



CONTROL OF CONGRESS HANGS IN BALANCE WITH KEY CONTESTS STILL UNRESOLVED



Control of Congress will be decided once the unresolved contests are resolved.

NOVEMBER 11, 2022

WASHINGTON, D.C. (TIP): Who will control the Congress and capture the Senate is a question to which answer lies with Arizona and Nevada.

All eyes in the political world were trained on Friday, November 11, on Arizona and Nevada, where hundreds of thousands of uncounted votes held the key to control of the U. S. Senate three days after Americans cast their final ballots in midterm elections.

Either Democrats or Republicans can capture a Senate majority by sweeping the contests in both states. A split, however, would transform a December 6 runoff Senate election in

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Joe Biden to meet Xi Jinping on November 14

TAIWAN AND RUSSIA TO BE FOCUS OF TALKS

NOVEMBER 10, 2022

WASHINGTON, D.C. (TIP): United States President Joe Biden will meet on November 14 with China's President Xi Jinping on the sidelines of next week's Group of 20 Summit in Bali, Indonesia

President Joe Biden will meet Monday, November 14 with President Xi Jinping on the sidelines of next week's Group of 20 Summit in Bali, Indonesia, a face-to-face meeting that comes amid increasingly strained U.S.-China relations, the White House announced Thursday, November 10.

It will be the first in-person meeting between the leaders of the world's two biggest economies since Mr. Biden became president in January 2021 and comes weeks after Mr. Xi was awarded a norm-breaking third, five-year term as the Chinese Communist Party leader during the party's national congress.

White House Press Secretary Karine Jean-Pierre said in a statement the leaders will meet to "discuss efforts to maintain and deepen lines of communication between" the two countries and to "responsibly manage competition and



U.S. President Joe Biden and China's President Xi Jinping

File photo

work together where our interests align, especially on transnational challenges that affect the international community."

The White House has been working with Chinese officials over the last several weeks to arrange the meeting. Mr. Biden on Wednesday told reporters that he

intended to discuss with Mr. Xi growing tensions between Washington and Beijing over the self-ruled island of Taiwan, trade policies, Beijing's relationship with Russia and more.

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Economic, financial ties a critical part of U.S.-India partnership, says Yellen



U.S. Secretary of Treasury Janet L. Yellen addresses a gathering during a visit to the Microsoft India Development Center, in Noida, on November 11, 2022. Photo / PTI

NOVEMBER 11, 2022

NOIDA, INDIA (TIP): The United States is committed to strengthening our bilateral economic relationship with

India and to deepening our level of cooperation and collaboration, U.S. Treasury Secretary Janet Yellen said in her opening remarks at the Ninth U.S.-India Economic and Financial Partnership Meeting on November 11, 2022.

"As the world's two largest democracies, these annual gatherings are an opportunity to deepen the economic bonds between our two countries," she said, adding that the collaboration in this forum can not only promote both economies' growth and stability, but can also be instrumental to supporting economic prosperity across the Indo-Pacific region.

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Five Indian-Americans make it to US House of Representatives



The four incumbents who were up for re-election among the Indian American candidates included Ami Bera, Raja Krishnamoorthi, Ro Khanna, and Pramila Jayapal. The fifth is Shri Thanadar, representing the 13th Congressional District of Michigan.

NOVEMBER 09, 2022

WASHINGTON, D.C. (TIP): As predicted by The Indian Panorama in the publication's editorial by Chief Editor Prof. Indrajit S Saluja, November 4, five Indian-American politicians from the ruling Democratic Party, including Raja Krishnamoorthi, Ro Khanna, Ami

Bera and Pramila Jayapal, are headed to the US House of Representatives on Wednesday, November 9, following the highly polarized midterm elections.

The new US Congress will begin in January next year.

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US visa processing time to fall by mid-2023

NOV 11, 2022

NEW DELHI (TIP): The waiting period for US visas is expected to see a significant fall by summer of 2023 and the number of visa applications is projected to reach around 1.2 million, a senior official of the US embassy said on Thursday. The processing time for nearly all categories of US visas is among the highest in India, with B1 and B2 visa applicants have to wait for 925 days as against just two days for Beijing and 44 days for Tokyo.

A senior official of the US embassy in Delhi said on Thursday, November 10 that the waiting period for US visas is expected to see a significant fall by summer of 2023 - Photo for representation only.

(Read full story at www.theindianpanorama.news)





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Unlaundered truth: On Sanjay Raut's bail and the functioning of central agencies

Central agencies should reflect about the way they are used for political ends

A Special Court dealing with cases under the Prevention of Money Laundering Act (PMLA) in Mumbai has made some extraordinarily scathing observations about the way the Enforcement Directorate (ED) functions. While granting bail to Sanjay Raut, Shiv Sena (Uddhav Thackeray) MP, the court has termed his arrest not only illegal but also one recorded for "no reason" at all. The grant of bail and the observations made by Special Judge M.G. Deshpande have galvanized the ED to file an immediate appeal before the Bombay High Court, but the lengthy order contains enough material to substantiate the charge by Opposition parties that central agencies are being utilized to hound political opponents. The judge has found that the underlying criminal case of cheating concerned another set of people who had committed misdeeds, but they were not arrested. As far as Mr. Raut and his

associate, Pravin Raut, who has also been given bail, were concerned, it was essentially a civil dispute, and there was nothing to show that money involved in their transactions were "proceeds of crime." Their arrest under the PMLA was illegal, the court said, because there was no underlying scheduled offence. The ED has alleged that the proceeds of the fraudulent sale of tenements pertaining to a re-development project at Patra Chawl in Mumbai, amounted to ₹1,039 crore. It had further alleged that Mr. Pravin Raut was a proxy for Sanjay Raut, and that the latter and his wife had utilized ₹95 crore out of the proceeds to buy assets.

The misuse of agencies seems to be an unlaundered truth, going by the court's remarks. There has indeed been a disproportionate targeting of non-BJP political leaders by investigating agencies of the Union government. While lawyers and activists have been arrested under

anti-terrorism laws, mainstream political opponents often see tax raids and money-laundering cases. The latter class of cases is made possible by the PMLA that permits the ED to register a money-laundering case whenever there is an FIR by the police involving a given list of offences. In a sardonic comment, the Special judge has noted that the ED works at great speed while making an arrest, but proceeds with the trial at a snail's pace. ED officers seem to be aware only of Section 19 (power to arrest) and Section 45 (stringent conditions for bail), but not the fact that they should also hold a trial. The judge's remarks also drive home the fact that money-laundering prosecutions have an abysmally low rate of convictions. Instead of rushing to file appeals against adverse orders, central agencies ought to reflect on the manner in which they are being utilized for political ends.

(The Hindu)

Who should all sit together to choose Governors?



BY
PRABHJOT SINGH

The number of States where the Governor-Government relationship is taking a turn for the worse has been on the rise. After Punjab, it has spread to Tamil Nadu, Kerala and Telangana. Issues may be varied but the outcome is the common, the growing rift between the government and the governor.

Such rifts may be nothing new to the concept of liberal democracy the country chose at the time of independence. But the pace at which these rifts or conflicts are growing, the need for studying the procedure of appointment and the role of governor has become more relevant than ever before.

The growing incidence of differences between Governors and non-BJP governments have been hawking media headlines for some time, especially in the last few months.

Many see a pattern in unsettling the elected governments, especially those belonging to non-BJP parties, while others feel that the elected governments may be attempting to unsettle the Governors to conceal flaws.

The institution of Governor is nothing new to India. It has been there since the Mughals ruled the country. The British, too, supported the institution of Governor as the Constitutional head of the State.

Tamil Nadu, Kerala and Telangana are some of the States that are up in arms against their Governors for various reasons. Punjab and Bengal governments

too had problems with their Governors.

These conflicts leave a common man baffled. Interestingly, these conflicts are conspicuous by their absence in the States ruled by the Bharatiya Janata Party. Many subscribe to the school of thought that such conflicts are instigated by some vested forces to needle the non-BJP governments.

Whatever the reason or provocation, such conflicts are detrimental to the health of a vibrating democracy. Such rifts only affect governance and a common man.

To minimize such rifts and make sure that Governors and the governments do not work at cross purposes, efforts have been made to clearly define the roles each party has to play in a democracy.

Justice RS Sarkaria Commission, which was set up by the Central Government in 1983, on a demand by Shiromani Akali Dal, to study Centre-State relations, had among its various recommendations suggested that the Chief Minister of a State should be consulted at the time of appointment of a Governor.

Under Article 155 of the Constitution, the Governor is appointed by the President. The Sarkaria Commission felt that the Chief Minister should be consulted before appointing the Governor for proper functioning of the parliamentary system.

However, the general impression is that the appointment of Governors is directly in the hands of the ruling party at the Centre. There is some substance in oft-made allegations that Raj Bhavans act as extensions of ruling party offices as they take directions from the Centre in general or the Union Home Ministry in particular.

In a democracy like India, the Governor

is supposed to be an independent, non-affiliated person, who is mandated to keep the interests of the State uppermost in his/her mind besides making sure that the Centre-State link functions in a smooth and amiable manner.

Recent cases of rifts between Governors and the Governments, however, have lowered the prestige of the Constitutional head of the State.

Other than Sarkaria Commission, the national Commission to Review the Working of the Constitution, too, has taken cognizance to these unsavory controversies between the Governor and the State Governments. Among various suggestions made by the Commission is also setting up a committee comprising the Prime Minister, the Home Minister, the Speaker of the Lok Sabha, and the Chief Minister of the State concerned to finalize the name of the Governor. There was yet another suggestion that wanted the Vice-President and Leader of the Opposition to be included in the Committee.

The counter argument given against the inclusion of the Chief Minister has been that the Governor should not get a feeling that the Chief Minister was part of his selection for the Constitutional post. Instead, the Governor should be an independent person who should act in a non-partisan way and should not be beholden either to the ruling party or the Chief Minister or anybody else except for the President of the country. Ideally the Governor should be loyal to the Constitution and not to the ruling party at the Centre. Once the Constitution becomes sacrosanct for the Governor, the rifts with the government would automatically diminish.

Shikshayatan Cultural Center celebrates 34th Anniversary and Diwali



NOVEMBER 6, 2022

NEW YORK (TIP): Shikshayatan Cultural Center, a well-known educational and cultural organization celebrated its 34th Anniversary and Diwali on October 29, with great audience, artists, students, and dedicated volunteers under the leadership of Smt. Purnima A. Desai Founder/President/Director.

The performances by local New York and N.J. top artists were truly memorable and soul-stirring. The program started with Garba dance by a few enthusiastic community leaders and participants. Garba was accompanied by live singing and music by vocalists Ghanshyam Josh, Virendra Banker, Kirti Shukla and Neela Gordia.

Shikshayatan's students recited opening prayers - Sanskrit shlokas and Hindi dohas with confidence. Pihu & Parth Gathuria and Sonali Saxena Shikshayatan students also sang two devotional songs. Child artists Angel Shah and Avantika Shah's dance performances were especially attractive and worthy of praise. Pandit Prakaash Latchminarine performed Classical and Light Music in his melodious voice. Internationally renowned vocalist Biplab Mukherjee gave a splendid performance accompanied by renowned harmonium player Anirban Chakraborty and accomplished table player Rabi Shankar Bhattacharya. Popular vocalist and Guitarist Suresh Ketwaroe sang famous film songs. Chorus singing by Flora Parekh and Tejal Desai "Hum honge kaamyab" lifter the spirit of the audience. Tejal Desai sang a solo song "ghoonghat ki



The second half of the show kicked off by Anuron Chakraborty, a young male Kathak dancer's energetic performance. Rhythm spec Artists- a group of eighteen professional artists stole the show with their melodious voices and professional andaaz. A bouquet of roses was presented to the organizer and President Mrs. Purnima Desai by Mr. Rohit Pandya. Purnima ji thanked all the supporters specially the community leaders Surindra Kathuria of Hindu Center, Gopi Udeshi, Devendra Vora, Pankaj Devashreya, Anuradha Khanna, Malini Shah and many important guests for their time. Appreciation and Recognition awards as shawls and trophies were presented to all those deserving participants by Consul (HOC) Smt. Suman Singh from Consulate General's office. All participants and the audience cherished the hot dinner (Prasad).

and se" accompanied by Suresh ji on guitar and Rabi ji on table. Founder/President Mrs. Purnima Desai sang two devotional songs written by her.

(Report by Purnima A. Desai. She can be reached at 646-472-9255

INDIAN AMERICAN CANDIDATE VIBHUTI JHA APOLOGIZES TO MUSLIMS FOR HIS TWEET



Vibhuti Jha's defeat is attributed to his hateful tweets against Muslims, Christians, and Sikhs

NOVEMBER 8, 2022

NEW YORK (TIP): An Indian American Republican candidate, who is contesting for the upcoming general election for the New York State Assembly District 16, has apologized for a tweet targeting the Muslim community, saying his intent was never to hurt anyone.

Vibhuti Jha, 70, who has now deleted the tweet, is running against Democrat Gina Sillitti for the New York State Assembly District 16 elections to be held on Tuesday.

"I deleted a tweet that appeared several months ago forwarded by someone to me! I believe some of the Muslim groups were unhappy about the content & comparison made therein. The joke didn't go down well. I confirm the intent was never to hurt anyone," Jha tweeted last week.

"I want to add I have very good Muslim friends; we share mutual respect and share jokes and laughter in these difficult times. Friendship is all about sharing joy, anger and move life forward. We must face our challenges together," he said.

According to his LinkedIn profile, Jha is the Managing Director of New York-based financial services firm Global Capital Service Group. He is also the co-founder of Relaxapp, a mind and body fitness app.

New York's 16th State Assembly district is one of the 150 districts in the New York State Assembly. It has been represented by Sillitti since 2021. District 16 is in Nassau County within the town of North Hempstead. The district includes the villages of Great Neck, North Hills, East Hills, Flower Hill, Old Westbury, Roslyn Estates, and Lake Success, as well as the hamlets of Roslyn Heights, Port Washington and Herricks.

Indian-origin Jasmeet Bains becomes first Sikh woman to be elected to California Assembly

NOVEMBER 11, 2022

BAKERSFIELD, CA (TIP): Jasmeet Kaur Bains, a family physician from Bakersfield, made history by becoming the first Indian-origin Sikh woman to be elected to the California Assembly.

In a Democrat vs Democrat race for the 35th Assembly District in Kern County, Bains took an early lead over her opponent Leticia Perez.

According to the Kern County Election Results website, Bains led the race on Wednesday with 10,827 votes, or 58.9 per cent -- while Perez trailed significantly with 7,555 votes, or 41.1 per cent.

Bains is a medical director at Bakersfield Recovery Services, a non-profit that treats adults suffering from addiction.

In her campaign pitch, she said she would prioritize healthcare, homelessness, water infrastructure and air quality.

Bains watched election returns with nearly 100 family members, friends and supporters at Tony's Firehouse Grill and Pizza, a restaurant in the northern Kern County city of Delano, where she grew



Jasmeet Kaur Bains, a family physician from Bakersfield, made history by becoming the first Indian-origin Sikh woman to be elected to the California Assembly.

up.

"It's an exciting night... I'm encouraged by the early returns and couldn't be more grateful for the support we've received across Kern County," she wrote in a text message to the media.

"I love being a doctor," Bains said,

explaining why the decision to enter the Assembly contest was not an easy decision.

"If I want to be the physician that I always dreamed of being, I need to make sure that we have the correct legislation in place," she told the media.

The 35th Assembly district stretches from Arvin to Delano and includes much of East Bakersfield.

The daughter of immigrant parents from India, Bains watched her father build a business, starting as an auto mechanic and ultimately owning successful car dealerships. After college, Jasmeet worked with her father before pursuing her career in medicine.

When the pandemic hit, Bains was on the frontlines, establishing field hospital sites to treat Covid patients. She has also spearheaded landmark mental health and addiction treatment programs.

She was awarded the 2019 Hero of Family Medicine by the California Academy of Family Physicians, and the 2021 Beautiful Bakersfield Award from the Greater Bakersfield Chamber of Commerce.

Two Indian startups among finalists for £1 million Earthshot Prize



Two Indian startups are among the 15 finalists in the running to receive a £1 million Earthshot Prize

NOVEMBER 7, 2022

BOSTON (TIP): Two Indian startups are among the 15 finalists in the running to receive a £1 million Earthshot Prize offering 15 groundbreaking solutions to the biggest environmental challenges faced by planet Earth.

The Prize takes inspiration from President John F. Kennedy's 'Moonshot,' which united millions of people around an

organizing goal to put man on the moon and catalyzed the development of new technology in the 1960s.

"The innovators, leaders, and visionaries that make up our 2022 Earthshot Finalists prove there are many reasons to be optimistic about the future of our planet," said Prince William as the finalists were announced Nov 3 in Boston, Kennedy's hometown.

The Earthshot Prize is centered around five 'Earthshots' - "simple, ambitious, and aspirational goals defining the world we wish to build for future generations," according to a media release. These are: to Protect and Restore Nature; to Clean Our Air; to Revive Our Oceans; to Build a Waste-Free World; and to Fix Our Climate.

Kheyti, an Indian startup, has made it to the finals with a pioneering solution for local smallholder farmers to reduce costs, increase yields and protect livelihoods in a country on the frontlines of climate change.

"We are honored to be recognized by The Earthshot Prize this year. The world depends on its small-hold farmers and yet their lives are amongst the hardest on earth," says co-founder & CEO, Kaushik Kappagantulu. "Our Greenhouse-in-a-Box is empowering farmers in India today. The steps we have already taken at Kheyti are now building to change farmers' lives at scale."

Phool, the Indian company that created Fleather, has been chosen for its innovative and regenerative approach to creating leather out of floral waste.

"We began life with a simple idea: to clean up India's holiest river (Ganges). In the process, we've discovered a material growing on our factory floor that could one day replace animal leather for good," says Founder & CEO, Ankit Agarwal. "Sometimes ground-breaking ideas come from unlikely situations, and we want to thank The Earthshot Prize for recognizing ours."

INDIAN-ORIGIN ANDHRA PRADESH BASED STUDENT DIES IN AUSTRALIA CAR CRASH



Sai Rohit Paladugu, a 27-year-old student from Andhra Pradesh, died on the spot after his car crashed into a tree in Australia's Victoria state, media reports said.

NOVEMBER 11, 2022

CANBERRA (TIP): Indian-origin, Sai Rohit Paladugu, a 27-year-old student from Andhra Pradesh, died on the spot after his car crashed into a tree in Australia's Victoria state, media reports said.

Paladugu, who came to Australia in 2017 to pursue higher studies, was a resident of Polakala Yellampally village in Chittoor district, the media reported.

Victoria police believe the car was travelling north on the Goulburn Valley Highway on November 3 when it left the road and struck a tree near the Hume Freeway interchange.

They are still investigating and are yet to determine what time the collision occurred.

Investigators are urging anyone who witnessed the incident or has dashcam footage of the vehicle to contact Crime Stoppers, or submit a confidential report online at www.crimestoppersvic.com.au, the media reported.

Friends said Paladugu was also working to help his mother and to pay off the education loan taken to come to Australia.

His father has passed away, and he was the sole bread-earner.

To support his family, more than \$65,000 have been raised through a fundraiser, which is being carried out by Telugu Association of Australia, as reported.

Aruna Miller is the first Indian American to win Maryland Lieutenant Governor

November 9, 2022

WASHINGTON, D.C. (TIP): Aruna Miller on Tuesday, November 8, scripted history by becoming the first Indian American politician to win the race of Lieutenant Governor in the state of Maryland, adjoining the US capital.

Miller, 58, a former delegate to the Maryland House, was on the Lieutenant Governor ticket along with Wes Moore - the Democratic Governor elect.

The Lieutenant Governor is the state's highest official following the Governor and assumes the role when the Governor is out of state or incapacitated.

The Lieutenant Governor also



Aruna Miller, 58 is the first Indian American politician to win the race of Lieutenant Governor in the state of Maryland

becomes the Governor should the Governor die, resign or be removed from office.

Soon after the polling closed on

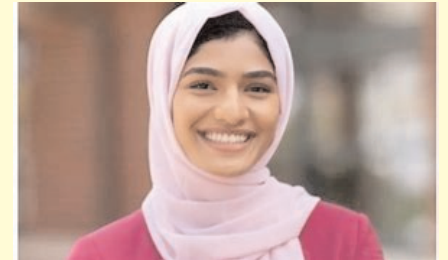
Tuesday evening, Moore and Miller were declared elected against their Republican challengers.

Both President Joe Biden and Vice President Kamala Harris had campaigned in favor of Moore and Miller.

In winning the Lieutenant Governor race in Maryland, Miller overcame a last-minute stiff opposition from her distracters who accused her of courting Hindu nationalists, a charge she denied.

In fact, her popularity among Indian Americans in Maryland is bipartisan. Some of the top Trump and Republican supporters came out in support of her and raised funds. Prominent among them include Jasdip Singh Jassee.

INDIAN AMERICAN NABEELA SYED MAKES HISTORY AS YOUNGEST MEMBER OF ILLINOIS HOUSE



Nabeela Syed, a 23-year-old Indian-American Muslim woman has become the first South Asian in the Illinois state legislature.

ILLINOIS (TIP): Nabeela Syed, a 23-year-old Indian-American Muslim woman, has made history by becoming the youngest person to win a House seat in Illinois. Syed, a Democrat, also becomes the first South Asian in the state legislature.

In winning the 51st House district in the Nov 8 midterm elections, Syed also flipped Republican-held suburban district defeating incumbent Chris Bos. An elated Syed took to Twitter to share her happiness over her election.

"My name is Nabeela Syed. I'm a 23-year-old Muslim, Indian-American woman. We just flipped a Republican-held suburban district," she tweeted noting, "I will be the youngest member of the Illinois General Assembly."

Syed contended that she won the election because she engaged in a conversation with people - to give them a reason to get involved in our democracy and hope for better leadership that represents their values.

"When I announced for State Representative, I made it a mission to genuinely engage in conversation with people - to give them a reason to get involved in our democracy and hope for better leadership that represents their values," she wrote on Instagram. "We won this race because we engaged in that conversation."

"We talked to seniors about the rising cost of prescription drugs. We talked to working families about the growing burden of property taxes. We talked to women, pledging that I would protect their right to reproductive healthcare. We spoke with parents about their desire to strengthen commonsense gun safety laws," Syed wrote.

"We won this race because the people of the 51st District want a representative who is ready to fight for them and their families. I knocked on every door in this district. Tomorrow, I start knocking them again to thank them for placing their trust in me. I'm ready to get to work," she added.

Born and raised in Illinois, Syed graduated from the University of California with a degree in Political Science and Business and served as the president of a pro-bono consulting organization that helped local businesses.

(Read full story at www.theindianpanorama.news)

INDIAN AMERICAN PROFESSOR PAVITHRA PRABHAKAR RECEIVES AMAZON RESEARCH AWARD TO STUDY EVOLVING MACHINE LEARNING SYSTEMS



Pavithra Prabhakar, who is the Peggy and Gary Edwards chair in engineering, was one of 74 recipients of the awards from Amazon

NOVEMBER 8, 2022

KANSAS (TIP): An Indian American professor of computer science at a US university has received an Amazon Research Award to design a tool that minimizes negative user experiences.

Pavithra Prabhakar, who is the Peggy and Gary Edwards chair in engineering, was one of 74 recipients of the awards from Amazon, which also includes an unrestricted gift, access to more than 300 Amazon public datasets, and Amazon Web Services' artificial intelligence and machine learning services and tools, the Kansas State University said in a statement.

Prabhakar currently serves as a program director at the National Science Foundation while on sabbatical from K-State. The tool itself would be utilized to minimize disruptive changes to the user experience of machine learning-based software systems as the product is refined and retrained over time.

She explained the issue with an example of a search engine tool being retrained to provide superior automated results but, in the process, losing some of the results the end user expects to see.

"The broad objective of the project is to automatically characterize how much two versions of machine learning-based systems are similar or different," Prabhakar said.

Indian American Sonal Shah named The Texas Tribune's next CEO

NOVEMBER 7, 2022

HOUSTON, TX (TIP): The Texas Tribune, a nonprofit, nonpartisan media organization, has announced the selection of Indian American Sonal Shah to serve as its second chief executive officer. She will take over on Jan 1, 2023.

Shah, who has worked as the director of the White House Office of Social Innovation and Civic Participation in the Obama administration will be taking over from Evan Smith, who has run The Tribune since he co-founded it in 2009.

Shah has extensive experience in social innovation and nonprofits and is currently an interim executive vice president at United Way. She also founded Georgetown University's Beek Center for Social Impact and Innovation,



Sonal Shah has been selected to be the chief executive officer of the non-profit The Texas Tribune

as well as The Asian American Foundation.

