trade with their aggressive neighbor - China - and have joined it in the Regional Comprehensive Economic Partnership. By staying out and alleging that the partnership would be dominated by China, India advertised its economic weakness.

Like India, China asserts the importance of historical ties with South Asia. For instance, on August 7, Bangladeshi PM Sheikh Hasina met China's Foreign Minister Wang Yi in Dhaka. Wang lost no time in highlighting the "profound historical and social foundation and solid public support,"

India hopes to be fully developed by 2047 to mark its centenary of Independence, but that goal may be unachievable without the spread of education. Domestic peace is essential to counter China in South Asia. So, India must establish that it can create and consolidate economic, human and strategic security, maintain social harmony and bestow more largesse on neighbors compared to China.

underlying the relationship and stressing that the two countries had "always" trusted and respected each other.

In fact, the question, which frequently arises, is why the cultural and civilizational ties that New Delhi so often lauds have not led to stronger economic ties with its neighbors? Some answers may be found in India's inability to establish itself as their friend of first or last resort. Realizing that they can never be dominant South Asian powers, India's weaker neighbors fear China, but it gives them more than New Delhi.

Meanwhile, India's domestic religious polarization has sparked concern in friendly South Asian states. A politically and socially harmonious India could set an example to its neighbors; a divided and high-handed one raises concerns about their own security.

That is a reason why India's friends play their China card against New Delhi. Domestic peace and progress are essential to counter China in South Asia. So, India must establish that it can create and consolidate economic, human and strategic security, maintain social harmony and bestow more largesse on them than China.

(The author is the Founding professor, Centre for Peace and Conflict Resolution, New Delhi)

CM Gehlot's loyalists challenge Congress High Command

A BIG CHALLENGE FOR GOVERNMENT'S SURVIVAL IN RAJASTHAN

SEPTEMBER 29, 2022

JAIPUR (TIP): Chief Minister Ashok Gehlot's big 'No' to contest the Congress President election, and Mrs Sonia Gandhi's prerogative to decide the continuation of Gehlot as CM has left the running Rajasthan Government in lurch creating whirl of rumours and controversies in politics.

The Rajasthan's Congress government has already faced turmoil in 2020 following alleged horse trading by Opposition BJP when the Pilot group defected. Will it take any risk in its remaining tenure especially at a time when the toppling of governments by the BJP has become a recurring phenomenon in other states? Will the Congress find an alternative to Gehlot and replace him with Pilot who is favourite of Rahul Gandhi and Priyanka Gandhi? Pilot is right now a simple MLA; how come he was invited by Mrs Gandhi to hold parleys on current turmoil in Rajasthan after Gehlot turned apology over his failure to hold CLP meeting and pass a one liner resolution?

BEGINNING, TURNS & U-TURN : On his rising popularity index, open support to the Gandhi family and holding street protests in Delhi during interrogation by Enforcement Directorate, and an outspoken critic against the Modi government, the Congress decided in principle to field Ashok Gehlot, 71-year politician of Marwar and 3-timer CM, as next party president for which election process is underway. Gehlot felt elevated that he could be a leader to the party having 136 years of glorious history that has given the best politicians in the country before and after Independence.

In just last 10 days Rajasthan has witnessed a lot of up and down in Congress politics. On September 20's Congress Legislative Party meeting CM Gehlot had hinted that he could hold CM as well as contest Congress President post. On next day, September 21, when he returned from 10th Janpath after revealing his plan to hold dual post, Gehlot was little depressed and told media, "It would be really difficult to hold two posts simultaneously. Will discuss with my MLAs." Then on his mission to convince Rahul Gandhi, presently on Bharat Jodo Yatra, to accept the party post by contesting the election, Gehlot was stunned when RaGa reminded the nation on the formula of 'One Man, One Post' and party's Udaipur declaration.

Gehlot had no option but to say, "Post is not a big deal for me, party can take my service in Delhi or Rajasthan."

Despite his frequently changed tone on President Post election nomination, Gehlot has openly assured the people in Rajasthan that till last breath of his life, he would not go away from Rajasthan whatever liability is there in future for him.

"Main Thansu door Nahin hoon... I am present between you. I am not away from you; this I tell every time. I am with this state, and till my last breath," he always maintained his love, affection and bond with Rajasthani life and style. Gehlot has strong bastion in Marwar specially Jodhpur division where people do not go away to find jobs and they commonly say, "Mahro Jodhpur ro kila dikhta rahana chahiye" (I will love to see my Jodhpur fort every moment and would not go hunting for a job outside).

THICK SOUP : Earlier, amidst Rahul Gandhi's denial to file nomination for the Congress President post, and Gehlot's announcement to file his nomination papers and relinquishing his post, Sachin Pilot, young leader of Pilot brigade, was eyeing for the possible vacancy of CM Chair and started parleys with the party MLAs and held a long discussion with the Speaker Dr C P Joshi in latter's chamber in Jaipur when the assembly was in the session.



Gehlot loyalist 92 MLAs handed over their resignations to the State Assembly Speaker

The day of conflict rose when the party high command called a fresh CLP meeting under the supervision of two-party observers at CM Residence on September 25. This was the turning point in the political history of Rajasthan when in a strong move to stop Pilot from becoming a CM before Gehlot's filing nomination for the party President post, altogether ninety-two Congress MLAs including senior Ministers have en masse submitted their resignations to the Rajasthan Legislative Assembly Speaker Dr C P Joshi. This happened after three hours of high voltage drama at UDH and Parliamentary Affairs Minister Shanti Dhariwal's residence where MLAs decided to quit if their three points demands are not fulfilled.

These annoyed MLAs want that the next CM should be picked from among the 102 Congress MLAs who stood firm by the party during the 35 days of crisis in 2020, and not from the MLAs who camped in Manesar (Haryana) with Pilot. Protesting MLAs desire that the party high command shall choose anyone from 102 MLAs as a new face of CM in Rajasthan. And all such move be initiated after the declaration of the Party President poll result on October 19.

Two Congress observers Mallikarjun Kharge, RS MP, and Ajay Maken, AICC General secretary failed to hold CLP meeting and left for Delhi. On their written report on Jaipur to Mrs Gandhi, two ministers Dr Mahesh Joshi (Chief Whip and Minister) and Dhariwal (Parliamentary Affairs) and RTDC Chairman Dharmendra Rathore were served 'indiscipline notice' and the party sought their replies within 10 days. However, the party high command gave a 'clean chit' to Gehlot.

On Thursday afternoon Gehlot and Mrs Gandhi's meeting at 10 Janpath turned into a hostile atmosphere as Gehlot vehemently told national media, "Because of the incident that happened in Jaipur when he could not convene the CLP meeting, it was my moral responsibility to pass a one liner resolution. I have decided that now I will not contest election (party President) in this environment. It is my decision."

He who had tendered his verbal apology and said 'sorry' to Mrs Gandhi further replied to a question when asked whether he would continue to be CM of Rajasthan, "I will not take this decision... Sonia Gandhi will take decision.... Congress President will do it."

Gehlot's comments on CMship of Rajasthan further deepen the crisis when AICC General Secretary KC Venugopal said, "Sonia Gandhi will decide on the Rajasthan Chief Minister's post within a day or two."

COUNTDOWN BEGINS FOR RAJASTHAN GOVERNMENT! : Congress has now only two independent states of Rajasthan and Chattisgarh in the country where it is ruling for the fourth year, and the assembly polls are slated next year in December 2023. In

DR YASH GOYAL
SPECIAL CORRESPONDENT,
THE INDIAN PANORAMA



case the Congress stipulating to replace Gehlot by favourite face Pilot, will it not be a political sequel of Punjab where Captain Amarinder Singh was sacked on the eve of assembly polls, and CM Charanjit Singh Channi and Navjyot Singh Siddhu (PCC President) could not return to power against AAP that had won an overwhelming majority.

Ministers supporting Gehlot had already blamed the AICC General Secretary and in charge of Rajasthan Congress Ajay Maken for allegedly playing a conspiracy against Gehlot to favour Pilot as CM. At Congress' Udaipur Nav Sanklap Shivir in May this year, the party has taken a number of pledges including the One Man, One Post, and No ticket to offspring of senior politicians (MP, MLAs) in next election. Will the Congress party follow all promises made in Udaipur conclave?

This is for sure that Congress will get its new president. But the question remains will Rajasthan get a strong, acceptable, and reliable chief minister popular in 36-kaum (communities) like Ashok Gehlot? A million-dollar question is who will replace the three-time CM in Rajasthan? Whether the Congress high command accepts the recommendation of Gehlot for his successor? Or the leader from RaGa's young brigade Sachin Pilot, the former deputy CM, gets a chance to rule the state for the next 14 months and lead the assembly elections slated in December 2023?

Pilot also ensured the support of his Gurjar community in a few eastern districts of Rajasthan where he travelled far and wide. However, getting open support of 110 MLAs, who are with Gehlot at present, will be a big challenge for him. Rajasthan's political history never favoured any candidate for CM post from the Gurjar and Meen castes.

If rumours and media hype is to be believed, the name of Dr. C P Joshi, Assembly Speaker, is emerging as the next CM. He might even get a recommendation from Gehlot. Had Dr. Joshi, a Brahmin, not lost the Nathdwara assembly poll in 2008, he would have been the CM of the state in 2008 as there was no other contender, and the Congress party had no substitute to Gehlot. Joshi had to later take shelter under the AICC holding a few senior posts and was made in-charge of states. Joshi had also lost the 2014 LS poll from Jaipur-Rural seat. Even in the 2018 assembly election, Gehlot and Joshi had no parallel political equation.

This is going to be a very crucial judgement whether to wait till the state assembly elections in three states including Gujarat held later this year or give an opportunity to Pilot who has been waiting in the wings for all. Before taking a decision on the vexed issue, the Congress has to bear in mind the outcome of its hasty decision to run the Punjab government after removal of Captain Singh as a result of which the party lost 2022 February assembly election to the Aam Aadmi Party.

Amidst all these developments, the state BJP leaders have kept an eagle's eye on the goings-on in the state and will swoop on the party the moment it falters in its political game and provides them an opportunity. BJP state President Satish Poonia has given an open offer to Pilot in case of any fluid situation of strength to join his party.

Though, Congress has 108 MLAs in the Rajasthan House of 200 legislators while the BJP has 71, RLP 3, BTP and CPM-2 each, RLD 1. Thirteen Independent MLAs are also supporting the Gehlot government. Indeed, it is going to be a big challenge and threat to the Congress high command as Gehlot having open support of 92 MLAs who tendered their resignations to the Speaker by rejecting the CLP meeting in presence of two observers. It is also going to be herculean task to replace Gehlot by anyone and threat to survival of running Congress government that has completed about four years.

(Goyal is also a Correspondent of The Statesman in Rajasthan)

Meng and Wasserman Schultz urge Secretary of Agriculture to equitably distribute additional funds to food banks that provide Kosher And Halal Food

SEPTEMBER 29, 2022

WASHINGTON, D.C. (TIP): U.S. Reps. Grace Meng (D-NY) and Debbie Wasserman Schultz (D-FL), on September 29, called on U.S. Secretary of Agriculture Thomas Vilsack to ensure equitable distribution of the recently announced \$2 billion in additional funding for food banks and school meal programs to include kosher and halal food providers.

"Food insecurity has only continued to grow as our nation battles the COVID-19 pandemic, supply chain disruption, and rising prices," said Congresswoman Meng. "I applaud the Department of Agriculture for providing funds that help people across the country ease their burden when it comes to accessing food. However, we cannot forget to include groups that have culturally and religiously sensitive dietary options when allocating these funds, and creating these programs. Making sure kosher and halal food banks are included in the allocation of funds is critical to millions of Americans being able to put food on the table for themselves and their families. I look forward to working with Secretary Vilsack and the Department to ensure that no American goes hungry."

"Food insecurity respects no religious or cultural categories, and the pandemic-fueled supply chain and inflation factors that exacerbate it are inflicting pain on kitchen tables and food pantries across every community. So, it is critical that our federal feeding programs are equitable and accessible for everyone, including those with cultural or religious mandated dietary restrictions," said Congresswoman Wasserman Schultz. "I look forward to working with Secretary Vilsack as he distributes this new funding, to ensure the



Grace Meng (D-NY) and Debbie Wasserman Schultz (D-FL), on September 29, called on U.S. Secretary of Agriculture Thomas Vilsack to ensure equitable distribution of the recently announced \$2 billion in additional funding for food banks and school meal programs to include kosher and halal food providers.

money is equitably distributed to food banks that provide kosher and halal food to their communities, and that the training and best practices for securing, storing and transporting these vital food stuffs reach the nutritional lifelines in our communities."

"Thank you, Reps. Meng, Wasserman Schultz, and McGovern, for keeping the focus on Kosher and Halal food. The USDA has done a lot but more still needs to be done on food equity," said Alexander Rapaport, Executive Director of the Masbia Soup Kitchen Network.

"South Asian Council for Social Services (SACSS) was one of the first to offer culturally palatable food. There is a huge need for halal, kosher, and vegetarian food for many of our community members, and for overall nutrition and health. We are grateful to Congresswomen Meng and Wasserman Schultz for leading the charge on

this need," said Sudha Acharya, Executive Director of South Asian Council for Social Services (SACSS).

"With rising prices, supply chain issues and an ongoing pandemic, too many New Yorkers are still struggling with food insecurity. Sadly, for too long, Kosher and Halal food have not gotten a fair share of emergency federal food funding, leaving hundreds of thousands of New Yorkers left out," said David Greenfield, Met Council CEO. "Thankfully, New Yorkers who utilize Kosher and Halal food have a strong ally in Congresswoman Grace Meng who has relentlessly fought for them in Washington DC. The Biden administration and Secretary Vilsack have been strong allies in helping get more food to people in need and we look forward to working with them to ensure New Yorkers who rely on Kosher and Halal food get the support from the federal government that they need."

Between June of last year and June of this year, 24 million households reported they were food insecure, compared to the 14 million households that faced food insecurity in 2020, showing the importance of federal feeding programs. Although programs like The Emergency Food Assistance Program (TEFAP) have helped address this issue, kosher and halal food options are limited.

The Congressmembers were joined by Rep. James McGovern (D-MA), Co-Chair of the House Hunger Caucus. McGovern secured \$2.5 million to make the second conference focused on ending hunger in over 50 years possible, and has worked for years to build awareness and push for legislation to address policy failures that have created food insecurity problems. The conference took place earlier this week.

CHARTER BOOSTS SOUTH ASIAN PROGRAMMING FOR SPECTRUM CUSTOMERS

ADDS ZEE ENTERTAINMENT CHANNELS, NEW VIDEO TIERS

NEW 'INDIA VIEW' VIDEO PACKAGES PROVIDE SPECTRUM TV AND STREAMING SUBSCRIBERS UP TO 24 NEW CHANNELS WITH GREATER FLEXIBILITY AND VALUE

SEPTEMBER 29, 2022

STAMFORD, CT (TIP): Charter Communications, Inc. announced on September 29 that it has launched new South Asian-focused video packages with up to 24 new channels in a programming expansion made possible in large part to a distribution agreement for all of the ZEE channels from India. The new "India View" packages are available to Spectrum TV subscribers and to customers who prefer to receive a streaming video package over the Internet, and feature substantially more content than Charter's previous South Asian video offerings.

Among the new channels included in the India View tiers are the most popular networks from India and channels from ZEE, added through Charter's new distribution agreement with Asia TV USA Ltd., an affiliate of Zee Entertainment Enterprises Ltd. in Mumbai. In addition to renewing the agreement for the flagship Hindi general entertainment channel Zee

Charter
COMMUNICATIONS

ZEE
Extraordinary Together

TV already offered by Charter, the deal includes the addition of 22 ZEE channels in multiple languages for Spectrum video customers, including &TV, Zee Bangla, Zee Kannada, Zee Keralam, Zee Marathi, Zee Punjabi, Zee Tamil, Zee Telugu, Zee News, Zee World and WION (World is One News).

"Our agreement with ZEE gives Spectrum customers access to some of the most popular news, sports and entertainment programming from India in multiple languages," said Tom Montemagno, Executive Vice President of Programming Acquisition for Charter. "The addition of ZEE's channels to our lineup enables us to offer our customers South Asian-focused video packages that

are meaningfully more robust, with enhanced flexibility and value, and directly aligns with our commitment to provide programming that reflects our customers' diverse interests and perspectives."

To promote the new programming and India View tiers, Charter and ZEE have launched a co-branded marketing campaign in Spectrum markets with high South Asian populations, including Los Angeles, New York and Dallas, focusing on the streaming packages: India View Stream for \$19.99/month and India View Stream Plus for \$29.99/month. The companies' agreement marks the latest step by ZEE to serve the growing South Asian communities in the U.S. Since 1998,

ZEE has been present in the U.S, taking a localized approach of promoting culturally rich stories while connecting South Asian audiences to their home country.

"The U.S. market is an important part of Zee Entertainment's international strategy, and the increase in the South Asian population in the U.S. gives us an opportunity to serve the content needs of the growing population segment," said Punit Misra, President of Content and International Markets at Zee Entertainment Enterprises. "The vast majority of our audiences who live in the U.S. are foreign born and have immigrated to the U.S. There is a very strong brand affinity in this group towards ZEE. We are delighted to expand our partnership with Charter to make this premium suite of channels available to Spectrum customers."

(Read full story at www.theindianpanorama.news)

Embassy of India in Guatemala Hosted a Trade Exhibition of Indian Handicrafts

CONTD FROM PAGE 1



The exhibition was a part of the celebration of India's 75 years of independence which is being observed as Azadi ka Amrit Mahotsav.



The National Award winner artisans with the acting President of the Republic of Guatemala Mr. Guillermo Castillo Reyes

10 Master artisans arrived from India to give a live demonstration of their art and craft. They all were national award winners. They included Mrs. Bharti Dayal who won the National Award in 2006 for the craft of Mithila Painting, Mr. Kalyan Prasad Joshi who got a National Award in 2010 for the craft of Phad Painting, Mrs. Kanukuben Amrutlal Vankar who won a National Award in 2011 for the craft of Kutchi Vegetable Indigo Cotton Silk Saree, Mr. Lacchi Ram who won a National Award in 2006 for the craft of Terracotta, Mr. Mohammad Nasir who won a National Award in 2017 for the craft of Hand Block Print, Mr. Mohammad Haroon who won a National Award in 2007 for the craft of Wood Carving, Mr. Poonam Arjan Vankar who

won a National Award in 2013 for the craft of woolen Rabari Khesado shawl, Mrs. Pushpa Harit who won a National Award for the craft of Tribal Beads Jewelry, Mr. Roop Kishore Soni who won a National Award in 2015 for the craft of Silver Engraving, and Mr. Vivekananda Bagchi who won a National Award in 2010 for the craft of Cane and Bamboo.

The acting President of the Republic of Guatemala, Mr. Guillermo Castillo Reyes visiting booths of artisans and interacting with them



CONTD ON PAGE 13

CONTD FROM PAGE 12



Ambassador Manoj Kumar Mohapatra speaking at the Trade Exhibition. To his right is Acting President of Republic of Guatemala Mr. Guillermo Castillo Reyes and Mrs. Renu Sharma, President of B & S Foundation



The acting president Guillermo visited each of the booths and looked at the magic of the gifted hands that had woven magic and spoke with the artisans about their art and craft. He was gracious enough to spend time at each of the booths and interact with the artisans and also let them have a photograph with him. The artisans presented him with souvenirs. India's ambassador to the Republic of Guatemala Mr. Manoj Kumar Mohapatra, suggested to the acting president to send to India artisans from Guatemala to interact with the artisans in India and to explore a market for their products.



Mr. Reyes at the Eye Foundation of America booth. Ambassador Manoj Kumar Mohapatra and Prof. Indrajit Saluja described to His Excellency the acting President the humanitarian work the Eye Foundation of America was doing.

The acting President also visited the booth of the Eye Foundation of America where he was informed about the great humanitarian work being done by the Eye

Foundation of America, which was founded by Dr. V. K. Raju, an eminent ophthalmologist based in Morgantown, West Virginia. Introducing the Eye Foundation to His Excellency, the acting President, Prof. Indrajit Saluja said that Dr. Raju's vision is to have a world without childhood blindness. The foundation has been providing eye care in many parts of the world like Africa, India and India's neighboring countries. Prof. Saluja said that Ambassador Mohapatra was keen to have the Eye Foundation of America to provide eye care to Guatemala children, and work towards a Guatemala without childhood blindness Professor Saluja pointed out that the Eye Foundation of America has performed close to 400,000 surgeries and corrected or restored the vision of thousands across the world. All this is pro bono the Eye Foundation does not look at the work it is doing as a commercial proposition but as a humanitarian service. His Excellency was very pleased and said he would welcome the Eye foundation to Guatemala. Ambassador Manoj Mohapatra also spoke to the acting President about the Eye Foundation of America and informed his excellency that Dr. V.K. Raju, the president of the Eye Foundation of America would soon be visiting Guatemala to assess and determine the kind and extent of the services required in Guatemala.

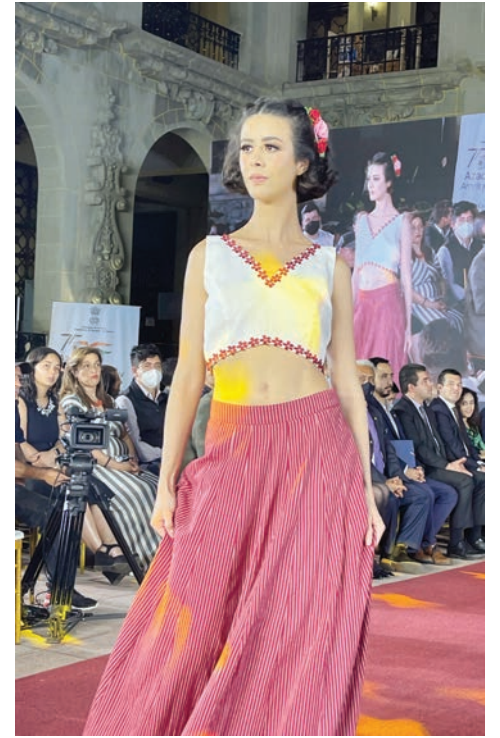
The Fashion Show in photographs



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A day before the trade exhibition embassy of India hosted a fashion show in which the models displayed Indian textiles and dresses. The two-hour fashion show was immensely appreciated by the gathering which included, among others, Ava Arevalo, Vice Minister of Foreign Affairs for Cultural Matters, and diplomats from a number of countries.