At the Tribune, Shah "will drive strategy and oversee fundraising, operations and business development, ensuring the financial health and independence of the Trib," Jim Schachter is the chair of The Texas Tribune's board of directors, stated.

Under her leadership, Sewell Chan, the Tribune's editor in chief, will continue to oversee the Tribune's newsroom and its journalism, which was recently recognized with a National Edward R. Murrow Award.

"With her combination of nonprofit, public sector and private sector experience; her deep understanding of policy and technology; and her passion for building a stronger future for Texas and our country, Sonal Shah is the ideal leader for The Texas Tribune's next chapter," Schachter stated.

"And what a foundation she must build on. Since its launch, the Tribune has raised an impressive \$112 million to fund the newsroom's ambitious reporting, and currently attracts nearly 4 million monthly unique visitors to the destination website, he said. The organization boasts more than 175,000 newsletter subscribers and has 10,000 current members.

Shah, according to her official profile, has launched and led social impact efforts in academia, government, and the private and philanthropic sectors for over 25 years.

She is the Executive Vice President, Worldwide Network Operations, United Way Worldwide, and Founding President, The Asian American Foundation (TAAF), the largest philanthropic effort to serve the Asian American, Native Hawaiian, and Pacific Islander communities.

Prior to TAAF, Shah founded and led Georgetown University's Beek Center for Social Impact and Innovation, providing students a first-hand opportunity to work on social impact projects in the public, private, and social sectors.

She served as Deputy Assistant to President Barack Obama and created the White House Office of Social Innovation and Civic Participation

Shah also worked on international development at the Department of Treasury and led social impact efforts at Google and Goldman Sachs. She serves on the boards of TAAF, Oxfam America, the Century Foundation, and the National Democratic Institute.

In March Shah was named to a new Homeland Security Advisory Council that will help DHS harness technology and innovation to modernize the programs it administers.

Last December, President Joe Biden appointed Shah as a commissioner to the President's Advisory Commission on Asian Americans, Native Hawaiians, and Pacific Islanders:

Shah grew up in Houston, where she graduated from Alief Hastings High School. She has a BA in economics from the University of Chicago and an MA in economics from Duke University.



NOVEMBER 12TH, 2022

LEGACY
SNEAKER BOUTIQUE

GRAND
opening

FEATURING WORLD FAMOUS

DJ BOOF

12-6 PM

FIRST 25 PEOPLE WILL RECEIVE LEGACY APPAREL

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Ayurveda Day Celebrated

NEW YORK (TIP): World Ayurveda Day this year was on Dhanvantri Jayanti, October 23rd. To commemorate this day, leading Ayurvedic organizations collaborated on an engaging virtual program that included distinguished guests from US and overseas followed by a robust panel discussion on Ayurveda for Global Health Care. The event was a joint effort of the American Association of Ayurvedic Professionals (AAAP-USA), Global Council for Ayurveda Research (GCAR-USA), National Credentialing and Certification Board for Ayurvedic Medicine (NCCBAM-USA) and was supported by the Ayurvedya Anusandhan Abhiyan Foundation (AAAF-INDIA). The mission, purpose and goals of these organizations were shared by Dr Vivek Shanbhag, President of AAAP-USA, Dr Pratibha Shah, Founder President of GCAR-USA and Dr. Somesh Kaushik, President of NCCBAM-USA.

The first half of the program featured dignitaries and was moderated by event coordinator, Dr. Renee Mehrra, well known broadcaster, community activist and ambassador of Ayurveda and Yoga. In his message, Dr. Rajesh Kotecha, Secretary, Ministry of AYUSH, Government of India complimented the organizers for their commitment and dedication in celebrating Ayurveda Day. He added that there was an increased global acceptance and awareness of Ayurveda, and we were witnessing a highly receptive environment for Ayurveda's holistic health care approach. He pointed out that as the world gravitates towards holistic wellbeing, all eyes are on India as the leading global healing destination.

Honorable Consul Vipul Dev, Consul for Press, Information and Culture, Consulate General of India in New York underscored the importance of Ayurveda which is not only holistic but also brings a radical departure in our entire thinking as to how we see healthcare and puts the human being in the center of this conversation. For the past few years, the Government of India has put a lot of momentum and energy to research in Ayurveda, and the Global Center for Traditional Medicine in Jamnagar, Gujarat is a big milestone in bringing Ayurveda closer to the modern ways of conducting research.

Congressman Raja Krishnamoorthi who represents Illinois' 8th congressional district spoke about the contribution of ayurvedic medicine especially during the pandemic, and how the combination of body, mind and spirit is essential to curing what ails us. He further said that there is a growing recognition that these traditional forms of medicine have a place in the general health care system and, the WHO's Global Center for Traditional Medicine in India would help to harness the power of science to strengthen the evidence base for traditional medicine. Dr. Tanuja Nesari, Director of the All

AYURVEDA DAY 2022



Ayurveda for Global Healthcare

SUNDAY, OCTOBER 30

8:30AM - 10:30am PST (11:30 AM - 1:30pm EST / 9:00PM - 11:00pm IST)



GLOBAL COUNCIL FOR AYURVEDA RESEARCH



American Association of Ayurvedic Professionals



NCCBAM
National Credentialing & Certification Board for Ayurvedic Medicine

India Institute of Ayurveda (AIIA), and CEO of the National Medicinal Plant Board under the Ministry of AYUSH was happy to note that 26 ministries in India participated in Ayurveda Day celebrations. There were over 10,000 programs with 8 million people and 25 million people officially expressed their support to Ayurveda through the website www.ayurveda.

In his remarks, Dr. Ravi Kolli, President of the American Association of Physicians of Indian Origin (AAPI) commented that Ayurveda has a lot to contribute to the global health care and wellness movement. By integrating the ancient knowledge and wisdom and the scientific basis of its practices and prescriptions, and integrating it with western medicine, we could achieve the goal of improving health outcomes of a vast number of populations who do not have any access to their critical health care needs. He further added that Ayurveda will be the next big contribution from India to humanity just like Yoga and Meditation has been in recent times.

Dr. Geetha Krishnan, Technical Officer for Traditional Medicine with the World Health Organization talked about the inclusion of Ayurvedic herbs in the pharmacopeia published by WHO on herbal medicine.

In his presentation, Dr. Shuvendu Sen, Vice Chair for Research at the Jersey Shore University Medical Center talked about the trajectory of Traditional Medicine from alternative to complementary to integrative and now embraced by modern medicine.

Mr. Bobby Kumar Kalotee, International Chairman for Friends for Good Health expressed his close affinity

to Ayurveda and Homeopathy and shared his experience of growing in a village in India where there was no hospital close by and people lived a holistic long life in tune with nature.

The second part of this inspirational program was a Panel Discussion moderated by Chair of the event, Vaidya Pratibha Shah (MD in Ayurveda, MPH, USA) on Ayurveda for Global Healthcare. This was a collective of Ayurvedic medicine experts from different countries including Prof. Madan Thangavelu, Genome Biologist, Research Director, UK; Vaidya Harish Sharma, Ayurvedacharya, Teacher, Author, Canada; Dr. Trupti Gokani, Integrative MD, Pain Specialist, Author & Yogini, USA; Diane Finlayson, Maryland University of Integrative Health, USA; Dr. Nina Silva, Professor/Researcher at the Faculty of Pharmacy/UFRJ; and Mamta Landerman, Clinical Ayurveda and Panchakarma, USA.

The program concluded with vote of thanks by Dr. Somesh Kaushik, President of NCCBAM.

(Press release issued by Dr. Renee Mehrra. She can be reached at reneemehrra@mail.com)

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THE LOSS OF A COMPANION

LEARNING TO LIVE WITHOUT A PARTNER OF 63 LONG YEARS



BY
JULIO RIBEIRO



My wife differentiated easily between right and wrong and ensured that her husband and two daughters followed the same path. twitter

On October 31, I lost my friend and companion of 63 years, my dear wife Melba. She was a gentle, unassuming woman with no craving for material things. She differentiated easily between right and wrong and ensured that her husband and two daughters followed the same path. She was endowed with good looks but that was something she never flaunted.

Melba provided and guarded the moral compass that public servants belonging to the All India Services need to follow in their dealings with politicians and the public.

Ours was an arranged marriage, as was the custom in those days. The husband of one of my mother's sisters and cousin of Melba's mother met and decided to broach the topic to her parents and my mother. The cultural background being the same, there was not much to decide except arranging a meeting of the boy and girl and obtaining their consent to the union.

I was stationed at Parbhani as SP and she was in Pune, teaching in a Convent school. I took three days' leave and met Melba for the first time at the flat of her mother's cousin. Descending the steps of the building, my mother asked me if I had liked the girl. When I answered in the affirmative, she said she had anticipated my reply. We were unofficially engaged. The official engagement was effected after a

couple of months and marriage five months later, on April 25, 1959. I was a few days shy of 30 and she a month short of 21 when we tied the knot at Gloria Church at my mother's parish in Byculla, Mumbai.

After the wedding, Melba came to Parbhani with me. It was a small district without electricity. Light was provided by a petromax. Socializing was confined to the district's officials - the Collector and District Magistrate, District and Sessions Judge, Civil Surgeon, Executive Engineer and District Forest Officer. Among the local gentry there was just one couple we could relate to - a local Parsi businessman named Feroze Parakh and his Sindhi wife, Janki. They provided company to my new bride. Life in a non-descript district headquarters was different from that in a big city like Pune, as Melba quickly learnt.

The District Magistrate was Manu Dhavale, the son of a former ICS officer from the Bihar cadre. His wife, herself from a 'service' family, took Melba under her wing and introduced her to a life different to the carefree one she was accustomed to. Even before our first daughter was born in February 1960, I was transferred to the adjoining district of Nanded. There was more 'life' in Nanded and that pleased Melba, though she missed Nalini Dhavale, who was like an elder sister to her. The new district headquarters had

electricity. It solved many problems, especially since our daughters were born during our over two years' stay there.

There was a Parsi family whose household head was employed in the town's Osmanshahi Mills. His son, Jamsheed Kanga, was an IAS officer of the 1956 seniority, posted at Parbhani soon after we left that district. His sister, a little older than Melba, stayed with her parents in Nanded. Melba soon developed a friendship with Ava, for that was her name. In the districts it is important to befriend one or two of the same sex to whom you can relate.

Soon, Melba was kept occupied with our two babies. That in itself was enough to ensure that in an interior district she had always something to do. She was a voracious reader. In small districts like Parbhani and Nanded books were not easy to come by. In my next charge, Sholapur, accessing books was easier, and in Pune, where I was sent after Sholapur, Melba was at home, though her parents had shifted back to Goa just a couple of months before we arrived in the city.

The outpouring of grief at the news of her death was very real. Whoever had occasion to meet her, was impressed by her humility and sincerity. She had taught at various schools in Pune, Mumbai, Hyderabad and Delhi, where I was

posted during the course of my service. There were numerous pupils and teachers who remembered her with love.

Since I was married to Melba for 63 years, I would be forgiven if I eulogized her qualities of mind and heart. Yet, I will deny myself that privilege. I will only mention what friends said or wrote, mainly wrote as words speak more loudly when put down on paper.

'Melba leaves you with happy memories but with a hole in your heart,' wrote one dear lady. She went on to say that it was not easy to lose one's life companion. Stay with your activities and your pro bono work, she advised. 'Her kindness and ready smile will remain in our memories,' wrote another dear lady. This sentiment was a constant refrain in most letters I received. 'I still turn to say something to Conrad only to realize he is no longer there,' wrote a dear lady from New Zealand.

A retired IAS officer, who is presently chairman of an NGO with which I have been associated for the past two decades, mentioned to me that the Club of Elders, comprising mostly former IAS officers in Mumbai, had all remarked on Melba's commitment to the values that they themselves valued and lived by. I can add my two-penny bit at this stage. She provided and guarded the moral compass that public servants belonging to the All India Services need to follow in their dealings with politicians and the public at large.

When I was growing up in Byculla, there was a girl next door on who I had a crush. She married a professor and settled in the US. Her husband died a few years ago. She wrote, 'Having been through the loss of a lifelong companion myself, I know what you must be going through.' So very true. It will take some time for me to adjust to a life without the woman I loved!

(The author is a retired IPS Officer, and a former governor)

THE INDIAN PANORAMA MOURNS THE SAD DEMISE OF MELBA REBEIRO, OFFERS HEARTFELT CONDOLENCES TO JULIO REBEIRO AND THE ENTIRE FAMILY AND THEIR FRIENDS, AND PRAYS FOR ETERNAL PEACE TO THE DEAR DEPARTED SOUL

INDIA@75

'SASHAKT BHARAT: THE GLORIOUS STORY OF INDIA'S DEVELOPMENT



BY HARSH VARDHAN SHRINGLA

We do not, however, live in a moral vacuum. The international environment has become challenging as the world grapples with the consequences of Covid-19 and a state of global uncertainty.

This year is special for India as we are celebrating Azadi Ka Amrit Mahotsav; commemoration of the 75th Anniversary of India's Independence. Mahotsav is being celebrated as a Jan-Utsav in the spirit of Jan-Bhagidari. The Prime Minister said that India's achievements are giving hope to humanity in its entirety and added that her developmental will provide momentum to the development journey of the whole world.

India is a nation on the move. It is evolving and progressing along multiple axes at a very rapid rate. It is on the cusp of a major transformation. India has regained its position as the fastest growing large economy in the world. This is highly commendable. However, to meet the rising aspirations of our young population, India needs to achieve and sustain a high rate of GDP growth for the next three decades. There will be several milestones in this long and arduous journey.

Today, India is one of the most open economies in the world with a transparent and predictable tax regime. We have implemented the Goods and Services Tax - our biggest tax reform since independence. We are rapidly improving and creating infrastructure for railways, roads, ports and airports. We have created a National Infrastructure Pipeline to provide world-class infrastructure.

We are a country with global interests. We have one of the largest and most able Diasporas. Our economy, and therefore our material well-being, is plugged on to global supply chains. We are a powerhouse in the services sector. We look at the world as a borderless economy with an interlinked marketplace. The Modi Government has launched several historic reforms to improve the ease of doing business in India in the last several years. India has now emerged as one of the top destinations for foreign investments.

We have greatly liberalized our FDI regime and opened up previously restricted sectors such as space, defense and atomic energy to greater private participation. We have implemented groundbreaking reforms in the agriculture sector. The Government has also recently launched Production Linked Incentive schemes for several sectors including mobile & electronics, medical devices and pharma. More such schemes in other sectors will follow in the coming days.

The Digital India programme is creating a knowledge economy through universal provision of digital infrastructure and platforms for cashless economic transactions. The JAM trinity - Jan Dhan - the world's biggest financial inclusion initiative; Adhaar - again world's biggest biometric project; and Mobile connectivity - pioneered by this government - has set the stage for a fintech revolution in India.

The pandemic has focused our attention on improving and augmenting our healthcare systems. In India, the Government had earlier launched Ayushman Bharat - one of the world's largest health insurance initiatives. The Prime Minister also launched the National Digital Health Mission with the aim of providing efficient and affordable healthcare to our people through digital tools. With annual growth of over 22 per cent, the healthcare sector in India has become very promising for investments and joint ventures.

In building our renewable energy capacity and in

keeping with our climate change commitments, the Prime Minister has focused on solar energy. He has spoken about "One Sun, One World, One Grid" to leverage solar energy. India has done exemplary work in the renewable energy sector and has played an instrumental role in the formation of the International Solar Alliance. Similarly, India's success in the wind energy sector has been noted globally. Of course, conventional energy as well as hydropower will continue to play a dominant role in our energy mix for some time to come. The Prime Minister has also emphasized the message of LIFE or lifestyle for environment through sustainable living and consumption patterns powered by a global movement of Triple-P or Pro-Planet People.



Harsh Vardhan Shringla, the former Foreign Secretary of India says "India is a nation on the move. It is evolving and progressing along multiple axes at a very rapid rate. Photo tweeted by MEA

Many of the flagship initiatives of the Government of Prime Minister Narendra Modi have been designed to promote the well-being of society. The Swachh Bharat Mission, increased spending on programs like MGNREGA is enhancing employment generation to rejuvenate the rural economy, Aadhaar, with its present reach of over 110 crore people, is helping in direct transfer of benefits, plugging leakages and improving transparency.

Initiatives like Start-up India and Atal Innovation Mission are fostering innovation and new-age entrepreneurship. The 'Smart Cities' program has the vision of our Prime Minister to renew and develop more than 100 cities across the country through sustainable, state of the art and modern technologies. It is an initiative to drive economic growth and improve the quality of life of people by enabling local development and harnessing technology as a means to create smart outcomes for citizens.

Our young and thriving population can be the pivot of our growth if empowered through skills and education. Under the leadership of our Prime Minister, India has launched a Skills India Campaign with the aim to skill and train over 400 million people in India by the end of

this year. The onus is on us to create an enabling environment for our youth to grow and contribute productively to the future. The Indian government also places great emphasis on the need to transform India into a globally competitive manufacturing hub powered by 'Skill, Scale and Speed.'

To achieve this, the government is setting up world class investment and industrial regions, particularly along Dedicated Freight and Industrial Corridors spanning the country. In addition, to increase India's share in global trade, the government is simplifying procedures and strengthening trade infrastructure to reduce transaction time and costs. PM GatiShakti shall guide 'big public investments' for modern infrastructure to be benefitted by the synergy of Multi-Modal Approach.

We do not, however, live in a moral vacuum. The international environment has become challenging as the world grapples with the consequences of Covid-19 and a state of global uncertainty.

To deal with the economic challenges posed by the pandemic and bring our economy back on track, Prime Minister Narendra Modi has enunciated a forward-looking economic approach under the rubric of Aatmanirbhar Bharat Abhiyaan. The stimulus package of nearly USD 270 billion (Rs 20 Lakh Crores) launched by the Prime Minister under the Abhiyaan aims to both reinvigorate the economy and provide a social safety net to our vulnerable sections. Over the entire period of the pandemic, Government has extended food support to as many as 800 million of our citizens. The vision of Aatmanirbhar Bharat, as the Prime Minister said, will stand on five pillars of: economy; infrastructure; our system driven by technology; demography; and demand. Achieving rapid growth and development will depend substantially on successful integration and assimilation of all of these factors.

India's aspirations are not just material in nature. India has been a constructive actor in developing an international system that is human-centric. We have worked together with partner countries in sharing our developmental experience. We have undertaken humanitarian assistance and disaster-relief operations over a geographical area spanning from the Pacific to the Atlantic. We have assisted a number of our friends and partners during the current pandemic. We have been a net security provider.

Right from the beginning of the pandemic, India has been committed to sharing its experiences, expertise and resources with the global community. Under the Prime Minister's able leadership, India was able to turn the Covid-19 crisis into opportunity. At the extraordinary summit of the G-20 convened by Saudi Arabia to discuss the COVID-19 pandemic, Prime Minister Modi underlined that COVID had demonstrated the limitations of the existing international system. Rather than being a purely economic agenda, he called for a new template of 'human-centric globalization' based on fairness, equality and humanity in the post-COVID world. In line with the Prime Minister's vision of placing humanity at the centre of global prosperity and cooperation, India went out of its way to be a net provider of health security.

CONTD ON PAGE 10

SGPC elections: Is 2022 going to be a repeat of 2002?



BY
PRABHJOT SINGH

The Shiromani Akali Dal chief Sukhbir Singh Badal must have heaved a sigh of relief after his hand-picked Harjinder Singh Dhama won his second term in office as the President of the Shiromani Gurdwara Parbandhak Committee.

His once loyalist and the first woman chief of the Apex Sikh body controlling affairs of historic Sikh Gurdwaras of Punjab, Haryana, Himachal Pradesh, Bibi Jagir Kaur, had given him hard times as his repeated requests failed to convince the Bibi from Bholath to relent.

Bibi Jagir Kaur stood firm in her fight against what she described as "lifafa culture" of which she herself remained a beneficiary. She was least remorseful in her defeat.

Open revolt against the party that had been running the affairs of the SGPC for decades, Bibi Jagir Kaur's bold initiative, was nothing new. There have been several instances that saw powerful Sikh politicians, including longest serving SGPC chief Gurcharan Singh Tohra, standing up against the Shiromani Akali Dal (SAD) leadership for wresting top position in the Sikh temporal body.

The apex Sikh Gurdwaras management committee has a history of witnessing dissensions and factional politics. Now when Shiromani Akali Dal, fighting for its revival, has successfully met the revolt and challenge of Bibi Jagir Kaur, it has to chart out its future line of action.

Will Sukhbir Singh Badal repeat what his father and patron of Shiromani Akali Dal, Parkash Singh Badal, did in 2003 or go aggressively against those raising their heads?

Going by my experience of covering Sikh affairs and Akali politics for more than four decades, Sukhbir Singh Badal finds himself



It will be interesting to watch how Sukhbir Singh Badal tackles the outburst and defiance of Bibi Jagir Kaur.

in the same piquant situation as his father was 20 years ago.

Will he wait or ride the recent and first major political success after several debacles to stem the further revolt in the party aggressively?

There are numerous precedents when those revolting in the Shiromani Akali Dal go about seeking the tacit help of foes, both old and new, to loosen Badal family's stranglehold over the SGPC.

In 2002, no one would have even imagined that Punjab Chief Minister Amarinder Singh and Gurcharan Singh Tohra, who had remained poles apart in the State politics, would actually join hands to oust Badal from the control of the SGPC. It is the SGPC that manages the affairs of the cash-rich and historical gurdwaras in Punjab, Haryana, Himachal Pradesh and Chandigarh.

Now that jurisdiction, too, stands challenged following the Apex Court's grant

of recognition to the Haryana Sikh Gurdwaras Management committee. The SGPC has already decided to challenge the recent verdict before a bigger bench.

The decision may have added to the problems of Sukhbir Badal and his SAD as members elected from Haryana were generally supportive of the Apex Court directions. Besides the rebels led by Bibi Jagir Kaur, the SAD leadership also had to tackle these SGPC members from Haryana in a crucial executive committee election held in November every year.

The sequence of events followed those 20 years ago. In the month before the elections, the then Punjab Chief Minister Captain Amarinder resorted to all possible tricks to keep at bay Badal's supporters in the 176-member SGPC. All of them, elected to the committee during Badal's tenure, were still solidly behind him. When Amarinder found he could not convince them to shift loyal ties, he reportedly resorted to force.

To help Gurcharan Singh Tohra, the chief minister allegedly the state police to scare the Badal loyalists into joining the Tohra camp. There was tension in and around Amritsar. The Golden Temple complex was under a virtual police siege.

There were fears of violence before and during the meeting. At that time Badal nominee Professor Kirpal Singh Badungar, was re-elected SGPC chief, defeating Tohra's nominee, Sant Bir Singh by 23 votes.

After the elections, Parkash Singh Badal ascribed the peaceful voting to the intervention of Congress President Sonia Gandhi. "She realized that Amarinder's actions were offending the Sikhs and she did not want to lose their votes in the Lok Sabha elections," he was quoted saying in media afterwards.

Subsequently, Parkash Singh Badal was very careful in his statements about Gurcharan Singh Tohra. He avoided heaping any direct criticism of the former SGPC chief.

Less than seven months later, the then SGPC chief, Professor Kirpal Singh Badungar, quit his post to make room for Gurcharan Singh Tohra to head the SGPC again.

In 1986, too, GS Tohra got back to head the SGPC with the tacit support of Parkash Singh Badal and his men. At that time, the then Shiromani Akali Dal President and Punjab Chief Minister Surjit Singh Barnala was supportive of Kabul Singh for the key SGPC position. Senior Badal was at the back of Gurcharan Singh Tohra who won 75-58 against Kabul Singh.

Now it is for Sukhbir Singh Badal to decide how to tackle the outburst and defiance of Bibi Jagir Kaur.

(The author is a former editor of Tribune, India)

'SASHAKT BHARAT: THE GLORIOUS STORY OF INDIA'S DEVELOPMENT

CONTD FROM PAGE 9

India lived up to its reputation as the pharmacy of the world by supplying medicines and COVID vaccines to countries all over the world. In doing so, the country delivered on the Prime Minister's commitment at the UN General Assembly to make Indian manufactured vaccines affordable and accessible to all of humanity.

We have been guided by Prime Minister's vision of 'One Earth, One Health.' We have conducted online training sessions for our neighboring countries to develop capacity in clinical trials and clinical practices.

Over two-thirds of India's Lines of Credit in the past decade have been offered to African countries. India offers support to infrastructure development and institution building to countries in South and Southeast Asia and Africa and other developing regions, spending over US\$ 1 billion annually on development partnership activities. Through its technical assistance programs, India extended training opportunities to nearly 10,000 persons annually from 161 countries in diverse disciplines conducted by 47

institutions.