Guatemala Vice Minister of Foreign Affairs for Cultural Matters Ava Arevalo and Prof. Indrajit Saluja at the fashion show

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Ava Arevalo, Vice Minister of Guatemala with artisans from India

A day after the inauguration of the Trade Exhibition, Ambassador of India, Mr. Manoj Kumar Mohapatra hosted a dinner at which the acting president of Guatemala was the chief guest. The guests included ministers and officials of Guatemala government and diplomats from various countries, the artisans who had come from India and the Indian origin community members.

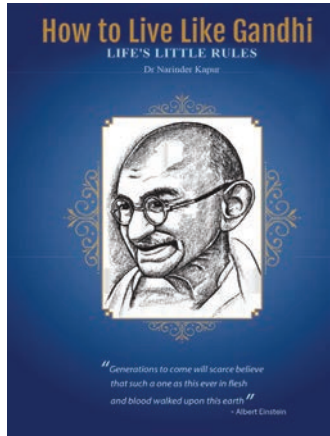
Addressing the gathering, India's ambassador spoke about the areas of cooperation between India and Guatemala and invited the government of Guatemala for and mutually beneficial alliance in the areas of trade and commerce.

Students at a Yoga session



The Embassy of India in Guatemala also organized a Yoga session for schoolchildren. In the scenic City of Panajechel on September 24. About 40 excited students participated in the Yoga session. I was quite surprised to have found Yoga making way into the Guatemala schools. Ambassador Mohapatra told me that the Embassy organized Yoga camps on a regular basis. It was evident that the Embassy of India had popularized Yoga in Guatemala.

EFA Publishes How to Live Like Gandhi for Gandhi's 153rd Birthday on Oct. 2



Dr. Narinder Kapur's book brings Mahatma Gandhi's wisdom to new generations

MORGANTOWN, W.VA. (TIP): The Eye Foundation of America is proud to announce its publication of *How to Live Like Gandhi: Life's Little Rules* by Dr. Narinder Kapur in celebration of the 153rd birthday of Mahatma Gandhi on Oct. 2. Kapur is an expert on Gandhi and a visiting professor of neuropsychology at University College London.

Intended for adults and children, the book can be obtained by donating to The Eye Foundation of America at www.eyefoundationofamerica.org

Born in 1869 in what was then Porbandar, India, Mohandas Karamchand Gandhi was known as the Father of India, a man revered around the world for promoting nonviolent

resistance. He was given the name Mahatma, which means the great-souled one, and during his 78-year life, the trained lawyer and spiritually aesthetic man accumulated much wisdom which remains relevant today.

Dr. Kapur's 70-page book divides Gandhi's wisdom into 66 rules for well-being, dealing with people, and what he calls "Rules for All Seasons." For example, Rule 62 is "good minds are better than good looks."

V.K. Raju, president and founder of EFA said, "We are delighted to bring the wisdom of the great Mahatma Gandhi to a new audience and to remind the world that love and nonviolence and caring for the underprivileged should be our

highest priorities. Here at the EFA, we follow his principles."

ABOUT THE EYE FOUNDATION OF AMERICA

The Eye Foundation of America is a non-profit organization dedicated to realizing a world without childhood blindness. It has established two eye institutes in India. Since 1979, it has expanded its reach to over 25 countries, screened millions of patients, and provided hundreds of thousands of surgeries.

For more information, contact Andrea Contaldi, executive director, info@eyefoundationofamerica.org; eyefoundationofamerica.org

Hurricane Ian victims in Florida qualify for tax relief; October 17 deadline, other dates extended to Feb. 15

SEPTEMBER 29, 2022

WASHINGTON, D.C. (TIP): Hurricane Ian victims throughout Florida now have until Feb. 15, 2023, to file various federal individual and business tax returns and make tax payments, the Internal Revenue Service announced today.

The IRS is offering relief to any area designated by the Federal Emergency Management Agency (FEMA). This means that individuals and households that reside or have a business anywhere in the state of Florida qualify for tax relief. The current list of eligible localities is always available on the disaster relief page on IRS.gov.

The tax relief postpones various tax filing and payment deadlines that occurred starting on Sept. 23, 2022. As a result, affected individuals and businesses will have until Feb. 15, 2023, to file returns and pay any taxes that were originally due during this period.

This means individuals who had a valid extension to file their 2021 return

due to run out on Oct. 17, 2022, will now have until Feb. 15, 2023, to file. The IRS noted, however, that because tax payments related to these 2021 returns were due on April 18, 2022, those payments are not eligible for this relief.

The Feb. 15, 2023, deadline also applies to quarterly estimated income tax payments due on Jan. 17, 2023, and the quarterly payroll and excise tax returns normally due on Oct. 31, 2022, and Jan. 31, 2023. Businesses with an original or extended due date also have the additional time including, among others, calendar-year corporations whose 2021 extensions run out on Oct. 17, 2022. Similarly, tax-exempt organizations also have the additional time, including for 2021 calendar-year returns with extensions due to run out on Nov. 15, 2022.

In addition, penalties on payroll and excise tax deposits due on or after Sept. 23, 2022, and before Oct. 10, 2022, will be abated as long as the deposits are made by Oct. 10, 2022.

The IRS disaster relief page has details

on other returns, payments and tax-related actions qualifying for the additional time.

The IRS automatically provides filing and penalty relief to any taxpayer with an IRS address of record located in the disaster area. Therefore, taxpayers do not need to contact the agency to get this relief. However, if an affected taxpayer receives a late filing or late payment penalty notice from the IRS that has an original or extended filing, payment or deposit due date falling within the postponement period, the taxpayer should call the number on the notice to have the penalty abated.

In addition, the IRS will work with any taxpayer who lives outside the disaster area but whose records necessary to meet a deadline occurring during the postponement period are located in the affected area. Taxpayers qualifying for relief who live outside the disaster area need to contact the IRS at 866-562-5227. This also includes workers assisting the relief activities who are affiliated with a



Department of the Treasury
Internal Revenue Service

recognized government or philanthropic organization.

Individuals and businesses in a federally declared disaster area who suffered uninsured or unreimbursed disaster-related losses can choose to claim them on either the return for the year the loss occurred (in this instance, the 2022 return normally filed next year), or the return for the prior year (2021). Be sure to write the FEMA declaration number - DR-4673-FL ? on any return claiming a loss. See Publication 547 for details.

The tax relief is part of a coordinated federal response to the damage caused by Hurricane Ian and is based on local damage assessments by FEMA. For information on disaster recovery, visit disasterassistance.gov.

IRS introduces an Executive Column "A Closer Look" that covers a variety of timely issues of interest to taxpayers and the tax community



Department of the Treasury
Internal Revenue Service

NEW YORK (TIP): The IRS, on September 29, published the latest executive column, "A Closer Look," which features Darren Guillot, Small Business/Self-Employed Deputy Commissioner, discussing the use of voice and chat bots to improve the collection taxpayer experience.

"Taxpayer service remains a top IRS priority, and we recently put in place some new technology involving voice and chat bots to help make it easier for people to get the help they need," said Guillot. "As we move forward, we are committed to continue identifying ways to make tax processes more efficient and useful for all taxpayers."

"A Closer Look" is a column from IRS executives that covers a variety of timely issues of interest to taxpayers and the tax community. It also provides a detailed look at key issues affecting everything from IRS operations and employees to issues involving taxpayers and tax professionals.

North American Punjabi Association condemns Sikh student's detention in US over kirpan

SEPTEMBER 25, 2022

CHARLOTTE (TIP): The United States-based North American Punjabi Association (NAPA) has strongly condemned the incident in which a Sikh student at the University of North Carolina at Charlotte was allegedly detained on the campus for wearing kirpan. Releasing the statement here, NAPA executive director

Satnam Singh Chahal, said the whole world knew about the Sikh articles of faith and it's more than unfortunate to see the North Carolina Campus Police at the university detaining a Sikh youth for carrying his article of faith. He said post 9/11 attacks in the US, Sikhs were living under the shadow of insecurity. The Sikh community had lost several lives and their property was damaged, too. Chahal said if the police force started mistreating Sikhs, then who would save the Sikhs from hate crimes? A viral video shows that the US police tried to take the kirpan away from a Sikh youth and later detained him when he resisted. Chahal said, "We strongly condemn the incident and urge the US police's senior authorities to take serious action against the cops who detained the Sikh Student due to the wearing of his articles of faith."



NAPA executive director Satnam Singh Chahal, said the whole world knew about the Sikh articles of faith and it's more than unfortunate to see the North Carolina Campus Police at the university detaining a Sikh youth for carrying his article of faith.

Canada Retaliates: Advises citizens to exercise caution while in India

BY PRABHJOT SINGH



SEPTEMBER 29, 2022

OTTAWA (TIP): The Canadian government has advised its citizens to avoid travel to the Union Territory of Jammu and Kashmir, and areas of Gujarat, Punjab and Rajasthan that are within 10 km of the border with Pakistan.

Within two days of India issuing a travel advisory to its citizens planning short- or long-term travel to Canada, here comes a veiled retaliation.

The Canadian government has advised its citizens to avoid travel to the Union Territory of Jammu and Kashmir, and areas of Gujarat, Punjab and Rajasthan that are within 10 km of the border with Pakistan.

The warning area excludes the Wagah Border in Punjab.

It, however, avoids mention of Sri Kartarpur Sahib corridor, which is also within 10 km of the periphery of the border with Pakistan.

Punjabis and Gujaratis are among the largest Indian communities in Canada.

The border areas of Gujarat, Punjab and Rajasthan, the advisory says, have an unpredictable security situation. There may be presence of landmines and unexploded ordnance in some of these areas.

The latest travel advisory of the Canadian government was posted on the web site of the Canadian High Commission in New Delhi on Tuesday. It also wants Canadians to avoid traveling to Assam, Manipur due to insurgency and terrorism.

The Canadian update comes two days after the Indian Ministry of External Affairs (MEA) had advised its citizens,

including students, to observe "due caution and remain vigilant in view of the sharp increase in incidents of hate crimes, sectarian violence and anti-India activities in Canada."

"Avoid all travel to areas within 10 km of the border with Pakistan in the following states due to the unpredictable security situation and presence of landmines and unexploded ordnance: Gujarat, Punjab Rajasthan," says the advisory.

The Canadian Travel Advisory says there are certain safety and security concerns, or the situation could change quickly. Be very cautious at all times, monitor local media and follow the instructions of local authorities, it adds.

It has categorized "unsafe areas for travel" into two groups. The first group is about areas of avoiding non-essential travel. Included in this category are Manipur and Assam.

In the second category of "avoid all travel," the Canadian Advisory mentions Gujarat, Punjab, Rajasthan and Union Territory of Jammu and Kashmir.

Advising avoid travel to the Union Territory of Jammu and Kashmir, it says that there due to unpredictable security situation, there is a threat of terrorism, militancy, civil unrest, and kidnapping. It excludes travelling to or within the Union Territory of Ladakh.

It further says that the security situation in the Union Territory of Jammu and Kashmir is tense. There are high risks of violent protests, civil unrest and acts of terrorism and militancy.

"Violent clashes between militants and security forces occur regularly. Terrorist attacks against security forces have led to civilian casualties. Further attacks could take place at any time. You could find yourself in the wrong place at the wrong time.

"The Indian army has enhanced powers in this territory. Authorities may impose

curfews and security restrictions on short notice."

It advises visiting Canadians to carry their identity cards all the time, avoid gatherings and demonstrations, expect a heightened security presence and security checks, besides following the instructions of local authorities

"The level of tension between India and Pakistan may change suddenly. You could experience difficulties when travelling between the two countries. You may be subject to scrutiny if officials from either country become aware that you have recently travelled to the other.

"The security situation along the border with Pakistan, especially along the Line of Control (LoC), which separates the Union territories of Jammu and Kashmir and Ladakh from Pakistan-administered Kashmir, remains volatile.

"Cross-border gunfire and shelling are occurring sporadically along the LoC. The presence of landmines and unexploded ordnance also constitute a risk.

"Although international travelers regularly use the Wagah border crossing linking Amritsar, India, to Lahore, Pakistan, it remains vulnerable to attack. Security measures are in place. You may experience long delays," adds the Advisory.

While referring to north-eastern States of Assam and Manipur, the Advisory says that several extremist and insurgent groups, who are active, regularly target local government and security forces and may use various criminal activities to finance their activities. Ethnic tensions in the States can also lead to conflict and civil unrest.

It also says that there is a threat of terrorism in India, particularly in the Union territory of Jammu and Kashmir, states of Manipur and Assam besides areas of East India where Naxalites groups are active



Within two days of India issuing a travel advisory to its citizens planning short- or long-term travel to Canada, a veiled retaliation comes from Canada.

"Maoist extremist insurgents, known as Naxalites, are responsible for the majority of terrorist attacks in India. These groups are usually based in rural and forested areas within zones of concerns, as defined by the Government of India, which include Andhra Pradesh, Bihar, Chhattisgarh, Jharkhand, Madhya Pradesh, Maharashtra, Odisha, Telangana, Uttar Pradesh and West Bengal.

"Extremist and insurgent groups usually target government and security forces, and sometimes, trains and railway tracks. While tourists are not usually specifically targeted, bystanders could be affected. Be particularly vigilant during election periods and in the lead-up to, and during, religious holidays and times of national significance, like Republic Day (January 26), Eid, Independence Day (August 15), Diwali.

"Targets of terrorist attacks could include government buildings, including schools, places of worship, airports and other transportation hubs and networks, public areas such as tourist attractions restaurants, bars, coffee shops, shopping centers, markets, hotels and other sites frequented by foreigners

"While in India, always be aware of your surroundings when in public places, if you see a suspicious package, immediately leave the area and report it to authorities," concludes the Advisory.

Indo-Canadian Jaspal Singh Ahluwalia only Punjabi contesting Quebec Assembly election



Jaspal Singh Ahluwalia (in pic) representing Bloc Montreal is in the fray from Vaudreuil seat.

SEPTEMBER 27, 2022 MONTREAL (TIP):

A lone Punjabi candidate is contesting the Assembly elections in Quebec, a French-dominant area in Canada. Jaspal Singh Ahluwalia representing Bloc Montreal is in the fray from Vaudreuil seat. The elections are scheduled for October 3. Anju Dhillon has been representing the Punjabi community in the House of Commons from the French-speaking province, but no Punjabi leader represents the community in the Quebec Assembly.

(Read full story at www.theindianpanorama.news)

Indo-Canadians elated as park in Canada's Brampton renamed as Shri Bhagavad Gita Park



Brampton's Troyers Park has been renamed Shri Bhagavad Gita Park.

SEPTEMBER 28, 2022

BRAMPTON (TIP): A park in Brampton in Canada was renamed as Shri Bhagavad Gita Park on Wednesday, according to a Haryana government statement. The park, spread over 3.75 acres, will have sculptures of Lord Krishna and Arjuna on a chariot and some other Hindu deities, it said.

Lauding the initiative, Haryana Chief Minister Manohar Lal Khattar said the park will help spread the Bhagavad Gita's eternal message of universal brotherhood, love and harmony. In a tweet, Brampton Mayor Patrick Brown said, "Today, the @CityBrampton unveiled the renaming of Brampton's Troyers Park to Shri Bhagavad Gita Park. Brampton is a Mosaic, and this renaming commemorates the Hindu community and all they contribute to our City. We celebrate all cultures and all faiths in our City." According to the Haryana government statement, the park is probably the only one outside of India to be named after the Bhagavad Gita.

Indian-origin man burnt alive in vehicle collision in Edmonton city

SEPTEMBER 27, 2022

EDMONTON (TIP): Gurkirat Singh (42), a transporter in Canada, who belonged to Gajjan Singh Wala village of Faridkot was burnt alive in a collision between two vehicles in Edmonton city of Alberta province on Monday, September 26. According to Gurdev Singh Khosa, father of the deceased, Gurkirat was returning from Fort McMurray to Edmonton in a van which collided with another van. This resulted in both the vehicles catching fire and killing both persons at the wheel.



Gurkirat Singh was burnt alive in a collision between two vehicles in Edmonton city of Alberta province on Monday, September 26.

AIIMS ORDERS SECURITY GUARDS NOT TO FETCH TEA, SNACKS FOR DOCTORS, STAFFERS

The All India Institute of Medical Sciences, or AIIMS, has asked its security staffers not to fetch tea and refreshments for doctors and other staff during duty hours and said they should be used only for the purpose they are engaged for.

New AIIMS director, M Srinivas, on Thursday took a strong stand against senior staffers asking security guards to fetch tea and snacks for them during working hours and issued an advisory barring the practice.

According to the statement, any security staff found taking refreshments or eating food during duty hours will be removed from the rolls of the AIIMS.

This decision was made after the director noticed one of the security staff carrying tea in a tray on the orders of hospital staff while visiting the Cardiothoracic and Neurosciences Center. "Such incidents not only compromise the security for which the staff has been deployed but also portray an adverse image of security services," the memorandum read.

"It is hereby directed that the security staff deployed for security and assistance of patients will not be used for any purpose other than for which they are engaged. The in-charge of the concerned office to which the security staff is posted as well as the respective cafeteria/canteen in-charge will be held responsible if any security staff is found carrying refreshments/tea/coffee, etc. during their duty hours," it stated. "It will also be ensured by the respective faculty-in-charge and officer-in-charge of security that the security staff perform the duties as specified in the tender agreement for watch and ward services," the memorandum added.

RBI hikes repo rate by 50 bps to 3-year high of 5.9%, GDP expected to grow at 7%

NEW DELHI (TIP)

RBI Governor Shaktikanta Das on Friday, September 30, announced that the central bank's Monetary Policy Committee (MPC) has hiked the repo rate - or the key lending rate - by 50 basis points (bps) to a three-year high of 5.9 per cent. In the next financial year, the country is expected to have a real GDP rate of 7 per cent. "We are wakeful, ever vigilant, ever-striving," the RBI Governor quoted Mahatma Gandhi during his address, while highlighting the measures taken to tackle the global challenges.

"The global economy is in the eye of storm but India has withstood shocks over the last two years," RBI governor said, adding that the inflation is hovering around 7 per cent and is expected to remain around 6 per cent in the second half of the year.

"Daunting challenges face us. A series of measures have been taken since April 2022 in the backdrop of geopolitical tensions, which also hampered the global supply," he said, referring to the Ukraine War, which began in February.

"The inflation rate is projected at 6.7 per cent," he said. "The MPC has to remain alert and nimble in the wake of current conditions."

The GDP grew by 13.5 per cent year-on-year in the first quarter, he highlighted. "While the real GDP growth in the first quarter of this year turned out to be lower than expectations, nonetheless it was 13.5 per cent, and perhaps the highest among the major global economies," he further stressed.

Ahead of the statement, markets opened in red with Sensex at 56,254. The National Stock Exchange (NSE) Nifty 50 index was down 0.3 per cent at 16,776. A Reuters poll showed a slim majority of economists - ahead of the statement - were expecting a 50 basis point hike and some others expected a smaller 35 basis point rise.

Last month, the Monetary Policy Committee (MPC) of the RBI had announced an increase of the repo rate by another 50 basis points - one basis point is one hundredth of a percentage point taking it to 5.4%, a level last seen in September 2019. It was the third consecutive rate hike by the MPC since its unscheduled May 2022 meeting.



RBI governor Shaktikanta Das.

With this repo rate hike

- With this repo rate hike, home loans will get dearer soon. This could impact residential sales to some extent during the upcoming festive quarter, particularly in the affordable and mid-range housing segments.
- The hike in home loan rates will be in addition to the other increasing costs such as inflationary trends of construction input costs.
- With the overall acquisition cost increasing further, developers will have to seriously consider doling out targeted offers and discounts to boost sales during the critical festive quarter.

The key committee had also retained its inflation and GDP growth projection for the fiscal year 2022-23 at 6.7 per cent and 7.2 per cent, respectively.

The MPC, since May, has already raised the key policy rate by 140 bps to 5.4 per cent to cool off domestic retail inflation, which has stayed above the RBI's upper tolerance limit of 6 per cent since January.

Adultery in armed forces: Supreme Court says disciplinary actions must

NEW DELHI (TIP)

Stating that adultery creates pain in a family and should not be treated lightly, the Supreme Court on Thursday, September 29, said that the armed forces must have some kind of mechanism for disciplinary proceedings against officers for adultery.

A five-judge constitution bench headed by Justice KM Joseph said, "This (adultery) is going to shake the discipline in the armed forces. Armed forces must have some kind of assurance that they will take action. How can you cite Joseph Shine (judgement) and say it cannot be?"

The top court, in 2018, struck down Section 497 of the Indian Penal Code, dealing with the offence of adultery while holding it unconstitutional.

"Adultery creates pain in a

A five-judge constitution bench headed by Justice KM Joseph said, "This (adultery) is going to shake the discipline in the armed forces. Armed forces must have some kind of assurance that they will take action. How can you cite Joseph Shine (judgement) and say it cannot be?"

family. We have held so many sessions as judges in the high courts and seen so many families being torn. We are telling you do not treat this in a lighter manner," the bench said.

"In uniformed services, there has to be discipline. If a private employer can be permitted to do it, then why not the forces? If it concerns, possibly, the breaking up of a family," the bench observed.

ASG Madhavi Divan appearing

for the Ministry of Defence (MoD) had moved the top court saying that the September 27, 2018 judgement striking down adultery as an offence could come in the way of armed forces personnel being convicted for adulterous acts and said, "We have to stand up for our officers, who are fighting for us on ground."

"I am only saying that there is a large number of cases in Aft and so many disciplinary actions have been started and we have to keep the confidence of the armed forces high," she said.

However, the bench said there is nothing in the 2018 judgement which precludes the armed forces and it can challenge the individual orders of the AFT.

ASG Diwan sought time to go through the 2018 judgement in detail and slated the hearing for December 6. *Source: India Today*

PFI had ties with Qaida-linked Turkish group: Intel to MHA

NEW DELHI (TIP)

The Popular Front of India (PFI) has been maintaining close ties with a radical Turkish group accused of supplying arms to Al-Qaida-affiliated jihadists in Syria, states a dossier presented to the MHA by intelligence agencies. Two top leaders of the now-banned outfit were hosted by the group, officials said today.

The Foundation for Human Rights and Freedoms and Humanitarian Relief (Insan Hak ve Hurriyetleri ve Insani Yardim Vakfi, commonly known as IHH) projects itself as a Turkish human rights organisation involved in constructive work benefitting the society. However, intelligence agencies found that it is an Al-Qaida-linked Turkish charity organisation, which was accused of smuggling arms to Al-Qaida-affiliated jihadists in Syria in January 2014, the officials said, adding that the IHH has also been identified as an organisation that closely works with Turkish intelligence service MIT. The officials said that according to reports, EM Abdul Rahiman and Prof P Koya, members of PFI's national executive council, were privately hosted in Istanbul by the IHH. The officials said the PFI appeared to be a perfect match for the IHH as both organisations have been advocating the jihadist ideology.

INTEREST RATES ON SOME SMALL SAVINGS SCHEMES INCREASED

After keeping small savings rates unchanged for nine consecutive quarters, the Finance Ministry Thursday hiked interest rates on some of the small savings schemes for October-December. Interest rates were marginally hiked for 2-year and 3-year time deposits, senior citizens savings scheme and Kisan Vikas Patra, while rates for other schemes remained unchanged.

The changes have come amid higher inflation rate and a rising interest rate cycle. The recent retail inflation print for August came in at 7 per cent, marking the eighth month above the upper threshold of the RBI's target of 4 +/- 2 per cent, and almost three years (35 months) of staying above 4 per cent.

The repo rate currently stands at 5.4 per cent, after a raise of 140 basis points since May. The view within the ministry for hiking rates is to "balance the interests of senior citizens, persons saving in instruments without tax benefits along with keeping the interest rate for small savings in check", which essentially translates into a higher interest cost for the government when it borrows against the National Small Saving Fund. Interest rates on small saving schemes are reset on a quarterly basis, in line with the movement in benchmark government bonds of similar maturity.

Typically, small saving rates are linked to yields on benchmark government bonds but despite the movement in G-sec yields, the government had not reduced the interest rates over the last two years.

SC QUIZZES CENTRE OVER DELAY IN FRAMING DATA PRIVACY LAW

The Supreme Court on Thursday, September 29, questioned the Centre over its delay in framing a law to protect the data privacy of its citizens despite right to privacy being declared a fundamental right by the top court in 2017. The Centre, however, claimed that the new law would be introduced in the coming winter session of Parliament. The issue came up before a five-judge Constitution bench, headed by Justice KM Joseph, which was discussing WhatsApp's 2016 privacy policy that allowed the sharing of user data with Facebook and its other group companies for the purposes of advertising and marketing. This policy was challenged by two law students, Karmanya Singh Sareen and Shreya Sethi, as being violative of their fundamental right to privacy. Solicitor General Tushar Mehta, appearing for the Centre, told the court that the concerns of the petitioners would be met by the law to be brought by government, saying that the Personal Data Privacy Bill was tabled in Parliament in 2019, scrutinised by a joint committee of Parliament, and later withdrawn in August this year to make way for a more comprehensive law based on suggestions and amendments proposed by the House panel.

Ashok Gehlot opts out of race for Congress chief

NEW DELHI (TIP)

In a dramatic turn of events on Thursday, September 29, Congress veteran Ashok Gehlot walked out of the party presidential race and chose to stay as the Chief Minister of Rajasthan amid the organization's insistence on one person, one post rule.

Gehlot opted out of the race "taking moral responsibility for failing as CM to get a one-line MLAs' resolution passed authorizing Congress president Sonia Gandhi to take a decision on state leadership issue" and said he had apologized to Sonia for the same.

Gehlot is learnt to have submitted a written apology for the turn of events in Jaipur on Sunday where 92 MLAs loyal to him boycotted an official legislature party meeting choosing to attend an informal meeting which ended with all pro-CM loyalists tendering resignations to Speaker CP Joshi.

After meeting Sonia Gandhi today, Gehlot said Sonia would decide on the issue of state leadership.

Sources, however, indicated that Gehlot's apology could be seen as a face saver for the party to let him keep his CM's chair.

Asked if he would contest in the party chief's elections, Gehlot said, "I earlier requested Rahul Gandhi in Kochi that everyone wants him to be party president but he said he would not fight. I had then said I will contest elections because everyone wants me to contest. But after the Sunday episode in Jaipur, I have decided not to fight elections for the party president's post in the current circumstances."

On the CM-ship, Gehlot said, "Sonia Gandhi will decide."

"I have spoken at length with Sonia.



Gehlot is learnt to have submitted a written apology for the turn of events in Jaipur on Sunday where 92 MLAs loyal to him boycotted an official legislature party meeting.

Over the past 50 years, I have worked as a faithful soldier of the party and I was always trusted with responsibilities and given roles as Union Minister, state unit chief, three-time CM, with the blessings of Sonia ji. What happened on Sunday shook us all. Only I know the pain I felt. I have regretted to Sonia and apologized to her. A one-line resolution is a tradition of the party. That is the convention in all meetings whether in elections or CM-ship. Unfortunately, that resolution could not be passed. I take moral responsibility that despite being CM, I was unable to get the resolution passed for the first time. I have said sorry to Sonia that I could not succeed in this."

Gehlot's apology is being seen in party circles as the middle path between the two sides to buy peace.

It gives Sonia Gandhi a face saver after a humiliating rebellion of sorts by the Rajasthan MLAs on Sunday and it allows Gehlot to stay in the post, even when the latter said Sonia would decide on CM-ship.

It is unlikely the party will oust a sitting CM with Assembly elections due in late 2023, knowing well the open support he enjoys of ministers and lawmakers.

The Congress can't afford to stake its government in a bid to replace Gehlot with Sachin Pilot, whose bid for the CM's post appears to have been stalled once again.

Meanwhile, as the race for Congress president heats up, G-23 leaders met in Delhi. Prithviraj Chavan, Bhupinder Hooda, Manish Tewari and others meet at the at the residence of Anand Sharma on Friday, September 30.

Sources said Tewari was keen to file his nomination papers for the election but there was no confirmation on the same.

Shashi Tharoor, who was part of the G-23, will be filing his nomination papers for the top party post on Friday.

Tewari later told reporters that no one has filed the nominations yet and things will be clear only after tomorrow. He said they sat for deliberations and discussed the situation.

Chavan also said it was good that internal polls were being held in a democratic manner and stated that they had earlier thanked Congress chief Sonia Gandhi for the free and fair elections.

"Let us see who files the nominations and we will support the best candidate in the fray," he said after the meeting.

The G-23 grouping had written to Sonia Gandhi seeking organizational overhaul and internal polls at all levels.

(Also read special report on Page 10)

Gen Anil Chauhan assumes charge as new CDS

NEW DELHI (TIP)

Gen Anil Chauhan on Friday, September 30, became India's new Chief of Defence Staff. "I will try to fulfill the expectations from the three defence forces," said Chauhan as he assumed charge, over nine months after the death of former CDS, General Bipin Rawat.

"I'm proud to be assuming the responsibility of the highest rank in the Indian Armed Forces. I will try to fulfill the expectations from the three defence forces as the Chief of Defence Staff. We will tackle all challenges and difficulties together," the new CDS said.

Chauhan received the Guard of Honour at the South Block, Delhi and visited the National War Memorial with his father, Surendra Singh Chauhan.

A decorated Army officer, 61-year-old Chauhan will also function as Secretary in the Department of Military Affairs.

The government on Wednesday announced appointing Chauhan as the new Chief of Defence Staff (CDS), after the post fell vacant following the death of Gen Bipin Rawat in a helicopter crash.

Lt Gen Chauhan (retd) is from the 11 Gorkha Rifles, the same regiment of Gen Rawat.

The newly-appointed CDS was also the Director General of Military Operations (DGMO) of the Army during the Balakot air strikes in 2019 when Indian airplanes pounded a Jaish-e-Mohammed terrorist training camp deep inside Pakistan in response to the Pulwama terror strike.

He will assume the rank of the four-star General once he takes



New Chief of Defence Staff (CDS) Lt General Anil Chauhan (retd) arrives to inspect a Guard of Honour, in New Delhi, Friday, Sept. 30, 2022. (PTI)

charge as India's second Chief of Defence Staff. He will be the first retired three-star officer to return to service in four-star rank. After his retirement as the Eastern Army Commander last year, he has been serving as the military adviser in the National Security Council Secretariat headed by NSA Ajit Doval.

In a career spanning nearly 40 years, Lt Gen Anil Chauhan (retd) held several command, staff and instrumental appointments and had extensive experience in counter-insurgency operations in Jammu and Kashmir and northeast India. Lt Gen Chauhan retired from the service in May last year when he was serving as the eastern Army Commander.

Source: Indian Express

India in history this Week

SEPTEMBER 30, 2022, TO OCTOBER 6, 2022

30 SEPTEMBER

1993 In Aurangabad district of Maharashtra, more than 10 thousand people died due to earthquake and millions were rendered homeless.



2003 The famous Indian chess player Viswanathan Anand won the World Rapid Chess Championship.

2010 The Lucknow bench of the Allahabad High Court ruled in the disputed Babri Masjid case, dividing the land into three parts and giving one part each to Ramlala, Nirmohi Akhara and Waqf Board.

2007 Renowned playback singer Manna Dey was selected for the prestigious Dadasaheb Phalke Award in 2009.

01 OCTOBER

1962 The war started between India and China over the border dispute.

1574 The third Sikh Guru Amardas died.

1847 Anne Besant, a member of the Theosophical Society, who played a major role in India's freedom movement, was born in London.

1854 The introduction of postage stamps started in India.



1919 Famous Urdu poet Majrooh Sultanpuri was born.

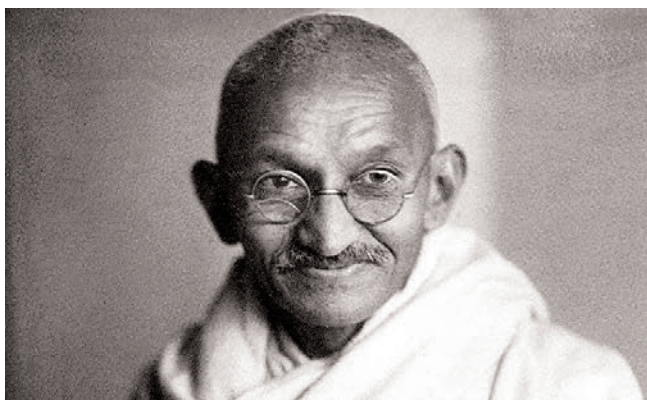
1853 Andhra Pradesh became a separate state in India.

1967 Indian Tourism Development Corporation was established.

1978 The marriage age of girls was increased from 14 to 18 and that of boys from 18 to 21 years.

2003 India overcame Bangladesh's apprehensions about linking rivers.

02 OCTOBER



1869 Birth of Mahatma Gandhi in Porbandar, Gujarat. On the strength of non-violence, he contributed significantly to the independence of the country.

1904 Birthday of Lal Bahadur Shastri. With his simplicity and the slogan 'Jai Jawan Jai Kisan', he became popular among the masses. Led the country in the Indo-Pak war of 1965.

1924 The Geneva proposal, brought with the aim of strengthening the League of Nations, was approved by the General Assembly but was not ratified later.

1975 Bharat Ratna honored freedom fighter, politician, Chief Minister of Tamil Nadu K.K. Kamaraj was born.

1951 Shyama Prasad Mukherjee founded the Bharatiya Jan Sangh.

1952 Initiation of community development program.

1955 The Integral Coach Factory at Perambur, Madras, built the first coach of the rail.

1961 Establishment of Shipping Corporation of India in Bombay (Mumbai).

1971 The President of India dedicated the Birla Sadan to the country. Mahatma Gandhi was assassinated in this building and was renamed Gandhi Sadan.

1985 Dowry Prohibition Amendment Act implemented.

1988 The largest road bridge at that time over the sea connecting Mandapam and Pamban was opened for traffic.

2000 Russia's President Vladimir Putin arrived in Delhi on a four-day visit, adding a new chapter to the old friendly relations between India and Russia.

2006 South Africa decided to support India in the nuclear fuel supply case.

03 OCTOBER

1994 India submitted its formal claim for permanent membership of the Security Council.

1978 The first test tube baby was born in the Indian state of Calcutta (now Kolkata) and the second in the world.

1984 India's longest distance train Himsagar Express was diverted from Kanyakumari to Jammu Tawi.

1831 Britain was captured by Mysore (now Mysuru).

1880 The first Marathi music drama 'Sangeet Shakuntal' was staged in Pune.

2008 Tata Motors Chairman Ratan Tata announced the move of the Nano car project from Singur elsewhere.

1949 Indian film director J.K. P. Dutta was born.



1992 Geet Sethi won the World Professional Billiards Championship.

04 OCTOBER

1884 Ramachandra Shukla, the leading Hindi writer and critic, was born.

1977 India's Foreign Minister Atal Bihari Vajpayee addressed the meeting of the United Nations General

Assembly in Hindi. This was the first address given in Hindi.

1986 Indian Helicopter Corporation was established.

1974 India refused to participate in the Davis Cup by going there to resist the pillar of the South African government.

1927 Sarla Grewal, the second woman officer of Indian Administrative Service and former Governor of Madhya Pradesh was born.

2011 The strike continued on the 22nd day in Andhra Pradesh for a separate Telangana state.

05 OCTOBER



1864 About 50,000 people died due to cyclone in Calcutta city.

1805 The second governor general of the British Raj in India, Commander in Chief Lord Cornwallis, died in Ghazipur.

1989 Meera Sahib Beevi became the first woman judge of the Supreme Court.

1999 India decided not to attend the special meeting on the Comprehensive Nuclear Test Ban Treaty (CTBT).

2011 The world's cheapest Rs 2250 tablet PC Aakash was launched in India.

1676 The East India Company got the right to exchange Indian currency in Mumbai from the King of England.

2008 The Central Government started testing elsewhere for the 'Setu Samudram Project' as directed by the Supreme Court.

1524 The birth of Rani Durgavati, one of the famous Veeraganna queens of Indian history.

06 OCTOBER

1862 The Indian Penal Code Act was passed and came into force from January 1.

1954 Prime Minister Jawaharlal Nehru announced a National Health Plan for the country.



1858 The revolutionary Nana Saheb Peshwa died.

1983 President's rule was imposed in Punjab.

1935 Jeevan D Ghosh, the longest serving umpire in India, was born in Bengal.

1893 Indian scientist Meghnath Saha, who has done important work in the field of mathematics and physics, was born

Pakistan's former PM Nawaz Sharif's daughter Maryam, her husband Safdar acquitted in corruption case

SEPTEMBER 29

ISLAMABAD, (TIP): In a big legal victory for the ruling Pakistan Muslim League-Nawaz (PML-N) party, its vice-president Maryam Nawaz was on September 29 acquitted by a high court in a corruption case which will allow her to contest elections.

The Islamabad High Court (IHC) accepted the appeal of Maryam, daughter of former Prime Minister Nawaz Sharif, and that of her husband Muhammad Safdar who had challenged their convictions by an anti-corruption court in the Avenfield property case in July 2018.

The Avenfield case refers to the purchase of four posh flats in Avenfield House, Park Lane in London.

A two-judge bench comprising Justice Aamer Farooq and Justice Mohsin Akhtar Kayani hearing their appeals said the opinion of the investigating officer could not be considered as evidence.

"The joint investigation team did not present any facts, it just collected information," Justice Kayani observed.

At the conclusion of the case, the bench held that the National Accountability Bureau (NAB), the prosecutor in the case, failed to establish the charges of corruption.

The NAB had accused the Sharifs of purchasing the flats with money over and above their known sources of income. The Sharifs rejected the accusation of wrongdoing but were unable to show where the money for the flats had come from.

The NAB in September had admitted before the IHC that the PML-N leader had no direct role in purchasing the Avenfield properties.

Thursday's verdict has paved the way for Maryam, 48, to be eligible to contest



elections.

Lawyer Mirza Moiz Baig said: "A person who has been convicted of a crime involving corruption or moral turpitude is disqualified from contesting elections unless a period of five years has lapsed since their release."

Maryam in a brief chat with the media outside the court said they had been "vindicated".

As she talked to the media, she also spoke to her father Nawaz Sharif in London and also received another call from her uncle Prime Minister Shehbaz Sharif, who congratulated her on her acquittal.

The Prime Minister later in his reaction to the verdict said the "edifice of lies, slander and character assassination" had come crumbling down.

"Maryam's acquittal in the Avenfield reference is a slap in the face of the so-called accountability system that was employed to target the Sharif family. My congratulations to Maryam beti (daughter) and Safdar," he tweeted.

"Maryam Nawaz and Nawaz Sharif's connection to the assets beyond means has not been proven," remarked the

court on Thursday.

"How do Wajid Zia's statement and the material presented to prove the prosecution's case?" the court inquired.

Zia was the investigating officer who headed the joint investigation team (JIT) that probed the Panama gate, leading to the disqualification of Nawaz Sharif.

While Maryam and her husband were convicted along with the PML-N supremo, the elder Sharif was handed down 10 years in jail, his daughter sentenced to seven years in prison, and her husband was sentenced to one year in prison.

They had filed appeals against their conviction before the IHC in the second week of August 2018 and the court had on September 18 the same year suspended their sentences and released them on bail.

The elder Sharif's appeal is still pending as has been living in London and failed to appear before the court despite being given several opportunities.

Overtaking the conviction of his daughter, however, opens a window for him to come back and get his bail processed with the hope to get relief.

EARTHQUAKE OF MAGNITUDE 5.2 STRIKES MYANMAR

SEPTEMBER 30

NAYPYIDAW (TIP): An earthquake of magnitude 5.2 jolted Myanmar on September 30, according to the National Centre for Seismology. The quake hit around 03:52:37 (IST) at a depth of 140km.

According to the data by National Centre for Seismology, the quake struck about 162km NW of Burma, Myanmar.

The epicentre was monitored at 23.09 degrees north latitude and 95.01 degrees east longitude. (PTI)

MODEL FEARING MYANMAR MILITARY HEADS TO ASYLUM IN CANADA

SEPTEMBER 29

BANGKOK (TIP) : A fashion model from Myanmar who feared being arrested by the country's military government if she was forced back home from exile has arrived in Canada, which she says has granted her asylum.

Thaw Nandar Aung, also known as Han Lay, left on a flight from Bangkok's Suvarnabhumi Airport early on September 28 morning, according to Archayon Kraithong, a deputy commissioner of Thailand's Immigration Bureau.

Thaw Nandar Aung wrote on Facebook she had arrived in Canada and thanked her fans for their support.

"I will do my best to help my beloved Myanmar and the people of Myanmar as much as I can," she wrote in the post seen on Thursday.

Thaw Nandar Aung had told Radio Free Asia, a US-government-funded broadcaster, on Tuesday that she was headed to Canada, after having been granted political asylum there with the assistance of the UN refugee agency and the Canadian Embassy in Thailand. (AP)

Indian climber among 12 injured as avalanche hits Nepal's Mt. Manaslu

SEPTEMBER 26

KATHMANDU (TIP): Indian climber Baljeet Kaur was among 12 climbers who were injured when an avalanche struck them at the base camp of Mt. Manaslu in Nepal on September 25, according to media reports.

Out of the 12 mountaineers, three were critically injured, The Himalayan Times newspaper reported.

The Department of Tourism confirmed that the avalanche hit at 11:30 am on Monday.

Sources told local media that Sherpa climbers from Seven Summit Treks, Satori Adventure, Imagine Nepal Treks, Elite Expedition, and 8K Expeditions, among others, were injured.



Pemba Sherpa from 8K Expedition said Indian climber Kaur and her Sherpa guide both suffered minor injuries and were safe, the report said.

The Tourism Department is yet to establish contact with the officials at the incident site, The Kathmandu Post newspaper reported, quoting the Director of the department.

The avalanche struck the route just below Camp IV of Mount Manaslu when the climbers were ferrying logistics to the high camps.

Rescue operations are under way and various helicopter services are conducting aerial searches.

Government official for expeditions on Mt. Manaslu Yashoda Acharya said that bad weather conditions at Mt. Manaslu Base Camp were hindering rescue efforts.

Mt. Manaslu, the world's eighth highest mountain and considered the fifth most dangerous peak, has claimed 53 lives of mountaineers from 297 attempts, according to Australian website 9News.com. (PTI)

WHARTON ARTS' NEW SEASON MARKS MULTIPLE CELEBRATIONS

By Mabel Pais



New Season's Anniversary Celebrations Photos / whartonarts.org

Wharton Arts, New Jersey's largest non-profit community performing arts education organization for its 2022-2023 season features over 50 public events presented by its nearly 2,000 talented students, artistic staff, and faculty members. The new season marks the 30th Anniversary of the recently integrated New Jersey Youth Chorus as well as the 10th Anniversary of the Paterson Music Project, two of Wharton Arts' visionary programs that continue to provide vital opportunities for their communities to come together in celebration of creativity and culture.

Peter H. Gistelink, Executive Director at Wharton Arts remarked "As we continue to implement our ambitious five-year strategic plan, we are focusing more than ever on the mission and vision of our organization which encompasses and embraces the accessibility and inclusivity of our programs."

Artistic Director Helen H. Cha-Pyo said, "Here at Wharton Arts, we continue to work hard to practice culturally-responsive teaching and to care for the holistic development of our students. I hope our strong commitment to teaching and performing works by women and underrepresented composers, as well as celebrating cultural diversity in our concert programming, will be evident throughout this season. I'm most excited about our increased partnerships with public and private schools, universities, and local community organizations in bringing musical enrichment to NJ residents of all ages."

The New Jersey Youth Chorus (NJYC) founded and led by Trish Joyce, an auditioned choral ensemble program for students in grades 3-12, joined the family of programs at Wharton Arts on July 1, 2022. For over 30 years, outstanding NJYC performances have ranged from collaborations with the New Jersey Symphony, Ronan Tynan, the Chieftains, and the Celtic Tenors to performances at the White House, Super Bowl, and on the Today Show.

In addition to public concerts beginning with a Winter Concert on January 22, 2023 at 4:00 p.m. at Dolan Hall at Saint Elizabeth University in Morristown, NJYC will host a 30th Anniversary Weekend Celebration, May 19-21, 2023, as well as embark on a tour to Italy, June 27-July 6, 2023. This season also marks the inauguration of the Wharton Arts Annual Choral Composition Competition open to high school and college students. Guidelines available at WhartonArts.org.

The New Jersey Youth Symphony (NJYS) officially opens the symphonic season on Saturday, October 30 at 4:00 p.m. at The Patriots Theater at the War Memorial for a dynamic concert featuring the NJYS Youth Symphony with special guests Brooke Jee-In Newmaster and Company, Samgomu Dancers. Enjoy a vibrant display of Korean arts and culture featuring traditional Korean dancing and drumming. Join the

NJYS Youth Symphony under the baton of Helen H. Cha-Pyo for four signature concerts this season chronicling a variety of dance rhythms from across the globe in the Beyond Cultural Boundaries Series: A Confluence of Music, Dance, and Story. Tickets and event details for all NJYS concerts can be found at NJYS.org. The NJYS Youth Symphony will tour Italy, June 27-July 6, 2023, and the NJYS Jazz Orchestra will tour France in an Homage to Michel Legrand, July 10-17, 2023.