Additionally, India also offers 2300 scholarships to students from other developing countries. Some of the support that India extends to fellow developing countries includes sharing of its capabilities and capacity-building support in high technology areas such as remote-sensing and space applications for disaster-risk reduction.

The Prime Minister underscored the need for reorienting globalization to focus more on human welfare in the post-COVID world. He also highlighted how global initiatives such as the International Solar Alliance or the Coalition for Disaster Resilient Infrastructure launched by India in the last few years have been aimed at fostering a more human centric international system.

The Prime Minister has referred to the next 25 years "from India @75 to India @100" leading up to our 100th anniversary as Amrit Kaal. This is a period for collective efforts of the 130 crores people of India to see India realize its fullest potential.

The President of India Smt Droupadi Murmu also

reiterated PM's vision when she spoke of India's strong democratic credentials in her Independence Day message to the citizens of the country. Hailing India's rich democracy, she stated that it not only grew roots in this soil, it was enriched too. India is a vibrant and resilient democracy which will carve her developmental story in the next 25 years as it enters the Amrit Kaal.

As India prepares to preside over the G20, one of the most influential groupings in the world, we are looking to lead by example. India has not only proven its resilience in the face of COVID-19 and other daunting challenges but has emerged stronger and better prepared to meet the future. In this process, India will continue to play a constructive role in developing an international system that is human-centric. We believe not just in "Vasudhaiv Kutumbakam"- our world is one family - but also in the principle of 'Nishkama Karma,' that good needs to be done for its own sake.

(The author is Chief Coordinator of India's G20 Presidency and former Foreign Secretary of India)

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A renewed momentum in India-US bilateral ties: Ambassador Sandhu



India's Ambassador to the US Taranjit Singh Sandhu said that the continuous high-level political engagements between India and the US signals bipartisan support on both sides for further deepening the partnership.

NOVEMBER 11, 2022

WASHINGTON, D.C. (TIP): There is a renewed momentum in the India-US relationship, New Delhi's top envoy to the United States told a think-tank here, observing that the strategic partnership between the two sides has deepened and the overall bilateral partnership broadened.

He said the continuous high-level political engagements between India and the US signals bipartisan support on both sides for further deepening the partnership.

"One of our ministers, the other day, spoke about the sunrise moment in our bilateral relations. Sunrise is beautiful, it is promising and brings with it a lot of positive energy. We are in such a moment, in our bilateral partnership," India's Ambassador to US Taranjit Singh Sandhu said.

"However, if we are complacent, that moment is going to pass. It will not wait for us. We need to seize the moment," he said at the Carnegie Endowment for International Peace think-tank.

In a conversation with Ashley Tellis for a discussion examining these global developments and the future of the relationship between the United States and India, Sandhu said a lot has happened "undoubtedly" between the two countries.

"I have two points to make here. First, our strategic partnership has deepened. Second, our overall bilateral partnership has broadened. There is a renewed momentum in our bilateral ties," he said.

"If I ask my team to tell me, the number of times President Biden and PM Modi have met, in person and virtually, they hold up their hands! Same with EAM and Secretary Blinken

and other ministers too. This is precisely how things are between friends!" Sandhu said.

He said the deepening of the strategic and defense ties on the bilateral front has been significant.

Signing of foundational agreements on defense (LEMOA; COMCASA; ISA; BECA). For the first time, a US Ship was repaired in an Indian shipyard. An Indian Ship visited a US port in August, which was also a historical first, the Ambassador said.

"We are also actively joining hands in some of the plurilateral platforms. Of course, the Quad has taken off in a big way," he said, adding that Quad nations are going beyond the G-to-G format.

For example, the Quad Investors' Network has been announced, Sandhu said.

He said India has become a member of the US-led Indo-Pacific Economic Framework.

"We are also working closely under I2U2," he told the think-tank.

There are also some new domains of the partnership, he said. "So widening of the baskets, so to speak. health; energy; tech; space; Education etc. etc." NASA and ISRO are working on

interesting stuff such as helio-physics (to study the sun), human space flight programme, and on NISAR - the RADAR, which will help us better monitor the implications of climate change, Sandhu said.

"We are working closely on counter ransomware, cyber security, advanced telecommunications, 5G and ORAN. We announced a new Initiative for Critical and Emerging Technologies-iCET- in May this year. We resolved decades-old market access issues of some agricultural products at the TPF last year," he said.

"You are all well aware of the Covid vaccine partnership. Notwithstanding all the debates, about India's energy imports, India-US energy partnership is thriving, and touching new areas, such as green hydrogen," he added.

After the announcement of the National Education Policy, we are looking at new ways of collaboration between Indian and US universities, Sandhu said.

"We just had the launch of the India-US CEO Forum yesterday. (Treasury) Secretary (Janet) Yellen is currently in Delhi for the Economic and Financial Partnership Dialogue," he said.

Biden, Modi have productive, very practical relationship: US NSA



The American national security advisor Jake Sullivan has said ahead of the bilateral Biden and Modi on the sidelines of the G-20 summit in Bali, Indonesia that the two leaders see common interests on a number of critical issues and have really worked together to strengthen the US-India partnership. File photo

NOVEMBER 11, 2022

WASHINGTON, D.C. (TIP): US President Joe Biden and Indian Prime Minister Narendra Modi have a productive and very practical relationship, the American national security advisor has said ahead of the bilateral between the two leaders on the sidelines of the G-20 summit in Bali, Indonesia.

"I would point out Prime Minister Modi has already been to the White House since President Biden took office, and the two of them have had the opportunity to meet in person multiple times and to talk by phone and on video multiple times," US National Security Advisor Jake Sullivan told reporters at the White House on Thursday.

He said the two leaders see common interests on a number of critical issues and have really worked together to strengthen the US-India partnership.

"When you add all that up, it is a productive, very practical relationship," Sullivan added.

"President Biden is looking forward to seeing Prime Minister Modi at the G20 this year, as we look ahead to the next year," he said.

India will hold the presidency of the G20 next year and there is a possibility of a US presidential visit to the country.

"President Biden certainly intends to be a participant in that G20. I don't have anything to announce about visits prior to that, to India, or visits to the White House," Sullivan said. (Source: PTI)

Twitter chaos deepens as key executives quit

NOVEMBER 11, 2022

SAN FRANCISCO (TIP): Twitter chief security officer Lea Kissner along with other key privacy or security executives step down

Elon Musk's ownership of Twitter descended ever deeper into chaos on Thursday, November 10, as key security executives resigned

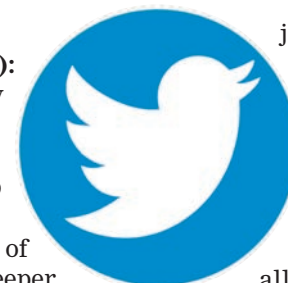
from the platform, drawing a sharp warning from U.S. regulators.

The walkouts came a day after the turbulent launch of new features introduced by Tesla and SpaceX owner Musk following his \$44 billion buyout of the influential messaging app.

Musk on Thursday, November 10, warned employees that the site was burning dangerously through cash, raising the specter of bankruptcy if the situation was not turned around.

"I've made the hard decision to leave Twitter," tweeted chief security officer Lea Kissner, who reportedly stepped down with other key privacy or security executives.

In the most extraordinary exit, U.S. media reported that Yoel Roth, the site's head of trust and safety stepped down



just a day after staunchly defending Musk's content moderation policy to advertisers.

The convulsions followed the unveiling of the site's long-awaited Twitter Blue subscription service, which allows users to pay \$7.99 per month for a coveted blue tick, as well as a separate gray "official" badge for some high-profile accounts.

But the release descended into tumult on Wednesday when Musk scrapped the new gray label almost immediately, overshadowing the launch of the pay service, which is currently only available on the mobile app on iPhones and in the United States.

The launch also saw the emergence of a flurry of fake accounts as users used the opportunity to impersonate celebrities and politicians such as NBA star LeBron James or former British prime minister Tony Blair.

Early media reports also said Robin Wheeler, who held a key role linking Twitter with advertisers and was considered a key Musk ally inside the company, was leaving but late Thursday.

Read full story at www.theindianpanorama.news

Diwali Celebrations in Guatemala and Honduras



Diya lighting at the Indian Embassy in Guatemala. Seen in the picture are Mrs. Mohapatra, Indian Ambassador's wife lighting the diya (second from the left), Hon'ble Minister of Education, Ms Claudia Ruiz, and Vice Minister of Foreign Affairs, Ms Ava Atzum Arevalo



Gathering at the Diwali reception at the Indian Embassy in Guatemala



Diwali fireworks at the Indian Embassy in Guatemala City



Dandiya in celebration of Diwali at the Brahmakumaris in Guatemala City



Diwali fireworks at the Indian Embassy in Guatemala City



Diwali at the Brahmakumaris in Guatemala City



Gathering at the Diwali reception in Honduras



A section of attendees in Honduras

NOVEMBER 5, 2022
GUATEMALA CITY / NEW YORK (TIP):
 Guatemala and Honduras had an eventful and colorful last week as the Embassy of India in Guatemala organized grand-scale, first-of-its-kind Diwali celebrations in Honduras and Guatemala and ended a week with Unity Bicycle Rally as a part of Rashtriya Ekta Diwas on the birth anniversary of Sardar Vallabhbhai Patel.

Diwali celebrations started on 27 October in Honduras, where, in the presence of more than 80 dignitaries, including Representatives of the Honduran Government, Members of the Diplomatic Corps, Indian Community members, ITEC alumni, Yoga lovers & Friends of India, Mission organized the first-ever Diwali Celebrations with the lighting of Diyas, an incredible firecrackers show & delicious Indian food.

Continuing with Diwali Celebrations, Mission participated in Diwali Celebrations organized at Brahmakumaris Guatemala on 29 October. The large-scale participation of the local Guatemalan community, along with Indian community members, was the highlight of the celebrations. Hundreds of traditional diyas and a firecracker show lit the atmosphere. And

celebrations ended with traditional Garba dance & delicious Indian food.

The main Diwali celebrations were held on 30 October at the Embassy's premises in the presence of more than 150 people, including Hon'ble Minister of Education, Ms Claudia Ruiz, Vice Ministers of Foreign Affairs, Ms Ava Atzum Arevalo and Vice Minister of Economy, Mr Fernando Escalante, Diplomatic corps, Indian community members and friends of India. The celebrations started with a Cultural programme by the Indian community with Indian dance and Music. The people were mesmerized by the lighting of diyas and an hour-long firecracker show and had a taste of Indian food.

The eventful week ended on a solid note with the organization of Unity Bicycle Rally on 30 October as a part of Rashtriya Ekta Diwas on the birth anniversary of Sardar Vallabhbhai Patel where Indian community members participated in the rally and paid tribute to Sardar Vallabhbhai Patel for his immense contribution for uniting India.

After Diwali Celebrations in Guatemala and Honduras, Embassy in collaboration with Foreign Ministry of El Salvador is organizing first-ever grand Diwali celebrations in San Salvador on 10 November with the participation of hon'ble Foreign Minister of El Salvador, officials from Salvador government, Indian community, ITEC alumni and friends of India.

In continuation of International Day of Yoga and Azadi Ka Amrit Mahotsav celebrations, on 12 November, Embassy is also organizing a grand Yoga Festival with the participation of more than 3000 Guatemalans in Guatemala City.



Diwali fireworks in Honduras

DAUGHTER TO DONATE KIDNEY TO AILING LALU

Ailing Rashtriya Janata Dal (RJD) patriarch Lalu Yadav's Singapore-based daughter will donate a kidney to her father, a close family member said on Thursday, November 10. Yadav (74) returned last month from Singapore where he had gone for treatment of his kidney problems. The RJD president, who has been suffering from multiple health problems, has been advised a kidney transplant. His daughter Rohini Acharya, based in Singapore, has stepped in to give her father a new lease of life, a family member said. Yadav, currently in Delhi, is out on bail in a case related to fodder scam. He was hospitalised several times in Delhi and Ranchi. It is not clear where the transplant surgery would happen and when. Doctors at AIIMS, New Delhi, where he was treated earlier, said they were not aware of the development.

PM MODI TO VISIT BALI FROM NOV 14-16

Prime Minister Narendra Modi will visit the Indonesian resort of Bali during November 14-16 to attend the G20 summit and to hold bilateral meetings with some of his counterparts on the margins, the external affairs ministry said on Thursday, November 10. US President Joe Biden, UK Prime Minister Rishi Sunak, French President Emmanuel Macron and German Chancellor Olaf Scholz are among the leaders expected to attend the summit. Russia announced on Thursday that President Vladimir Putin would not attend, reflecting the global tensions over the Ukraine conflict. "During the Bali summit, G20 leaders will deliberate extensively on key issues of global concern under the summit theme of 'Recover Together, Recover Stronger'.

Delhi vs Centre: SC refuses to ask Centre to respond to 'political' affidavit of AAP govt

NEW DELHI (TIP)

The Supreme Court on Friday, November 11, refused to ask the Centre to respond to an affidavit filed by Delhi Deputy Chief Minister Manish Sisodia levelling certain 'political' allegations against the Centre with regard to control over bureaucracy in the national capital.

"We will not ask the Centre to file a response to this affidavit. We will deal with the constitutional issues. We will step back from the actual arena of conflict," a Bench led by CJI DY Chandrachud said after Additional Solicitor General Sanjay Jain vehemently objected to filing of an affidavit on the ongoing political slugfest.

"We will freeze the pleadings (filing of documents/affidavits) now and let the Constitution Bench take up the matter now. The opposite side (Centre) need not file a reply to the affidavit," the Bench said.

A five-judge Constitution Bench led by CJI Chandrachud is to take up the dispute on control over 'services' in the national capital on November 24, Jain pointed out.

Other judges on the Bench are Justice MR Shah, Justice Krishna Murari, Justice Hima Kohli and Justice PS Narasimha.

On behalf of the Delhi government, senior advocate Abhishek Manu Singhvi submitted that it was necessary to show how bureaucrats were refusing to obey orders of the elected government and the administration was getting paralysed on the ground.

The Constitution Bench is expected to make an authoritative pronouncement on the scope and ambit of legislative and executive powers of the Centre and the government of the NCT of Delhi with regard to control over the bureaucracy in the national capital.

The Delhi government has challenged the validity of amended Government of NCT of Delhi Act, 2021, and Rule 13 of the Transaction of Business Rules, 1993, which allegedly gave more powers to Lieutenant Governor.

This is the third round of litigation before the top court on



the power tussle between Lt Governor of Delhi -- appointed by the Centre --- and the elected government led by AAP leader Arvind Kejriwal. The tussle between Delhi Lt Governor and the elected government of NCT has remained unresolved despite two earlier verdicts -- one each by a Constitution Bench and a two-judge Bench of the Supreme Court.

In July 2018, the top court had ruled that the Delhi Lt Governor of Delhi did not have independent decision-making powers. A five-judge Constitution Bench had said the L-G was generally bound to act on the aid and advice of the Council of Ministers, except on three subjects reserved for him or where he differs with the decision of the elected NCT government and decides to refer an issue to the President. All decisions of the NCT Council of Ministers have to be communicated to the L-G. However, such communication does not mean L-G's concurrence is required, it said.

On February 14, 2019, the court had delivered a split verdict on the issue of control of administrative services. A Bench of Justice AK Sikri and Justice Ashok Bhushan had different views as to who had powers to appoint and transfer officers of State Public Services under Entry 41, List II of the Constitution. In view of the split verdict, the issue of "services" was referred to a three-judge Bench.

Source: TNS

BJP names 160 for Gujarat poll; Morbi MLA dropped

NEW DELHI (TIP)

The BJP on November 10 nannounced the first list of 160 candidates for the forthcoming elections to the 182-member Gujarat Assembly, dropping, among others, Morbi MLA Brajesh Merja.

Merja is among the 38 sitting MLAs who have been dropped in the first list released by Union minister Bhupender Yadav. The party has repeated 69 sitting legislators.

Yadav said the names of the 38 candidates were dropped after "having arrived at a consensus". From Morbi, the BJP has fielded five-time MLA Kantilal Shivilal Amrutiya, who reportedly jumped into the Machchu river to save people following a bridge collapse that resulted into the death of 135 persons.

Political observers believe the BJP may have turned the tide in the constituency by fielding Amrutiya, who lost to Congress' Brijesh Merja in the 2017 elections.

Merja had switched sides and won on a BJP ticket in the 2020 byelection. Gujarat will go to polls on December 1 and 5. The

result will be out on December 8. The list also includes several Congress turncoats such as Hardik Patel from Viramgam and Bhagwan Barad from Talala.

Barad, who is the Talala MLA, joined the BJP on Wednesday.

Cricketer Ravindra Jadeja's wife Rivaba Jadeja has been fielded from Jamnagar (North). Gujarat Chief Minister Bhupender Patel will contest from Ghatlodia. Opposition Congress has fielded Rajya Sabha member Ameer Yagnik from the CM's constituency.

"Of the 160 nominees, 24 are from the Scheduled Tribe community, 13 are Scheduled Castes and 14 are women," said Yadav, who announced the names in the presence of state BJP chief CR Patil, Union minister Mansukh Mandaviya and general secretary Tarun Chugh.

The names were decided by the Central Election Committee (CEC) headed by party president JP Nadda, though Prime Minister Narendra Modi and Union Home Minister Amit Shah are said to have "discussed and scrutinised" each name. Source: TNS

Money transfers between India-Singapore will soon be possible through UPI

NEW DELHI (TIP)

India and Singapore are all set to link their respective fast payment systems, Unified Payments Interface (UPI) and PayNow, to enable easy fund transfers between the countries at the lowest possible cost, India's High Commissioner in Singapore P Kumaran said.

According to the news agency ANI, through this initiative, money can be transferred from India to Singapore using mobile phone numbers and from Singapore to India using UPI virtual payment addresses under the proposed linkage (VPA).

Both countries' central banks, the Reserve Bank of India (RBI) and the Monetary Authority of Singapore (MAS), will collaborate on the move.

"Singapore wants to connect its PayNow with UPI and that project will finish sometime in the next few months when that happens anybody sitting in

Singapore will be able to send money to their family members in India," Kumaran said.

PayNow is similar to RuPay, India's own card payment network. It has linkages with other Asean countries, so India can be connected to those through Singapore if the UPI-PayNow link is maintained.

"Most Indian tourists who come here do not have a RuPay card and even if they have it they might have the domestic RuPay card so it is a bit complicated. So in future, we see a lot of people leaning to digitalisation not carrying a lot of cash, not dependent on international credit cards which have very high fees," the Indian High Commissioner further said.

UPI-PayNow will benefit workers who come to Singapore for a brief period of time and typically sacrifice about 10% of the amount as bank fees for money transfers.

Source: HT



PM FLAGS OFF SOUTH INDIA'S FIRST VANDE BHARAT EXPRESS IN BENGALURU

Prime Minister Narendra Modi on Friday, November 11, flagged off the inaugural special of south India's first Vande Bharat Express at Krantiveera Sangolli railway station here.

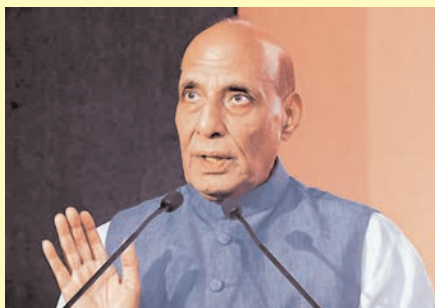
The train connects Mysuru and Chennai via Bengaluru.

The Prime Minister also flagged off the 'Bharat Gaurav Kashi Darshan' train, which is operated by Karnataka's Muzrai Department, under the 'Bharat Gaurav' train policy of the railways.

"It will fulfil the dream of numerous travellers intending to undertake Kashi Yatra," according to the South Western Railway.

The train offers an eight-day tour package at discounted rates for pilgrims.

Official sources said the Karnataka government gives cash assistance of Rs 5,000 to the Kashi Vishwanath Yatra pilgrims. This train covers holy places, including Varanasi, Ayodhya and Prayagraj.



INFO WAR CAN THREATEN STABILITY: RAJNATH

Defence Minister Rajnath Singh said today that the country was facing new dimensions of threats, making it difficult to categorise these into internal and external ones.

He was addressing officers of the armed forces and civil services at the convocation of the 60th course of National Defence College (NDC).

"Terrorism, which is generally considered part of internal security, is now classified in the category of external security because the training, funding and arms support of such organisations is being carried out from outside the country," said the minister. Rajnath called on international community to counter "grave" emerging security threats such as cyberattacks and information warfare. "Information war has the potential to threaten the political stability of a country. An organised use of social media and other online platforms is engineering the opinion of the masses," he said.

Source: TNS

Centre releases over Rs 1.16 lakh-crore tax devolution to states to accelerate capex

NEW DELHI (TIP)

The Union government on Thursday, November 10, released two instalments of tax devolution totalling over Rs 1.16 lakh crore to states to help accelerate their capital expenditure and welfare activities.

"The Union government has released two instalments of tax devolution to state governments amounting to Rs 1,16,665 crore today (Thursday), as against normal monthly devolution of Rs 58,333 crore," the Union finance ministry said in a statement on Thursday. "This is in line with the commitment of Government of India to strengthen the hands of States to accelerate their capital and developmental expenditure."

At the time when advanced economies are slowing down due to adverse geopolitical developments due to the Ukraine war and resorting to raising interest rates to calm unprecedented jump in inflation rates, the Indian economy is growing at a faster pace and government is making all efforts to keep it up, an official aware of the development said.

"The Centre quickly transfers money to states from the tax kitty so that they can accelerate pace of public expenditures – both in capex and developmental works," the official said, requesting anonymity. "There is no delay, in fact, we are releasing money in advance."

Money has been given upfront to the states so that they can frontload their capital expenditure and give infrastructure push that would propel the economic growth, the official added.

Notwithstanding global headwinds, the Indian economy is strong compared to other countries on the back of government's three-pronged strategy – judicious mix of demand and supply side actions; timely, targeted and impact-oriented welfare measures; and an upthrust to public spending while balancing growth-inflation dynamics. Inflation in India is relatively low compared to other countries, including advanced economies (AEs). The Indian economy is also expanding faster compared to AEs.

Public expenditure, particularly capital investments, has been aggressively pursued for its multiplier effect on the economy. While the return on Rs 1 spent for revenue



The Union finance ministry released two instalments of tax devolution totalling over Rs 1.16 lakh crore to states to help accelerate their capital expenditure and welfare activities. (PTI)

expenditure is only 45 paise, the same amount spent on infrastructure gets a return of Rs 2.45 in the first year and Rs 3.14, and Rs 3.25 in subsequent years, the official said. In order to have a multiplier impact of capex, the 2022-23 Union Budget raised capital expenditure by 35.4% to Rs 7.50 lakh crore in the current financial year from Rs 5.54 lakh crore in 2021-22.

Referring to the enhanced capital expenditure in 2022-23, finance minister Nirmala Sitharaman in her budget speech on February 1 had said: "With this investment taken together with the provision made for creation of capital assets through Grants-in-Aid to States, the 'Effective Capital Expenditure' of the Central Government is estimated at Rs 10.68 lakh crore in 2022-23, which will be about 4.1% of GDP (gross domestic product)." Source: HT

Ram Setu national heritage tag: SC gives Centre time to respond to PIL

NEW DELHI (TIP)

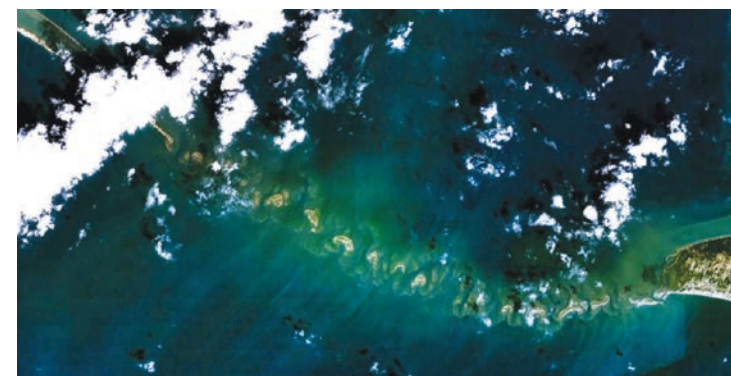
The Supreme Court on Thursday, November 10 allowed the Centre more time to submit its written response to a plea to declare the Ram Setu a national heritage monument even as it questioned the delay. "Why are you dragging your feet?" Chief Justice of India D Y Chandrachud asked the Centre's counsel as he sought time, saying the affidavit is ready but was awaiting the sanction from the relevant ministry.

Rajya Sabha MP Subramanian Swamy, who filed the petition, pointed out to the bench, also comprising Justices Hima Kohli and J B Pardiwala, that the government was yet to file the affidavit despite many directions in the past.

He said the matter has been going on since long but the government is not taking a stand. "They only have to say yes or no," he added.

Swamy had filed a PIL against the Centre's Sethusamudram Canal project, initiated when the UPA-1 was in power at the Centre. The project envisaged creation of a 83-km-long deep water channel, linking Mannar with Palk Strait, by dredging and removing the limestone shoals that formed part of the Ram Setu. The SC had stayed the work for the project in 2007.

In March 2018, the Union Shipping Ministry in an affidavit told the court that the government "does not want to



Landsat 7 Imagery of Adam's Bridge (Rama Setu). (Source: Wikimedia Commons)

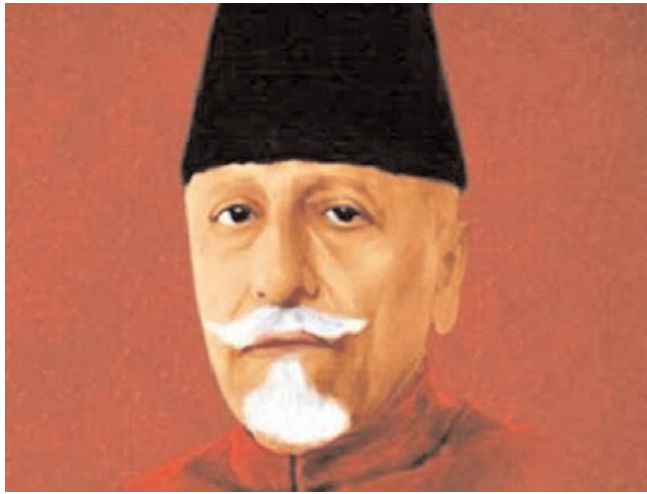
implement" the proposed "alignment...considering" its "socio-economic disadvantages".

The affidavit added that "the Government of India intends to explore an alternative to the earlier alignment of Sethusamudram Ship Channel project without affecting or damaging the Adam's bridge/Ram Sethu in the interest of the nation."

India in history this Week

NOVEMBER 11, 2022, TO NOVEMBER 17, 2022

11 NOVEMBER



1888 Freedom fighter Maulana Abul Kalam Azad was born in Saudi Arabia.

1973 The first international postage exhibition started in New Delhi.

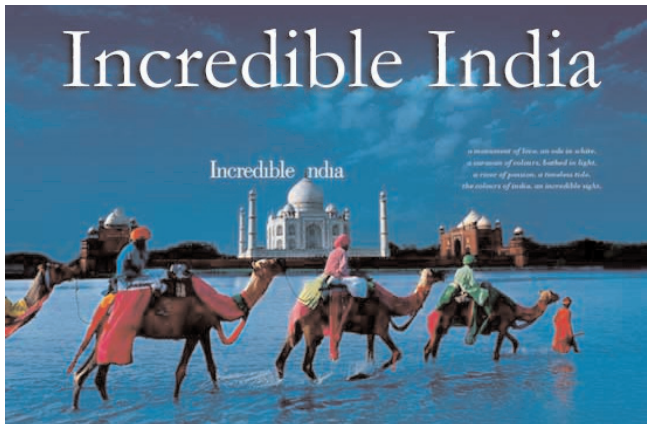
1889 Freedom fighter Jammalal Bajaj was born in 1889.

1943 Indian nuclear scientist Anil Kakodkar was born in 1943.

12 NOVEMBER

1946 Pandit Madan Mohan Malviya, founder of Banaras Hindu University and honored with Bharat Ratna, died in Uttar Pradesh.

1927 Mahatma Gandhi made his first and last visit to Ceylon.



2009 To promote tourism in India, the 'Incredible India' campaign of the Central Government was awarded the World Travel Award.

13 NOVEMBER



1780 Sikh ruler Maharaja Ranjit Singh was born in Gujranwala, Pakistan.

2009 In Jharkhand, Naxalites have killed seven

people including outgoing MLA Ramchandra Singh.



1892 Storyteller, prose writer Rai Krishnadas was born.

14 NOVEMBER

1681 East India Company announced to become a separate princely state of Bengal.



1889 India's first Prime Minister Jawaharlal Nehru was born. Children's Day is celebrated on the occasion of his birthday.

2006 The Foreign Secretaries of India and Pakistan agreed to create an anti-terrorism mechanism in New Delhi.

1955 Employees' State Insurance Corporation (ESIC) was inaugurated.

1958 Children's Day was officially announced on the occasion of the birthday of the first Prime Minister Jawaharlal Nehru.

2009 15 coaches of the Mandore Superfast Express derailed near the Banskho gate in Jaipur, killing 6 passengers.

15 NOVEMBER

1949 Mahatma Gandhi's assassins Nathuram Godse and Narayan Apte were hanged on this day.

1982 Acharya Vinayak Narhari Bhawe alias Vinoba Bhawe died on this day.



1986 The country's female tennis player Sania Mirza

was born.

1777 Confederation article adopted by Continental Congress.

1830 Social reformer Raja Ram Mohan Roy left for England.



1989 Former veteran Indian player Sachin Tendulkar made his Test debut against Pakistan. He played the last Test on 14 November 2013 against the West Indies.

2000 Jharkhand became the 28th state of India.

1875 India-born freedom fighter Birsa Munda, a tribal leader, was born.

16 NOVEMBER

1846 Akbar Iahbadi, the famous poet of Urdu, was born.

1973 Badminton player Pullela Gopichand was born.

1996 Mother Teresa received honorary US citizenship

1995 Vasudev Pandey Trinidad and Tobago of Indian origin became the Prime Minister.

1931 Indian cricket umpire R. Ramchandra Rao was born.

2007 The severe cyclonic storm 'Cedar' from the Bay of Bengal caused severe devastation in the country of Bangladesh.

1930 Mihir Sen, the famous long distance swimmer of India, was born.

17 NOVEMBER

1931 Freedom fighter and Punjabi writer Lala Lajpat Rai was martyred.



2012 The founder of Shiv Sena, Bal Thackeray, who made his strong identity in the field of politics, died.

1525 For the purpose of conquering India, Babur entered here for the fifth time through Sindh.

1966 Rita Faria of India won the title of Miss World. She was the first Asian woman to become Miss World.

2009 T. S. Thakur was appointed as a judge of the Supreme Court.

2006 The US Senate approved the Indo-US nuclear treaty.



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RSVP: culture.newyork@mea.gov.in

IAAC CONTINUES INDIA@75 CELEBRATIONS WITH LITFEST

By Mabel Pais

FEATURING CONVERSATIONS WITH



Nobel Prize Winner & Author, Kailash Satyarthi. Photo / iaac.us

NOBEL PEACE PRIZE WINNER KAILASH SATYARTHI,
INTERNATIONAL BOOKER PRIZE WINNER DAISY ROCKWELL & PADMA SHRI AWARDEE SUNITA KOHLI
MICHELIN STAR CHEF, VIKAS KHANNA, FIRST "PHYGITAL" COOKBOOK

And many more

Are you an avid reader?

Here's something you shouldn't miss!

IAAC brings you another year of outstanding writers, poets, translators, and editors at its International Literary Festival 2022 at New York city!

IAAC's fabulous lineup of authors are all set to interact with you either online, November 7-11 or in person, November 12. Hear their stories and get inspired by their noteworthy works! The Festival will end with the Gala Dinner on November 13.

Learn more at t.co/zlsFHnoZ6L

#IAAC#LitFest2022

To register, visit t.co/L3JDzri0R5

The Indo-American Arts Council (IAAC), in its 8th Year, offers the IAAC Literary Festival - an intimate interaction with the leading minds and works of authors and poets writing about the Indian experience. IAAC is dedicated to celebrating and showcasing the arts in North America, has the lineup for its eighth annual Literary Festival on November 7-13, 2022, in New York.

Notable speakers, making in-person appearances at the Caelum Gallery (526 W 26th St.) in New York's renowned Chelsea neighborhood, include Padma Shri Barkha Dutt, Priya Kumari and Raza Mir. In continuation of its honored tradition, IAAC will also host a live Poetry Panel headlining Arundhathi Subramaniam and moderated by poetry curator, Dr. Ravi Shankar.

Prior to the in-person weekend events, there will be a series of online events hosted on Facebook and YouTube each evening starting November 7-11 at 6:30 p.m. ET, which will feature ten writers including Nobel Peace Prize winner Kailash Satyarthi; London-based restaurateur and Netflix's "Chef's Table" star, Asma Khan with Michelin Chef Vikas Khanna - author of the world's first "phygital" (physical and digital) cookbook; plus, actress, dancer and choreographer, Rukmini Vijayakumar. This series also includes a dedicated Children's Literary Panel on Tuesday, November 8, 2022 which will showcase readings of "When Blackbirds Fly"

by Hannah Lalhlanpuii and "Jamlo Walks" by Samina Mishra.

"IAAC's Literary Festival showcases writers who bring stories of the Indian experience and ethos to the world. Supporting the festival will be a stellar group of moderators who themselves are literary luminaries. As always there will be a focus on first time regional translations, children's literature and poetry," said Rakesh Kaul, Vice Chairman, IAAC.

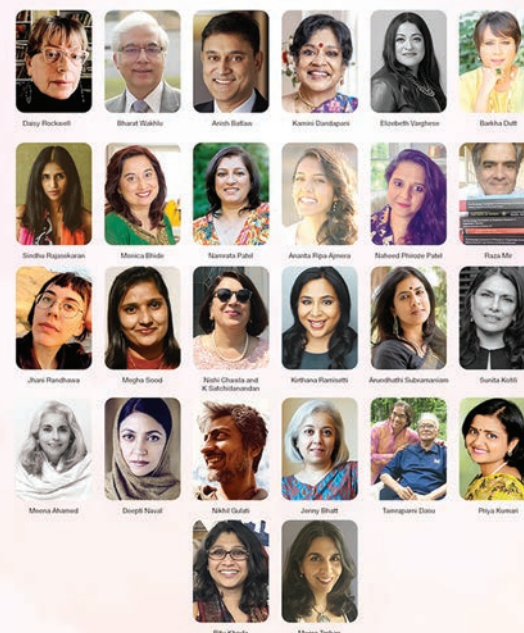
IAAC's in-person literary festival will be an intense two-day immersive experience featuring thought-provoking conversations, readings and discussions of stories told by courageous authors. Each of the 27 authors' skill and expertise cover a wide range of civilizational and cultural topics including archeology, design, dance, history, compassion, wonder and the culinary arts. A panel of four poets will showcase powerful wordplay that will make imaginations soar and speak directly to hearts, young and old. Refreshments, breakfast and lunch will be served, wine and cheese will accompany the poetry session. The festival wraps on a high note with the Annual Gala on November 13th.

"At IAAC, we pride ourselves on our ability to seek out and find foundational storytellers who are not only noteworthy for their skill with language but whose seminal works also weave remarkable narratives that shape the world around them," said Preethi Urs, Literary Festival Director, IAAC.

Samina Mishra

'Somnath Hore: Wounds' (Art1st, August 2021) conceptualized by Ritu Khoda, written by Likla Lal and featuring illustrator, Kripa

Festival Schedule - Live in-person - November 12-13, 2022



Participants in In-Person Event, poster.

Photo / iaac.us

IN-PERSON EVENTS (NOVEMBER 12-13):

'The Way of the Goddess: Daily Rituals to Awaken Your Inner Warrior and Discover Your True Self' (TarcherPerigee, September 2022) by Ananta Ripa Ajmera

'Tata's Leadership Experiment: The Story of the Tata Administrative Service' (HarperBusiness, August 2022) by Bharat Wakhlu, Mukund Rajan, Sonu Bhasin

'TO HELL AND BACK: Humans of COVID' (Juggernaut, February 2022) by Barkha Dutt

'The Greatest Telugu Stories Ever Told' (Rupa, March 2022) translated by Tamraparni Dasu and Dasu Krishnamoorthy

'A Country Called Childhood: A Memoir' (Aleph Book Company, July 2022) by Deepti Naval

'[Block] Chain Reaction - The Future of How We Live and Work' (Soul Excellence Publishing, January 2022) by Elizebeth Varghese

'Tomb of Sand: A Novel by Geetanjali Shree' (Tilted Axis Press, August 2021), translated by Daisy Rockwell

'Shehnai Virtuoso and Other Stories by Dhumketu' (Deep Vellum Publishing, July 2022) translated by Jenny Bhatt

'Rajaraja Chola: King of Kings' (Aleph Book Company, November 2022) by Kamini Dandapani

'Dava Shastri's Last Day' (Grand Central Publishing, November 2021) by Kirthana Ramiseti

'A Matter of Trust' (HarperCollins India, July 2021) by Meenakshi Ahamed

'The View from the Very Best House in Town' (Walker Books US, February 2022) by Meera Trehan

'The Soul Catcher' (Bodes Well Publishing, September 2021) by Monica Bhide

'Mirror Made of Rain' (The Unnamed Press, May 2022) by Naheed Phiroze Patel

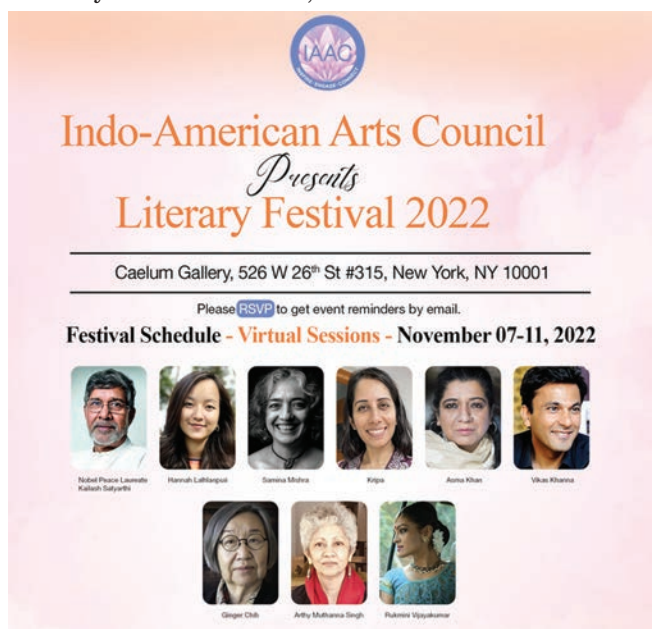
'The Candid Life of Meena Dave' (Lake Union Publishing, June 2022) by Namrata Patel

'People of the Indus' (India Penguin, November 2022) by Nikhil Gulati

'Leaf Talks Peace - Buddha's Message of Harmony' (Eternal Tree Books, May 2022) by Priya Kumari

'Talent: The Market Cap Multiplier' (Ideapress Publishing, January 2022) by Ram Charan and Anish Batlaw

contd on page 25



Participants in Virtual Event, poster

Photo / iaac.us

A FULL LIST OF WRITERS AND FEATURED WORKS IS BELOW.

For the full schedule with dates, times and moderators, visit IAAC.us.

Online Events (November 7-11):

Kailash Satyarthi's greater body of work

'Ammu: Indian Home Cooking to Nourish your Soul' (Interlink Books, May 2022) by Asma Khan

'Sacred Foods of India' in NFT format (Akshaya, June 2022) by Vikas Khanna

'His Holiness the Dalai Lama in 100 Anecdotes' (India Penguin, December 2022) by Arthy Muthanna Singh and Mamta Nainy

'The Dalai Lama: Leadership and the Power of Compassion' (Interlink Books, November 2022) by Ginger Chih which includes a forward by His Holiness the Fourteenth Dalai Lama

'Finding Shiva: An Inner Journey of the Performative Experience' (INDIC, 2021) by Rukmini Vijayakumar

Children's Panel: 'When Blackbirds Fly' (Duckbill, February 2022) by Hannah Lalhlanpuii

'Jamlo Walks' (India Puffin, September 2021) by

STELLAR ARTIST LINEUP HONORS NJ PAC'S JAZZ FEST

By Mabel Pais

THE NEW JERSEY PERFORMING ARTS CENTER (NJ PAC) HAS AN EXCITING ARTIST LINE-UP OF THE HIGHLY ANTICIPATED 11TH ANNUAL TD JAMES MOODY JAZZ FESTIVAL, NOVEMBER 2022. THIS YEAR'S PROGRAM OFFERS EVENTS COMBINING JAZZ LUMINARIES IN COLLABORATION WITH ARTISTS KNOWN FOR R&B, POETRY, HIP HOP, AND MUCH MORE.

HERE ARE SOME HIGHLIGHTS:

DEE BRIDGEWATER AND SAVION GLOVER: INTERPRETATIONS



Dee Bridgewater with Savion Glover.

Photo /njpac.org

DEE BRIDGEWATER, over the course of a multifaceted career spanning four decades, Grammy and Tony Award-winning Jazz giant Dee Bridgewater has ascended to the upper echelon of vocalists, putting her unique spin on standards, as well as taking intrepid leaps of faith in re-envisioning jazz classics.

Ever the fearless voyager, explorer, pioneer and keeper of tradition, the three-time Grammy-winner most recently won the Grammy for Best Jazz Vocal Album for Eleanora Fagan (1915-1959): To Billie With Love From Dee. Bridgewater's career has always bridged musical genres. She earned her first professional experience as a member of the legendary Thad Jones/Mel Lewis Big Band, and throughout the 70's she performed with such jazz notables as Max Roach, Sonny Rollins, Dexter Gordon and Dizzy Gillespie. After a foray into the pop world during the 1980s, she relocated to Paris and began to turn her attention back to Jazz.

As a Goodwill Ambassador to the United Nations' Food and Agriculture Organization (FAO), Bridgewater continues to appeal for international solidarity to finance global grassroots projects in the fight against world hunger. In April 2017 was the recipient of an NEA Jazz Masters Fellows Award with honors bestowed at the Kennedy Center in Washington, D.C. In December 2017, Bridgewater was presented with the ASCAP Foundation Champions award acknowledging her charitable contributions. In 2018, Bridgewater received the prestigious Doris Duke Artist Award. 2019 brought her induction in the Memphis Music Hall of Fame in recognition of her contributions to music and in celebration of her latest CD, "Memphis, Yes...I'm Ready." That same year, Bridgewater launched The Woodshed Network, a non-profit partnership with 651 Arts created to mentor, connect, support, and educate women in Jazz. Bridgewater serves as Artistic Director, along with Associate Artistic Director and Program Curator Tulani Bridgewater-Kowalski with lead support by The Doris Duke Charitable Foundation.

The Dee Bridgewater Big Band is a swinging all-women Big Band in the spirit of the 'International Sweethearts of Rhythm' and drawing on Dee Dee's time with the 'Thad Jones/Mel Lewis Orchestra.' Incorporating alumnae of The Woodshed Network, Bridgewater's non-profit program for self-identifying women in jazz, audiences should prepare to hold on to their seats. Bridgewater is "bringing it" with all the energy, dynamism and joy fans have come to expect from the legendary polymath.

CONNECT WITH DEE ONLINE:

www.DeDeeBridgewater.com

Facebook & Instagram @deedeebridgewater

Twitter @ddbprods

SAVION GLOVER is a Tony Award-winning choreographer and legendary hooper, whose career has spanned nearly four decades. He began his Broadway stage career as The Tap Dance Kid, and continued with Black and Blue, Jelly's Last Jam and his award-winning Bring in da Noise, Bring in da Funk, which garnered him a Tony Award for Best Choreography. He has performed worldwide with jazz legends including McCoy Tyner, Roy Haynes and Jack DeJohnette.

Film credits include Tap, starring Gregory Hines and Sammy Davis, Jr.; Spike Lee's Bamboozled and George Miller's Happy Feet and Happy Feet Two. Serving as dance advisor for NJPAC and as a member of its board of directors, he is dedicated to furthering arts education programming with Summer Intensives, established to help youth explore artistic expression.

This event takes place on November 12.

NJMEA ALL-STATE JAZZ BAND AND CHOIR TEAM UP WITH SPECIAL GUEST

Catch the next generation of great jazz artists from New Jersey. This annual concert event, co-presented by NJPAC's Arts Education Department and the New Jersey Music Educators Association, brings together some of the very best young musicians and vocalists from across the state for a dynamic group performance. The NJMEA All-State Jazz Band and NJMEA All-State Jazz Choir will be joined by special guest Christian McBride-NJPAC Jazz Advisor and acclaimed jazz bassist, bandleader and composer.

THIS EVENT HAPPENS ON NOVEMBER 18.

REPRESENT: A NIGHT OF JAZZ, HIP HOP & SPOKEN WORD

Christian McBride: Musical Director

Performer: Major Ras Baraka

For one not-to-miss night, NJPAC unites the leading voices in jazz, hip hop and poetry.

The legendary lineup includes hip hop stars Black Thought (The Roots), Rakim (Paid in Full), Speech (Arrested Development), Chuck D (Public Enemy), Dupre 'Doitall' Kelly (Lords of the Underground) award-winning poets and spoken word performers Nikki Giovanni, Jessica Care Moore, Mayor Ras Baraka, and The Last Poets (Abiodun Oyewole, Umar Bin Hassan, and Babadon Babatunde), Sean Battle and Treasure Borde (EvoluCulture); Saxophonists Javon Jackson and Ravi Coltrane, Musical Director (and NJPAC Jazz Advisor) Christian McBride and A Christian McBride Situation; Blaring horns and baring souls, these masterful artists exclaim their vision of justice, change, and joy.

This performance is a presentation of City Verses:

'Amplifying New Voices through Jazz and Poetry,' a unique joint-initiative of NJPAC and Rutgers-Newark's which celebrates the rich historical connection between jazz and poetry, creates opportunities for public engagement, strengthens community ties through the arts, amplifies the authentic voices of the people of Greater Newark, and engages a new generation of poets, jazz musicians and teaching artists.

Who's up next!

Right after the show, join the artists for music and poetry! Witness history in the making when you experience UP NEXT, a showcase of the next generation of poets, followed by DJ Storm Norm the General on the ones and twos, hosted by Ms Jones from 94.7 The Block.

This event happens on November 19.



Sarah Vaughan.

Photo /njpac.org

SARAH VAUGHAN INTERNATIONAL ANNUAL JAZZ VOCAL COMPETITION

The divine Sarah Vaughan-Newark's greatest musical gift to the world-got her start as the winner of a talent contest. NJPAC honors her legacy every year with The Sarah Vaughan International Jazz Vocal Competition. Now entering its second decade, "The SASSY Awards" is the only international jazz vocal competition of its kind, open to all genders. At this public performance, you'll witness the next generation of powerhouse jazz vocalists ready to take their rightful place in the global spotlight.

The event is hosted by WBGO 'Morning Jazz' host Gary Walker. NJPAC's panel of all-star judges includes Regina Carter, Christian McBride, T.S. Monk, Pat Prescott and Maria Schneider. Contestants are evaluated on vocal quality, musicality, technique, performance, individuality, artistic interpretation and ability to swing. The winner receives a \$5,000 cash prize and a one-of-a-kind platform for embarking on a career in the music business.

With Black Thought, Rakim, Speech, Chuck D, Dupre 'Doitall' Kelly, Nikki Giovanni, Jessica Care Moore, Javon Jackson, Ravi Coltrane, Mayor Ras Baraka, The Last Poets, Sean Battle, Treasure Borde, and A Christian McBride Situation.

This event takes place on November 20.

TICKETS

For more information on each event and tickets, visit njpac.org/tickets-events

(Mabel Pais writes on The Arts and Entertainment, Social Issues, Health & Wellness, Cuisine and Spirituality)



Salman says Prem will return and marry too

Actor Anupam Kher organized a special screen of his new film 'Uunchai' in Mumbai on Wednesday that was attended by film's director Sooraj, Salman Khan among others. Salman has starred in several Sooraj Bharjatya films over the years and there were talks about their reunion too.

At the 'Uunchai' premiere, when Salman Khan walked the red carpet with the filmmaker, the media stationed there asked Sooraj if he has ideas on creating a new version of Salman's iconic Prem series of characters in his next film? Responding to them, Sooraj said, "Prem will return," and added, "title registered." Salman then jokingly said, "Prem will return and he will make sure that he gets married too. Inhone picture ka title bhi announce bhi kar diya, Prem Ki Shaadi."

Varun Dhawan, Kriti Sanon Open Up About Their Special Bond In 'Bhediya'

The makers of 'Bhediya' have just released an exclusive behind the scenes video featuring leads Varun Dhawan and Kriti Sanon disclosing some interesting tid-bits about each other.

Kriti remarks how Varun has become a better listener. The two stars also reveal their favourite song from 'Bhediya', which turns out to be the recently released 'Apna Bana Le'.