The Wharton Performing Arts School (PAS) will present Mary Poppins, JR. on Friday, November 18 and Saturday, November 19 at 7:00 p.m. and Sunday, November 20 at 3:00 p.m. in the Wharton Black Box Theater. Wharton Community Players, Berkeley Heights' first ever community theater program for adults, will present It's A Wonderful Life: A Live Radio Play December 9-18. The Salon Series returns as an immersive experience where the audience is seated on stage with the performers on select Sunday afternoons, September-December. Tickets and more details can be found at WhartonArts.org. Building new partnerships and fostering existing relationships between the Wharton Performing Arts School and the communities it serves will be an important focal point of the new season, with an emphasis on intentional efforts to forge meaningful partnerships between its programs and community organizations.

The Paterson Music Project (PMP) will commence its 10th Anniversary Celebration on October 1 at the Community Charter School of Paterson, with season events throughout the Silk City. PMP will host a Paterson City-Wide Festival on January 28, 2023 at 5:00 p.m. at John. F. Kennedy High School and anniversary festivities will culminate in an Outdoor Playathon on June 3, 2023 at 11:00 a.m. in Paterson's Pennington Park.

TICKETS : For the 2022-2023 season brochure and for Tickets, visit WhartonArts.org.

Wharton Arts
To learn more, visit whartonarts.org.

NJSO WITH XIAN ZHANG WELCOMES CENTENNIAL SEASON

BY MABEL PAIS



Xian Zhang, music director Photo/ njsymphony.org

The New Jersey Symphony (NJSO) with Music Director Xian Zhang opens the Symphony's milestone centennial season with a pair of classical programs featuring pianists Yefim Bronfman and Michelle Cann. The Season runs for two weeks.

PERFORMANCE SCHEDULE : Opening Weekend: Yefim Bronfman Plays Rachmaninoff

At the Opening Concerts, October 7-9, Bronfman



Yefim Bronfman, Centennial Opening Weekend. Photo/ njsymphony.org

performs Rachmaninoff's Third Piano Concerto. The program features Copland's Appalachian Spring Suite-with dancers from Nimbus Dance performing original choreography at the concerts in Newark and Morristown-and

opens with Montgomery's Banner.

Friday, October 7, at 8 pm | New Jersey Performing Arts Center in Newark

Saturday, October 8, at 8 pm | Count Basie Center for the Arts in Red Bank

Sunday, October 9, at 3 pm | Mayo Performing Arts Center in Morristown

Xian Zhang conductor, Yefim Bronfman piano
Nimbus Dance, New Jersey Symphony
Jessie Montgomery Banner

Copland Appalachian Spring Suite
Rachmaninoff Piano Concerto No. 3

Learn more at njsymphony.org/openingweekend.

XIAN ZHANG CONDUCTS BRAHMS



Michelle Cann, Centennial Second Weekend Photo/ njsymphony.org

Cann joins the Symphony for Strauss' Burleske for Piano and Orchestra, October 20-23. The program opens with Chang's Northern Star and closes with Brahms' Fourth Symphony. Poets from the Geraldine R. Dodge Poetry

Festival will share dramatic readings between orchestral works at the weekend's performances at NJPAC in Newark.

Thursday, October 20, at 1:30 pm | New Jersey Performing Arts Center in Newark

Friday, October 21, at 8 pm | Richardson Auditorium in Princeton

Sunday, October 23, at 3 pm | New Jersey Performing Arts Center in Newark

Xian Zhang conductor, Michelle Cann piano
New Jersey Symphony, Dorothy Chang Northern Star
Strauss Burleske for Piano and Orchestra
Brahms Symphony No. 4

Learn more at njsymphony.org/brahms.

TICKETS : Tickets are available online at njsymphony.org or by phone at 1.800.ALLEGRO (255.3476).

HEALTH SAFETY PROTOCOLS : The safety of NJSO's patrons, musicians and staff is of the utmost importance to the New Jersey Symphony. For constant updated details focused on attendees' well-being at the performances, visit njsymphony.org.

THE NEW JERSEY SYMPHONY : The New Jersey Symphony (NJSO) will redefine what it means to be a nationally leading, relevant orchestra in the 21st century.

NJSO IS YOURS, NJSO WILL BE HERE FOR YOU!

Connect with NJSO:

njsymphony.org

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@NewJerseySymphony on YouTube

Email: information@njsymphony.org

(Mabel Pais writes on The Arts and Entertainment, Social Issues, Health & Wellness, Cuisine and Spirituality)

RAGAMALA DANCE COMPANY ACHIEVES 30 YEARS OF SUCCESS

By Mabel Pais



Let the Crows Come

Photo / Courtesy, ragamaladance.org

"People say that immigrants have a longing within them... I have always felt this longing. I have a longing for this dance form.....from a very young age" says Aparna Ramaswamy. "[Ranee Ramaswamy] and I..... have a love for our form, for our teacher, for the creative work. We have a great amount of respect for one another. We have never had any sort of generational tension. We exist in that together; each of us adds a layer in a story that continues forever. We walk that path together. It's a beautiful thing."

**- APARNA RAMASWAMY
CO-FOUNDER, CO-ARTISTIC DIRECTOR:
RAGAMALA DANCE COMPANY**

The Ragamala Dance Company, the brainchild of Ranee and Aparna Ramaswamy, now in its 30th year, announces their 22/23 Season which features seven performances in Kerala, India, and culminates with a 30th Anniversary Gala Celebration in July 2023. For more information, visit ragamaladance.org/upcoming. Rooted in the expansive South Indian dance form of Bharatanatyam, Ragamala Dance Company manifests a kindred relationship between the ancient and the contemporary. To learn more, visit www.ragamaladance.org

".....every gesture radiates joy or generosity or a sense of striving toward some higher form of being." - The New York Times

ACCOLADES : Ragamala Dance Company was selected to participate in the first phase of The Wallace Foundation's new five-year arts initiative focused on arts organizations of color, created as part of the foundation's efforts to foster equitable improvements in the arts. Following an open call in 2021 that drew over 250 applicants, Ragamala Dance Company was selected as one of 18 nonprofit organizations representing a diverse range of artistic disciplines, geographic locations, and communities served.

Alongside the other selected organizations, Ragamala Dance Company will receive five years of funding to develop and pursue a project to address a strategic challenge. Researchers will document each organization's work with the aim of developing useful insights about the relationship between community orientation, resilience, and relevance.

RAGAMALA'S VISION : As part of a national cohort of 18 arts organizations of color-selected for high-quality work, deep community roots, and rich contributions to the field - Ragamala's project will focus on cultivating the next generation of South Asian American artists, arts curators, and arts leaders. With this work, Ragamala looks to continue to revolutionize the U.S. dance landscape by empowering South Asian

artists and arts administrators, with the goal of decolonizing the structures that support artists in the U.S.

As part of this pivotal initiative, the foundation will also be embedding an ethnographer with Ragamala throughout the next season. Her work will document our legacy, to empower future generations of South Asian and BIPOC artists.

PERFORMANCE SCHEDULE

MINNEAPOLIS, MINNESOTA

Avimukta - September 26-October 1, 2022

Creative and technical residency at The Cowles Center for Dance & the Performing Arts

KERALA, INDIA :

Fires of Varanasi, Soorya Festival: October 11-17, 2022

Rooted in the expansive South Indian dance form of Bharatanatyam, Ragamala Dance Company manifests a kindred relationship between the ancient and the contemporary.

MINNEAPOLIS, MINNESOTA

November 19-20, 2022 at 7:30pm

Solo by Aparna Ramaswamy, part of The Cowles Center's Fall Forward Festival.

Find Tickets at thecowlescenter.org/2223/fall-festival
Acclaimed soloist and Co-Artistic Director of Ragamala Dance Company, Ramaswamy's newest solo further explores her unique layered aesthetic that brings together lineage, rigor, cultural wisdom, and imagination.

"[Ramaswamy] preserves ancient dance forms with stunning virtuosity and expressivity to create a living tradition that is resonant for modern times." - The Boston Globe

Ashwini Ramaswamy and Kevork Mourad: Invisible Cities, The Cowles Center - Great Northern Festival Northrop

January 27-28, 2023 at 7:30pm : Find Tickets at thecowlescenter.org/2223/invisible-cities : Ragamala's Choreographic Associate Ashwini Ramaswamy collaboratively reimagines Italo Calvino's metaphysical novel with a dynamic group of dance artists.

ST. PAUL, MINNESOTA

Mythology Makes Us, in partnership with 'The Coven' - January-June 2023

An engagement series in partnership with The Coven, Mythology Makes Us brings history and mythology into the present day through talks, demonstrations, screenings, and community meals/gatherings.

The Coven is a network of radical community and co-working spaces where changemakers connect, learn, and grow, and which centers the experiences of women, non-binary, and trans individuals.

SEATTLE, WASHINGTON

Fires of Varanasi, Meany Center for the Performing Arts

February 9-11, 2023 at 8pm

For Tickets, visit

meanycenter.org/tickets/2023-02/production/ragamala-dance-company

RICHMOND, VIRGINIA

Let the Crows Come, Modlin Center at the University of Richmond with live music

March 1, 2023 at 7:30pm

For Tickets, visit :

tickets.modlin.richmond.edu/0/4985

Evoking mythography and ancestry, Let the Crows Come uses the metaphor of crows as messengers for the living and guides for the departed.

HOUSTON, TEXAS

Fires of Varanasi, Performing Arts Houston

March 10, 2023 at 7:30pm, Find Tickets at performingartshouston.org/events/ragamala-dance-company-2023-03-10-730-pm

PRINCETON, NEW JERSEY



Fires of Varanasi. (Below)

Photo / Courtesy, ragamaladance.org

Fires of Varanasi, McCarter Theater Center, March 15, 2023 at 7:30pm For Tickets, visit

mccarter.org/season/2022-2023/ragamala-dance-company-the-fires-of-varanasi

CHICKASHA, OKLAHOMA

Let the Crows Come, University of Science and Arts of Oklahoma

March 23, 2023 at 7:30pm

Presented by the University of Science and Arts of Oklahoma as part of the 22nd Season of the Davis-Waldorf Performing Arts Series.

Find Tickets at usao.edu/arts-and-culture/dwpas/22-23-ashwini-ramaswamy.html

SANTA FE, NEW MEXICO



Sacred Earth. (Below)

Photo / Courtesy, ragamaladance.org

Sacred Earth, Performance Santa Fe - with live music

April 2, 2023 at 4pm

Find Tickets at

secure.performancesantafe.org/8057

Secure.

Sacred Earth explores the interconnectedness

between human emotions and the environment that shapes them. Sacred Earth is Ranee and Aparna Ramaswamy's singular vision of the beautiful, fragile relationship between nature and humans.

SANTA MONICA, CALIFORNIA : Let the Crows Come, BroadStage - with live music, April 7 - 8, 2023 at 7:30pm, For Tickets, visit broadstage.org/showinfo.php?id=454

ST. PAUL, MINNESOTA : Performance by Padma Bhushan Recipient Smt. Alarmel Valli

MAY 2023 : Choreographer Alarmel Valli, Padma Bhushan recipient, is acclaimed internationally for her ability to turn traditional dance vocabulary into deeply personal poetry. Her dance is uncompromisingly classical but at the same time an undeniable language of self-expression. Alarmel Valli seamlessly weaves together threads of the sacred and the sensual, the human and the divine.

ALARMEL VALLI : Alarmel Valli is guru to Ragamala Dance Company Founders/Artistic Directors Ranee and Aparna Ramaswamy since they met her in Minneapolis in 1984. Their training with this master artist formed the foundation of their aesthetic and has been fundamental to the work of the company.

Valli's performances have been presented at landmark opera houses and theaters worldwide. Highlights include the Bolshoi Theatre, the Vienna International Dance Festival, the Edinburgh Festival, the Avignon Festival, the Venice Biennale, and the Royal Albert Hall in London, among others.

MINNEAPOLIS, MINNESOTA

30th Anniversary GALA CELEBRATION - July 2023

Join Ragamala Dance Company to celebrate thirty years of award-winning dance and look forward to the next thirty in their hometown of Minneapolis.

The Wallace Foundation : To learn more, visit wallacefoundation.org Ragamala Dance Company : To learn more, visit ragamaladance.org

(Mabel Pais writes on The Arts and Entertainment, Social Issues, Health & Wellness, Cuisine and Spirituality)



Gul Panag to play a lawyer in 'Good Bad Girl'

Gul Panag will be soon seen in the upcoming streaming show Good Bad Girl. The actress will be portraying the character of a lawyer for the first time. The show, set against the backdrop of Mumbai, revolves around Maya Ahuja, a lively and quirky girl who has three different stories to tell.

Talking about the show, Panag said, "I was quite intrigued by the script and the show's concept. The story comes with a lot of spunk yet is an everyday story that the audiences will relate to and have a good laugh. The characters are all quirky and freshly written, with various layers to them which add the right spice to the story."

"I'm playing a lawyer for the first time, and my character Zaina Mistry is the one who balances out the eccentricities of the other characters in the show. She is the voice of reason, much like how I am in real life as well. The show brings a bunch of talented artists under a roof which has made the journey of filming incredible," She further added.

Doctor G, Double XL and Code Name: Tiranga to clash in theatres on October 14

The release dates of multiple releases were affected due to the pandemic. From postponement of shooting schedule to the theatrical releases being put on hold, many Bollywood films have borne the brunt of the lockdown. Now, it seems that the month of October will yet again see a clash between not two but three films. Ayushmann Khurrana – Rakul Preet Singh, Sonakshi Sinha – Huma Qureshi, Parineeti Chopra – Harrdy Sandhu will be battling it out in theatres for their films Doctor G, Double XL, and Code Name: Tiranga respectively, on October 14.

The much-awaited clash that the theatres saw was during the occasion of Rakshabandhan in August when the Akshay Kumar starrer Raksha Bandhan clashed with the Aamir Khan starrer Laal Singh Chaddha. However, neither of the films could manage to act as crowd-pullers despite a long weekend. As for the much talked about clash on October 14, the said films also offer a wide variety of genres. Doctor G features Ayushmann Khurrana who gets into gynecology and struggles to become a doctor in a field that is highly female-centric. Double XL revolves around Sonakshi Sinha and Huma Qureshi's attempt to make their mark in a society obsessed with slim and thin



figures. On the other hand, Code Name: Tiranga is a patriotic film featuring Parineeti Chopra in a never seen before avatar of a fearless spy.

Interestingly, Code Name: Tiranga and Double XL are both produced by T-Series whereas Doctor G is produced by Jungle Pictures. While Doctor G will bring together the onscreen pairing of

Ayushmann Khurrana and Rakul Preet Singh for the first time, Code Name: Tiranga will feature Harrdy Sandhu as the male lead in a Bollywood film for the first time. On the other hand, Double XL will bring together Sonakshi Sinha and Huma Qureshi for the first time on the big screen.

Source: Bollywood Hungama

Code Name Tiranga: Parineeti Chopra goes undercover in this mish-mash of spy thrillers

After the Hindi adaptation of The Girl on the Train, Parineeti Chopra is back with another Ribhu Dasgupta directorial, Code Name Tiranga. The trailer of the upcoming film where she stars alongside Harrdy Sandhu, Sharad Kelkar and others dropped on Tuesday and from what we can gauge from the almost-three-minute trailer, this looks like a film with loads of action with a solid dose of deshbhakti.

The trailer opens with the introduction of Kelkar's villain who is being hunted by Chopra's spy. She plays an agent who has gone undercover to trap the terrorist. She falls in love with Sandhu's character and now it's a battle between her duty and love.

From the looks of it, the trailer does not offer anything that we have not seen in many films and web series. Dasgupta's spy thriller Bard of Blood, which premiered on Netflix in 2019, was visually very similar to what we are seeing here. The series was panned by viewers and critics.

Parineeti had three releases in 2021 – The Girl on the Train, Sandeep Aur Pinky Faraar and Saina – and while all of them were not outstanding films, all her characters were vastly different from one another. Code Name Tiranga is in sync with those choices. "As an actor, we are constantly blessed to have many firsts all through our career. I'm thrilled that in my 11th year in cinema, I'm doing my first full-blown action film," Parineeti previously said in a statement.



Satish Kaushik to essay role of Babu Jagjivan Ram in 'Emergency'

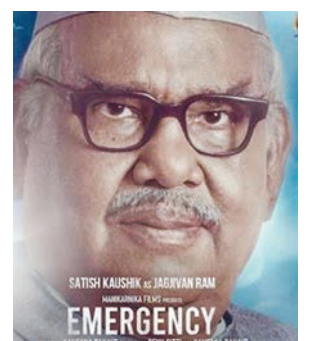
Actor Satish Kaushik has been roped in to play activist and politician Jagjivan Ram in the upcoming film 'Emergency', where actress Kangana Ranaut will be seen essaying the role of former Indian Prime Minister Indira Gandhi.

Talking about Satish Kaushik joining the film's cast, Kangana says: "Jagjivan Ram was a very popular leader. One of the most loved and revered leaders of his times. When Mrs Gandhi refused his request of relaxing Emergency, he quit the Congress and there were grave consequences for her."

"That was his relevance. I needed somebody for this role who has his strength, his wit and his sarcasm. Satishji was an obvious choice for this role. I am looking forward to my scenes with him as an actor. They are some of the most engaging, entertaining and strong scenes in the film."

Directed by the actress, the film's array of actors are a force to reckon with.

Anupam Kher will be seen as the revolutionary leader J P Narayan, Shreyas Talpade essays the role of late politician Atal Bihari Vajpayee, Mahima Chaudhry will be seen playing the role of author Pulpul Jayakar, Milind Soman will essay Field Marshal Sam Manekshaw, Vishak Nair will be seen as Sanjay Gandhi.





Spanish court formally sends Shakira to trial for tax fraud

A Spanish court has formally ordered Colombian superstar Shakira to stand trial on accusations that she failed to pay 14.5 million euros (\$14.31 million) in income taxes, a court document released on Tuesday showed.

The 'Hips Don't Lie' singer, 45, whose full name is Shakira Isabel Mebarak Ripoll, rejected in July a deal to settle the case, which meant she would have to stand trial in a case that could see her sent to prison for eight years.

The Esplugues de Llobregat court on Tuesday confirmed the trial will go ahead on a date still to be announced.

The prosecutor is seeking an eight-year prison term for the singer, who is accused of failing to pay taxes between 2012 and 2014, a period in which she said she was leading a "nomadic life" because of her work.

Ashton Kutcher recalls drunkenly professing love for Mila Kunis

Ashton Kutcher was very drunk the first time he professed his love for Mila Kunis. The Vengeance actor began dating his former *That '70s Show* co-star in 2012, with the pair tying the knot in July 2015.

During a recent workout session filmed for his *Our Future Selves* interview series, Ashton told guest Kenny Chesney that it was his 2010 song, *You and Tequila*, was what inspired him to express his feelings for Mila.

"The first time I told my wife that I love her, was while listening to *You and Tequila*. I might have had a little too much tequila," he confessed.

"I showed up drunk at her house, at like two in the morning, and I just started screaming, 'You and tequila make me crazy.' And I told her I love her, and she said, 'Don't say it if you don't mean it. Are you gonna love me in the morning when you wake up from this hangover?'"

The next day, Ashton called Mila and reaffirmed his feelings.

"And I woke up the next morning and said, 'I still love you,'" he remembered.

In response, Kenny noted that he was thrilled to be a part of the couple's love story.

"Well, I had no idea that me and (collaborator) Grace Potter were such a part of the really intimate detail for you and your wife," he said, to which Ashton replied, "You and Grace Potter brought it home."

The star is currently training for the New York City Marathon and has partnered with bosses at Peloton on *Our Future Selves* to help him train for the event and also raise money and awareness for Thorn, his nonprofit dedicated to defending children from online sexual abuse.

Source: IANS



Gwyneth Paltrow poses nude for birthday shoot, adding she's not scared of 50

Lifestyle brand founder Gwyneth Paltrow has turned 50 – and celebrated in a unique way.

The Marvel star marked her special day by painting herself a shimmer gold and posing naked, stunning her social media following with her flawless look.

In one image posted to Instagram, the Goop founder looked sultry as she held her head in her hand.

She posed with her body turned away from the camera, pressing against a block, popping her leg in front of the white furnishing.

People rushed to wish Paltrow a happy birthday.

"I mean!!!! BEYOND! ? Happiest Birthday ever to such a beautiful soul," one said.

Another added: "Happy birthday!!! Hotter than ever!"

A third said: "GORGEOUS. HAPPIEST AND HEALTHIEST MOTHER F'ing 50th GP!!"

One said the best was yet to come, while another said: Happy Birthday, beautiful light-filled one! You shine! May the next 50 be even more spectacular!

"Sending so much love – from this side and the other side!"

Sitting down with *Vogue* ahead of the momentous day, the 50-year-old said she felt great about her new age and era.

"I remember turning 30 and feeling like there was so much pressure to be married and have a baby. I was not in a

serious relationship when I turned 30, and I remember just thinking, I'm disappointing my parents.

"I haven't married my stockbroker or a lawyer, and I'm this weird artist," she said, adding in her 20s she felt like such a kid.

But, she said, she did freak out when she turned 40 because she'd placed an importance on her image and relevancy, as that impacted her livelihood.

She said she remembered going to a doctor and getting Botox, but felt embarrassed and cliché.

"And then turning 50, it's been a lot smoother than I thought. For the last year or so leading up to it, I have been ruminating on these different chapters in a woman's life," she said.

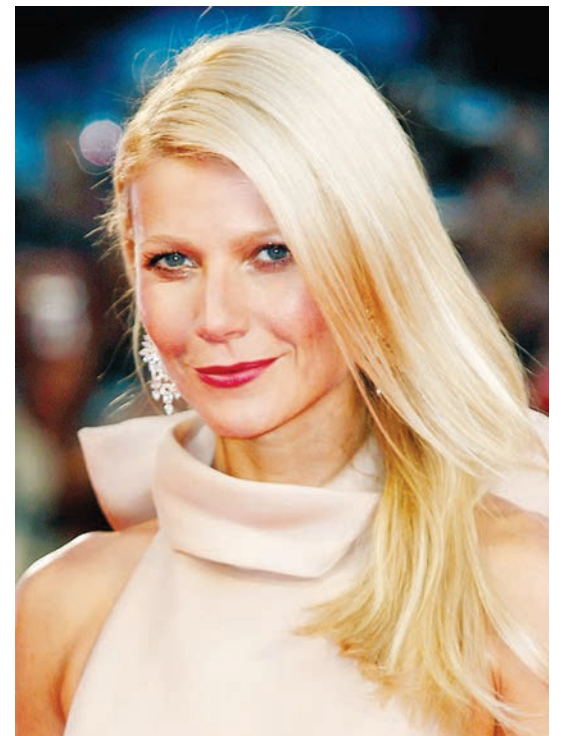
"What does it mean to go through perimenopause and then later menopause? And why is that a taboo, and why are we put out to pasture?"