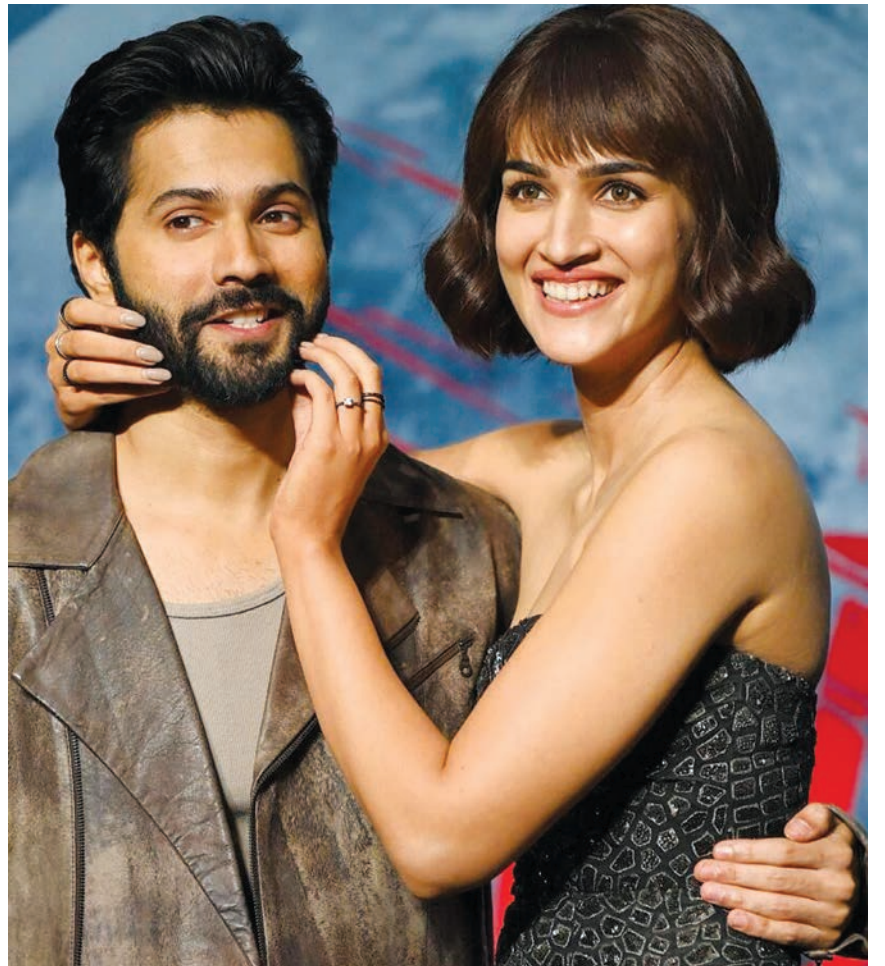
Talking about their unique rapport, Varun says, "Kriti and I are working together after six years. While not much has changed in that time, we now communicate even more effortlessly with each other, and this shows in our chemistry."

"Funnily enough, this is one of the reasons our director was worried that we might exude too much chemistry in the film."

Kriti adds: "Varun and I have genuinely been very good friends since Dilwale. We are extremely comfortable with each other, and that comfort translates beautifully on screen. We play off each other amazingly."

"We worked together after 6 years, and in these 6 years we've grown as people, and as actors, and our bond has only strengthened! I had a blast working with him!"

AJio Studios & Dinesh Vijan present, 'Bhediya'. A Maddock Films production, directed by Amar Kaushik, produced by Dinesh Vijan and starring Varun Dhawan, Kriti Sanon, Deepak Dobriyal and Abhishek Banerjee among others, is releasing in cinemas pan-India in Hindi, Telugu and Tamil in 2D and 3D on November 25.



'I said yes': Did Malaika Arora just confirm that she's engaged to Arjun Kapoor?



Malaika Arora appeared to suggest that she is engaged to be married. On Thursday, November 10, she took to Instagram to share a picture of herself, and wrote in the caption of her post, "I said YES..." She didn't tag her boyfriend, actor Arjun Kapoor, and nor did he post something similar on his page. Several people took to the comments section to wish Malaika and Arjun all the best. "Woah woah woah!!" wrote actor Karan Tacker, while stylist Tanya Ghavri commented, "Oh my god!"

Malaika and Arjun have been dating for several years, but they publicly confirmed their relationship only in 2019, on Arjun's birthday. The two have been fielding questions about marriage for a long time now, and Arjun has always maintained in interviews that they will be the first to make the announcement once a concrete decision has been made. In a recent appearance on Koffee with Karan, Arjun said

that marriage is not on the cards for them.

"I want to focus on my career. I want to see where I am going. I am a realistic person. I'm not hiding anything and neither am I coy. I want to be more stable, not just financially. If I am happy, only then I can make my partner happy, and a lot of happiness comes from my work," he said.

Arjun has said in interviews that they took 'baby steps' in making their relationship public, because they knew what it would entail.

On Koffee with Karan, Arjun said, "I will always think about everyone first. It is my choice to be with her, but I cannot expect everyone to understand. It has to be allowed to grow. I cannot expect everyone to understand easily... It's not that we didn't talk about it as a couple. But there are baby steps. There is a basic understanding that she has had a life, she has a son, and I'm coming from a past that is aware of that. The moral compass of the country you cannot dictate."

Source: The Indian Express

Rakhi Sawant, Sherlyn Chopra file police complaints against each other

Bollywood celebrities Rakhi Sawant and Sherlyn Chopra have filed FIRs against each other for using objectionable language, according to the police on Wednesday. The Mumbai Police said that upon the complaint of Chopra, an FIR was registered against Rakhi Sawant and advocate Falguni Brahmabhatt. "FIR registered against actress Rakhi Sawant & adv Falguni Brahmabhatt under multiple sections of IPC & IT Act on the complaint of an actress. The complainant alleges that the 2 showed an objectionable video of her during a press conference and used objectionable language," Mumbai Police said.

On the other hand, Rakhi Sawant filed a case against actor Sherlyn Chopra at Mumbai's Oshiwara police station. Rakhi Sawant said, Sherlyn in her video accused her of changing boyfriends.

Rakhi told the police that Sherlyn Chopra had uploaded a video on YouTube and Instagram on November 6, 2022, in which Sherlyn had made objectionable remarks against her and used abusive language. The Oshiwara police started the further investigation by registering a case under sections 500, 504, 506 and 509 of the IPC.

Earlier this month, in the latest development in Sherlyn Chopra and Rakhi Sawant's ongoing controversy, the former shared a tweet saying nudity is not equal to consent. Taking to the microblogging site Sherlyn wrote in Hindi, "Hamari ladai yaun shoshan/yaun shoshan krne waalon ke khilaf hai. Nyay ki guhar lagaane ka hmaara samvaidhanik (constitutional) haq (right) hai. Ye haq humse koi nahi cheen sakta hai. Ye baat hamaare aaropiyaon ki behnein sun lein aur samajh lein. Nudity is not equal to consent. Vastraheen hona razamandi nahi."

Source: ANI



Daniel Craig is back for new Knives Out mystery

The official trailer for *Glass Onion: A Knives Out Mystery* was released on Monday. This marks the return of detective Benoit Blanc, played by Daniel Craig for the sequel of *Knives Out* (2019). Written and directed by Rian Johnson, *Glass Onion* places the detective in an unusual locale this time, in an island in Greece where a murder is yet to happen.

In the trailer we see a host of people arrive at an island, one amongst whom is detective Benoit Blanc. "When's the murder mystery start?" he asks. At the table, the host Mr. Bron (Edward Norton) announces that he has invited everyone here because he is sure that a murder will be committed that night. "My murder," he says. He also warns that he has hidden clues across the island for which each one of them have to be on constant lookout.

In the next shot, there is a power cut, and a gunshot across a glass pane is seen. As Benoit Blanc looks at everyone around him, he says, "Ladies and gentleman, there's been a murder, and the killer is in plain sight."

Jennifer Lopez reveals how Ben Affleck took the first step towards their rekindled love story

Jennifer Lopez and Ben Affleck have finally tied the knot after rekindling their relationship from the early '2000s. They married earlier in 2022 in a secret Las Vegas ceremony with only their children as witnesses. Until now, we had no idea who approached who as they started dating one more time after many years apart. They both got married and had children to other celebrities but they found their way back to each other. Jennifer Lopez finally opened up about their rekindled love between the two.

As it turns out, Ben Affleck was the one who made contact again through an email. He revealed to J-Lo that he had raved about her during an interview right after ending his relationship with Ana de Armas. After getting that first email from Ben, the couple never stopped communicating as they eventually began hanging out. One thing led to the other and their romance was reignited again.

Jennifer Lopez is the cover of the next *Vogue* issue, she offered an interview about her newly wed life with Ben Affleck. This is what she told the publication: "Obviously we weren't trying to go out in public. But I never shied away from the fact that for me, I always felt like there was a real love there, a true love there. People in my life know that he was a very, very special person in my life. When we reconnected, those feelings for me were still very real. I don't know that I recommend this for everybody. Sometimes you outgrow each



other, or you just grow differently.

"Not to discredit anything in between that happened, because all those things were real too. All we've ever wanted was to kind of come to a place of peace in our lives where we really felt that type of love that you feel when you're very young and wonder if you can have that again. Does it exist? Is it real? All those

questions that I think everyone has. You go through all these relationships, and you're searching and you're connecting and you're disconnecting with people, and you're like, 'God, is this just what life is? Like a carousel, roller coaster, carnival ride?' And then it settles. But the journey to that is the mystery for everybody."

Jennifer Aniston reveals sadness at failed in vitro fertilisation attempt

Jennifer Aniston has opened up to the media to talk for the first time about a personal issue, infertility.

The actress revealed that behind the pregnancy rumors that haunted her for years, she was fighting a personal battle.

While the media debated whether or not she wanted to have children, Aniston was suffering what no one could have imagined. Or perhaps, they could had they stopped to consider it.

"All the years and years and years of speculation... It was really hard," Aniston told *Allure*.

"I was going through IVF, drinking Chinese teas, you name it. I was throwing everything at it.

"I would've given anything if someone had said to me, 'Freeze your eggs. Do yourself a favor.' You just don't think it. So here I am today. The ship has sailed."

Today, the actress best known for her role as 'Rachel' on *Friends*, has been married twice and never had children.

One of her most difficult periods was

when she separated from Brad Pitt, her first engagement.

In 2005, after five years of life as a couple, both decided to put an end to their relationship, which the media at the time speculated was because Aniston would have preferred to focus on her professional career, instead of being a mother. She has revealed this was all false.

"That narrative that I was just selfish, that I just cared about my career. And God forbid a woman is successful and doesn't have a child," said Aniston.

"And the reason my husband left me, why we broke up and ended our marriage, was because I wouldn't give him a kid.

"It was absolute lies. I don't have anything to hide at this point."

Aniston gave no timeline for her IVF journey, *Allure* noted that it was simply "several years ago." But now, at 53, she said she has "no regrets" about how things worked out.





SYMBOLIC ACT: UKRAINE INKS PEACE ACCORD WITH ASEAN

NOVEMBER 10

PHNOM PENH (TIP): Ukraine signed a peace accord Nov 10 with Southeast Asian nations, a largely symbolic act that comes as Kyiv seeks to shore up international support in isolating Russia.

Ukrainian Foreign Minister Dmytro Kuleba signed the "Treaty on Amity and Cooperation in Southeast Asia" as the annual summit of the Association of Southeast Asian Nations got underway in Phnom Penh.

In an early November call with Ukrainian President Volodymyr Zelenskyy, Cambodian President Hun Sen stressed the need for an end to the war "so that Ukraine can regain peace, stability, territorial integrity and development," according to Hun Sen's office.

"Cambodia is against the aggression, the threat of or use of force over sovereignty and the territorial integrity of an independent state, and does not support the secession or the annexation of territory by other countries," Hun Sen said on the call.

The Cambodian leader also pledged to support Ukraine's aspirations to become a "Sectoral Dialogue Partner" with ASEAN, a step toward the full "Dialogue Partnership" the group has with Russia, China, the United States and others.

The "TAC" peace treaty established in 1976 commits parties to "mutual respect for the independence, sovereignty, equality, territorial integrity and national identity of all nations," among other things.

Ahead of the summit, Daniel Kritenbrink, US assistant secretary of state for East Asian and Pacific affairs, said the inclusion of Ukraine was important, especially since Russia's invasion "has sent shockwaves throughout the Indo-Pacific, as we've seen through rising energy and food prices."

Russian Foreign Ministry spokesperson Maria Zakharova dismissed questions about the significance of Ukraine's presence at the meetings. "This theme in general has nothing to do with us," she said.

— AP

China reports 10,000 new virus cases, capital closes parks

NOVEMBER 11

BEIJING (TIP): China's capital Beijing has closed city parks and imposed other restrictions as the country faces a new wave of covid cases.

Elsewhere, more than five million people were under lockdown on Nov 10 in the southern manufacturing hub Guangzhou and the western megacity Chongqing.

The country reported 10,729 new cases on Friday, almost all of them testing positive while showing no symptoms.

With the bulk of Beijing's 21 million people undergoing near daily testing, another 118 new cases were recorded in the sprawling city.

Many city schools switched to online classes, hospitals restricted services and some shops and restaurants were shuttered, with their staff taken to quarantine. Videos on social media showed people in some areas protesting or fighting with police and health workers. Chinese leaders promised on Thursday to respond to public frustration over its severe "zero-covid" strategy that has confined millions to their homes and severely disrupted the economy.

No details were offered other than a promise to release "stranded people" who have been in quarantine or blocked for weeks from leaving cities where there are cases. People from cities with a single case in the past week are barred from visiting Beijing, while travelers



from abroad are required to be quarantined in a hotel for seven to 10 days — if they are able to navigate the timely and opaque process of acquiring a visa. Business groups say that discourages foreign executives from visiting, which has prompted companies to shift investment plans to other countries. Visits from US officials and lawmakers charged with maintaining the crucial trading relations amid tensions over tariffs, Taiwan and human rights have come to a virtual standstill.

Speculation on when measures will be eased has centred on whether the

government is willing to import or domestically produce more effective vaccines, with the elderly population left particularly vulnerable.

That could come as soon as next spring, when a new slate of officials are due to be named under Xi's continuing leadership.

Or, restrictions could persist much longer if the government continues to reject the notion of living to learn with a relatively low level of cases that cause far fewer hospitalisations and deaths than when the pandemic was at its height. (PTI)

Gutkas for Sikhs in UK military for first time

NOVEMBER 10

LONDON (TIP): Nitnem Gutkas, the prayer books of the Sikhs have been issued to military personnel in the British Army for the first time in a century, a media report said on November 9. A move the Ministry of Defence said will "directly support Sikh practice, a key component of their faith".

The prayer books were issued by the UK Defence Sikh Network at a ceremony in London, as per reports.

"The Army has been providing Christian religious texts for many years and I saw the opportunity there to open the door for the Sikh faith to provide Sikh texts," Major Daljinder Singh Virdee, who is in the British Army and has spent two years campaigning for the return of the religious books, was quoted as saying as per reports.

The Nitnem Gutkas were printed in Wiltshire and placed on a throne in a purpose-built vehicle for Sikh scriptures, the report said.

They were transported to the library of



the Central Gurdwara temple in London, where they were officially issued to military personnel on October 28, it said.

"For Sikhs our scriptures are not just words, they are the living embodiment of our guru. We draw moral strength and physical strength from reading the scriptures every day, it gives us discipline and it grows us spiritually," Virdee was quoted as saying in the report.

Nitnem Gutkas were first issued to military personnel more than a century ago, along with other articles of the Sikh

faith, including steel daggers, bracelets and wooden combs, but have never been issued again since.

There is an original military-issued Nitnem Gutka in the National Army Museum's archives, in London, the report added.

Sikh soldiers were recruited to the British military from the 1840s onwards, and have fought at the Battle of Saragarhi; in the First World War, as the "Black Lions", as well as during the Second World War in Malaya, Burma and Italy. (PTI)

Iran protests rage on streets as officials renew threats

NOVEMBER 10

DUBAI (TIP): Protests in Iran raged on streets into November 10 with demonstrators remembering a bloody crackdown in the country's southeast, even as the nation's intelligence minister and army chief renewed threats against local dissent and the broader world.

Meanwhile, a top official in Iran's paramilitary Revolutionary Guard claimed it had "achieved" having so-called hypersonic missiles, without providing any evidence.

The protests in Iran, sparked by the September 16 death of a 22-year-old woman after her detention by the country's morality police, have grown into one of the largest sustained challenges to the nation's theocracy since the chaotic months after its 1979 Islamic Revolution.

At least 328 people have been killed and 14,825 others arrested in the unrest, according to Human Rights Activists in Iran, a group that's been monitoring the protests over their 54 days.

Iran's government for weeks has remained silent on casualty figures while state media counterfactually claims security forces have killed no one.

As demonstrators now return to the streets to mark 40th-day remembrances for those slain earlier — commemorations common in Iran and the wider Middle East — the protests may turn into cyclical confrontations between an increasingly disillusioned public and security forces that turn to greater violence to suppress them.

Online videos emerging from Iran, despite government efforts to suppress the internet, appeared to show demonstrations in Tehran, the capital, as well as cities elsewhere in the country.

Near Isfahan, video showed clouds of tear gas. Shouts of "Death to the Dictator" could be heard — a common chant in the protests targeting Iran's Supreme Leader Ayatollah Ali Khamenei.



It wasn't immediately clear if there were injuries or arrests in this round of protests, though Iran's state-run IRNA news agency acknowledged the demonstrations near Isfahan. They commemorated the September 30 crackdown in Zahedan, a city in Iran's restive Sistan and Baluchestan province, in which activists say security forces killed nearly 100 people in the deadliest violence to strike amid the demonstrations.

Meanwhile on Thursday, Guard Gen. Amir Ali Hajizadeh said in a speech that his forces "achieved" acquiring hypersonic missiles. However, he offered no photograph, video or other evidence to support the claim and the Guard's vast ballistic missile programme is not known to have any of the weapons in its arsenal.

Hypersonic weapons, which fly at speeds in excess of Mach 5, or five times the speed of sound, could pose crucial challenges to missile defence systems because of their speed and maneuverability.

China is believed to be pursuing the weapons, as is America. Russia claims to already be fielding the weapons and have said it used them on the battlefield in Ukraine.

Iranian officials have kept up their threats against the demonstrators and

the wider world. In an interview with Khamenei's personal website, Iranian Intelligence Minister Esmail Khatib renewed threats against Saudi Arabia, a nation along with Britain, Israel and the US that officials have blamed for fomenting unrest that appears focused on local grievances.

Khatib warned that Iran's "strategic patience" could run out.

"Throwing stones at powerful Iran by countries sitting in glass houses has no meaning other than crossing the borders of rationality into the darkness of stupidity," Khatib said. "Undoubtedly, if the will of the Islamic Republic of Iran is given to reciprocate and punish these countries, the glass palaces will collapse and these countries will not see stability."

Iran blames Iran International, a London-based, Farsi-language satellite news channel once majority-owned by a Saudi national, for stirring up protesters. The broadcaster in recent days said the Metropolitan Police warned that two of its British-Iranian journalists faced threats from Iran that "represent an imminent, credible and significant risk to their lives and those of their families."

Last week, US officials said Saudi Arabia shared intelligence with America that suggests Iran could be preparing for an imminent attack on the kingdom. Iran later called the claim "baseless," though the threats from Tehran continue.

The commander of the ground forces of Iran's regular army, Brig. Gen. Kiumars Heydari, separately issued his own threat against the protesters, whom he called "flies."

"If these flies are not dealt with today as the revolutionary society expects, it is the will of the supreme leader of the revolution," he reportedly said. "But the day he issues an order to deal with them, they will definitely have no place in the country." (AP)

AUSTRALIA TO BLOCK FORMER MILITARY PILOTS FLYING FOR CHINA

NOVEMBER 9

CANBERRA (TIP): Australia's defence minister said on November 9 he had told the nation's military to review secrecy safeguards in response to concerns that Beijing was recruiting pilots to train the Chinese People's Liberation Army.

Defence Minister Richard Marles ordered the review after asking the Defence Department last month to investigate reports that China had approached former Australian military personnel to become trainers.

"In the information that has now been provided to me by Defence, there are enough concerns in my mind that I have asked Defence to engage in a detailed examination about the policies and procedures that apply to our former Defence personnel, and particularly those who come into possession of our nation's secrets," Marles told reporters.

Marles declined to say whether any Australian had provided military training to the Chinese.

He said a joint police-intelligence service task force was investigating "a number of cases" among former service personnel.

"What we are focused on right now is making sure that we do examine the policies and the procedures that are currently in place in respect of our former Defence personnel to make sure they are adequate," Marles said.

"And if they are not, and if there are weaknesses in that system, then we are absolutely committed to fixing them." Australia's allies Britain and Canada share Australia's concerns that China is attempting to poach military expertise. Britain's Defence Ministry last month issued an intelligence alert warning former and current military pilots against Chinese headhunting programmes aimed at recruiting them. Armed Forces Minister James Heapey said authorities will make it a legal offense for pilots to continue with such training activities. (AP)

UK minister quits amid bullying row, PM Rishi Sunak under pressure

NOVEMBER 9

LONDON (TIP): British PM Rishi Sunak was under pressure from the Opposition on November 8 as he expressed regret on appointing one of his close allies and embattled ministers who was forced to resign pending an investigation into allegations of bullying against him.

Sir Gavin Williamson is accused of abusive behaviour towards Conservative Party colleagues and civil servants and denies any wrongdoing. However, after days of controversy over what Sunak knew about the allegations before appointing him as a minister without portfolio to his Cabinet, Williamson stepped down on Tuesday night.

The Opposition has branded the episode as a sign of "poor judgement and leadership" by Sunak and Labour



Party Leader Sir Keir Starmer used the weekly PM's Questions (PMQs) in the House of Commons to pile on further pressure over the issue. "I obviously regret it... for the record, I did not know about any of the specific concerns," Sunak said, when asked by Starmer if he

regrets appointing Williamson.

"The message that I clearly want to send is that integrity in public life matters," he said, adding that it was right that the minister had resigned while he was being probed.

In his resignation letter, Williamson said he refutes the "characterisation" of the claims about his "past conduct", but felt they had become a "distraction from the good work the government is doing". It referred to some expletive-laden text messages he reportedly sent to the former Tory party whip, Wendy Morton, over being overlooked during Queen Elizabeth II's funeral.

These were published in The Sunday Times and since then others have come forward to allege "intimidating" behaviour while Williamson was a Cabinet minister under previous PMs. He has since been reported to the parliamentary bullying watchdog, the Independent Complaints and Grievance Scheme, and says he has apologised to the recipient of the texts. — PTI

4.1-MAGNITUDE EARTHQUAKE HITS WESTERN NEPAL

NOVEMBER 10

KATHMANDU (TIP): A 4.1-magnitude earthquake hit western Nepal on November 10, a day after a powerful 6.6-magnitude earthquake jolted the Himalayan nation, which killed six people and sparked panic among citizens.

According to the National Earthquake Monitoring & Research Centre, the earthquake occurred at 5.13 am on Thursday, with its epicentre in Kada area in Khaptad Chhededaha rural municipality of Bajura district, situated 750 km from Kathmandu.

The Center said that the latest quake is not the aftershock of the Gorkha Earthquake of 2015 but a fresh earthquake.

No loss of life was reported so far.

November 9 earthquake occurred at 2:12 am with its epicentre at Khaptad National Park in the Doti district of the quake-prone Himalayan nation, damaging scores of houses and sparking panic among the people who were sleeping.

Six persons were killed and eight others injured in the earthquake, Home Ministry spokesperson Phanindra Pokharel told PTI over phone.

He said that the government has instructed the local administration to immediately distribute relief materials and compensation to the victims. The kin of those killed will be provided Rs 200,000 per head as compensation, he said.

The six injured have been admitted to district Hospital in Doti while two others who sustained serious injuries have been airlifted to Seti Zonal Hospital in Dhangadhi, according to Home Ministry officials. (PTI)

Now, Taliban ban Afghan women from using gyms

NOVEMBER 10

KABUL (TIP): The Taliban are banning women from using gyms in Afghanistan, an official in Kabul said on November 10, the religious group's latest edict cracking down on women's rights and freedoms since they took power more than a year ago.

The Taliban overran the country last year, seizing power in August 2021.

They have banned girls from middle school and high school, despite initial promises to the contrary, restricted women from most fields of employment, and ordered them to wear head-to-toe clothing in public.

A spokesman from the Ministry of Virtue and Vice said the ban was being introduced because people were ignoring gender segregation orders and that women were not wearing the required headscarf, or hijab.

Women are also banned from parks.

The ban on women using gyms and parks came into force this week, according to Mohammed Akef Mohajer, a Taliban-appointed spokesman for the Ministry of Virtue and Vice.

The group has "tried its best" over the past 15 months to avoid closing parks and gyms for women, ordering separate days of the week for male and female access or imposing gender segregation, he said.