She said she's happy with the people her children are, and was in a fantastic relationship.

The *Thanks for Sharing* star said her work, even though it was full of challenges, was incredibly rewarding.

She added that she was grateful that in her mid-20s she implemented things such as yoga and healthier food, and now that has set her up for feeling good now.

Source: News.com.au



NORTHERN KENYA FACES HUNGER CRISIS AS DROUGHT WIPES OUT LIVESTOCK

SEPTEMBER 29

LODWAR, KENYA (TIP): In a dry river bed in Kenya's arid northwest, pastoralists dig ever-deeper pits in an anxious search for water, as the region suffers its worst drought in 40 years, which has wiped out livestock and crops, deepening a hunger crisis.

For the last four years the annual rains have failed across Kenya, Ethiopia and Somalia and forced 1.5 million people to flee their homes in search of food and water elsewhere.

The impact of hunger is etched on the faces of children filling the "stabilization room" for serious health problems of the Lodwar County and Referral Hospital in northwest Kenya.

"I have three grand-children who have been affected by hunger," said Agnes Ekereru, sitting on a bed with her four-year-old grandson Ekai Ebei. "All my livestock have died because of the drought."

Almost two million children in the Horn of Africa require urgent treatment for life-threatening severe acute malnutrition, according to UNICEF estimates.

The hunger problem is compounded by the war in Ukraine and the fallout from the coronavirus pandemic, which has pushed up the price of cooking oil, bread and wheat flour to record highs at local markets, UNICEF says.

Scientists at the National Aeronautics and Space Administration (NASA) say the drought has been caused by climate change and the La Niña weather pattern in the Pacific Ocean.

Aid groups and authorities predict the next rains in the Horn of Africa are likely to fail too, hurting communities whom a UNICEF official in Kenya said are some of the least responsible for global carbon emissions.

"It's not the (countries) ironically that are contributing more to that global emission that are paying the heaviest price," said Mohamed Malick Fall, UNICEF regional director for eastern and southern Africa.

"And here comes the notion of equity and justice: why should I pay such a heavy price for something for which I have not contributed so greatly."

With each passing season, the inhabitants of Turkana County, mostly nomadic herders famous for their colourful beadwork and cloth, have fewer resources to fall back on, pushing them closer to the brink.

Earlier this month Kenya's president declared the crisis a national disaster.

"I have lost so much," said Loudi Lokoriyen, a goat-herder searching for water outside the town of Lodwar. (Reuters)

Western leaders fear Putin planning huge escalation of Russia's faltering invasion of Ukraine

SEPTEMBER 29

LONDON (TIP): Western leaders fear that Vladimir Putin is planning a huge escalation of Russia's faltering invasion of Ukraine with a deadly nuclear strike or an attack on European interests, media reports said.

British and American spies believe there is 'credible intelligence' to suggest that the Russian President is preparing an attack that will turn the war effort in his favour, after coming to the realisation that the war was 'a colossal mistake', Daily Mail reported.

It comes as the US Embassy in Moscow is urging citizens to flee Russia amid fears that dual nationals could be drafted into its war efforts, The Mirror reported.

Embassy officials have said Russia may 'refuse to acknowledge US nationals' dual citizenship', deny their access to consular assistance and 'prevent their departure from Russia'.

The Embassy also warned that leaving Russia has become increasingly difficult with flights filling and Putin's troops shutting down borders.

Putin is understood to be planning land-grab of four regions said to have voted overwhelmingly to join Russia after sham referendums in which residents were marched to the ballot box at gunpoint, Daily Mail reported.

Hastily arranged votes had taken place over five days in the four areas - Donetsk, Luhansk, Zaporizhzhia and Kherson - that make up about 15 per cent of Ukrainian territory.

But there is concern that Putin is planning a nuclear attack west of the regions that would create a radiation dead zone and put a halt to Ukraine's so



far successful counter-offensives, Daily Mail reported.

Another fear is that Russia is preparing a strike on western interests such as maritime communications cables.

Officials in the UK believe that Putin, as well as the Russian population, now understand the war was a 'colossal mistake', Daily Mail reported.

They also fear the partial mobilisation of 300,000 conscripts may be con to deceive the West into concentrating on Ukraine while he tried to leverage against support for Kiev.

It comes amid fears that Kremlin frogmen are responsible for the 'deliberate' sabotage of the Nord Stream gas supply pipeline in the Baltic Sea that has sent energy prices soaring.

Security sources told The Mirror that the leaks could act as a warning of similar assaults on communications cables.

They added: "Putin has almost run out of options which makes a tactical nuclear strike possible west of the four regions he is claiming.

"It is possible he believes this will be enough as a show of intent to get the west to back off, create a dead zone to halt the Ukrainian counter-offensive and claim victory in the east.

"But another possibility is an attack on the communication cables between the UK and America, many of which are European links to the States." Damaging internet communication cables could be 'very damaging' for the world's financial markets. IANS

Finland will shut border to Russian tourists from midnight

SEPTEMBER 29

HELSINKI (TIP): Finland will close its border to Russian tourists from midnight local time (2100 GMT), which is expected to lead to a significant drop in cross-border traffic, the government said on September 29.

The inflow of Russians is now seen as endangering Finland's international relations, Foreign Minister Pekka Haavisto told a news conference.

Entry for family visits, as well as for work and studies, will still be permitted, he added. The Finnish government, wary of being a transit nation into western Europe's passport-free Schengen zone, on Friday said it planned to halt tourism from Russia and that a decision would be finalised in the days that followed. Reuters



Chinese tycoon Richard Liu faces civil trial in alleged rape

SEPTEMBER 29

MINNEAPOLIS (TIP): A Chinese billionaire, one of the richest people in the world, is heading to trial in Minneapolis to defend himself against allegations that he raped a former University of Minnesota student after a night of dinner and drinks in 2018.

Richard Liu, the founder and former CEO of e-commerce giant JD.com, has denied raping the woman, and prosecutors did not file criminal charges. The woman, Jingyao Liu, sued in civil court, alleging she was coerced to drink before Richard Liu groped her in a limousine and raped her in her apartment.

Both are expected to testify, and it will be up to a jury to decide who is telling the truth.

The woman alleges the attack happened in 2018 while Richard Liu was in Minneapolis for a week-long residency in the University of Minnesota's doctor of business administration China program, geared towards high-level executives in China.

Jingyao Liu, a Chinese citizen, was at the university on a student visa and was



a volunteer in the program at the time. Richard Liu and Jingyao Liu are not related. Jingyao Liu was 21 at the time; Richard Liu was 46.

Richard Liu, who stepped down as the CEO of JD.com this year amid increased government scrutiny of China's technology industry, was arrested on suspicion of felony rape, but prosecutors never filed criminal charges, saying the case had "profound evidentiary problems."

Jingyao Liu sued Richard Liu and

JD.com in 2019, alleging sexual assault and battery, along with false imprisonment.

She seeks compensatory damages to cover medical bills, emotional distress and pain and suffering. She is seeking more than USD 50,000.

According to the lawsuit, on the night of the alleged attack, Richard Liu and other executives went to a Japanese restaurant in Minneapolis, and one of the men invited Jingyao Liu at Richard Liu's request. Jingyao Liu felt coerced to drink as the men toasted her, she said in her lawsuit.

According to text messages reviewed by The Associated Press and Jingyao Liu's interviews with police, she said that after the dinner, Richard Liu pulled her into a limousine and groped her despite her protests. She said he raped her at her apartment. She texted a friend: "I begged him don't. But he didn't listen."

Officers released Richard Liu because "it was unclear if a crime had actually taken place," according to police. In an interview later with an investigator, Richard Liu said that it was consensual. (AP)

RESTAURANT FIRE KILLS 17 PEOPLE IN NORTHEASTERN CHINA'S CHANGCHUN

SEPTEMBER 28

BEIJING (TIP): A restaurant fire killed 17 people on September 28 in the city of Changchun in northeastern China, authorities said.

The fire was reported about 12:40 pm in a high-tech section of the Changchun New Area industrial zone, according to a social media post by the zone's management committee.

Three other people were injured and taken to a hospital for treatment, the post said. The cause of the fire was under investigation.

Changchun is an auto manufacturing centre and the capital of Jilin province. (AP)

UK MAY FINE TIKTOK \$29 MILLION FOR FAILING TO PROTECT CHILDREN'S PRIVACY

SEPTEMBER 26

LONDON (TIP): Britain could fine TikTok 27 million pounds (\$28.91 million) following an investigation that found the short-form video app may have breached UK's data protection law by failing to safeguard privacy of children using the platform.

The investigation found that TikTok could have processed data of children under the age of 13 without appropriate parental consent and failed to provide proper information to its users in a transparent way.

The Information Commissioner's Office (ICO) has issued TikTok and TikTok Information Technologies UK Ltd with a "notice of intent", the regulator said in a statement.

"Companies providing digital services have a legal duty to put those protections in place, but our provisional view is that TikTok fell short of meeting that requirement," Information Commissioner John Edwards said.

"While we respect the ICO's role in safeguarding privacy in the UK, we disagree with the preliminary views expressed and intend to formally respond to the ICO in due course," a TikTok spokesperson said in a emailed statement to Reuters.

ICO's provisional view suggests that TikTok breached UK data protection law between May 2018 and July 2020.

In July, the U.S. Senate Commerce Committee voted to approve a measure that would raise the age children are given special online privacy protections to 16 and bar targeted advertising to children by companies such as TikTok and Snapchat without consent. Reuters

Europe vows retaliation if energy network attacked

SEPTEMBER 28

BRUSSELS (TIP): Suspecting that the damage to two underwater natural gas pipelines was a sabotage, the European Union has warned of retaliation for any attack on Europe's energy networks, a senior official said on September 28. "All available information indicates those leaks are the result of a deliberate act," EU foreign policy chief Josep Borrell said on behalf of the bloc's 27 members.

SEISMOLOGISTS IN DENMARK AND SWEDEN SAID THEY HAD REGISTERED TWO POWERFUL BLASTS ON MONDAY IN THE BALTIC SEA BEFORE UNUSUAL LEAKS WERE DISCOVERED ON TWO UNDERWATER NATURAL GAS PIPELINES RUNNING FROM RUSSIA TO GERMANY. ACCORDING TO REPORTS, THE CIA HAD WARNED WEEKS AGO THAT THE NORD STREAM PIPES COULD BE ATTACKED.

The incidents came as the EU struggles to keep a lid on soaring gas and electricity prices. Some European leaders and experts pointed to possible sabotage given the energy standoff with



Russia provoked by the war in Ukraine.

The pipelines allow gas to be piped to Germany without transiting through Ukraine or Poland. Borrell said the European Union will support any investigation into the damage, and "will take further steps to increase our resilience in energy security."

Danish PM Mette Frederiksen has said that "it is the authorities' clear assessment that these are deliberate

actions". Russia also said sabotage was a possibility. The EU has not named a potential perpetrator behind it.

Denmark's defence minister met NATO General Secretary Jens Stoltenberg in Brussels. Both NATO and the EU stressed the need to protect the critical infrastructure after the "sabotage". — Agencies

Ways to keep your relationship strong

It is no secret that it takes more than just love to keep a marriage strong and healthy. Obviously strong feelings for each other is a necessity, but with the many responsibilities of life, fitting in quality time with your significant other can definitely take a backseat.

Luckily there are countless ways to give your relationship the care and attention it needs to last. Best of all, a lot of them don't require a huge change in your daily schedule or a lot of money. Here are simple ways to keep your relationship strong and healthy.

Greet each other when you come home

First things first, say "hello". This may sound like a cliché, but making sure that you greet your spouse when they come home is important. It lets your partner know that you are happy to see them and often translates to "I missed you."

Let's face it, it can be pretty disappointing when you show up to an event and no one greets you or seems to care that you've even arrived. The same goes for when your spouse gets home, so don't forget to greet them with a loving "hello" followed by a sweet kiss! Even just spending a few minutes doing some daily activities greatly increases your relationship's happiness.

Schedule a weekly check-in

Running your children around from doctors' appointments to practices to school and back often seems to have no end. We live in a time of constant "go, go, go," which is why it's important to schedule in weekly check-ins with your spouse. Sure, a weekly meeting may not sound like the most romantic thing in the world. But pour yourselves a glass of wine once the kids are asleep or meet for coffee during your lunch break.

There are plenty of ways you can take 30 minutes each week to just



check in. This is a time for you to discuss things that happened that week or make decisions about the week ahead. A time to share how you are doing.

Don't forget to date your spouse

Just because you are married doesn't mean you can't also be dating, right? In fact, it is because you are married that you should be dating. It is easy to be caught in the hamster wheel of wake up, grab a cup of coffee, kiss, run out the door, dinner with the kids, pass out, and repeat. It is also easy for your relationship to grow very tired because of this.

Schedule one night each week that is your night with your hubby, just the two of you. Go to a nice restaurant, see a movie you both want to see, go for ice cream in the summer months. There are countless opportunities to have a fun, romantic date night that you both deserve.

Share your daily highs and lows

Written in your wedding vows somewhere was probably something along the lines of "for better and for worse." Well, when it

comes to your relationship, it is important to share the "better and worse" daily. Make it a fun dinner-time tradition to share a high point and a low point of each day. This can even be something that the kids take part in, as well! Sharing one high and one low each day is a wonderful way to maintain healthy communication between you and your partner.

Tell your partner why you love them

The initial stages of a relationship are filled with butterflies and constant verbal affection. The problem is, as time goes on, those butterflies tend to fly away and so do the "I love you because..." soliloquies. Of course it is normal to not be as "lovey dovey" as when you first met, but don't forsake all verbal affection.

Tell your partner you love them often, but don't stop there! Tell them why you love them. Whether it be for taking the kids to the mall when you clearly need some relaxation time, bringing you flowers one random evening, or simply for being him. Whatever it may be, say it loud and say it proud.

Source: Cratedwithlove

FOOD

Paneer Pasanda

INGREDIENTS

200 gm cubed paneer, 2 teaspoon refined oil, 2 tablespoon tomato puree, 1/2 dash sugar, 1 teaspoon cumin powder, 1 cut into strips capsicum (green pepper), 1 tablespoon garlic paste, 1/2 teaspoon garam masala powder, 1/2 teaspoon red chilli powder, salt as required.

Method

- Heat oil in a frying pan on medium flame and add the garlic paste in it.
- Stir for about 30 seconds and add the tomato puree, salt, sugar, red chilli powder, cumin powder and garam masala. Mix well. Add capsicum and saute for a minute on medium flame. Turn off the flame and add paneer. Mix well. Transfer to a microwave proof bowl and microwave it on high for 3-4 minutes. Garnish with chopped coriander and serve hot with chapatis.

Punjabi Rajma

INGREDIENTS

1 cup soaked overnight red kidney beans, 1 1/2 tablespoon yoghurt (curd), 1/2 teaspoon washed & dried fenugreek leaves (methi), 2 pinch red chilli powder, 1 pinch salt, 1/2 teaspoon grated ginger, 1/2 teaspoon cumin powder, 1/2 teaspoon cumin seeds, 1/4 cup tomato puree, 1/4 teaspoon powdered turmeric, 1 teaspoon refined oil, 2 tablespoon grated onion, 1/2 teaspoon grated garlic, 1/2 teaspoon coriander powder.



Method

- To prepare this easy Punjabi Rajma recipe, soak the kidney beans in water for around 8 hours. Then take a pressure cooker and add the kidney beans, water and salt in it. Pressure cook the soaked kidney beans with salt for about 20 minutes or till they become soft. Once done, strain the excess water.
- Now take a pan and add refined oil in it. Heat it over moderate flame. Then put grated onions in it and fry till they turn slightly pinkish in hue. Add garlic along with ginger in the same pan and cook the ingredients for about 2-3 minutes on medium flame. Stir well and add yoghurt in the pan and cook on low heat for 2 more minutes.
- Now add tomato puree and turmeric powder in the pan, and cook for 5-7 minutes on medium flame. Keep stirring the ingredients so that they don't stick to the bottom of the pan. Then add coriander powder, cumin powder along with dry fenugreek and chilli powder in the pan. Cook till oil floats to the surface.
- Once done, add in cooked kidney beans and bring it to a boil. After 2 minutes, add salt and simmer the dish for around 15 minutes. Garnish with chopped coriander and garam masala powder. You may also add a dollop of cream for a creamy flavour. You can serve this delicious Punjabi Rajma recipe with boiled rice, jeera rice or even plain rotis.

Home Remedies to Lighten Pockmarks On Your Face



Pockmarks are concave marks that look like holes in the skin. This may occur due to infection, chicken pox, measles, or due to damage to the dermal layer. These marks are so deep that even makeup can't hide them. Today, we are going to share some amazing home remedies that will help you deal with your pockmark scars and help lighten them.

Over-the-counter product

Pockmarks need deep hydration. There are many such products available on the market, with the help of which the skin can be healed and can be given deep hydration. So you can go for a gel-based sheet mask, cream, or chemical peel form.

Moisturising oil or butter

If you want to reduce dark spots, then you can count on jojoba oil, cocoa butter, olive oil, rosehip seed oil, hemp seed

oil, or shea butter.

Face Massage

To lighten the pockmarks, you can opt for the face massage technique. With regular massage, the blood circulation of the skin becomes good, the cells get active, the muscles are boosted and the skin becomes better.

Aloe Vera Gel

If you apply fresh aloe vera gel daily on the pockmark area, it helps the skin to heal, and reduces the deep scars gradually.

Honey

Honey is used for numerous medicinal purposes like burns, wounds, and herpes. So honey is a great remedy to deal with the deep scars of pockmarks. Directly applying honey to the skin repairs the wounds and lightens the scars.

Source: News18

Valvular Heart Disease: Causes, symptoms, diagnosis and treatment

The heart has four valves which tends to open and close to keep blood flowing into and out of the heart. The valves help to keep blood flowing in one direction, and open so that blood can be pumped out, then shut to keep it from coming back in but the valvular disease can happen when there is a problem with any of the 4 heart valves which are the mitral valve, tricuspid valve, pulmonary valve and aortic valve.

Normally, the problem can be seen with the valves on the left side of the heart (the aortic and mitral valves). There can be two issues that are stenosis and regurgitation.

Causes

In an interview with HT Lifestyle, Dr Mayuresh Pradhan, Consultant Cardiovascular Thoracic and Heart Transplant Surgeon at Wockhardt Hospitals on Mira Road, explained, "Stenosis is seen when the valve narrows, which causes less blood to pump overall. Regurgitation is when the valve gets leaked in the wrong direction, letting blood back into the heart instead of sending it out. Did you know? Some people are born with valvular heart disease while a large number of them develop it as they age. One can also suffer from valvular heart disease as a result of a bloodstream infection, heart attack, or even congestive heart failure."

Symptoms

According to Dr Mayuresh Pradhan, some people may not showcase any symptoms at all. He revealed, "The treating doctor can hear the unusual sound (heart murmur) during an examination but some signs associated with this disease are shortness of breath, chest pain, dizziness, lightheadedness, passing out and leg swelling. One needs to get a prompt diagnosis as these are the symptoms of congestive heart failure too. Other signs are fatigue, abdominal swelling, hoarse voice, abdominal pain, and inability to swallow food." He added, "Are you aware? One of the potential



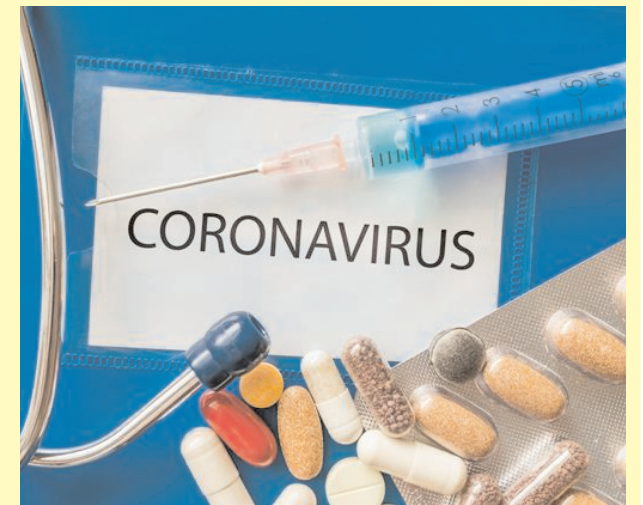
causes behind the occurrence of valvular heart disease is Rheumatic Heart Disease. Other reasons can be congenital, Ischaemic Heart Disease, age and bloodstream infections. On noticing these symptoms, one will have to consult the doctor without any further delay."

Diagnosis

Dr Mayuresh Pradhan highlighted, "Your doctor will suggest you an echocardiogram, or an ultrasound of your heart to check the functioning of the heart and diagnose any abnormalities. Once the diagnosis of heart valve disease is confirmed, you need to seek appropriate treatment."

Treatment

Asserting that medication and surgery will help one to get back on track, Dr Mayuresh Pradhan recommended, "Valve surgery to repair or replace the damaged valve is based on which valve is damaged. One with heart valve disease will have to go for regular follow-ups with the doctor and do echocardiograms from time to time to know if the disease is getting better or worse. Along with treatment, it is imperative to eat a well-balanced diet, quit smoking, exercise daily, eat less salt, stay stress-free and control high blood pressure, cholesterol and blood sugar levels." *Source: HT*



Covid vaccination can affect menstrual cycle length, says study

COVID-19 vaccination is associated with an average increase in menstrual cycle length of less than one day, a study published in the British Medical Journal has found.

The researchers from Oregon Health & Science University, US, determined that on average, vaccinated people experienced an increase of less than one day in each menstrual cycle in which they were vaccinated.

Changes in cycle length did not differ according to the type of vaccine received, the researchers noted.

A change in cycle length of less than eight days is considered within the normal range of variation, they said.

Although small menstrual changes may not be meaningful to health care professionals and researchers, the study authors noted that perceived changes in a bodily function linked to fertility may be alarming to those experiencing it and could contribute to vaccine hesitancy.

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Of the total, 1,342 participants experienced a change in cycle length of eight or more days, comprising 6.2 per cent of vaccinated individuals and 5 per cent of unvaccinated individuals.

Women who were younger and who had a longer cycle length before vaccination were more likely to experience the increase. The researchers analysed de-identified data from the fertility tracking app, Natural Cycles.

Users of the app provided it information on their temperature and their menstrual cycles.

Source: PTI

Air pollution may increase hospitalisation risk for autistic children, reveals study

Autistic children who are exposed to air pollution for even relatively brief periods may be at higher risk of being admitted to hospital, with boys more at risk than girls, a study suggests.

The research, published in the journal BMJ Open, found that admissions for issues such as hyperactivity, aggression, or self-injury might be prevented by minimising these children's exposure to air pollution.

Autism spectrum disorder (ASD) is a neurodevelopmental disorder with a range of symptoms and severity. It is often accompanied by neuroinflammation and systemic inflammation meaning drugs, supplements, and diet can improve the core symptoms.

It is believed that short-term exposure to air pollution (days to weeks) can induce systemic inflammation and neuroinflammation, potentially



increasing the risk of hospital admission in autistic people.

The researchers from Seoul National University Hospital, Korea, drew on official government data on daily hospital admissions for autism among children aged 5 to 14 between 2011 and 2015.

They collected information on national daily levels of fine particulate matter (PM2.5),

nitrogen dioxide (NO₂), and ozone (O₃) in each of the 16 regions in the Republic of Korea for up to six days.

The average daily number of hospital admissions for autism during the study period was 8.5 for autistic children and was much higher for boys (7) than for girls (1.6).

Analysis of the data showed that short-term exposure to PM_{2.5}, NO₂, and O₃ was associated with a heightened risk of hospital admission for autism, and that boys were at greater risk than girls.

A 10 mg per cubic metre (µg/m³) increase in PM_{2.5} levels was associated with a 17 per cent higher risk of hospital admission for autism, the researchers said.

A 10 parts per billion increase in NO₂ and O₃ was associated with a nine per cent and three per cent higher risk, respectively, they said.

Source: PTI

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In 1st planetary defence test, NASA's Dart mission hits asteroid

After flying in space for 10 months, a NASA spacecraft successfully crashed into an asteroid on Tuesday, September 27, in a first-of-its-kind mission to test whether space rocks that might threaten Earth in the future could be nudged safely out of the way, the US space agency said.

The Double Asteroid Redirection Test (DART) — the world's first planetary defence technology demonstration — targeted the asteroid moonlet Dimorphos, a small body just 160 m in diameter. Dimorphos orbits a larger 780-m asteroid called Didymos. Neither asteroid poses a threat to Earth. The mission's one-way trip confirmed NASA can successfully navigate a spacecraft to intentionally collide with an asteroid to deflect it, a technique known as kinetic impact, the agency said.

"Dart represents an unprecedented success for planetary defence, but it is also a mission of unity with a real benefit for all humanity," said NASA Administrator Bill Nelson. The team will now observe Dimorphos using ground-based telescopes to confirm that Dart's impact altered the asteroid's orbit around Didymos.

Stargazers capture Jupiter, its 4 moons in rare closest date with Earth

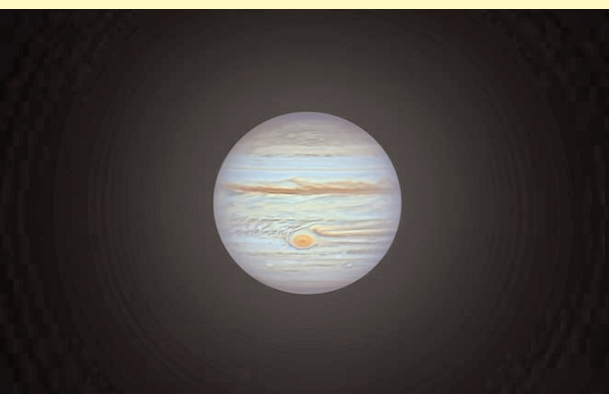
Stargazers across the world were left mesmerised when they caught the closest glimpse of the giant gas planet with its four moons -- some lucky ones saw it with just binoculars.

People took to Twitter with images and videos they captured of Jupiter along with its four largest moons -- Io, Europa, Ganymede and Callisto, called the Galilean satellites.

"After staying up all night shooting it, here is my shot of Jupiter at 'Opposition'. This is the closest it has been to Earth in 59 years," tweeted Andrew McCarthy, a stargazer from Arizona state in the US.

From the viewpoint of Earth's surface, opposition happens when an astronomical object rises in the east as the Sun sets in the west, placing the object and the Sun on opposite sides of the Earth.

Aloke Kumar, Associate Professor at Indian Institute of Science, Bengaluru, tweeted: "Jupiter so bright. It is peering right through the clouds! You can even see three of the Galilean moons!"



Electric planes are coming: Short-hop regional flights could be running on batteries in a few years

Electric planes might seem futuristic, but they aren't that far off, at least for short hops. Two-seater Velis Electros are already quietly buzzing around Europe, electric sea planes are being tested in British Columbia, and larger planes are coming.

Air Canada announced on September 15 that it would buy 30 electric-hybrid regional aircraft from Sweden's Heart Aerospace, which expects to have its 30-seat plane in service by 2028.

Analysts at the US National Renewable Energy Lab note that the first hybrid electric 50 to 70-seat commuter plane could be ready not long after that. In the 2030s, they say, electric aviation could really take off.

That matters for managing climate change. About 3 per cent of global emissions come from aviation today, and with more passengers and flights expected as the population expands, aviation could be producing three to five times more carbon dioxide emissions by 2050 than it did before the COVID-19 pandemic.

Aerospace engineer and assistant professor Gökçin Çinar develops sustainable aviation concepts, including hybrid-electric planes and hydrogen fuel alternatives, at the University of Michigan.

We asked her about the key ways to cut aviation emissions today and where technologies like electrification and hydrogen are headed.

Why is aviation so difficult to electrify?

Aircraft are some of the most complex vehicles out there, but the biggest problem for electrifying them is the battery weight.

If you tried to fully electrify a 737 with today's batteries, you would have to take out all the passengers and cargo and fill that space with batteries just to fly for under an hour.

Jet fuel can hold about 50 times more energy compared to batteries per unit mass. So, you can have 1 pound of jet fuel or 50 pounds of batteries.

To close that gap, we need to either make lithium-ion batteries lighter or develop new batteries that hold more energy. New batteries are being developed, but they aren't yet ready for aircraft.

An electric alternative is hybrids

Even though we might not be able to fully electrify a



737, we can get some fuel burn benefits from batteries in the larger jets by using hybrid propulsion systems.

We are trying to make that happen in the short term, with a 2030-2035 target for smaller regional planes. The less fuel burned during flight, the fewer greenhouse gas emissions.

How does hybrid aviation work to cut emissions?

Hybrid electric aircraft are similar to hybrid electric cars in that they use a combination of batteries and aviation fuels. The problem is that no other industry has the weight limitations that we do in the aerospace industry.

That's why we have to be very smart about how and how much we are hybridising the propulsion system.

Using batteries as a power assist during takeoff and climb are very promising options. Taxiing to the runway using just electric power could also save a significant amount of fuel and reduce the local emissions at airports.

There is a sweet spot between the added weight of the battery and how much electricity you can use to get net fuel benefits. This optimisation problem is at the centre of my research.

Hybrids would still burn fuel during flight, but it could be considerably less than just relying entirely on jet fuel.

Source: PTI

This new iOS 16 feature could be draining your battery faster

iOS 16 has finally arrived on all iPhones, including the iPhone 8 and later, and has brought a plethora of new enticing features along with it, including haptic feedback for the keyboard. However, as first reported by 9To5Mac, Apple has now said that the feature might reduce battery life.

Haptic feedback while typing is a feature that has been available on Android phones for a while now. Some phones like the Google Pixel are particularly known for facilitating a satisfying haptic feedback with each press. Apple's implementation is similar, with a subtle response every time you click. But the response is a lot more muted than compared to something like the Pixel 6. Now that Apple has created a support page that says "Turning on keyboard haptics might affect the battery life of your iPhone," all things point towards Apple trying to conserve battery life for its users.

To enable the Haptic Feedback for your iPhone keyboard, follow these steps:

- Go to Settings > Sounds & Haptics.
- Then look for 'Keyboard Feedback.'
- Open it and then turn on Haptic Feedback.



Interestingly, we have not seen a major drop in battery life while enabling the keyboard haptic feedback on our iPhone 12 Mini. So, depending on your smartphone's battery health, the experience could vary.

Source: News18

INDIA STAR AMONG EMERGING MARKET ECONOMIES, SAYS S&P

S&P Global Ratings on Thursday, September 29, said rising rates and increased European energy insecurity are hitting growth in almost every country, but India with an estimated 7.3% growth this fiscal, would be the 'star' among emerging market economies.

In a report, S&P said global macro performance over the next few quarters points towards growth slowdown with tightening financial conditions amid rate hikes by central banks. Most leading and sentiment indicators are pointing toward slower growth as well.

Growth eased in the second quarter across emerging markets as inflation reduced real household income, business confidence deteriorated, and the external environment became more complicated, it said.

Emerging-market central banks have been ahead of their advanced-country counterparts in hiking policy rates, and in Latin America they are now near the end of their tightening cycles.

Elsewhere, core inflation continues to rise, suggesting there is more work to do. Large recent hikes by the US Federal Reserve are exacerbating balance-of-payment strains across emerging markets.

"For the 16 emerging economies that we cover, excluding China, 2022 GDP growth will hit 5.2% this year, in our view. This forecast is up 30 basis points from our previous round. India is the star of this group with growth of 7.3% this fiscal year (ending in March 2023)," S&P said.

The US-based agency said as central banks aggressively raise rates to fight inflation, our confidence is waning that they can avoid generating a sharp downturn.

EXTERNAL DEBT RISES BY 7.1% TO BREACH \$600 BN-MARK

India's external debt has risen by 7.1% to \$617.1 billion in June 2022 as against \$575.3 billion during the corresponding period last year, according to data released by the Reserve Bank of India (RBI).

Compared to March 2022, when the external debt had stood at \$619 billion, there has been a marginal drop in external debt in June 2022, which was \$617 billion. In another statement, the government said there is no overshooting of its borrowing programme for the current fiscal.

According to the RBI, US dollar-denominated debt was the largest component of India's external debt, accounting for 54.7% at the end of June. This was followed by debt denominated in the Indian rupee (30.4%), SDR or special drawing rights (6.3%), yen (5.1%), and euro (2.8%).

Short-term debt on residual maturity basis was 45.4% of total external debt at end-June 2022 as against 43.2% at end-March 2022. It was 47.6% of foreign exchange reserves.

Global recession likely as cost of living soars: Chief economists' survey

A global recession is becoming increasingly likely due to stubbornly high inflation and real wages continuing to fall, the World Economic Forum said on Wednesday citing a survey of chief economists from across the world.

According to the WEF Chief Economists Outlook report, real wages are expected to continue falling across the world in 2022-2023 and the cost of living crisis is threatening social unrest, though inflationary pressures are expected to ease in the next year.

The survey showed that food security could be at risk across large swathes of the globe over the next three years.

Referring to rising concerns about food security triggering export restrictions, which risk exacerbating global supply disruptions, the report said India, the world's largest rice exporter, introduced a ban on exports of broken rice and a 20 per cent export duty on other grades of rice.

"Given that the stability of rice prices in 2022 was instrumental in preventing a fully-fledged global food crisis, the prospect of higher rice prices could spell potential emergency conditions in already stressed regions," it added.

The survey of over 50 economists from the finance, insurance, professional services and technology industries, as well as international organizations and regional development banks, found that they expect reduced growth, stubbornly high inflation and continuing fall in real wages for the remainder of 2022 and 2023.

An average of seven out of ten economists consider a global recession to be at least "somewhat likely".

Prospects for the global economy have deteriorated further in past few months with expectations for growth pared back across all regions.

Almost nine out of ten of the chief economists expected growth in Europe to be weak in 2023, while moderate growth is expected in the Middle East and North Africa (MENA) region, the US, South Asia and Latin America.

The grim outlook for growth is being driven in part by high inflation, which has triggered sharp monetary tightening across many economies.

With the exception of China and the MENA region, most of the chief economists surveyed expect high inflation to persist for the remainder of 2022, with expectations somewhat moderating in 2023.

As the high cost of living reverberates around the world,



Photo credit: AP

the chief economists were in agreement that wages will fail to keep pace with surging prices in 2022 and 2023, with nine in ten expecting real wages to decline in low-income economies during that period, alongside 80 per cent in high-income economies.

With household purchasing power weakening, the majority of the chief economists expected poverty levels across low-income countries to increase, compared with 60 per cent in high-income countries.

"Growing inequality between and within countries is the ongoing legacy of COVID-19, war and uncoordinated policy action. With inflation soaring and real wages falling, the global cost of living crisis is hitting the most vulnerable hardest, said Saadia Zahidi, Managing Director at the World Economic Forum.

"As policymakers aim to control inflation while minimizing the impact on growth, they will need to ensure specific support to those who need it most. The stakes could not be higher," she added.

The cost of living crisis is driving concerns around energy and food prices, the survey showed.

Many chief economists appeared concerned about the risks of food insecurity in South Asia and Central Asia, while nearly 80 per cent of the respondents expected rising costs to trigger social unrest in low-income countries versus 20 per cent in high-income economies.

Source: PTI

India climbs six notches to 40th position in Global Innovation Index 2022

India climbed six notches to 40th position in the Global Innovation Index 2022 on account of improvement in several parameters, according to a report by the Geneva-based World Intellectual Property Organization (WIPO).

Switzerland, the United States, Sweden, the United Kingdom and the Netherlands are the world's most-innovative economies, according to WIPO's 2022 Global Innovation Index (GII), with China on the threshold of the top 10.

Other emerging economies are also showing consistently strong performance, including India and Trkiye, both of which enter the top 40 for the first time, it said.

"Canada is back among the top 15 global innovators (15th). Trkiye (37th) and India (40th) enter the top 40 for the first time," the report said. "India's innovation performance is above



average for the upper middle-income group in almost every innovation

pillar, with the exception of infrastructure, where it scores below average," it said.

India was at 46th position in 2021 and at 81st rank in 2015. Parameters for computing the index, include 'institutions', 'human capital and research', 'infrastructure', 'market sophistication', 'business sophistication', 'knowledge and technology outputs' and 'create outputs'.

The 2022 edition of the GII tracks the most recent global innovation trends against the background of an ongoing COVID-19 pandemic, slowing productivity growth and other evolving challenges. WIPO said a large number of countries use the GII to assess and improve their innovation ecosystems and use the index as a reference in economic plans and/or policies.

Shree Ganeshaya Namah

Horoscope for the month of Oct 2022

By Chirag Daruwalla - Son of Astrologer Bejan Daruwalla



ARIES : Ganesha says if you have confidence in God and believe in a new reality, you can expect to be blessed. This month, you should be cautious about saving and spending because your savings may fall short of your expectations. It is strongly advised that you obtain health insurance in case of unexpected medical expenses. A married couple may develop suspicions or jealousies for one another. Maintain a humble demeanor and avoid getting into a fight with your spouse. Some of you may be resentful of your companion. Routines should be planned ahead of time. If you are given too many responsibilities at work, your boss may be able to assist you. Traveling for work can be inconvenient, and legal issues can be stressful. Students must keep their remarks under control and avoid arguing, as this can lead to a loss of energy. You could be distracted and stressed, which could interfere with your studies. Aggression should be avoided because it can lead to unknown health problems. Don't try a new exercise without first consulting your doctor.



TAURUS : Ganesha says you must first value, appreciate and adore yourself. There is a good chance that your income will skyrocket. This could assist you in overcoming your financial difficulties and succeeding. This month, your lover may be in another city or country, which may heighten your desire to be together. Those who are married may struggle because ego in domestic issues can cause relationships to fail. Keep in mind that overworking will get you nowhere and being too busy will not always result in positive outcomes. Knowledge and education have always been important, but people born under your sign have always been curious about learning from a variety of sources. You may experience health issues or relief from chronic illnesses, as well as a renewed sense of enthusiasm and vitality.



GEMINI : Ganesha says be on the lookout for miracles, unexpected breakthroughs, surprises, and blessings this month. Short-distance travel can occur unexpectedly, resulting in unanticipated costs. You might want to pay to visit a religious site. You are likely to have a successful romantic relationship, and those of you who are single may find a suitable mate. Getting together with your partner's family could make your love life more enjoyable. This month, you may encounter an unexpected change in a distant location. You should reconsider all of your business plans for this month to provide your company with the intended financial benefit expansion. If you are a technical student, you will most likely be successful in submitting your project. You may expect to be successful in a foreign-related career in the coming month. The research for the advanced study could be successfully submitted. You may experience stress and health issues this month as a result of stress and hostility. Anger can be bad for your health. To boost your immunity, eat a nutritious diet rich in fresh fruits

and vegetables.



CANCER : Ganesha says stop fretting and trust in the perfect timing of your life. The month will bring mixed results on the economic front. There may be some difficulties, but you should be able to overcome them with ease. The truth is that if your communication with your partner isn't on track, you'll have a harder time understanding each other. It is possible to travel to another country with your partner. This month may have a favorable climate, which can help with professional goals. Above all, you have a good chance of meeting the objectives you set for yourself. Most of you probably have an inquisitive mind, which makes learning easier and faster. Those who put in at least the average amount of effort have a good chance of passing competitive examinations. Trying to eat a balanced meal and avoid using electronic devices before going to bed can help you maintain your mental peace.



LEO : Ganesha says your faith in yourself will propel you forward more than your strength. A sudden and unexpected increase in your monthly spending can destabilize your financial situation. If you're planning a long trip this month, keep an eye on your bags; otherwise, your belongings may be stolen. Single natives can meet someone wonderful at a party or a private event at the same time. Natives who have been in a long-term relationship and wish to marry their partner may face several difficulties. Your professional pursuits, whether in business or service, may provide you with a sense of security and contentment. Simply take the appropriate approach properly. This is the time in your life when you should meet new people and learn from them. Just focus on what you're doing right now. If you suffer from headaches regularly, you should practice Pranayama. This could be a great time to lose weight. All you have to do is manage your food intake and exercise regularly. This could lead to weight loss.



VIRGO : Ganesha says you're constantly changing, learning, growing, and discovering new things. You may be able to supplement family provisions; you are free to do so. You may also be able to resolve any outstanding issues, and your wise decisions may allow you to save more money for the future. At the start of this month, you may find yourself in a see-saw situation. You may be feeling overwhelmed by a range of emotions, and your mood swings may be bothersome. New opportunities may present themselves, and you should not pass them up. To close a contract, businesspeople must conduct more follow-ups, and they must also be cautious about receivables. Because of the much stronger planetary support, you should do well in your exams; however, you may still need to study hard; your success may encourage you to put more effort into your academics. You may be in good health for the rest of the month, but you may feel tired or run down at the start of the month due to daily stress. Your energy levels may vary.



LIBRA : Ganesha says tranquility permits your mind to come up with solutions. Your investments are expected to generate extremely high returns in the future. So, don't pass up this opportunity. You're always bothered by something now and then. Give your undivided attention to the relationship to strengthen it.

It may assist you in developing a better reputation and increasing your chances of vertical expansion in your field. However, as the month progresses, you may encounter new issues. There may be many obstacles to overcome, but all you have to do is work consistently and correctly. Important advice from your mentors may change your perspective and result in a lot of happiness. Those of you who plan to quit smoking will be happy to do the same. This would be an excellent phase because this month has seen a lot of recovery from problems.



SCORPIO : Ganesha says how you grow and how you appear is entirely up to you. Make the decision that is most appropriate for you. The chances of making a profit rise dramatically. You will, however, need to keep track of your expenses to keep your finances under control. Your relationship could be improving. You may spend quality time with your partner, and your understanding may improve as a result. There is no need to be concerned because this is only a temporary condition. You should notice an improvement in your condition after this time. There's a chance you'll be distracted at the start of the month. Your grades and performance may suffer during this period. As a result, you'll have to put in even more effort and concentrate even harder. Your parents' health may worsen. You may also experience frequent headaches and migraines. Some of you may experience leg or back pain this month. It is preferable to seek medical advice before the condition worsens and becomes out of control.



SAGITTARIUS : Ganesha says the unseen is dynamic, and what you project in terms of energy and thoughts will appear. This month is likely to bring unexpected medical bills as well as home improvements or repairs. Single natives are advised to avoid romantic concerns. To have a long-lasting and healthy relationship, mutual understanding and open communication are required. You'll demonstrate that you're a formidable foe. Furthermore, you are likely to gain a lot of respect at work. You should stay focused on your studies and avoid distractions. Avoid making rash decisions and wasting time on inefficient tasks. Ensure that your health is getting the attention it requires right now. Also, if you've been longing for a good night's sleep, this month may provide ample opportunities.



CAPRICORN : Ganesha says the month will be a groove with amazing experiences, trips, and gatherings. Short-distance travel can occur unexpectedly, resulting in unanticipated costs. You might want to pay to visit a religious site. Try to keep the conversation light and healthy. A married couple should do everything possible to strengthen their bond. You should reconsider all of your business plans for this month to provide your company with the intended financial benefit expansion. Exam success and project-related issues maintain a positive attitude toward your studies and avoid becoming confrontational, as doing so may cause you to lose sight of your goal. Having a healthy meal and staying hydrated can help you stay healthy. Skipping breakfast can be harmful to your health.

Shree Ganeshaya Namah



VEDIC ASTROLOGER NASTUR BEJAN DARUWALLA

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The Indian Panorama brings you Weekly and Birthday Horoscope by Nastur Bejan Daruwalla

WEEKLY HOROSCOPE - OCTOBER 3 TO OCTOBER 9, 2022



ARIES : Ganesha says, this week is ideal for self-realization and retrospection Dear Aries. This week, regular breaks will prevent you from being overburdened. Breathe deeply and distance yourself from your emotions. This week is an excellent week to operate alone commercially to avoid workplace disputes. This week, you must refrain from engaging in daily small trading on the stock market. You won't consider love or passion this week on your emotional battlefields. You'll seek out friendly companionship this week. You won't need much concern in terms of your physical health, but it will be difficult for you to keep your mind in a stable state.



TAURUS : Ganesha says, if you begin to recognize something this week that is bigger than normal, don't be shocked. As a consequence, individuals will be increasingly interested in what the events are about. Professionally, this is a terrific week to make more ambitious goals. You'll decide on goals without evaluating them beforehand. If you are employed, you are more likely to organize whatever you want to begin on your own. You'll feel like you're ready for a committed connection just now in regards of your love life, and you'll think about setting foot. You'll be happy to learn that your optimistic outlook has attributed to your outstanding wellness this week in regards of your physical well-being.



GEMINI : Ganesha says, that he is going to help you this week, hence you must hold spiritual activities throughout this week. Don't get too afraid to ask questions regarding religion this week. You will pick moral ways even if people pressure you to cut corners on your corporate battlefields. You will earn a lot of income this week, dear Gemini. Not only will you be able to maintain your views and emotions in harmony, but you'll also be able to easily manage the required funding. This week, you'll keep your dating life soundly dormant to avoid any distractions. This week, if you're engaged, your companion will encourage your personal understanding. You will be able to verify that your physical discomfort is related to your wellness.