"But, unfortunately, the orders were not obeyed and the rules were violated, and we had to close parks and gyms for women," said Mohajer.

"In most cases, we have seen both men and women together in parks and, unfortunately, the hijab was not observed. So we had to come up with another decision and for now we ordered all parks



and gyms to be closed for women." Taliban teams will begin monitoring establishments to check if women are still using them, he said.

A female personal trainer told The Associated Press that women and men were not exercising or training together before at the Kabul gym where she works.

"The Taliban are lying," she insisted, speaking on condition of anonymity, fearing reprisals. "We were training separately."

On Thursday, she said two men claiming to be from the Ministry of Virtue and Vice entered her gym and made all the women leave.

"The women wanted to protest about the gyms (closing) but the Taliban came and arrested them," she added. "Now we don't know if they're alive or dead."

Taliban-appointed Kabul police chief spokesman Khalid Zadran said he had no immediate information about women protesting gym closures or arrests.

The UN special representative in Afghanistan for women, Alison Davidian, condemned the ban.

"This is yet another example of the Taliban's continued and systematic erasure of women from public life," she said. "We call on the Taliban to reinstate all rights and freedoms for women and girls."

Hard-liners appear to hold sway in the Taliban-led administration, which struggles to govern and remains internationally isolated. An economic downturn has driven millions more Afghans into poverty and hunger as the flow of foreign aid has slowed to a trickle. AP

Imran Khan's Pakistan Tehreek-e-Insaf resumes stalled long march

NOVEMBER 10

LAHORE (TIP): Tens of thousands of supporters of Imran Khan's Pakistan Tehreek-e-Insaf (PTI) on November 10 gathered at the site in Wazirabad in Punjab province where an assassination attempt was made on the former prime minister last week as the party resumed its stalled long march to Islamabad in presence of its top leaders.

The 'Haqeeqi Azadi' (real freedom) march, demanding fresh General Election, was suspended following the attack on 70-year-old Khan on November 3.

Khan suffered bullet injuries in the right leg when two gunmen fired a volley of bullets at him and others standing on a container-mounted truck in the Wazirabad area, where he was leading the march.

He underwent surgery for bullet injuries at the Shaukat Khanum Hospital owned by his charitable organisation. He is advised to take rest for four to six weeks by doctors.

Addressing his supporters via a video, Khan alleged that the "plan" to assassinate him was made in September.

"This incident (...) no, this planned assassination attempt ... I want to clear that this plan was made in September," he claimed. "On September 24, I said in a public rally that this plan was formed and that they will blame a religious fanatic [for it]."

Khan, who is recovering from injuries, said that the people who wanted him dead had planned to pin his murder on a "religious fanatic".

"They planned that if a religious fanatic kills me, the responsibility from them will go away," he claimed.

Khan has blamed Prime Minister Shehbaz Sharif, Interior Minister Rana Sanaullah and Major General Faisal Naseer of hatching a plot to assassinate him.

Leading the march in the absence of Khan, former foreign minister Shah Mahmood Qureshi earlier said that the party chairman would soon join his

supporters in the long march to Islamabad.

"Today I want to give a clear message that the convoy of PTI is on the move. If you want to create a Pakistan of a new ideology, then you have to accompany Imran Khan," Qureshi, flanked by other party leaders including Hammad Azhar, Faisal Javed, Asad Umar, Fawad Chaudhry among others, told marchers in Wazirabad.

Faisal Javed was among those injured in the attack on Khan.

Qureshi said that despite an assassination attempt on Khan, his party didn't bow or give up on its struggle for freedom.

"Today, we had the option to either stand behind the bullet proof glass or in front of it... and we have chosen the latter...we have decided to look you in the eye. We have decided to tell you that PTI didn't bow and will never do it ...no matter what comes," Qureshi told supporters.

Senior party leader Asad Umar said

that no one could scare Khan or his followers.

"Exactly a week from today, an attempt was made to take Imran Khan's life...but let me tell you today, it was not an attempt to take one man's life, it was an attempt to silence the nation's voice," he said.

The long march resumed with prayers for those killed and injured in the shooting.

On Sunday, Khan had announced resumption of the long march on Tuesday but later the party changed the decision and rescheduled it for Thursday. He would join the long march in Rawalpindi when it reaches there in 10 to 14 days.

During a meeting presided by Khan at his Lahore residence on Wednesday, it was decided that the "Haqeeqi Azadi" march would move towards Rawalpindi from the spot following a public gathering. The federal government has not yet granted permission to PTI to hold its rally in Islamabad. (PTI)

WMI INVITES YOU TO AN EVENING OF SCINTILLATING MUSIC



Zakir Hussain (left), with Niladri Kumar

Photo / worldmusicinstitute.org.

By Mabel Pais

DO YOU WANT TO EXPERIENCE AN EVENING OF EXHILARATING MUSIC? THEN HEAD OVER TO WATCH & LISTEN TO TWO MASTERS OF INDIAN MUSIC.

Zakir Hussain, the acknowledged maestro of the Indian tabla, and Niladri Kumar, the young star sitarist present us with their scintillating performance on November 18, 2022 at New York University's Skirball Center, 566 LaGuardia Place (Between West 4th and West 3rd Street), New York City. The performance takes place at 8 p.m., doors open at 7 p.m.

This performance is part of 'The Masters of Indian Music' series of the 2022-2023 season of The World Music Institute, New York. The series

presents legends from the two primary forms of Indian classical music: the Northern Indian tradition of Hindustani classical music and the Southern Indian tradition of Carnatic Indian classical music.

Hussain & Kumar are at the very top of their form, and together represent the very essence of music: rhythm and melody. Their every performance is an opportunity for transcendent flights of musical imagination grounded in one of the world's great musical traditions, Northern Indian ("Hindustani") classical music.

Get a sneak peek of their performance at youtu.be/gbq9ZvB4Fjc

TICKETS

For regular tickets, group, student and senior discounts, contact WMI at 212-545-7536 Ext. 1 or at info@worldmusicinstitute.org.

ZAKIR HUSSIAN

Zakir Hussain, voted "best percussionist" by both the Downbeat Critics' Poll and Modern Drummer's Reader's Poll over several years, is the recipient of many awards and honors including USA's Grammy, India's Padma Bhushan, Sangeet Natak Akademi Award, the USA's National Heritage Fellowship and many more international awards.

He was resident artistic director at SFJazz from 2013 to 2016 and was honored with SFJ Jazz's Lifetime Achievement Award on January 18, 2017, in recognition of his "unparalleled contribution to the world of music." Learn more at zakirhussain.com

NILADRI KUMAR

Niladri Kumar, son of sitar player Kartick Kumar, has worked in Hindi cinema with various music directors like A.R. Rahman, Shankar-Ehsaan-Loy and Pritam as well as others as Jonas Hellborg, V. Selvaganesh and John McLaughlin.

He has won several awards: the Sangeet Natak Akademi's award to young musicians in March 2007. He revolutionized the rock guitar sound, using it to call his first album 'Zitar' released in 2008. He also won the MN Mathur Award for his contribution to Indian classical music in March 2013.

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Founded in 1985, World Music Institute (WMI) has served as one of the leading presenters of world music and dance within the United States. WMI is committed to presenting the best in traditional and contemporary music and dance from around the world with the goal of inspiring wonder for the world's rich cultural traditions, promoting awareness and appreciation and encouraging cross-cultural dialog and exchange. WMI presents at venues throughout the city.

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(Mabel Pais writes on The Arts and Entertainment, Social Issues, Health & Wellness, Cuisine and Spirituality)

IAAC CONTINUES INDIA@75 CELEBRATIONS WITH LITFEST

CONTD FROM PAGE 18

'Murder at the Mushaira: A Novel' (Rupa Publications India, January 2021) by Raza Mir

'Smashing the Patriarchy: A Guide for the 21st-Century Indian Woman' (Rupa, November 2021) by Sindhu Rajasekaran

'KALA - Essays on Contemporary Design Aesthetics' (Times Group Books, 2020) edited by Padma Shri Sunita Kohli

'Somnath Hore: Wounds' (Art1st, August 2021) conceptualized by Ritu Khoda, written by Likla Lall and featuring illustrator, Kripa

Notable International Poets:

'Love Without a Story' (Westland, April 2019) by Arundhathi Subramaniam

'My Body Lives Like a Threat' (Flowersong Press, January 2022) by Megha Sood

'Time Regime' (Gaudy Boy, March 2022) by Jhani Randhawa

'Singing in the Dark' (Vintage Books, October 2020) edited by Nishi Chawla and K Satchidanandan

For a complete calendar of events, November 7-13, 2022, visit iaac.us/iaac-literary-festival-2022

RSVP for both in-person and online events at:

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Hashtag: #IAACLitFest

(Mabel Pais writes on The Arts and Entertainment, Social Issues, Health & Wellness, Cuisine and Spirituality)

Matcha, kiwi will give your skin a glow

Want a glowing and flawless skin? Consume matcha, powdered green tea, which has a high amount of antioxidants and also have a lot of kiwis, which is a storehouse of Vitamin C, says an expert.

Kajal Bhatia, Consultant Nutritionist, RAW Pressery, has shared 10 tips that can help you get a healthy glow on your skin.

BLUEBERRIES: Extremely tasty and convenient to eat, blueberries are the favourite fruit of many gourmet-enthusiasts around the world. Despite their sweet taste, they are low on calories and contain antioxidants that protect against premature aging. Sipping on some natural blueberry juice or adding half a cup of the fruit to your yogurt or cereal is a great way to stay healthy and look stunning.

SPINACH: Spinach is loaded with lutein, vitamins B, C, and E, potassium, calcium, iron, magnesium, and omega-3 fatty acids. It lowers your risk of prostate cancer.

MATCHA: This is packed with high amount of antioxidants and also provides small amounts of vitamins and minerals. Polyphenols, which can be found in Matcha, have been tied to protection against heart disease and cancer, in addition to helping with better blood sugar regulation and blood pressure reduction. The powder boosts metabolism and slows down the process of aging, with some experts even claiming that it halts the growth of cancer



cells.

WALNUTS: Eating just one ounce of walnuts a day can work wonders for your health and beauty- giving you shiny hair, bright eyes, smooth skin and strong bones. In addition, adding walnuts to your daily diet helps with weight control and improving brain function. You can eat a handful of shelled walnuts by themselves, or add some in your salad or pasta. Walnuts are all you need for a variety of nutrients including protein, omega-3 fatty acids, vitamin E, fibre and antioxidants.

KIWI: This fruit is loaded with antioxidants that keep skin firm and help prevent wrinkles. Kiwis are also a storehouse of Vitamin C, which is known to boost the immune system and fight stress. They contain a rare, fat-free form of Vitamin E that lowers cholesterol. Kiwi juices are

extremely delicious, and you can add the cooling fruit to your fresh salads, Greek yogurt or fruit tarts.

TURMERIC: In addition to enhancing taste in almost all Indian dishes, it also has amazing advantages for beauty and health. Its anti-bacterial properties make it useful for both local application and ingestion. Applying it to the skin lightens pigmentation and eliminates dead skin cells. Turmeric is also great for keeping your hair healthy and controlling oily skin.

COCONUT WATER: Coconut water helps with weight loss. It also suppresses appetite and helps you feel full. In addition, ingesting coconut water leads to softer, more moisturised skin and reduces blemishes. Frightening acne breakouts can be controlled and indigestion can be prevented due to the reduction of acid reflux.

SOURCE: IANS

FOOD

Handi Chicken

Ingredients

750 gms Chicken on Bone, 3 big Tomatoes, 2 medium sliced Onions, 1 1/2 tbslp ginger garlic paste, 1/2 cup Curd, 1/2 cup Full Cream, 2 tbsp Coriander Powder, 1 tsp Turmeric Powder, 1 tsp Red Chilly Powder, 1 tsp Fenugreek Leaves (Kasthuri Methi), Salt To Taste, 3 -4 tbslp Ghee / Oil
2 tsp Garam Masala
For Garam Masala:
3 tsp Cumin Seeds (Jeera), 3 tsp Coriander Seeds (Sookha Dhania), 1 1/2 tsp Black peppercorns, 4 Cloves (Laung), 1 " Cinnamon Stick piece, 3 Brown Cardmom, 2 tsp Fennel Seeds (Saunf), 1 Star Anise, 2 Dry Red Chillies

Method

- Heat ghee or oil in a heavy bottom pan, add chicken pieces and fry till they are done. Take them out on a paper towel. In the remaining ghee add the onions sliced and saute them till light brown. Make sure not burn them.
- Add the ginger garlic paste and cook till all the raw smell disappears. Now add all the dry spices - Red Chilly Powder, Coriander Powder, Turmeric Powder. Add a tablespoon of water so that the spices do not burn. Once the masala is nicely cooked add the tomato puree and cook it till the oil separates.
- Now add beaten curd and cook till the curd gets fully incorporated in the gravy.
- When the oil starts to separate add the chicken pieces and mix well so that all the pieces are fully smeared with the masala. Let the chicken simmer for few minutes in this masala. Once the chicken is fully done add the cream and kasuri methi and garam masala.
- Cook for just 2 minutes on low flame and then take it out in a serving dish.



Foods to boost your skin's collagen production

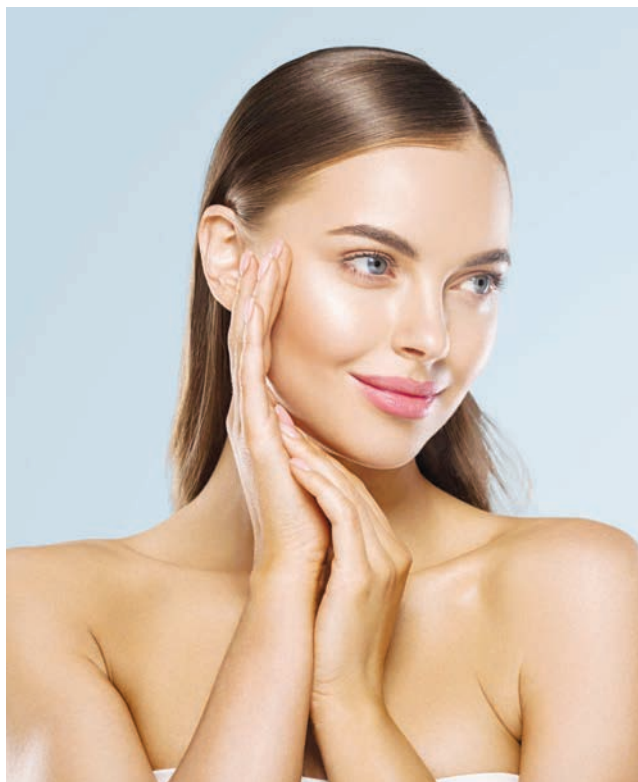
Diet plays a huge role in maintaining the youthfulness of your skin and that comes down to how much collagen your body is producing. It is the protein that provides the skin with its structure, suppleness and stretch. As we age, we produce less collagen in our skin that causes wrinkles and thinning of skin. There has been a boom of collagen supplements in the form of pills and powders, but it is not the best route to boost your skin's collagen production. The key difference is that food contains a bioavailable form of collagen your body can use right away. Moreover, over-the-counter supplements are largely unregulated. So, here are top seven foods that improve your skin's collagen:

Bone Broth

Bone Broth is one of the most popular sources of collagen. Cooked by simmering animal bones in water, this process extracts the collagen from the bones. You can even season the broth with spices. The broth is made of bones and connective tissue so it contains calcium, collagen, magnesium, phosphorus, amino acid and many other nutrients. To take care of the quality of your broth, make sure to buy meat from a reputable source.

Chicken

The white meat contains connective tissues which are a rich source of dietary collagen, no wonder so many



supplements are derived from chicken. Several studies have shown that the chicken's neck and cartilage is a source of collagen for arthritis treatment.

Fish and shellfish

Like other meats, fish and shellfish have bones and ligaments made of collagen. It is claimed that marine collagen is one of the most easily absorbed. However, we do not tend to consume the less desirable parts of the fish that contain more collagen such as the head and scales. In fact, researchers have proven that fish skin is a source of collagen peptides.

Egg whites

Eggs do not contain connective tissues like many other animal products, but have large amounts of proline, one of the three amino acids important for collagen production.

Citrus fruits

Vitamin C plays a prominent role in the production of pro-collagen, the body's precursor to collagen. Citrus fruits like oranges, grapefruit, lemons and limes are full of this vitamin. You must include a citrus fruit to your diet on a daily basis. You can do this by adding them to your cereals or salads.

Source: Herzindagi

Indian drug 2DG can reduce heart damage by coronavirus, find US researchers

A team of US researchers has identified how a specific protein in coronavirus damages heart tissue and they used a drug, currently in emergency use for the treatment of Covid in India, to reverse the toxic effects of that protein on the heart.

Dr Reddy's Laboratories last year announced the commercial launch of 2-deoxy-D-glucose (2DG) for treatment of Covid-19. 2DG was developed by the Institute of Nuclear Medicine & Allied Sciences (INMAS), a laboratory of the Defence Research and Development Organisation (DRDO), in collaboration with Dr Reddy's Laboratories (DRL), Hyderabad.

Now, researchers at the University of Maryland School of Medicine's (UMSOM) Center for Precision Disease have used 2DG to reverse the toxic effects of that protein on the heart.

The researchers said that fortunately, 2DG is inexpensive and is used regularly in laboratory research and is being used in clinical trials in India. The drug has not yet been approved by the US Food and Drug Administration (FDA) to treat the disease.

"Our research shows that individual SARS-CoV-2 proteins can each do major damage to specific tissues in the body – similar to what has been found for other viruses like HIV and Zika," said senior author Zhe Han, Professor of Medicine and Director of the Center for Precision Disease Modelling at UMSOM.

"By identifying these processes of injury in each tissue, we can test drugs to see whether any can reverse this damage; those drugs that show promise can then be further tested in clinical research studies," Han added.

Their findings, based on research with fruit flies and mouse heart cells, were published in Communications Biology, a Nature journal.

Last year, Dr Han and his research team identified the most toxic SARS-CoV-2 proteins in studies using fruit flies and human cells.

They found a promising drug, selinexor, which reduced the toxicity of one of these proteins, but not



the other one, known as Nsp6.

The team blocked sugar metabolism in fruit flies and mouse heart cells using the drug 2-DG. They found that the drug reduced the heart and mitochondria damage caused by the Nsp6 viral protein.

"We predict this drug that changes the metabolism in the heart back to what it was before infection would be bad for the virus, by both cutting off its energy supply and eliminating the pieces it needs to replicate," said Han.

Manufactured by Dr Reddy's, the drug has a purity of 99.5 per cent and is being sold commercially under the brand name 2DG.

It can be administered only upon prescription and under the supervision of a qualified physician to hospitalised moderate to severe Covid-19 patients as an adjunct therapy to the existing standard of care.

The emergency use approval for anti Covid-19 therapeutic application of the drug was granted on May 1, 2021.

Source: IANS



Air pollution exposure linked to higher cardiovascular disorder risk: US study

Long-term exposure to air pollution is associated with additional risk of cardiovascular disorders in those already having an underlying heart condition, according to a study.

The research, published recently in the Journal of the American College of Cardiology (JACC), evaluated the association between long-term exposure to small particulate matter 2.5 (PM2.5) and 10 (PM10), and coronary vasomotor disorders in patients with nonobstructive coronary artery disease (NOCAD), which is associated with poor cardiovascular outcomes.

Coronary vasomotor disorders are characterised by impaired ability to adequately adjust coronary blood flow to oxygen demand due to dysfunctional vasomotor function.

The researchers from Catholic University of the Sacred Heart in Rome, Italy and colleagues studied patients with myocardial ischemia and NOCAD undergoing coronary angiography and intracoronary provocation test, an established method for assessment of coronary artery spasm.

Both patients with chronic myocardial ischemia and nonobstructive coronary arteries and myocardial infarction with nonobstructive coronary arteries (MINOCA) were enrolled.

Based on each case's home address, exposure to PM2.5 and PM10 was assessed.

The study included 287 patients with a median age of 62 years. 149 of the participants were male and 161 had myocardial ischemia and nonobstructive coronary arteries while 126 had MINOCA.

Higher exposure to PM2.5 and PM10 in patients with myocardial ischemia and NOCAD is associated with coronary vasomotor abnormalities, the researchers said.

In particular, PM2.5 is an independent risk factor for the occurrence of epicardial spasm and MINOCA as clinical presentation, they said.

"Our study shows for the first time an association between long-term air pollution exposure and the occurrence of coronary vasomotor disorders, suggesting a possible role for pollutants in determining myocardial ischemia in patients with NOCAD," the authors of the study noted.

Source: PTI

Lab-grown blood given to people in world-first clinical trial

Scientists in the UK have infused blood cells grown in a laboratory into people in the first such clinical trial in the world.

If proven safe and effective, manufactured blood cells could in time revolutionise treatments for people with blood disorders such as sickle cell and rare blood types, the researchers said.

It can be difficult to find enough well-matched donated blood for some people with these disorders, they said.

The team, including researchers from the University of Cambridge in the UK, said the blood cells were grown from stem cells from donors. The red cells were then transfused into healthy volunteers.

This is the first time in the world that red blood cells that have been grown in a laboratory have been given to another person as part of a trial into blood transfusion, they said.

"We hope our lab grown red blood cells will last longer than those that come from blood donors," said chief



investigator Cedric Ghevaert, a professor at the University of Cambridge and NHS Blood and Transplant.

"If our trial, the first such in the world, is successful, it will mean that patients who currently require regular long-term blood transfusions will need fewer transfusions in future, helping transform their care," Ghevaert said in a statement.

The trial is studying the lifespan of the lab grown cells compared with infusions of standard red blood cells from the same donor.

The lab-grown blood cells are all

fresh, so the trial team expect them to perform better than a similar transfusion of standard donated red cells, which contains cells of varying ages, the researchers said.

If manufactured cells last longer in the body, patients who regularly need blood may not need transfusions as often, reducing iron overload from frequent blood transfusions, which can lead to serious complications, they said.

"This challenging and exciting trial is a huge stepping stone for manufacturing blood from stem cells," said Ashley Toye, a professor at the University of Bristol.

"This is the first-time lab grown blood from an allogeneic donor has been transfused and we are excited to see how well the cells perform at the end of the clinical trial," Toye said.

For the foreseeable future, manufactured cells could only be used for a very small number of patients with very complex transfusions needs, the researchers said.

Source: PTI

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Robotic arm catches cargo ship with food, supplies for astronauts

Days after a solar panel glitch worried engineers on Earth, Northrop Grumman's Cygnus cargo resupply spacecraft has arrived at the International Space Station. The spacecraft was captured by astronaut Nicole Mann using the robotic arm attached to the flying laboratory.

The Canadarm-2 captured the Cygnus spacecraft carrying dozens of new scientific experiments and food for astronauts, who will now work on spacecraft installation to the Unity module's Earth-facing port. Nasa said that the mission control in Houston will actively command the arm to rotate Cygnus to its installation orientation and then to guide it in for installation on the station's Unity module Earth-facing port.

The Cygnus spacecraft was launched on Monday on an Antares rocket from NASA's Wallops Flight Facility, Virginia. The 18th commercial resupply mission to the International Space Station by Northrop Grumman carried a supply of 3,700 kilograms of scientific investigations and cargo to the orbiting laboratory.

"The spacecraft is named the S.S. Sally Ride in honor of the late astronaut, physicist, and first American woman to fly in space," Nasa said in a blog update.

The spacecraft had suffered a glitch when only one of the two solar panels on the Cygnus capsule opened successfully following the predawn liftoff. Officials had assured that there was enough power from the solar panel for Wednesday's planned space station rendezvous.

Source: India Today

Microsoft starts rolling out iCloud Photos integration on Windows 11

Microsoft has started rolling out iCloud Photos integration into its Windows 11.

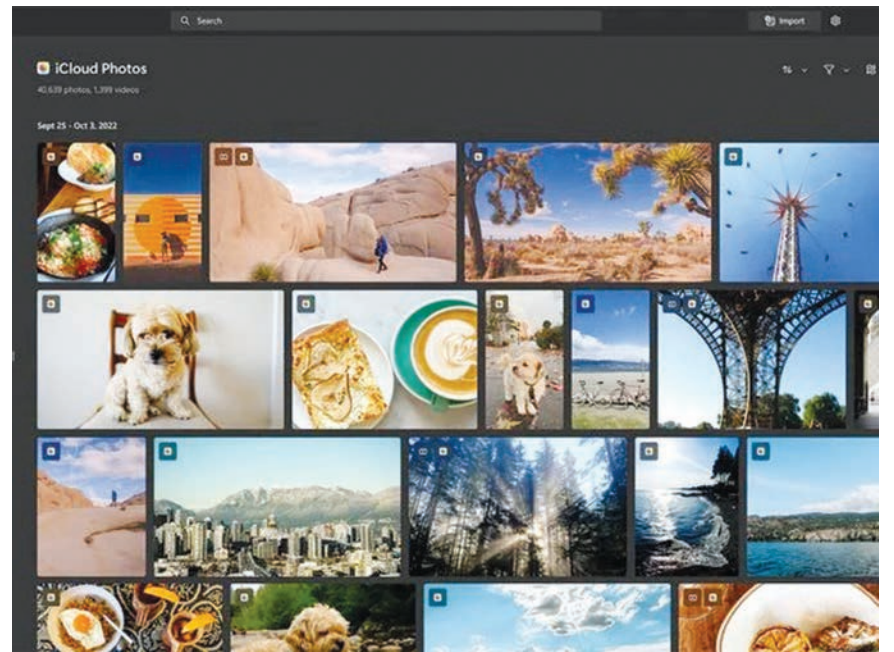
The new update offers the ability to link an iCloud Photos library directly into the built-in Windows Photos app, reports The Verge.