CANCER : Ganesha says, whatever you start this week, you'll be fortunate. You can think of altering a number of significant facets of your life, from your viewpoint to your job. You find it simple to start connections but challenging to maintain them. You will fail to get the best while being satisfied in small! thus you won't be able to distinguish the thing or person that has the fundamental spirit. You'll find it difficult to describe issues to your partner, but don't worry-everything will be okay in the end. Hardly everybody has to know about

your business or your line of employment. Concentrate on yourself this week instead of talking about your abilities with others. Your parents' or spouse's condition will be a resource of information.



LEO : Ganesha says, your relationships with your supporters will shift, which will help you advance professionally. This week, don't be scared to set higher goals for yourself. A situational issue will concern you, but on this occasion you'll solve it on your own instead of relying on someone else's suggestions. Your commercial inventory will be constrained this week, and important people will contact you. Your spouse will come up with enticing strategies to get in touch with you again. Be thankful for them this week and let them make it more cheerful. You must take good care of your wellness this week. There won't be any major issues, although your pulse rate will be a little higher.



VIRGO : Ganesha says, you'll gravitate for anything this week that you've been putting off for a while. Don't let this chance to seize the initiative pass you by now that you have finally mustered the courage to face the challenge. You were given tremendous ability and special care when Lord made you, which you occasionally forget to recognize. You consider your line of work to be a faith. It took a lot of your energy and effort, but this week it will all be worthwhile. Prepare for it, and when it comes, embrace it wholeheartedly. Your parents have been worried about your relationships since the beginning. They need to know that you are committed. This week, you have to tell your parents about your partner, and it will end well. Feeling content will help you stay in shape.



LIBRA : Ganesha says, you must carefully consider each choice you make this week since your emotions will make you increasingly susceptible to preposterousness due to effect of Moon. You may find it difficult to promise, so whenever you do, discuss it out with a trusted friend or relative. It just never costs to get an independent advice, and you are always allowed to make the choices you believe are ideal for you. Prior to actually making a choice, you will make sure to carefully weigh all of your alternatives and the possible effects on your business battlefields will be all good this week. This week, you'll pay great consideration to your partner in regards of your romantic relationship. This week, your fitness should be normal, but if you have elevated pulse pressure, be careful.



SCORPIO : Ganesha says, this week, you could be a little irritable. If you feel yourself becoming irritated over anything, try to relax and take a step back from your convictions. You could hold unjustified assumptions for other

people or even for yourself. Acknowledge that not everybody can let go as easily or soon as you can if the origin of the tension is psychosocial. This week, your career fronts will be quite typical. If you own a firm, you will defend yourself against rivals. This week, you will have to make your sweetheart wait due to your poor relationship management. This week, your health will allow you to take compassionate service of your partner.



SAGITTARIUS : Ganesha says, this week, explore methods to make the circumstance better before coming up with a plan for bringing about transformation. You'll see that this week has seen an improvement in your understanding. This week, your business factions are going to be solid. You will be required to do a variety of tasks. Additionally, you must make sure that you only purchase the right things. You'll need to restrain yourself from speaking in the presence of your bosses. You'll be able to make sure that you and your partner share the same goals in regards of your connection. You'll need to be more careful this week about our influences if you're wedded. You'll have to cope with your coughing and sick in regards of your wellbeing.



CAPRICORN : Ganesha says, ensure that you are prepared for a long and demanding week. This week, almost everything you do should be guided by your young self, instinct, and philosophical awareness. Simply maintain emotional control since there will undoubtedly be more ups and downs than normal. This week, your business fronts will benefit from the expenditures you made. You must exercise particular caution when it comes to fake orders whether you work in the commerce or wholesale industries. This week, you'll be able to deal with your partner's challenges in terms of your relationship. You must monitor your bad cholesterol closely for the sake of your wellbeing. It's not a good idea to eat fried cuisine this week.



AQUARIUS : Ganesha says, in a week like this, the only option to get by is to get things done as discreetly and simply as you can. Treat yourself to anything great to keep yourself out of uncomfortable circumstances. You'll be able to complete the assignments you established for yourself this week. You should be a better listener this week since you could get suggestions on your new company endeavor. In terms of your chances of finding love, this week will mark the long-awaited meeting with your lifelong partner. You will experience a week of empathy and respect this week. You are not required to bother regarding anything else in respect of your fitness this week since everything will be Alright.

BIRTHDAY HOROSCOPE : OCTOBER 3 TO OCTOBER 9, 2022
BY ASTRO FRIEND CHIRAG - SON OF ASTROLOGER BEJAN DARUWALLA

OCTOBER 3 : Ganesha says you love someone with all of your heart, but you need to learn to control your occasionally erratic and rebellious behavior. You are constantly looking for a committed romantic connection, and the idea of being alone can make you unhappy. Yoga and meditation should be practiced for both spiritual and physical benefits. You must amass knowledge, information, and enduring connections. Entrepreneurs will diversify their businesses into new and lucrative fields.

OCTOBER 4 : Ganesha says you enjoy reading to expand your knowledge and learn about new and undiscovered things, and you constantly welcome new ideas, but you need to learn to control your urge to act in times when you are bashful, conceited, or moody. You will receive honors and accolades in the upcoming year. Financial advantages will come from a variety of sources. Your way of life will improve as you find new sources of income. Significant gains will come from real estate matters.

OCTOBER 5 : Ganesha says you enjoy living alone and freely, which enables you to take small steps toward your goals, but you need to manage your propensity for being occasionally wasteful,

domineering, and restless. There will be enough energy available to you, and if you use it well, it can yield impressive results. Friends and family won't be very helpful, so don't rely on them. In terms of money, it will be an excellent moment to buy stocks and real estate, but all purchases should be made with the long term in mind.

OCTOBER 6 : Ganesha says you will get profit from the contacts you made recently this year. You can enter attractive industries thanks to your extensive business expertise, which will also help you become more visible on the market. Gains in money are certain, but unforeseen losses are also anticipated. More attention must be paid to health, particularly for people with chronic illnesses. Yoga and meditation should be practiced for both spiritual and physical benefits.

OCTOBER 7 : Ganesha says the time is now to make crucial business decisions. During this era, investments will yield good returns. The home's renovation and other construction-related tasks will likewise be high on your priority list. Gains will come from property-related issues. Traveling far away, even to another country, is enjoyable and can result in a probable reunion with old friends. Patients with

chronic conditions need to pay closer attention to their health.

OCTOBER 8 : Ganesha says if you pay attention to what your family members have to say this year, you will gain a lot. Your financial situation will improve, and your confidence level will be at its highest if you find new sources of income. The wife and other female family members will make every effort to keep you content. If there are any career changes, they will be advantageous. Your outspoken personality will be advantageous to you. Avoid being a standing surety or guarantee for others since this could cause awkward situations and legal issues.

OCTOBER 9 : Ganesha says you will make new connections and sign new collaborations this year that will help your career greatly. Past investments will result in financial gains. Family members and friends will offer encouragement and assistance. You'll experience some minor tensions and stress, particularly in relation to your parents' health and the rise in household costs. Trips for fun or get-togethers with friends will be interesting and intellectually stimulating.

Horoscope for the month of October 2022

COTND FROM PAGE 32



AQUARIUS : Ganesha says you might have a renewed sense of vitality and vigor. Thanks to the good vibes that are all around you. Some careful

financial planning would be advantageous. Organizing your budget and sketching out your finances may help you manage your money better, and the results may be visible right away.

The time and effort you put into your relationships may pay off in unexpected ways. Maintain your focus on your partner or the person you want to be yours, and your efforts will eventually pay off. Your performance is exceptional, and senior management is pleased.

If you want to start a new hobby, this is the month to do it. You would be confident because you would be able to learn the subject well. You might get allergies or infections, but you might get better in the second half. As much as possible, avoid job overindulgence.



PISCES : Ganesha says your good fortune will show up in your life. Sit back and relax. This month, you may see excellent results from

family and savings, but you should exercise caution or seek professional advice before making significant investments. Because married couples may experience communication breakdowns, it is recommended that you spend quality time together.

This could be an excellent opportunity for current employees to strengthen their

positions by putting in the extra effort. Businesses should consider expanding into new markets to increase sales and turnover.

The planets may inspire you to go the extra mile. Your intelligence and hard work could help you succeed in your studies and exams. You should avoid strenuous exercise. If you have any chronic health issues, you should focus on your health this month.

Weekly Horoscope

COTND FROM PAGE 33



PISCES : Ganesha says, you could notice that your mood is a touch downbeat compared to normal.

Ensure, specifically at work, that you are not placing unfair or excessive demands on other people. Other

than that, your business facades will be as polished as ever. You'll be able to do chores easily and fast. Discussing marriage and commitment in your own connections this week is a great idea.

Avoid putting extra efforts in organizing in the first half of the week and trying to organize everything. You should take good care of yourself since you could not feel well in the afternoon in regards of your wellbeing.

|| SHREE GANESHAY NAMA ||



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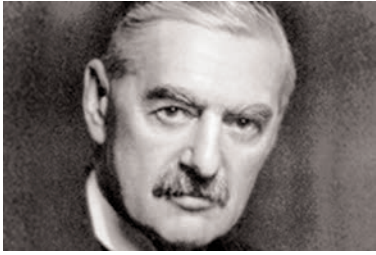
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History This Week September 30 to October 6

"THINGS HAVE NEVER BEEN MORE LIKE THE WAY THEY ARE TODAY IN HISTORY." --DWIGHT D. EISENHOWER

SEPTEMBER 30



Neville Chamberlain

September 30, 1938 - British Prime Minister Neville Chamberlain returned to England declaring there would be "peace in our time," after signing the Munich Pact with Adolf Hitler. The Pact ceded the Czechoslovakian Sudetenland to the Nazis. Chamberlain claimed the agreement meant peace, however, Hitler seized all of Czechoslovakia in March of 1939.

September 30, 1949 - The Berlin Airlift concluded after 277,264 flights carrying over 2 million tons of supplies to the people of West Berlin, who were blockaded by the Soviets.

September 30, 1955 - Actor James Dean was killed in a car crash in California at age 24. Although he made just three major films, *Rebel Without a Cause*, *East of Eden* and *Giant*, he remains one of the most influential actors.

September 30, 1966 - Nazi war criminals Albert Speer and Baldur von Schirach were released from Spandau prison after serving 20 years. The prison, originally built for 600 inmates, was left with only one prisoner, former Deputy Führer Rudolf Hess.

Birthday - American writer Truman Capote (1924-1984) was born in New Orleans, Louisiana (as Truman Streckfus Persons). He took the last name of his stepfather, becoming Truman Capote. Best known for *Breakfast at Tiffany's* and *In Cold Blood*.

OCTOBER 1

October 1, 1908 - Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 1, 1938 - Hitler's troops occupied the Sudetenland portion of Czechoslovakia. In an effort to avoid war, the leaders of Britain and France had agreed to cede the German-speaking area to Hitler, who later broke the agreement and occupied all of Czechoslovakia.

October 1, 1946 - Twelve Nazi leaders were sentenced to death at the International War Crimes

Tribunal in Nuremberg, Germany.



Mao Zedong

October 1, 1949 - The People's Republic of China was founded with Mao Zedong as Chairman.

October 1, 1979 - After 70 years of American control, the Panama Canal Zone was formally handed over to Panama.

Birthday - Virtuoso pianist Vladimir Horowitz (1904-1989) was born in Berdichev, Russia. He made his American debut in 1928 with the New York Philharmonic and became a U.S. citizen in 1944. In 1986, after a self-imposed absence of 60 years, he performed a concert in his native Russia.

OCTOBER 2

October 2, 1935 - Mussolini's Italian troops invaded Abyssinia, beginning an occupation lasting until 1941.

October 2, 1967 - Thurgood Marshall (1908-1993) was sworn in as the first African American associate justice of the U.S. Supreme Court. He served until 1991 and was known for opposing discrimination and the death penalty, and for championing free speech and civil liberties.

October 2, 1968 - California's Redwood National Park was established. Redwoods are the tallest of all trees, growing up to 400 feet (120 meters) during a lifetime that can span 2,000 years.

October 2, 1975 - Japanese Emperor Hirohito made his first-ever visit to the White House.



Mohandas (Mahatma) Gandhi

Birthday - Indian political and spiritual leader Mohandas (Mahatma) Gandhi (1869-1948) was born in Porbandar, India. He achieved worldwide fame for his devout lifestyle and nonviolent resistance which ended British rule over India. He was assassinated by a religious fanatic in the garden of his home in New Delhi on January 30, 1948.

Birthday - American statesman Cordell Hull (1871-1955) was born in Pickett County, Tennessee. He served in both houses of Congress, as Secretary of State, and was instrumental in the establishment of the United Nations.

OCTOBER 3

October 3, 1863 - President Abraham Lincoln issued a proclamation designating the last Thursday in November as Thanksgiving Day.

October 3, 1929 - Yugoslavia became the official name of the Kingdom of Serbs, Croats and Slovenes.

October 3, 1932 - Iraq gained independence from Britain and joined the League of Nations.

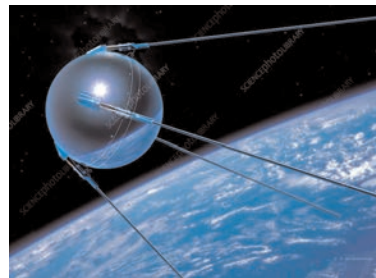
October 3, 1974 - Frank Robinson was hired by the Cleveland Indians as baseball's first African American major league manager.

October 3, 1990 - After 45 years of Cold War division, East and West Germany were reunited as the Federal Republic of Germany.

OCTOBER 4

October 4, 1582 - The Gregorian Calendar took effect in Catholic countries as Pope Gregory XIII issued a decree stating the day following Thursday, October 4, 1582, would be Friday, October 15, 1582, correcting a 10-day error accumulated by the Julian Calendar. Britain and the American colonies adopted the Gregorian Calendar in 1752.

October 4, 1830 - Belgium gained its independence, after having been a part of the Netherlands since 1815.



Sputnik I

October 4, 1957 - The Space

Age began as the Russians launched the first satellite into orbit. Sputnik I weighed just 184 lbs. and transmitted a beeping radio signal for 21 days. The remarkable accomplishment by Soviet Russia sent a shockwave through the American political leadership resulting in U.S. efforts to be the first on the moon.



Pope Paul VI

October 4, 1965 - Pope Paul VI became the first Pope to visit the U.S. and the first to address the United Nations.

October 4, 1993 - Russian tank-soldiers loyal to President Boris Yeltsin shelled the Russian White House, crushing a hard-line Communist rebellion. Yeltsin then fired Vice-president Alexander Rutskoi and jailed other opposition leaders.

Birthday - St. Francis of Assisi (1181-1226) was born in Assisi, Umbria, Italy (as Giovanni Francesco Bernardone). He renounced his family's wealth and founded the Friars Minor (Franciscan Order).

Birthday - Rutherford B. Hayes (1822-1893) the 19th U.S. President was born in Delaware, Ohio. He served from March 4, 1877 to March 3, 1881. He was a Republican best known for his much-quoted statement, "He serves his party best who serves his country best."

Birthday - Artist Frederic Remington (1861-1909) was born in Canton, New York. He studied at Yale Art School then traveled extensively throughout the American West in the late 1800s sketching cowboys, Native Americans, frontiersmen, and soldiers. He also created lively sculptures featuring bucking broncos.

OCTOBER 5

October 5, 1813 - Shawnee Indian Chief Tecumseh was defeated and killed during the War of 1812. Regarded as one of the greatest American Indians, he was a powerful orator who defended his people against

white settlement. When the War of 1812 broke out, he joined the British as a brigadier general and was killed at the Battle of the Thames in Ontario.

October 5, 1877 - Following a 1,700-mile retreat, Chief Joseph of the Nez Perce Indians surrendered to U.S. Cavalry troops at Bear's Paw near Chinook, Montana. "From where the sun now stands, I will fight no more forever," he declared.

October 5, 1908 - Bulgaria proclaimed its independence from the Ottoman Empire.

October 5, 1910 - Portugal became a republic following a successful revolt against King Manuel II.

October 5, 1938 - Czech President Dr. Eduard Benes resigned and fled abroad amid threats from Adolf Hitler.

October 5, 1986 - Former U.S. Marine Eugene Hasenfus was captured by Nicaraguan Sandinistas after a plane carrying arms for the Nicaraguan rebels (Contras) was shot down over Nicaragua. This marked the beginning of the "Iran-Contra" controversy resulting in Congressional hearings and a major scandal for the Reagan White House after it was revealed that money from the sale of arms to Iran was used to fund covert operations in Nicaragua.

Birthday - Chester A. Arthur (1830-1886) the 21st President of the U.S. was born in Fairfield, Vermont. He succeeded to the presidency following the assassination of James A. Garfield. He served from September 20, 1881 to March 3, 1885, but was not nominated by the Republican Party for a second term.



Robert Goddard

Birthday - "Father of the Space Age" Robert Goddard (1882-1945) was born in Worcester, Massachusetts. During his lifetime he was ridiculed by the public and the press over his idea of constructing a space flight machine. In 1926, he launched the world's first liquid-fueled rocket on a farm near Auburn, Mass. In 1935, his liquid-fueled rocket surpassed the speed of sound.

(Read more on www.theindianpanorama.news)

Shardiya Navratri

Navratri is one of the holiest Hindu festivals. Navratri is the festival of Goddess Durga who is the most powerful female god of Hindu mythology. Navratri is celebrated for nine nights during which people worship Goddess Durga and Her nine forms to seek Her blessings to remove of miseries of life. Goddess Durga blesses Her devotees with Her Love, protection, fearlessness, courage and confidence and many other divine blessings.

According to the Hindu calendar, Navratri starts at the first day of the bright fortnight of Ashwin. The nine days have great religious significance as Goddess Durga, the divine mother, killed demon Mahishasura during this period.

Nine days, nine indulgence

- On the first day devotees can offer pure ghee made from cow milk. This will relieve the devotees from all the diseases.
- On the second day, devotees should offer sugar to the Goddess. This will increase the life span of the devotees.
- On the third day, devotees can offer milk or the sweet kheer made from milk. This will relieve the devotees of all their sorrows and sufferings.
- On the fourth day, Malpua, This will help in the brain development of the devotees and increases the discretion power of the devotees.
- On the fifth day, Bananas. This keeps the body healthy.
- On the sixth day, Honey. This makes people attract towards the devotees.
- On the Seventh day, Jaggery. This protects the devotees from the sudden misfortunes.
- On the eighth day, devotees can offer Coconut to the Goddess. This relieves the devotees from all the sufferings related to their children.
- On the ninth day, devotees can offer Til or sesame seeds to the Goddess. This takes away the fear of death.

Legend associated with Navratri

Hindus commemorate the goddess Durga's victory over the monster Mahishasura during the festival of Navratri. Because of Mahishasura's devotion to him, Lord Brahma had granted Mahishasura the gift of immortality, ensuring that he would never die.

The only individual who would be able to take down Mahishasura would be a woman, hence this gift did have one restriction. Mahishasura was pleased with the bargain because he didn't believe any woman could kill him. No god was able to stop Mahishasura and his soldiers as they became stronger and began assaulting people on Earth. Finally, the three most potent Hindu gods—Lord Brahma, Lord Vishnu, and Lord Shiva—decided to unite and manifest the goddess Durga, a formidable woman whose mission would be to kill Mahishasura. Before fighting Mahishasura, the gods gave the goddess Durga a plethora of weapons. For ten days, Durga battled the demon, but it was challenging since he kept changing his appearance to trick the goddess. But when he at last transformed into a buffalo, Durga was able to triumph over him.

Significance of Navratri

Navratri is Hindi for "nine nights." Nine and night are represented by the words "Nava" and "Ratri," respectively.

Devi stands for the eternal cosmic Energy. This Energy permeates the entirety of Creation.

Navratri and the related Goddesses

The festival commemorates the epic war between Durga and the evil Mahishasura to mark the triumph of good over evil. The Navadurga, Durga's nine avatars, are the central objective of these nine days. Every day is linked to a different goddess avatar.

Pratipada Tithi – Devi Shailaputri

This day is referred to as Pratipada (first day) and is connected to Shailaputri ("Daughter of Mountain"), a manifestation of Parvati. In this incarnation, Durga is revered as Shiva's wife and is shown riding the bull Nandi



while holding a trishula in her right hand and a lotus in her left. According to legend, Shailaputri is Mahakali's Avatar.

Dwitiya Tithi – Devi Brahmacharini

Goddess Brahmacharini, a different form of Parvati, is worshipped on Dwitiya (the second day). Parvati took on the form of Yogini, her unmarried self. Brahmacharini is revered for bestowing moksha, or liberation, as well as stability and prosperity.

Tritiya tithi – Devi Chandraghanta

The third day, or Tritiya, marks the worship of Devi Chandraghanta another incarnation of Devi Parvati. She is called Chandraghanta because she wears a crescent moon on her head.

Chaturthi Tithi – Devi Kushmanda

On Chaturthi (the fourth day), devotees worship the goddess Kushmanda. The color of the day is orange because Orange color is the color of creativity and compassion and Devi Kushmanda, who is thought to represent the universe's creative force, is believed to have created life on earth.

Panchami Tithi – Devi Skandamata

The goddess Skandamata, who is celebrated on Panchami (the fifth day), is Kartikeya's mother who is also known as Skanda.

Shashthi tithi – Devi Katyayini

The sixth day of the Navratri is dedicated to Devi Katyayini. She is an incarnation of Durga who was born to the sage Katyayana and is depicted as displaying the boldness that the color red represents.

Saptami Tithi – Devi Kalaratri

On Saptami, Kalaratri, thought to be the fiercest manifestation of Goddess Durga, is worshipped. According to legend, Parvati took on the avatar of a dark-

skinned goddess out of rage in order to kill the demons Sumbha and Nisumbha.

Ashtami Tithi – Devi Mahagauri

Ashtami (eighth day) of Navratri is dedicated to Devi Mahagauri. Mahagauri is a representation of wisdom and harmony. Pink, a color that symbolizes optimism, is the color linked with this day.

Navami Tithi – Devi Siddhidatri

People pray to Siddhidatri on the Navratri's final day, also known as Maha Navami or Navami (the ninth day). She is regarded as possessing and bestowing all Siddhis while seated on a lotus.

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"If Hindus don't maintain Hinduism, who shall save it?"

"If India's own children don't cling to their faith, who shall guard it?"

"Indians alone can save India, and India and Hinduism are one."

Dussehra: The triumph of good over evil

The festival of Vijayadashami or Dussehra is celebrated on the tenth day of Shukla Paksha of Ashwin month. This day is considered a very important day in Hinduism.

This year, the festival falls on October 5, 2022.