"We know that many Windows customers have photo and video collections on their iPhones that they would like to be able to view on their PC," Dave Grochocki, principal product manager lead for Microsoft's Windows inbox apps, said.

"This iCloud Photos integration will make it easier for those with an iPhone to have direct access to all their cherished memories in one organised place and is another step in our continued efforts to make experiences on Windows 11 seamless," Grochocki added.

The update includes a new gallery view, which provides an alternative method of browsing through the photos.

Windows 11 users will first need to update the Photos app from the Microsoft Store. They will then need to download the iCloud for Windows



app from the Store, sign in, and select which photo libraries should automatically sync to the Photos app. Microsoft and Apple have collaborated on the iCloud Photos integration, and they have plans to soon bring Apple Music and Apple TV apps to Windows.

Meanwhile, Microsoft added four new features in its collaboration app Teams -- Assign seats in Together mode, Create Video clips, Pop out shared content into a separate window and Microsoft 365 connected templates.

Source: IANS

Mastodon: All you need to know about the social network hailed as a Twitter alternative

With Twitter in disarray since the world's richest person took control of it last week, Mastodon, a decentralised, open alternative from privacy-obsessed Germany, has seen a flood of new users.

"The bird is free," tweeted Tesla mogul Elon Musk when he completed his \$44 billion acquisition of Twitter. But many free-speech advocates reacted with dismay to the prospect of the world's "town square" being controlled by one person and started looking for other options.

For the most part, Mastodon looks like Twitter, with hashtags, political back-and-forth and tech banter jostling for space with cat pictures.

But while Twitter and Facebook are controlled by one authority - a company - Mastodon is installed on thousands of computer servers, largely run by volunteer administrators who join their systems together in a federation.

People swap posts and links with others on their own server - or Mastodon "instance" - and also, almost as easily, with users on other servers across the growing network.

The fruit of six years' work by Eugen Rochko, a young German programmer, Mastodon was born of his desire to create a public sphere that was beyond the control of a single entity. That work is starting to pay off.

"We've hit 1,028,362 monthly active users across the network today," Rochko tooted - Mastodon's version of tweeting - on Monday. "That's pretty cool."

That is still tiny compared with his established rivals. Twitter reported 238 million daily active users who had seen an advert as of the second quarter of 2022. Facebook said it had 1.98 billion daily active users as of the third quarter.

But the jump in Mastodon users in a matter of days



has still been startling.

"I've gotten more new followers on Mastodon in the last week than I have in the previous five years," Ethan Zuckerman, a social media expert at the University of Massachusetts at Amherst, wrote last week.

Before Musk completed the Twitter acquisition on October 27, Mastodon's growth averaged 60-80 new users an hour, according to the widely-cited Mastodon Users account. It showed 3,568 new registrations in one hour on Monday morning.

Rochko started Mastodon in 2017, when rumours were spreading that PayPal founder and Musk ally Peter Thiel wanted to buy Twitter.

"A right-wing billionaire was going to buy a de facto public utility that isn't public," Rochko told Reuters earlier this year. "It's really important to have this global communications platform where you can learn what's happening in the world and chat to your friends. Why is that controlled by one company?"

Toots and instances

There is no shortage of other social networks ready to welcome any Twitter exodus, from Bytedance's Tiktok to Discord, a chat app now popular far beyond its original constituency of gamers.

Mastodon's advocates say its decentralised approach makes it fundamentally different: rather than go to Twitter's centrally-provided service, every user can choose their own provider, or even run their own Mastodon instance, much as users can e-mail from Gmail or an employer-provided account or run their own e-mail server.

No single company or person, can impose their will on the whole system or shut it all down. If an extremist voice emerged with their own server, the advocates say, it would be easy enough for other servers to cut ties with it, leaving it to talk to its own shrinking band of followers and users.

The federated approach has downsides: it is harder to find people to follow in Mastodon's anarchic sprawl than on the neatly ordered town square that centrally administered Twitter or Facebook can offer.

But its growing group of supporters say those are outweighed by the advantages of its architecture.

Source: Reuters

FACEBOOK PARENT META CUTS 11,000 JOBS, 13% OF WORKFORCE

Facebook parent Meta is laying off 11,000 people, about 13% of its workforce, as it contends with faltering revenue and broader tech industry woes, CEO Mark Zuckerberg said in a letter to employees on Wednesday, November 9.

The job cuts come just a week after widespread layoffs at Twitter under its new owner, billionaire Elon Musk.

There have been numerous job cuts at other tech companies that hired rapidly during the pandemic.

Zuckerberg as well said that he had made the decision to hire aggressively, anticipating rapid growth even after the pandemic ended.

"Unfortunately, this did not play out the way I expected," Zuckerberg said in a prepared statement.

"Not only has online commerce returned to prior trends, but the macroeconomic downturn, increased competition, and ads signal loss have caused our revenue to be much lower than I'd expected. I got this wrong, and I take responsibility for that." Meta, like other social media companies, enjoyed a financial boost during the pandemic lockdown era because more people stayed home and scrolled on their phones and computers.

But as the lockdowns ended and people started going outside again, revenue growth began to falter.

US consumer inflation eased to 7.7% over past 12 months**WASHINGTON (TIP)**

Price increases moderated in the United States last month in the latest sign that the inflation pressures that have gripped the nation might be easing as the economy slows and consumers grow more cautious.

Consumer inflation reached 7.7% in October from a year earlier and 0.4% from September, the Labor Department said Thursday, November 10.

The year-over-year gain was the smallest since January. Excluding volatile food and energy prices, "core" inflation rose 6.3% in the past 12 months and 0.3% from September.

The numbers were all lower than economists had expected. Even with last month's tentative easing of inflation, the Federal Reserve is widely expected to keep raising interest rates to try to stem persistently high price increases.

Many economists warn, though, that in continuing to aggressively tighten credit, the Fed is likely to cause a recession by next year.

So far this year, the Fed has raised its benchmark interest rate six times in sizable increments, heightening the risk that prohibitively high borrowing rates — for mortgages, auto purchases and other high-cost expenses — will tip the



world's largest economy into recession.

Inflation was near the top of many voters' minds in the midterm congressional elections that ended Tuesday.

Their economic anxieties contributed to the loss of Democratic seats in the House of Representatives, though Republicans failed to score the huge political gains that many had expected. Even before Thursday's figures, inflation by some measures had begun to ease and could continue to do so in coming months.

Most gauges of workers' wages, for example, show that the robust pay increases of the past 18 months have leveled off and have begun to fall.

Though worker pay is not a primary

driver of higher prices, it can compound inflationary pressures if companies offset their higher labor costs by charging their customers more.

Except for automakers, which are still struggling to acquire the computer chips they need, supply chain disruptions have largely unsnarled. Shipping costs have dropped back to pre-pandemic levels.

The backup of cargo ships off the port of Los Angeles and Long Beach has been cleared. And as declines in new rents that have emerged in real-time measures from such sources as ApartmentList and Zillow begin to be captured in the government's forthcoming measures, that factor should also reduce inflation.

Even as many fear that the economy will fall into recession next year, the nation's job market has remained resilient. Employers have added a healthy average of 407,000 jobs a month, and the unemployment rate is just 3.7%, close to a half-century low. Job openings are still at historically high levels. But the Fed's rate hikes have inflicted severe damage on the American housing market.

The average rate on a 30-year fixed mortgage has more than doubled over the past year, topping 7% before falling slightly last week.

Source: AP

Elon Musk warns of Twitter bankruptcy as more senior executives quit**CALIFORNIA (TIP)**

Twitter Inc's new owner Elon Musk on Thursday, November 10, raised the possibility of the social media platform going bankrupt, capping a chaotic day that included a warning from a US privacy regulator and the exit of the company's trust and safety leader.

The billionaire on his first mass call with employees said that he could not rule out bankruptcy, Bloomberg News reported, two weeks after buying it for \$44 billion - a deal that credit experts say has left Twitter's finances in a precarious position.

Earlier in the day, in his first company-wide email, Musk warned that Twitter would not be able to "survive the upcoming economic downturn" if it fails to boost subscription revenue to offset falling advertising income, three people who have seen the message told Reuters.

Yoel Roth, who has overseen Twitter's response to combat hate speech, misinformation and spam on the service, resigned on Thursday, two people familiar with the matter told Reuters.

In his Twitter profile on Thursday, Roth described himself as "Former Head of Trust & Safety" at the company.

Roth did not respond to requests for comment. Bloomberg and tech site Platformer reported his exit first.

Earlier on Thursday, Twitter's Chief Information Security Officer Lea Kissner tweeted that she had quit.

Chief Privacy Officer Damien Kieran and Chief Compliance Officer Marianne Fogarty also resigned, according to an internal message posted to Twitter's Slack messaging system on Thursday by an attorney on its privacy team and seen by Reuters.

Robin Wheeler, the company's top ad sales executive, told employees in a memo that she was staying at the company, a person who had seen the message said,



diverging from earlier media reports that she too would be leaving.

"I'm still here," Wheeler tweeted late on Thursday.

The U.S. Federal Trade Commission said it was watching Twitter with "deep concern" after the three privacy and compliance officers quit. These resignations potentially put Twitter at risk of violating regulatory orders.

Musk attorney Alex Spiro told some employees in an email late on Thursday that Twitter would remain in compliance.

"We spoke to the FTC today about our continuing obligations and have a constructive ongoing dialogue," Spiro wrote.

He stated that only Twitter, not individual employees, could be held liable against the orders.

"I understand that there have been employees at Twitter who do not even work on the FTC matter commenting that they could (go) to jail if we were not in compliance - that is simply not how this works," he wrote.

In his first meeting with many employees at Twitter on Thursday afternoon, Musk warned that the company may lose billions of dollars next year, the Information reported.

Source: Reuters

Centre could cut spending for first time in 3 years: Report

Spending by the Indian Government this fiscal year could be less than budgeted for the first time in three years, two sources with direct knowledge of the matter told Reuters, amid a push to meet a fiscal deficit target of 6.4% of gross domestic product.

Total expenditure for the 2022/23 fiscal year that started on April 1 could come in ?70k crore to ?80k crore below the budgeted Rs 39.45 lakh crore, the sources said, requesting anonymity.

The government is keen to rein in the fiscal deficit as it is well above the historical levels of between 4% and 5%, having shot up to a record of 9.3% during the first year of the COVID-19 pandemic in 2020/21.

Though tax cuts on fuel, aimed at reducing the impact of soaring global energy prices, could reduce revenues by more than Rs 1 lakh crore, one of the sources said total revenues were still expected to increase by over Rs 1.5 lakh crore to Rs 2 lakh crore this year.

The rise in revenues would still not be enough to cover anticipated additional expenses with, for example, the government potentially having to provide additional food and fertiliser subsidies of Rs 1.5 lakh crore to Rs 1.8 lakh crore, according to the sources.

Despite those pressures, the government remains intent on achieving its deficit target, according to one of the sources.

"The government is not going to budge from the fiscal deficit target," the source said, noting that an "expenditure rationalisation" would be required.

The sources did not say which sectors were likely to be affected by expenditure cuts as discussions over revised budget estimates were ongoing and a final call would be taken by the end of December.

Shree Ganeshaya Namah



VEDIC ASTROLOGER NASTUR BEJAN DARUWALLA

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The Indian Panorama brings you Weekly and Birthday Horoscope by Nastur Bejan Daruwalla

WEEKLY HOROSCOPE - NOVEMBER 14 TO NOVEMBER 20



ARIES : Ganesha says this week of your dream endeavor is this one. You'll spend most of your time on it. Positive notice will come your way because of your self-confidence. This week, refrain from purchasing anything, no matter how small. This week, a star in the zodiac of your relationship will have a significant and positive impact on your life. This week, your connectivity will improve as if nothing went wrong. Your daily exercise routine and nutrition will keep you alive this week. You'll also get to spend some time outside. Sticking close to the outdoors can assist you unwind this week.



TAURUS : Ganesha says, this week, limit your professional comments to solely smarter ones. A disagreement at work is unavoidable. Significantly greater ones will question your value, but don't feel worried, your job will be secure, and everything will soon be remembered. You'll choose beauty this week above emotion. This week, seek for sincere connections to help you find the right individual. You'll encounter somebody this week who will stand by you regardless of what. This week, you'll be more prone to mild ailments, so take precautions and steer clear of eating out.



GEMINI : Ganesha says, your energy at business will be squandered on social gamesmanship, but you must continue for your own business gain. This week, your company will see a ray of hope thanks to someone's help. This week, you won't be able to spend valuable time with your partner, and as a consequence of your inclination, they'll stop being interested in you. Make an effort to repair your connection by going to a meeting with your substantial other. Due to increasing pressure, this week at work will be challenging. Assure you get enough sleep this week. Associated with psychological distress should not be indulged in this week.



CANCER : Ganesha says, you won't be able to deal with customers, coworkers, and other people in a productive manner if you can't connect with them in the first half of the week. Your opinions will be completely at odds with theirs. This week will need a lot of concessions from you. While it is great to respect your partner's choices, it is not acceptable to continue a connection just for the sake of another person. This week, you and your companion will talk about it. Your friend will be hurt for a while, but you'll keep them around for a better time. The only way to achieve everything you desire in life is to maintain good health. You'll have some fatigue in the afternoon. Try to accomplish anything this week that gives you energy.

LEO : Ganesha says, the fruits of your labors will be evident at employment this week. This week, somebody will try to discredit you by saying your decisions were



poor. Avoid making bets and betting this week if you have income or valuables. Communication is one important component of a relationship. Your friend will be amazed by your skills this week. Husbands and wives will have the chance to make new goals that will improve their union. You must not neglect to take care of your wellness. You must take excellent responsibility of your health since it is the finest priceless gift God has given you.



VIRGO : Ganesha says, it is not advised to make investments in small but distinctive enterprises. Try to maintain your focus on a particular thing. This week, be careful not to exceed your abilities while yet giving your best to anything you do. Romance has never been prioritized over everything else in your existence. This week, you'll meet someone amazing, but you'll also meet someone who will change your perspective. You'll start to perceive love from a new perspective. Try to drink 7 gallons or more of water each day this week. This week, take care of your organs even though you can become dehydrated.



LIBRA : Ganesha says, this week at employment, you will be pleased to check your acquisition record. Your managers will see you favorably for the position. You'll need to improve your skills and expertise, so make sure you learn from the correct providers if you want to get the outcomes you want. You'll put your love life on wait this week. Jupiter is in a favorable situation this week, so ensure you advise your mate to exercise caution. Prevent extensive talks about destiny if at all feasible; alternatively, this week's events will appear more and more speculative. You won't lose any fitness, and your love life will stay fit and strong this week. You'll have to use caution given your gastrointestinal issues.



SCORPIO : Ganesha says, this week, your job will bring you joy somewhat than make you seem worn out. Regardless of how hard you try to get a greater job, the knowledge you gain from your present job will be priceless. Knowing more will give you greater alternatives as you get older. Individuals who are just starting to date will argue about a little issue. You will need to be the one who moves cautiously in these circumstances. Although you might not have big expectations for your romantic life this week, everything will get better. You won't need to stress since your condition will be OK. Consume ample amount of water and take your medicines as directed.

SAGITTARIUS : Ganesha says, this week, it seems like your fourth sector is powerful, which will help your business factions. Advantages may come in the form of cash payments or the hiring of



a highly creative individual who will change the course of your company and generate large potential financial gains. Committed individuals will devote time to interact with their partners. You'll also think about how to greet the newest member of the household. Your relationship may not be ideal, but beginning this week, a few adjustments may help. Your wellness will be impacted by any sensitive substances you consume or use, so avoid irritants this week and have your anti-allergy drugs close by.



CAPRICORN : Ganesha says, if you've been pondering applying for finance, this is the week when your company financing will be granted. For individuals working in the manufacturing and textile sectors, this week will be excellent. Consider it a commitment to keep track of all of the assignments you have received. This week, you'll meet somebody who will ultimately break your spirit. The other person will take a decision, and you should follow your gut feeling. You shouldn't overanalyze your connection at this point; it's still too early. You are more likely to encounter problems due to a shortage of air. Ensure that you refrain from visiting any restricted or busy locations. This time, attempt to avoid using bad food.



AQUARIUS : Ganesha says, if you operate in the fashion industry or any other creative industry, ensure that you keep oneself updated. This week, complete all necessary tasks before Thursday and stay away from late-night professional activity. This week's transit of Venus will result in some unforeseen results. You and your partner will have a protracted conversation regarding their upbringing, history, and psychological wellbeing. Ensure that you have excellent hearing. You'll get a new cognitive map and a better knowledge of your partner this week. At the conclusion of the week this week, you'll have to cope with migraines. Take care not to leave your stress at work when you depart. Get a decent rest this week.



PISCES : Ganesha says, this week, investing in the financial market will produce fantastic results. Applying for I.P. Os here will earn you a sizable returns. Typical employees should be selective in the duties they choose and strive hard to meet this week's objectives. Your relationship will help you advance professionally this week. They will focus on providing you access to crucial relationships that will be incredibly helpful to you. Appreciate their efforts on your behalf this week, and Jupiter's advantages will make it easier for you to unwind. Your energy deprivation will make you irritable and irritated. This week, get some rest, even if it's throughout your business time, to keep your mind in shape.

BIRTHDAY HOROSCOPE : NOVEMBER 14 TO NOVEMBER 20
BY ASTRO FRIEND CHIRAG - SON OF ASTROLOGER BEJAN DARUWALLA

NOVEMBER 14 : Ganesha says although you work hard and are sincere; you occasionally face a lot of criticism because of your inclination to be gloomy, timid, and envious. For those who are prepared to take financial and business risks today, it will be quite advantageous. An amazing yet brief new romance will emerge. It will bring comfort and peace to travel or make a pilgrimage. The organization for which you work will undergo some exciting changes. The likelihood of multiple sources of financial advantage is high. Investing in bonds and real estate would also benefit you.

NOVEMBER 15 : Ganesha says your helping nature makes you good at talking and helps you quickly make friends, but you need to check your tendency to act occasionally, spendthrift and stubborn. Good financial gains, as well as recognition and numerous rewards, are anticipated today. Building new alliances and partnerships appears to be supported by your stars. Some people may receive promotions and transfers. Selective speculating would be advantageous, so take extra caution not to lose hard-earned money.

NOVEMBER 16 : Ganesha says while you are gifted with excellent imagination and intuition and have outstanding leadership qualities, you need to restrain

your temptation to occasionally act extravagantly, hypocritically, and stubbornly. Both your financial well-being and physical health will be good today. Entrepreneurs will finance more lucrative projects. With the help of social gatherings and travel, promising contacts will grow. In spite of your chaotic behavior with her, your spouse will be quite accommodating and show you her whole love and affection.

NOVEMBER 17 : Ganesha says you have a great appreciation for good writing and music, and you enjoy hanging out with others who share your interests. However, you need to learn to control your tendency to act irrationally, impatiently, and destructively at times. You should be prepared for new assignments today and to handle positions with significant duties. As previous investments start reaping rewards, your financial situation stabilizes. Prosperity and happiness are brought into the home by better finances. It would be possible to travel frequently and earn high money for it.

NOVEMBER 18 : Ganesha says you are enthusiastic and highly helpful, but you need to learn to control your tendency to act impatiently, quickly, and timidly at times. Your self-assurance will increase today. Amazing company entrepreneur talents would

be advantageous to you. There would be plenty of new tasks and assignments to increase your prosperity. The entire family's emotions will be lifted later in the day by some exciting news from abroad. Concerns for a family member's infant's health may arise. Building new alliances would be a benefit of travel.

NOVEMBER 19 : Ganesha says today, wealth would result from new alliances and collaborations. You'll be at the height of your self-assurance and resolve. Gains in terms of money as bad debts and late payments are recovered. For a pilgrimage or lucky rituals, a long journey cannot be ruled out. Real estate and stock speculation will turn out to be beneficial. Because of their boss's erratic behavior, those in service may experience a stressful time at work. Your partner would be understanding of your worries and show you love and affection. a beginning

NOVEMBER 20 : Ganesha says your happiness and financial success today are guaranteed. To accomplish your objectives, you must take no shortcuts. Entrepreneurs will explore new, lucrative directions. Any conflicts over property would be resolved to your satisfaction. Your concern would be for your spouse's health. Toward the end of the day, you'll be tired but happy. It would be beneficial to spend time with friends because they would be sympathetic to your issues.

|| SHREE GANESHAY NAMA ||



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Kaal Bhairav Jayanti

Bhairav Ashtami, also known as Bhairavashtami, Bhairava Jayanti, Kaal-Bhairava Ashtami and Kaal-Bhairava Jayanti, is the holy day of Hinduism that is the day of taking Bhairava, a sinister and angry incarnation of Lord Shiva. This day is celebrated as the birth anniversary of Bhairava. It falls on the fifteenth day (Ashtami) of the Hindu month of Kartik, in the fortnight of the decreasing moon (Krishna Paksha). Bhairav Ashtami falls on a single day in November, December or January. The name Kalashtami is sometimes used to refer to this day, but can also refer to any Ashtami in the Krishna Paksha, all these are the holy days of Bhairava, also known as Dandapani. Lord Bhairav's vehicle is a dog, that is, Lord Bhairava rides a dog.

Bhairava is the incarnation of Lord Shiva in the form of anger. It can be said that Bhairava is the manifestation of Lord Shiva's wrath. According to the narrative narrated on this occasion, the trinity gods, Brahma, Vishnu and Shiva were talking in a serious mood about who was the best among them. In this debate, Shiva got a little angry with the comment made by Brahma and instructed his gana Bhairava to cut off one of the five heads of Brahma. Bhairava obeyed Shiva's command and one head of Brahma was cut off and thus he became the four head. Filled with fear, all the others prayed to Shiva and Bhairava.

According to the legend, when Brahma insulted Shiva, Kaal Bhairava appeared from the forehead of the enraged Shiva and cut off Brahma's head, leaving only four heads. Due to the sin of killing Brahma, Brahma's head got stuck on the left palm of Bhairava - Brahmana or Brahmanism. To get rid of the sin of Brahmana, Bhairava had to fast for a Kapali. Wandering the world as a naked beggar with the skull of a beggar as his beggar. Bhairav's sin comes to an end when he reaches the holy city of Varanasi, where a temple dedicated to him still exists.

Lord Bhairav or Bhairon is an incarnation (avatar) of Lord Shiva. Lord Bhairav is widely worshipped by tantriks and yogis to gain various siddhis. Bhairon is regarded as the protector and the kotwal. In astrology Lord Bhairav is the Lord of star (graha) Rahu so to attain the maximum benefits of Rahu, people worships Lord Bhairav. Bhairav is a fierce form of Shiva. It is believed that Bhairon is connected to the Mahavidya goddess named Bhairavi who gives Lagna shuddhi (purification of the follower). This purifies and protects the body, character, personality and other qualities associated with the follower. Worship of Lord Bhairon is very useful to win over your enemies, success and all materialistic comforts. It is very easy to please lord Bhairav by doing normal worship daily. Coconut, Flowers, Sindoor, Mustard oil, black til etc are offered to the God to get God's Blessings. Bhairava himself has eight manifestations, Kala Bhairava, Asitanga Bhairava, Samhara Bhairava, Guru Bhairava, Krodh Bhairava, Kapala Bhairava, Rudra Bhairava and Unmatta Bhairava.

Origin of Lord Bhairav

The origin of Bhairava or Bhairon can be drawn from the conversation between Lord Brahma and Lord Vishnu described in "Shiv Maha-Puran" where Lord Vishnu asks Lord Brahma who is the supreme creator of the Universe. Lord Brahma proclaimed himself to be that superior person. On hearing this, Lord Vishnu chided Lord Brahma for his hasty and overconfident words. After the debate they decided to seek the answer from the four Vedas. Rig Veda designated Lord Rudra (Shiva) as supreme as He is the omnipotent deity who controls all living beings. Yajur Veda replied that He, whom we worship through various Yajnas (Yagna) and other such rigorous rituals, is none other than Shiva, who is supreme. Sam Veda stated that the respected figure who is worshipped by various Yogis and that



Important information

Kaal Bhairava Jayanti 2022

Wednesday, 16 November 2022

Ashtami Date Start : 16 November 2022 at 05:49 AM

Ashtami Date ends : 17 November 2022 at 07:57 AM

Person who controls the entire world is none other than Triambakam (Shiva). Finally, Atharva Veda said, all human beings can see the Lord through Bhakti Marg and such a deity who can remove all the worries of human beings is indeed Shankar (Shiva). But both Lord Brahma and Lord Vishnu started laughing in disbelief.

Then Lord Shiva appeared as a powerful divine light. Lord Brahma stared at Him furiously with his fifth head. Lord Shiva immediately created one living being and stated that he will be King of Kaal and will be known as Kaal (Death) Bhairav. Meanwhile, Lord Brahma's fifth head was still burning with fury and Kaal Bhairav pulled that head from Brahma. Lord Shiva directed Bhairav to go around various holy places (teerths) to get rid of Brahma Hatya. Kaal Bhairav, with Brahma's head in his hand, started took bath in various holy places (Teerths), worshipped various Lords, nevertheless saw that Brahma Hatya Dosh was following him all along. He could not get rid of that affliction. Finally, Kaal Bhairav reached the Moksha Puri, Kashi. The moment Kaal Bhairav entered Kashi, Brahma Hatya Dosh disappeared into the netherworld. The head of Brahma, (Kapal) fell at a place which was called Kapal Mochan and there was a Teerth which was later called Kapal Mochan Teerth. Then onwards Kaal Bhairav stationed himself permanently in Kashi, giving shelter to all his devotees. Those living in or visiting Kashi, must worship Kaal Bhairav and he grants protection to all his devotees.

Ashtami day (eighth day after Purnima) in the month of Margashirsha is an important day for worshipping Kaal Bhairav. Besides, Sundays, Tuesdays, Ashtami and Chaturdasi days are very important for worshipping Kaal Bhairav. A person who circumambulates Lord Kaal Bhairav eight times will be absolved of all the sins committed by him. A devotee who worships Kaal Bhairav for six months will attain all types of Siddhi. (Kashi Khand, Chapter 31).

Another story of the origin of Bhairava is the tale of Shiva and Shakti. Shakti, the daughter of the king of gods, Daksha chosen Shiva for marriage. Her father disapproved the marriage because he alleged that Shiva resides in jungles with animals and ghosts and hence has no equality with him. But Shakti decides otherwise and marry Shiva. After some time King Daksha held a Yagna and invited all the gods, but not Shiva. Shakti came to the yagna alone, where Daksha publicly spoke in a belittling manner about Shiva. Shakti could not bear to hear her husband insult and jumped in the holy fire of Yagna and sacrificed her.

On hearing this Lord destroyed the yagna and killed Daksha by beheading him. Then Shiva carried Shakti's corpse on his shoulders and ran uncontrollably all around the world for days. Since this would eventually destroy all creation, Vishnu used his Sudarshan Chakra to cut Shakti's body into pieces, which then fell all around. These spots where Shakti's body parts fell are now known as Shakti Peethas. In the form of the frightful Bhairava, Shiva is said to be guarding each of these Shakti Peeths. Each Shaktipeeth temple is accompanied by a temple dedicated to Bhairava (Bhairon).

There are eight types of Bhairava and they are called ashta Bhairava. They are Asitanga Bhairavar, Ruru Bhairavar, Chanda Bhairavar, Krodh Bhairava, Unmatta Bhairavar, Kapala Bhairavar, Bhisana Bhairavar and Samhara Bhairavar. Apart from these eight forms there is yet another form called Swarna akarshana Bhairavar. Maha Bhairavar is said to be Shiva himself.

He is also the "Aapaduddhaarana murti" – the one who uplifts us in times of crisis. He averts all kinds of dangers. The one who worships Swarna akarshana Bhairava gets everything. He gets all the wealth and richness in his life and also is constantly protected from all the perils in his life. Above all, because Swarna akarshana Bhairava is the one of the Bhairava – the terrifying ones – he liberates us from all the patterns and karmas causing the cycle of birth and death.

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"If Hindus don't maintain Hinduism, who shall save it?"

"If India's own children don't cling to their faith, who shall guard it?"

"Indians alone can save India, and India and Hinduism are one."

contd from page 1

Joe Biden to meet Xi Jinping...

"What I want to do with him when we talk is lay out what each of our red lines are and understand what he believes to be in the critical national interests of China, what I know to be the critical interests of the United States," Mr. Biden said. "And determine whether or not they conflict with one another."

A senior administration official, speaking on the condition of anonymity to discuss the summit, sought to downplay expectations for the meeting, telling reporters on Thursday that there was no joint communique or deliverables anticipated from the sit-down. Rather, the official said, Mr. Biden aimed to build a "floor for the relationship." Mr. Biden and Mr. Xi traveled together in the U.S. and China in 2011 and 2012 when both leaders were serving as their respective countries' vice presidents, and they have held five phone or video calls since Mr. Biden became President in January 2021. But the U.S.-China relationship has become far more complicated since those getting-to-know-you talks in Washington and on the Tibetan plateau a decade ago. As President, Mr. Biden has repeatedly taken China to task for human rights abuses against the Uyghur people and other ethnic minorities, Beijing's crackdowns on democracy activists in Hong Kong, coercive trade practices, military provocations against self-ruled Taiwan and differences over Russia's prosecution of its war against Ukraine.

Weeks before Vladimir Putin launched his invasion of Ukraine, the Russian president met with Mr. Xi in Beijing and the two issued a memorandum expressing hopes of a "no limits" relationship for their nations. China has largely refrained from criticizing Russia's war but thus far has held off on supplying Moscow with arms.

"I don't think there's a lot of respect that China has for Russia or Putin," Mr. Biden said Wednesday. "And in fact, they've been sort of keeping the distance a little bit." The leaders were also expected to address U.S. frustrations that Beijing has not used its influence to press North Korea to pull back from conducting provocative missile tests and to abandon its nuclear weapons program. Mr. Biden was set to discuss threats from North Korea with the leaders of South Korea and Japan a day before sitting down with Mr. Xi.

Mr. Xi's government has criticized the Biden administration's posture toward Taiwan - which Beijing looks eventually to unify with the communist mainland - as undermining China's sovereignty and territorial integrity. The Chinese president also has suggested that Washington wants to stifle Beijing's growing clout as it tries to overtake the U.S. as the world's largest economy. Tensions over Taiwan have grown since House Speaker Nancy Pelosi visited Taiwan in August.

Biden said that he's "not willing to make any fundamental concessions" about the United States' Taiwan doctrine. Under its "One China" policy, the United States recognizes the government in Beijing while allowing for informal relations and defense ties with Taipei. It takes a stance of "strategic ambiguity" toward the defense of Taiwan - leaving open the question of whether it would respond militarily were the island attacked.

Mr. Biden caused a stir in Asia in May when at a news conference in Tokyo, said "yes" when asked if he was willing to get involved militarily to defend Taiwan if China invaded. The White House and Defense Secretary Lloyd Austin were quick to clarify that there was no change in U.S. policy. Beijing sees official American contact with Taiwan as encouragement to make the island's decades-old de facto independence permanent, a step U.S. leaders say they don't support. Ms. Pelosi is the highest-ranking elected American official to visit since then-Speaker Newt Gingrich in 1997.

Mr. Xi has stayed close to home throughout the global COVID-19 pandemic, where he has enforced a "zero-COVID" policy that has resulted in mass lockdowns that have roiled the global supply chains. He made his first trip outside China since start of the pandemic in September with a stop in Kazakhstan and then onto Uzbekistan to take part in the eight-nation Shanghai Cooperation

Organization with Mr. Putin and other leaders of the Central Asian security group.

U.S. officials were eager to see how Mr. Xi approaches the meeting after being newly empowered with a third term and consolidating his position as the unquestioned leader of the state, saying they would wait to assess whether that made him more or less likely to seek out areas of cooperation with the U.S. They emphasized that party congress results reinforced the importance of direct engagement with Mr. Xi, rather than lower level officials whom they've found unable or unwilling to speak for the Chinese leader. (Agencies)

Control of Congress hangs in balance...

Georgia into a proxy battle for the chamber, which among other powers holds sway over President Joe Biden's judicial appointments. Meanwhile, Republicans were slowly inching closer to wresting control of the House of Representatives from Mr. Biden's Democrats, which would effectively give them veto power over his legislative agenda and allow them to launch a bevy of investigations into his administration.

Republicans had secured at least 211 of the 218 House seats they need for a majority, Edison Research projected late on Thursday, while Democrats had won 197. That left 27 races yet to be determined, including a number of close contests. The Republican House leader, Kevin McCarthy, has already announced his intention to run for speaker if Republicans take over, an outcome he described as inevitable on Wednesday.

Mr. Biden told reporters on Thursday he and Mr. McCarthy had spoken but said he had not yet abandoned hope that Democrats could still prevail in the House, despite the tough odds. "It's still alive," he said of their chances. The outcome of the Arizona and Nevada Senate races, where Democratic incumbents were trying to fend off Republican challengers, may not be known for days yet. Officials in both states have said it could take until next week to finish tallying uncounted mail ballots.

No 'red wave'. Tuesday's results fell far short of the sweeping "red wave" that Republicans had expected, despite Mr. Biden's anemic approval ratings and deep voter frustration over near-unprecedented inflation. Democrats portrayed Republicans as extremist, pointing to the Supreme Court's decision to eliminate a nationwide right to abortion and the hundreds of Republican nominees who promoted former President Donald Trump's false claims that the 2020 election was fraudulent. Some of Trump's most high-profile endorsed candidates lost pivotal races on Tuesday, marring his status as Republican kingmaker and leading several Republicans to blame his divisive brand for the party's disappointing performance.

The outcome may increase the chances that Florida Governor Ron DeSantis, who routed his Democratic challenger on Tuesday, opts to challenge Mr. Trump for the 2024 presidential nomination. While Trump has not officially launched a third White House campaign, the former president has strongly suggested he will do so and is planning a "special announcement" at his Florida club on Tuesday. Mr. Trump lambasted Mr. DeSantis in a statement on Thursday, taking credit for the governor's political rise, while attacking critics on his social media site, Truth Social.

Even a narrow Republican House majority would be able to demand concessions in exchange for votes on key issue such as raising the nation's borrowing limit. But with few votes to spare, Mr. McCarthy might struggle to hold his caucus together - particularly the hard-right faction that is largely aligned with Trump and has little interest in compromise.

Economic, financial ties a critical part...

"Today, we face global headwinds and divergent economic pressures. The world economy was still recovering from the COVID-19 pandemic when Russia launched its brutal, unjustified invasion of Ukraine. This generated an unwelcome shock to fuel and food prices and greatly exacerbated inflation pressures," Ms. Yellen noted in the presence of Finance Minister

Nirmala Sitharaman.

"But challenges like this help strengthen partnerships like the one that exists between the U.S. and India by demonstrating the necessity of cooperation and clear and open communication. Our strong trade, investment, and people-to-people ties make the bilateral economic and financial relationship a critical element of that partnership," she said.

India's membership in the Indo-Pacific Economic Framework and efforts to make the two countries' supply chains more resilient through what she called 'friend-shoring' are tightening bilateral ties further, the Treasury Secretary said, expressing eagerness to discuss shared priorities with India as it assumes the G20 presidency in coming weeks.

Mooting open, frank and productive bilateral discussions at the meeting, Ms. Yellen said she also hoped that the mutual understanding 'we build will help us work together to advance our shared goals, including mitigating the existential risk of climate change, evolving multilateral institutions, and addressing the debt burden faced by many developing countries.'

India will continue to rely on close cooperation of the United States to address the global economic challenges in more coordinated manner and in strengthening multilateralism, Union Finance Minister Nirmala Sitharaman said.

"India deeply values its relationship with the United States as a trusted partner. We share a traditionally strong bilateral relationship underpinned with shared values, convergence of interests on wide ranging issues," the minister said at the meeting of the India-U.S. Economic and Financial Partnership.

"The Quad and the Indo Pacific Economic Framework have further expanded our cooperation and serve as an important forum for stronger collaboration in developing sustainable economies, ensuring global health security, resilient supply chains, clean energy technologies, green infrastructure, and climate finance," she said.

"Our substantial, multi-faceted cooperation through the economic and financial partnership forum remains a key cornerstone of our bilateral engagement," Ms. Sitharaman said, hoping today's meeting will lend greater rigor to the economic relationship, strengthen businesses to business links, and facilitate coordinated policy stance to address the pressing global economic challenges.

Five Indian-Americans make it to US...

Apart from these five politicians, many others from the community won across the country for state legislatures. The current House of Representatives has four Indian-American lawmakers, and they all are Democrats - Bera from the sixth Congressional district of California, Khanna from the 17th Congressional District of California, Raja Krishnamoorthi from the eighth Congressional District of Illinois and Pramila Jayapal from the seventh Congressional District of Washington State. For his fourth consecutive term, Khanna swept the 17th Congressional District with more than 70 per cent of the votes polled against his Republican rival, Indian American Ritesh Tandon.

Krishnamoorthi, 49, won his fourth consecutive term by defeating Republican candidate Chris Dargis by a margin of over 12 per cent of the votes.

Krishnamoorthi, who was attacked by right-wing Muslim fundamentalists during the election campaign, in his victory speech called on all candidates everywhere to "denounce violence and bigotry" and "focus on what we share in common as Americans." "Whatever side you're on in this election, those on the other side are not your enemy," he continued. "We are all Americans, and we must work together on behalf of a better and stronger nation," he said in his victory speech. He serves on the House Permanent Select Committee on Intelligence, the House Committee on Oversight and Reform, and the Select Subcommittee on Coronavirus.

(Read full story at www.theindianpanorama.news)

Best backwaters destinations In Kerala

Kerala's popularity as a tourist destination can be attributed to its wonderful tropical climate, Ayurveda, wildlife, forts, and, most of all, backwaters. The backwater destinations in Kerala present a spectacular sight, flanked by palm trees whose reflections form a perfect image on the clear waters.

The best way of exploring the backwaters, however, is on a houseboat, also known as "kettuvallam". Traditionally used for transporting rice, spices, and passengers, they take you to the otherwise inaccessible hinterlands of the state. At night, when the surroundings are bathed in blue, the perfect silence is interrupted by the rhythmic sound of the paddles. The sweetness of such moments stays on for a long time. If you have not visited the backwaters of Kerala, you have missed out on an incredible experience. This blog lets you know the best backwater destinations in Kerala that you should visit.

Kumarakom Backwaters

The small village of Kumarakom, a collection of tiny islands on the Vembanad Lake, is a part of the Kuttanad region. The bird sanctuary, spread across 14 acres of land, is visited by migratory birds, thus making it a perfect haven for bird lovers and ornithologists. Some birds observed on this lake are Egrets, Darters, Herons, Teals, Waterfowls, Cuckoo, Wild Duck, and migratory birds like Siberian Stork, among others. It's also one of the most enchanting backwater destinations in Kerala. Visitors can enjoy fishing and boat tours here. These boat tours circle the islands and provide an amazing view of the coconut palms and the water birds.

Alleppey Backwaters

The Alleppey Backwaters are one of the most popular Kerala backwater destinations. A houseboat cruise on these backwaters is an enchanting experience. Today's houseboats are a modified version of the "Kettuvallams" that existed in the olden times. Located around 62km southward of Kochi, the backwaters connect this place to those of Kochi and Kumarakom.

Kozhikode Backwaters

The Kozhikode Backwaters are also known as the Vasco Da Gama, the first European landed here in 1948. The virgin backwaters here leave visitors with memories to cherish for a lifetime. Catching a ride on the Kozhikode Houseboats is the best way of experiencing the beauty of the backwaters. The houseboats here are enormous in size yet move graciously enough. One can witness some spectacular scenery around the Kallai River and Canoli canals. Explore the best holiday packages in Kozhikode.

Kasargod Backwaters

Kerala is home to several backwater destinations, each offering a unique experience. When you explore the Kasargod Backwaters with Kerala backwaters houseboat tour packages, know that you are in for a thrilling experience. A backwater cruise here takes you to a lush landscape where 4 tiny islands, embraced by river streams, join these backwaters. The best part is they are still away from the prying eyes of the tourists and offer complete



solitude and tranquility.

Ashtamudi Backwaters, Kollam

The backwater stretches of Ashtamudi are believed to be the second largest and deepest wetland ecosystem. When you enter these backwater stretches, you are greeted by coconut groves and palm trees scattered among the villages. The Ashtamudi Lake, which also serves as the gateway to the backwaters of Kerala, has inspired many writers and artists. One familiar sight here is that of the Chinese Fishing Nets, also called "cheena vala", which seemed to be absorbed in a daylong meditation.

Kochi Backwaters

Kochi is home to various attractions, but the prominent amongst them are the backwaters. A ride on these beautiful backwaters brings you across the several attractions of this place, including the several islands scattered here and there as well as the dense greenery along the banks. On a backwater cruise here, the sights of Chinese fishing nets also greet your eyes. On the way, you can also watch the cargo ships and passenger ships pass by. It's a memorable experience altogether.

Trivandrum Backwaters

When it comes to the best backwater destination in Kerala, it has to be Trivandrum. The network of canals, lagoons, lakes, and tropical vegetarian forests closely resemble a watery paradise. The biggest backwater here is Vembanad Lake, which is around 200sq. km in area. The most popular backwater



cruise can be experienced along the route of Kovalam, which is a stretch of perfect serenity. The other backwater stretch, along the route to Kovalam, is famous for its canoe rides, besides being the meeting point of two rivers – Killi and Karamana.

Kavvayi Backwater at Payyanur

Kavvayi Kayal is another backwater stretch with its own unique attractions. Here, it's all about finding peace with yourself. Also known as the backwaters of Kavvayi, it is the result of the coming together of five rivers, River Kavvayi and its tributary streams, Kankol, Vannathichal, Kuppithodu, and Kuniyan. While enjoying a houseboat cruise on these backwaters, you will

come across an interesting sight in the form of half a dozen small and big islands.

Kuttanad Backwaters

A journey through the backwaters of Kuttanad fascinates you in more ways than one. The journey from Kottayam to Alappuzha via the Kuttanad backwaters commences from the Kodimatha boat jetty in the Kottayam district. The first stop along this cruise is Pallom, where the Munroe Light House is located. This region is also famous as the rice bowl of Kerala, and on a cruise, one witnessed, not just rice fields but also a rare place where farming is carried out at 10ft below sea level.

Source: Tourismofindia



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RAHUL DRAVID RESTED FOR NEW ZEALAND TOUR; VVS LAXMAN TO COACH INDIA

National Cricket Academy head VVS Laxman will be India's acting head coach for the upcoming tour of New Zealand as the Rahul Dravid-led coaching staff has been given a break post the team's exit from the T20 World Cup.

India is slated to play six white-ball games in New Zealand -- three T20s and as many ODIs -- starting November 18 in Wellington.

While senior players like regular skipper Rohit Sharma, star batter Virat Kohli, opener KL Rahul and spinner Ravichandran Ashwin have been rested for the tour, the entire coaching staff has also been given a break after the T20 World Cup.

"The NCA team headed by Laxman with Hrishikesh Kanitkar (batting) and Sairaj Bahutule (bowling) will join the New Zealand-bound squad," a BCCI source told PTI.

This will not be the first time Laxman will be in charge of the Indian team. The former cricketer previously coached India during the tours of Zimbabwe and Ireland and the recent ODI home series against South Africa.

All-rounder Hardik Pandya will lead the side in the T20 series while veteran opener Shikhar Dhawan will captain the ODI side.

Rohit will be back to lead the side in Bangladesh. Kohli and Ashwin will also return to the squad for the Bangladesh tour where India will play three ODIs and two Tests, beginning December 4.

Source: PTI

T20 WORLD CUP

England crush India by 10 wickets to set up final date with Pakistan

ADELAIDE (TIP)

A clinical England annihilated an out-of-sync India by 10 wickets to sail into the World Cup final as Alex Hales and Jos Buttler's relentless hitting mortified Rohit Sharma's clueless attack, here on Thursday, November 10.

England seemed to have saved their best for the grand stage as they reduced the semifinal to a lop-sided affair, courtesy a splendid bowling effort which they complemented with some breathtaking stroke-making.

It was Hardik Pandya (68 off 33 balls), whose fearless hitting took India to 168 for six but it was just about a par-score at the Adelaide Oval.

England captain Buttler (80 not out) set the tone with three boundaries off Bhuvneshwar Kumar's opening over but it was Hales (86 not out off) who butchered the Indian attack into submission.

The target was achieved in just 16 overs as England batting line-up clicked for the first time in the tourney and what a day it chose to bring its A game to the fore.

The England opening duo gave India's star-studded line-up a lesson in how to build a T20 innings: that there is only one way, the offensive way.

It was one match that was decided in Powerplay as India managed only 38 runs in six overs as the archaic style of safety-first approach hurt them terribly.

In complete contrast, England's top order which looked shaky throughout the league stage, smashed 63 in their six overs. The match was won and lost then and there.

Hales hit as many as seven sixes in his 47-ball knock and his approach showed that there were no demons in the track. He deployed the old-fashioned 'Sanath Jayasuriya school' of hitting in the first six overs.



Indian players walk off the field after losing the T20 World Cup cricket semifinal to England, in Adelaide, Australia, on November 10, 2022. AP/PTI

When Virat Kohli and Rohit Sharma were batting, they were looking to hit through the line unlike Hales and Buttler.

Against lesser opposition like Bangladesh, they could make it up with a total of 168 but it was never enough for a side like England which has reinvented the grammar of T20 batting.

Bhuvneshwar and Arshdeep Singh didn't get enough swing up front and team management's fascination to play Axar Patel (0/30 in 4 overs) and Ravichandran Ashwin (0/27 in 2 overs) ahead of Yuzvendra Chahal backfired badly. The success England spinner Adil Rashid (1/20 in 4 overs) on the same track added insult to the injury.

By the time, Buttler hit Mohammed Shami (0/39 in 3 overs) down the ground for one of his three sixes, the Adelaide Oval stands wore a desolate half-empty look.

And the over-throws and the dropped catch by Suryakumar Yadav typified a day when everything that could go wrong went wrong for India.

This Indian team never had all its bases covered and paid the price. But even in this defeat, the T20 captain-in-waiting Pandya revelled in the role of a finisher with a sensational knock that gave India a chance to fight.

Virat Kohli (50 off 40 balls) occasionally displayed his regal array of strokes but it was the flamboyant Baroda man whose unbelievable end-over pyrotechnics took India to a fighting total, which had looked distinctly impossible after the first 10 overs.

In the last four overs, India scored 58 runs, courtesy four fours and five astonishing sixes from Pandya with a drop-dead gorgeous flick behind the square off Chris Jordan (3/43) being the stand out one.

Source: PTI

Manchester United rally to beat Aston Villa 4-2 in League Cup

MANCHESTER (TIP)

Manchester United twice came from behind to beat Aston Villa 4-2 Thursday, November 10, and advance to last 16 of the English League Cup, a day after several other big teams were eliminated.

After a slow opening 45 minutes, the game came alive after the break with all six goals scored in the second half. United forward Anthony Martial canceled out Ollie Watkins' opener within seconds, then Marcus Rashford struck after Diogo Dalot's own goal had put the visitors back in front.

Bruno Fernandes then put United ahead in the 78th minute before Scott McTominay added a fourth in stoppage time, with both goals set up by teenager Alejandro Garnacho after he had come off the bench.

"Our two halves are never the same," United manager Erik Ten Hag said. "We controlled the game in the first half by good pressing, we won a lot of possession but then did the wrong things. ... At



halftime we said keep the pressing but be more direct. I'm proud of the team we could do that."

The result saw United exact some revenge for

Sunday's 3-1 Premier League loss in Villa manager Unai Emery's first game in charge. It also boosts Ten Hag's chances of winning a trophy in his first season at United, with Arsenal, Chelsea and Tottenham having all been eliminated on Wednesday.

In addition, defending champion Liverpool and Manchester City were drawn to face each other in the next round. Man United will play Burnley at home, while Newcastle welcomes fellow Premier League side Bournemouth.

At Old Trafford, both managers made seven changes from Sunday, with Harry Maguire taking the captain's armband for United while there was a debut in goal for Martin Dubravka. Cristiano Ronaldo, the captain on Sunday, was not in the squad due to illness.

Neither side had a shot on target until stoppage time in the first half, when Fernandes tried to catch Robin Olsen out of position with a tame free kick from deep.

Source: AP



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