The word 'Dussehra' signifies the meaning of the festival itself. The word is formed from two words – Dus and Ahara. 'Dus' means ten and 'Ahara' means day, so tenth day. Another meaning comes from the mythology of the festival where 'Dus' signifies the ten heads of Ravana or bad or evil and 'hara' means to defeat or removal. In the northern and western states of India Dussehra is celebrated in the honour of Lord Rama who was an avatar of Lord Vishnu. Plays based on Ramayana and Ramcharitmanas called Ramlila are performed at outdoor fairs by theatre troupes. Dussehra is also celebrated as Vijayadashami and also signifies the killing of demon Mahishasura by Goddess Durga on the tenth day of Navratri.

Dussehra related to Lord Rama

According to Hindu mythology, Ravana was a demon king of Lanka, a territory to the south of India who desired Lord Rama's wife Sita. Ravana kidnapped Sita and took her to his kingdom Lanka where he held her captive. Lord Rama traveled to Lanka with an army of monkeys and with the support of his brother Lakshman and Lord Hanuman he killed Ravana on the tenth day of the battle. The first nine days are celebrated as Navratri and the tenth day when Ravana is killed Dussehra is celebrated. The Navratri festival is concluded by burning huge and gigantic effigies of the demon Ravana. The killing of Ravana signifies the triumph of good over evil.

Vijayadashmi related to Goddess Durga

In another mythology which is prevalent in the eastern and northern states of India, Goddess Durga kills the demon Mahishasura to bring peace to Earth. The festival of Navratri is celebrated because here also the battle between the Goddess and the demon spans ten days. On the tenth day, the Goddess Durga kills Mahishasura and the day are celebrated as Vijayadashmi meaning the 'victory that was attained on the tenth day'. Each of the preceding nine days of Vijayadashmi is dedicated to a specific powerful manifestation of Goddess Durga and people in Northern and Western parts of the region fast while worshipping the nine forms of the Goddess. The eastern and north-eastern parts of India do not fast during Durga Puja as it is a celebratory time for them and they enjoy the festival with much pomp and fervour. Goddess Durga is worshipped for five days in eastern and northeastern parts of the country and on the tenth day, the idol is immersed in water bodies marking the end of festivities.

Dussehra or Vijayadashami or even Bijoya (as Bengalis call it) is one of the most popular and fervently celebrated



Art: Shriya Sharma

festivals in India. People play dandiya and garba during the nine days of Navratri while praying to the Goddess. Dussehra and Vijayadashami both celebrate the win of good over evil and signify the man's need to overcome fear, greed and negative thinking and move towards positive thoughts and deeds.

Homecoming of Parvati

Parvati was Sati in her previous birth. Sati was a great devotee of Shiva and prayed for getting Shiva as her husband. Being pleased with her worship, Shiva married her. Sati's father was against this marriage but couldn't prevent it.

Daksh arranged a Yagna in which he invited everyone except Shiva. Being ashamed of by his father's act and seeing the insult of her husband by father



autumn, when Durga-Puja is celebrated.

End of Agnyatawas of Pandavas

In the age of Dvapara Yuga, Pandavas lost to Kauravas in a game of dice, and spent twelve years of Vanawas, or exile to the forest, followed by one year of Agnyatawas (exile incognito).

The brothers hid their weapons in a hole in a Shami tree before entering the Kingdom of Virat to complete the final year of Agnyatawas. After that year, on "Vijaya Dashami", they recovered the weapons, declared their true identities and defeated Kauravas, who had attacked King Virat to steal his cattle. Since that day, Shami trees and weapons have been worshiped and the exchange of Shami leaves on Dussehra has been a symbol of good will and victory.

Celebrations

A precursor to Diwali, people celebrate Dussehra with all fanfare and full religious zeal. Hindu devotees in North India organise Ramleela – a theatrical enactment of Lord Ram's life story – in the days leading to, and on Dussehra. On Dussehra, massive effigies of Ravana, sometimes along with his son Meghand and brother Kumbhakaran, are set ablaze in open grounds.

In West Bengal, people celebrate the occasion as Durga Puja festival to mark the Goddess's victory over demon Mahishasur. Devotees worship Durga at various theme-based pandals.

In Gujarat, people celebrate the festival through garba – the famous folk dance of the state. Both during Navratri and on Dussehra, people wear colorful clothes and celebrate the festival to the max.

In South India, people bring home idols of Goddesses Durga, Lakshmi and Saraswati. Married women also visit each other's houses and exchange gifts like coconut, betel nuts and even money.

Haridwar: The holy city



A city that is believed to have its origin in Hindu mythology, Haridwar is an ancient as a place can be. Centuries old temples, fascinating religious ceremonies, locals that are too happy to tell you of Hindu folklore. Lose yourself to the serenity that surrounds the Ganga ghats around sunrise or watch the fascinating arti in evening, it is the stuff that spiritual experiences are made of. Other than its religious significance, it is a fast emerging centre of yoga, meditation and Ayurvedic practices. Visit it for an experience that is nothing less than once in a lifetime.

As a city that is believed to have its origin in Hindu scriptures, there is no dearth of interesting, largely religious, places to visit in Haridwar. Some of the must-visits in the city are Mansa Devi Temple and Chandi Devi Temple (both are highly revered as siddha peethas), Daksha Mahadev Temple, the ancient shrine of Piran Kaliyar and Har ki Paudi. A visit to Rajaji National Park, Patanjali Yogpeeth and Shantikunj Ashram is perfect for ones searching for something offbeat in the city.

HAR KI PAUDI

This is one of the main attractions for those traveling to Haridwar and Rishikesh for religious purposes. This is believed to be the exit point of the Ganges from the mountains and entry into the plains. The ghat is also known as Brahma Kund, and was built by King Vikramaditya in memory of his brother Brithari who often meditated on the banks of river Ganga. History records an imprint of Lord Vishnu's foot on one of the stones present on the ghat, which is where this religious site takes its name from. This is regarded the most sacred and auspicious point to bathe in the Ganga during the Kumbh which is held every 12 years, and taking a dip is a sacred practice believed to rid those who do of their worldly sins.

PATANJALI YOG PEETH

Located in Haridwar, this is the centre for Yoga and Ayurveda activities in India. Named after Maharishi Patanjali who invented Yoga 5000 years ago, the ashram is run under the guidance of Swami Ramdev Ji Maharaj who has revived Yoga and helped in spreading it across the world. Patahnajali Yog Peeth



provides visitors with several facilities including Yoga classes where you're taught ancient techniques like Tattva Yoga, Kriya Yoga, Hatha Yoga and Ashtana Yoga. Visitors can stay at the on-site accommodation and avail of the natural health therapies, ayurvedic treatments, a canteen, an OPD centre and therapy offered to patients with long term diseases. Set amidst well maintained and hygienic environs, this is definitely worth a visit if you're interested in learning yoga or

immersing yourself in meditation.

MANSA DEVI TEMPLE

Mansa Devi Temple is one of the most famous places to visit in Haridwar. One of the three siddha peethas in the city, it is located atop Bilwa Parvat of the Shivalik range of Himalayas. The temple is supposedly one of the abodes of Hindu Goddess Parvati, the other being Chandi Devi Temple. Hundreds of devotees visit it everyday for it is highly reverential for Hindus. The numbers increase by

manifolds during Navratra celebrations and Kumbh Mela. It is advisable to visit it early in the day to avoid crowd. Impressive views of the entire city from the temple, its trek and the ropeway to it will bowl you over.

CHANDI DEVI TEMPLE

This is one of the most ancient temples in Haridwar. Perched atop Neel Parvat in the Shivaliks, it was built at the behest of King Suchat Singh of Kashmir in 1929. A much revered Siddha Peetha, the temple's sanctum houses the main idol that dates back to 8th century. The temple site is believed to be the resting place of Goddess Chamunda during her battle with demons named Shumbha and Nishumbha. The temple is surrounded by dense forest and makes for a perfect vantage point for photographers. It can be accessed via a three km trek or a ropeway that connects it to the city.

RAJAJI NATIONAL PARK

Distinct for its pristine scenic beauty and rich bio-diversity, the Rajaji National Park in the is situated along the foothills of the Shivalik range and exhibits the Shivalik ecosystem. Rajaji is one of northern India's major wildlife reserves, and is one of the best places to see the flora and fauna of the terai region. The park has been named after the late freedom fighter Sri C. Rajgopalachari, who was popularly referred to as 'Rajaji'. The park was created back in 1983, after integrating three sanctuaries – Rajaji, Motichur and Chilla – into a large protected area. Take an elephant ride in the morning or evening, and get ready to spot as many as 23 species of mammals and 315 birds.

SHANTIKUNJ

Shantikunj is one of the most prominent spiritual centres/ashrams in Haridwar. Open to people of all religions, it organises discourses on world peace, unity and love. Visitors can attend the daily yajna (ritual) that is organised to promote world peace. Various discourses and workshops are also held on the same. Its beautifully landscaped gardens are quite a lure and houses a food complex that sells essentially organic and Ayurvedic food. At just a 15 minute drive from Har ki Paudi, this ashram is a must visit for anyone seeking a different sort of experience in Haridwar.

Source: Happytrips

contd from page 1

Hurricane Ian causes massive...

With no electricity and patchy cellphone coverage, many calls for help weren't getting through, even as emergency crews sawed through toppled trees to reach people in flooded homes.

"If the line is busy, keep trying," the Lee County Sheriff's Office said in a Facebook post early on Thursday.

The National Hurricane Centre said Ian became a tropical storm over land early Thursday and was expected to regain near-hurricane strength after emerging over Atlantic waters near the Kennedy Space Centre later in the day, with South Carolina in its sights for a second US landfall.

A stretch of the Gulf Coast remained inundated by ocean water, pushed ashore by the massive storm.

"Severe and life-threatening storm surge inundation of 8 to 10 feet above ground level along with destructive waves is ongoing along the southwest Florida coastline from Englewood to Bonita Beach, including Charlotte Harbor," the Miami-based hurricane center said.

A chunk of the Sanibel Causeway fell into the sea, cutting off access to the barrier island where 6,300 people normally live.

How many heeded mandatory evacuation orders was impossible to know in the storm's immediate aftermath.

In Port Charlotte, the storm surge flooded a hospital's emergency room even as fierce winds ripped away part of the roof from its intensive care unit, according to a doctor who works there.

Water gushed down onto the ICU, forcing them to evacuate their sickest patients-some on ventilators - to other floors, said Dr. Birgit Bodine of HCA Florida Fawcett Hospital.

Staff members used towels and plastic bins to try to mop up the sodden mess.

The medium-sized hospital spans four floors, but patients crowded into two because of the damage, and more were expected with people injured from the storm needing help.

"As long as our patients do OK and nobody ends up dying or having a bad outcome, that's what matters," Bodine said.

Law enforcement officials in nearby Fort Myers received calls from people trapped in flooded homes or from worried relatives.

Pleas were also posted on social media sites, some with video showing debris-covered water sloshing toward the eaves of their homes.

Brittany Hailer, a journalist in Pittsburgh, contacted rescuers about her mother in North Fort Myers, whose home was swamped by 5 feet of water.

"We don't know when the water's going to go down. We don't know how they're going to leave, their cars are totaled," Hailer said. "Her only way out is on a boat." Hurricane Ian turned streets into rivers and blew down trees as it slammed into southwest Florida on Wednesday with 150 mph winds, pushing a wall of storm surge.

Ian's strength at landfall was Category 4, tying it for the fifth-strongest hurricane, when measured by wind speed, ever to strike the US.

Ian's center came ashore more than 100 miles south of Tampa and St. Petersburg, sparing the densely populated Tampa Bay area from its first direct hit by a major hurricane since 1921.

Ian dropped to a tropical storm early on Thursday over land but was expected to intensify again once its center moves over the Atlantic Ocean and menace the South Carolina coast Friday at near-hurricane strength before moving inland.

At 5 am on Thursday, the storm was about 40 miles southeast of Orlando and 35 miles southwest of Cape Canaveral, carrying maximum sustained winds of 65 mph and moving toward the cape at 8 mph, the center said.

Hurricane warnings were lowered to tropical storm warnings across the Florida peninsula, with widespread, catastrophic flooding remaining likely, the

hurricane center said.

Storm surges as high as 6 feet were still forecast for both coasts.

"It doesn't matter what the intensity of the storm is. We're still expecting quite a bit of rainfall," Robbie Berg, senior hurricane specialist with the National Hurricane Centre, said in an interview with The Associated Press.

Up to a foot of rain forecast for parts of Northeast Florida, coastal Georgia, and the Lowcountry of South Carolina.

As much as 6 inches could fall in southern Virginia as the storm moves inland over the Carolinas, and the center said landslides were possible in the southern Appalachian Mountains.

No deaths were reported in the United States from Ian by late Wednesday. But a boat carrying Cuban migrants sank on Wednesday in stormy weather east of Key West.

The US Coast Guard initiated a search and rescue mission for 23 people and managed to find three survivors about two miles south of the Florida Keys, officials said.

Four other Cubans swam to Stock Island, just east of Key West, the US Border Patrol said. Air crews continued to search for possibly 20 remaining migrants.

The storm previously tore into Cuba, killing two people and bringing down the country's electrical grid.

The hurricane's eye made landfall near Cayo Costa, a barrier island just west of heavily populated Fort Myers. As it approached, water drained from Tampa Bay.

More than 2.5 million Florida homes and businesses were left without electricity, according to the PowerOutage.us site. Most of the homes and businesses in 12 counties were without power.

Sheriff Bull Prummell of Charlotte County, just north of Fort Myers, announced a curfew between 9 pm and 6 am "for life-saving purposes", saying violators may face second-degree misdemeanor charges.

"I am enacting this curfew as a means of protecting the people and property of Charlotte County," Prummell said.

Life-threatening storm surges and hurricane conditions were possible on Thursday and Friday along the coasts of northeast Florida, Georgia, and South Carolina, where Ian was expected to move inland, dumping more rain well in from the coast, the hurricane center said.

The governors of South Carolina, North Carolina, Georgia and Virginia all preemptively declared states of emergency.

Need for UN Security Council reform...

India, currently a non-permanent member of the 15-nation UN Security Council, will complete its two-year tenure in December this year. In the month of December, India will preside over the Security Council.

"We have, we have never thought that it was an easy process. But we do believe that the need for reform cannot be denied forever," Jaishankar told a group of Indian journalists here on Wednesday, September 28 while responding to a question on the seriousness on the part of the US on reforming the Security Council.

"My understanding is that the position that President (Joe) Biden put forward, is the most explicit and specific articulation of the US support for reform of the UN, including the Security Council," he said on the last day of his visit to the US.

"So, I don't think it's a reiteration of something, I don't think in that sense, it's kind of business as usual. Now, how this advances, where it goes, I think, depends on all of us: the members of the UN, and where we take it," he said.

"It is not the responsibility of a single country, however powerful. I think it's a collective effort that the members of the UN have to make. We have been pressing the reform effort, including through the Intergovernmental Negotiations (IGN). And you also know where the reluctance comes from and let's stay focused on it," Jaishankar said.

Jaishankar said on Saturday that negotiations for the much-needed UN Security Council reforms should not be blocked by procedural tactics and naysayers cannot hold the process "hostage in perpetuity." "India is prepared to take up greater responsibilities. But it seeks at the same time to ensure that the injustice faced by the Global South is decisively addressed," Jaishankar said in his address to the General Debate of the 77th session of the UN General Assembly.

"In our term, we have acted as a bridge on some serious but divisive issues confronting the Council. We have also focused on concerns such as maritime security, peacekeeping and counterterrorism," he said.

He also said that India believes that multipolarity, rebalancing, fair globalization and reformed multilateralism cannot be kept in abeyance.

The call for reformed multilateralism - with reforms of the Security Council at its core - enjoys considerable support among UN members, he said in his UNGA address.

Jaishankar and UN Secretary-General Antonio Guterres discussed reform of the Security Council as well as the situation in Ukraine and Myanmar during their meeting in New York.

Jaishankar met Guterres at the United Nations headquarters on Saturday after he addressed the high-level UN General Assembly.

"An extensive discussion on pressing global challenges with UN Secretary General @antonioguterres. Agenda included the Ukraine conflict, UN reform, G20, climate action, food security and data for development," Jaishankar tweeted. (Source: PTI)

All women entitled to safe, legal...

the basis of their marital status is "constitutionally unsustainable".

The top court also said that the meaning of offence of rape must include marital rape for the purpose of the MTP Act.

A bench of Justices DY Chandrachud, JB Pardiwala and AS Bopanna said the rights of reproductive autonomy give similar rights to unmarried women as that to married women.

The bench, in its verdict, said the distinction between married and unmarried women under the abortion laws is "artificial and constitutionally unsustainable" and perpetuates the stereotype that only married women are sexually active.

Under the MTP Act provisions, the upper limit for the termination of pregnancy is 24 weeks for married women, special categories including survivors of rape and other vulnerable women such as the differently-abled and minors.

However, the time period is 20 weeks for widows and unmarried women, who are or were in consensual relationships, for allowing abortion under the statute.

The bench delivered the verdict on the interpretation of the MTP Act and whether unmarried women or single women can be allowed like their married counterparts the benefit of abortion up to 24 weeks.

The bench, on August 23, had reserved its verdict on interpretation of the MTP Act provisions which makes a distinction between married and unmarried women on the issue of abortion.

Observing there is a need to "fine-tune" the provisions in the MTP rules, the top court had also said it would like to add a category of women, who suffer desertion irrespective of marital status, to the seven categories of women eligible to seek abortion till 24 weeks of pregnancy. The Centre, represented by Additional Solicitor General Aishwarya Bhati, had told the top court that discrimination, if any, is not in the Act passed by Parliament and if the court is willing to intervene, then it should do so in the MTP Rules, 2003. Bhati, appearing for the Centre and assisting the court on the issue, had said there is no discrimination under the MTP (Amendment) Act of 2021 and that categorization has been provided in the relevant rules under the Act.

(Read full story at www.theindianpanorama.news)



PM MODI DECLARES 36TH NATIONAL GAMES OPEN AT DAZZLING CEREMONY

The 36th National Games was inaugurated by Prime Minister Narendra Modi at a glittering opening ceremony evening in the presence of over 100,000 ecstatic spectators.

In keeping with the Olympic convention, but with a modern twist, Gujarat's swimming star Maana Patel brought in the symbolic Torch of Unity into the arena and handed it over to the Prime Minister.

Watched and applauded by several current and past sports icons, including Olympic champion Neeraj Chopra, Olympic medalists PV Sindhu, Ravi Dahiya, Mirabai Chanu, Gagan Narang, former national hockey captain and new HI chief Dilip Tirkey along with World Championship medalist Anju Bobby George, the Prime Minister placed the Torch on the podium for it to be lit by augmented reality.

Jasprit Bumrah Ruled Out Of T20 World Cup Due To Stress Fracture: Report

NEW DELHI (TIP)

In what could be a huge blow to India's hopes of performing well at the upcoming ICC T20 World Cup in Australia, premier paceman Jasprit Bumrah is set to be ruled out of the tournament with a back stress fracture, news agency PTI reported citing BCCI sources.

While an official confirmation from the Board of Control from Cricket in India is awaited, the signs have not been great as Bumrah pulled out of India's series opener against South Africa in Thiruvananthapuram on Wednesday, September 28.

BCCI had informed of Bumrah's injury just minutes before the toss took place at the Greenfield Stadium. "Jasprit Bumrah complained of back pain in during India's practice session on Tuesday. The BCCI Medical Team assessed him. He is ruled out of the first T20I," BCCI had tweeted.

Bumrah, who had also missed the Asia Cup due to his back problem, and was training at the National Cricket Academy, played the last two T20Is against Australia.

"Bumrah is not going to play the World T20 for sure. He has a serious back condition. It's a stress fracture and he could be out for a period of six months," a senior BCCI official told PTI on conditions of anonymity.

India have the likes of Mohammed Shami and Deepak Chahar in the standby list for the T20 World Cup and one of them could be drafted into the main squad now.

Chahar had a good showing the match against South Africa and could get the nod ahead of Shami due to his superior batting skills down the order as well.

India's death bowling has been an issue and captain Rohit



Sharma himself has pointed it out. Veteran paceman Bhuvneshwar Kumar has been under the pump due to his poor performances and the pressure to deliver will be on the shoulders of the young Arshdeep Singh and Harshal Patel in Bumrah's absence.

Mohammed Siraj replaces Bumrah in T20I squad for SA T20Is

The All-India Senior Selection Committee has decided to rope in pacer Mohammed Siraj for India's home assignment against South Africa after Bumrah sustained a back injury in the build-up to the first T20I between the two teams. Bumrah, who missed the entire Asia Cup 2022 due to a back injury, is currently under the supervision of the BCCI medical team.

2023 FIH Odisha Hockey Men's World Cup

India to start its World Cup campaign against Spain at Rourkela on January 13



By
Prabhjot Singh

The hosts India will take on Spain in its opening game of the 2023 FIH Odisha Hockey Men's World Cup at Rourkela on January 13. The schedule of the matches to be played at Bhubaneswar and Rourkela was released by the International Hockey Federation (FIH) on Tuesday, September 27.

The 2016 Olympic Gold medallists Argentina and Africa's highest-ranked nation South Africa will play the opening match of the mega event at iconic Kalinga Stadium on January 13. The last edition of the FIH Odisha Hockey Men's World Cup in 2018 was also held at Kalinga Stadium in Bhubaneswar.

India will play its second match



against England on January 15 at Rourkela. The hosts will play their third and final pool game against Wales at Bhubaneswar on January 19.

In all 44 matches will be played during the Odisha World Cup.

All teams will play at both Bhubaneswar and Rourkela.

The final will be played on January 29 at Bhubaneswar.

The second match of the first day in

Bhubaneswar will see world's number one Australia taking on France, in a repeat of the 2018 World Cup quarter-final.

Later on the same day, a "derby" between England and Wales will set the event rolling at Rourkela. It will be followed by the hosts India playing in front of its home fans against Spain.

All teams will play in both venues. January 18 and January 21 will be the

rest days.

On January 19, all four games – Malaysia vs New Zealand, the Netherlands vs Chile, Spain vs England and India vs Wales will be played at Bhubaneswar.

On January 20, Rourkela will be the venue for all the four final pool games – Australia vs South Africa, France vs Argentina, Belgium vs Japan and Korea vs Germany.

The draw held on 8 September in Bhubaneswar determined the four Pools as follows:

Pool A: Australia, Argentina, France, South Africa

Pool B: Belgium, Germany, Korea, Japan

Pool C: Netherlands, New Zealand, Malaysia, Chile

Pool D: India, England, Spain, Wales

Chile and Wales have qualified for the Men's World Cup for the very first time.

Belgium are the current World Champions, having defeated the Netherlands in the Final of the 2018 edition.



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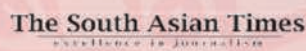
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